



**behaviour
tonics**

ENGAGING ADOLESCENTS™

PRACTITIONER TRAINING THAT EQUIPS YOU TO TEACH PARENTS THE SKILLS THEY NEED TO HELP RESOLVE TEENAGER BEHAVIOUR PROBLEMS

Expected Learning Outcomes...

Knowledge of easy-to-use techniques that parents and carers can use to: enlist adolescents to manage their own behaviour and emotional reactions; build a relationship with their teenager; and deal with unacceptable behaviour.

What is included...

- A comprehensive training manual
- A certificate of completion
- Lunch and refreshments
- An opportunity to become a certified Engaging Adolescents™ Parent Educator



Lesson framework...

- The practitioner training course curriculum for working with parents if you choose to certify to become a parent educator
- The common ground shared by parents.
- What are reasonable expectations to hold about adolescents?
- New understandings of adolescence: social landscapes, brain snaps and body makeovers
- A three-option model and flowchart for decision making to manage a teenager's problem behaviour
- Option 1 – Self check for parents: how to bring awareness to family of origin issues, trauma issues and how to avoid over-reacting or becoming continuously angry with their teenager
- Option 2 – Build their relationships: How to strengthen the bond they have with their teenager and make the best of non-crisis conversations.
- Option 3 – Tough conversations: how to handle discussing those problems they can't ignore. This includes how to figure out the problem, how to prepare for engaging their teenager in a tough conversation, and how to set up agreements.

Certification:

Becoming a certified parent educator, ensures that our product is only being taught at the highest quality. Certification is \$69 per person for the first year, and renewed each year at a cost of \$49 annually to remain a certified parent educator.

What comes with certification:

- Listing on our website as a certified Engaging Adolescents™ parent educator.
- Access to additional resources such as relevant articles and tips on presenting.
- A comprehensive set of session guidelines.
- Digital practitioner materials, incl: a slideshow for parent presentations and teaching films.
- An annual licence to teach the program to parents.
- Resources for marketing.

PD
points
apply

HAVE US TRAIN YOUR WHOLE TEAM

Talk to us about convenient and cost effective in-house training for your staff.

**For more information about this course please call
(08) 9285 8100**



www.behavioutonics.com.au