

NEUROMODULATORS (BOTOX/DYSPORT)

PRE-CARE DIRECTIONS

OVERVIEW

Neuromodulators, such as Botox/Dysport, is a quick, non-surgical procedure that does not require anesthesia or surgery. The treatment site will be cleaned, and the nurse or doctor will inject the Neuromodulators. Typically Neuromodulators appointment takes only 15 to 30 minutes, and it is not considered to be painful.

PRE-TREATMENT

- ☐ Avoid aspirin, other non-steroidal anti-inflammatory medications, St. John's wort, high doses of Vitamin E supplements, fish oil, and other blood thinning supplements for 3 days before and after treatment. These agents may increase the risk of bruising and bleeding.
- ☐ Avoid alcohol and caffeine 48 hours before your procedure.
- ☐ Talk with your treatment provider to set realistic expectations.
- ☐ When making plans for the first 24 hours post injections, understand the possibility of swelling and redness.



QUESTIONS OR CONCERNS?
916-941-9400

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