



**behaviour
tonics**

PRACTITIONER TRAINING IN 1-2-3 MAGIC AND EMOTION COACHING

Help parents of 2 -12 year olds to manage children's difficult behaviour

Expected Learning Outcomes ...

Knowledge of easy-to-use techniques that parents and carers can use to help children develop self-control and respond with flexibility to frustration.

What is included...

- A certificate of completion.
- Workbook for use at the training course.
- Lunch and refreshments.
- Opportunity to certify to teach to parents.



Lesson Framework...

- Coverage of contemporary thinking in child development, particularly the differences between adult and children's cognitive abilities.
- Sorting behaviours: what's involved and the implications for how parents will respond.
- Common mistakes in addressing misbehaviour, particularly the problem with too much talk and too much emotion.
- Choosing your strategy – the three choices: do nothing, emotion coach or use 1-2-3 Magic®.
- Processes of pattern-establishment and change: how negative reinforcement works, the characteristics of patterns, how to interrupt patterns and extinction bursts.
- Response flexibility in parents and carers: knowing how to avoid getting 'hooked' by children's negative emotions.
- Using 1-2-3 Magic® & Emotion Coaching: what it's used for and what it's not used for, how it's done properly, how to implement it at home, how to avoid the two biggest mistakes of parenting.
- Developing response flexibility in children: emotion coaching and cognitive strategies parents can teach children.

Certification:

Becoming a certified parent educator, ensures that our product is only being taught at the highest quality. Certification is \$69 per person for the first year, and renewed each year at a cost of \$49 annually to remain a certified parent educator.

What comes with certification:

- Listing on our website as a certified 1-2-3 Magic® & Emotion Coaching parent educator.
- Access to additional resources such as relevant articles and tips on presenting.
- A comprehensive set of session guidelines.
- Digital practitioner materials, incl: slideshow for parent presentations and teaching films.
- An annual licence to teach the program to parents.
- Resources for marketing.

**HAVE US TRAIN YOUR
WHOLE TEAM**

**Talk to us about
convenient and cost
effective in-house
training for your staff.**

**For more information about this course please call (08) 9285 8100
www.behavioutonics.com.au**