



**behaviour
tonics**

Presents...

TALK LESS LISTEN MORE

FOR EARLY YEARS EDUCATORS
AND OSHC EDUCATORS

Equip staff with the knowledge and skills to effectively guide difficult behaviour and teach self-regulation. These easy to use techniques, result in a consistent approach to help children develop more self-control and to respond more flexibly to frustrates and upsets. The program draws from attachment theory (how relationships can influence behaviour) and social-learning theory (how children can be taught by those around them about how to self-regulate). Talk Less Listen More methods-based learning is simple, effective and easy to apply in an early years setting.



What is included....

- *Professional training by experts with extensive knowledge and practical experience working with this program.*
- *Knowledge and procedures to introduce and implement Talk Less Listen More for Early Years Educators, and OSHC.*
- *Participants receive a manual containing course notes and implementation guides.*
- *Resources to assist with introducing & implementing the program in the your centre.*
- *Participants will receive a 'Certificate of Completion'.*
- *E-mail and phone support is available for 6 months after the initial training.*



Time of your choice



Face to Face



Date of your choice



At a location of your choive



WWW.BEHAVIOURTONICS.COM.AU

Feel free to call Brad on (08) 9285 8100
to discuss your training options



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LESSON FRAMEWORK

- An overview of behaviour guidance approaches in contemporary Australia.
- Early childhood development, particularly the differences between adult and children's cognitive abilities.
- Sorting behaviours: actively categorising behaviours so educators can respond more consistently.
- Common mistakes in addressing misbehaviour, particularly the problem with too much talk and too much emotion.
- Processes of pattern-establishment and change: how negative reinforcement works.
- Response flexibility in early years educators: knowing how to avoid getting 'hooked' by children's negative emotions.
- Choosing your strategy – the three choices: do nothing, emotion coach or use Talk Less Listen More.
- Using Talk Less Listen More: what it's used for and what it's not used for, how it's done properly, how to implement it at your centre.

WHAT EDUCATORS ARE SAYING ABOUT THE PROGRAM

"A great course that is well structured and interactive to minimise any 'course boredom'. It was great to get validation on what I'm doing and to be able to implement new and better strategies.

BAY ISLAND EARLY LEARNING AND CARE, QLD

This course was informative and got me thinking about how children's emotions are different from adults and how I can help them in dealing with these emotions in an effective way. It was great learning that we were on the right track. The program let us know what we were doing right and informed us on how to take it further.

KIDS COLLEGE, PERTH

NATIONAL QUALITY STANDARDS

This program supports the following quality areas and concepts of the national quality standard QA 4, QA 5, QA 6.

Talk Less Listen More for early-years' practitioners will contribute to 6 hours of QTC Registered PD addressing Standard Descriptors 1.6.2, 4.3.2, 6.2.2 and 7.3.2 from the Australian Professional Standards for Teachers.



Australian Children's
Education & Care
Quality Authority™

IN HOUSE TRAINING RATE CARD

Number of participants	Cost (GST INC.)
Up to 20	\$3300
Next 10	\$120pp
Next 10	\$99pp
40+	Contact us for a quote



**10% discount
to ACA Members**

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