



LES CABANES D'ELSA

Spa and Institute, Val d'Isère

NEW PREMIUM TECHNOLOGY

40€

AI CHECK

SKIN DIAGNOSIS BY ARTIFICIAL INTELLIGENCE

The AI check offers an instant skin analysis and identifies the criteria essential for skin health and beauty (sagging, skin tone, blemishes, wrinkles, fine lines, dehydration etc.). It makes care recommendations adapted to each individual's profile.

Offered as part of the Jetpeel treatment.

150€ per session
Treatment upon request

JET PEEL PREMIUM INFUSION - FACE AND NECK

A revolutionary anti-aging treatment, a genuine alternative to injections. This 100% natural revitalization technique infuses active ingredients, such as hyaluronic acid, into the deep layers of the skin.

Without using needles or injections.

As a radiance-boosting treatment.

Visible results from the very first session: radiant complexion, faded fine lines, erased imperfections, deeply nourishing, tightened pores.

TARGETED AREAS

100€ Anti-aging Décolleté
80€ Anti-aging Hands
40€ Lips

40€

LED PHOTOBIMODULATION

Light to rejuvenate and repair the skin

The light produced by LEDs stimulates cellular metabolism and boosts fibroblast activity. Elastin and collagen production are reactivated, restoring firmness and elasticity to the skin.



FACE



SIGNATURE TREATMENT

75 min – 130€

PURIFICATION

50 min – 110€

25 min – 60€

DOUBLE HYDRATION

50 min – 110€

25 min – 60€

REPAIR

50 min – 110€

25 min – 70€

SENSITIVITY

50 min – 110€

25 min – 70€

THE JOY OF BEAUTY

Give your skin the care that it deserves! A tailor-made facial treatment, designed specifically for your skin's needs, whether it's aging prevention, hydration, purification, or soothing care.

ACTIVE PURENESS

If your skin is oily, scarred, or prone to acne, this is the choice for you! With a mattifying peel-off mask based on spirulina algae, mandelic acid and green and white clays, this treatment deeply purifies and rebalances your skin, reducing pores and blackheads.

HYDRA GLOW

An ideal treatment for hydration and radiance, ideal for skin stressed by temperature changes. The HydraBrush massage carries precious Moringa oil and biomimetic hyaluronic acid particles deep into your skin.

RECOVER TOUCH

Nourish your skin and repair it from sun damage, pollution and aging. The nourishing and antioxidant combination of organic Goji berries and organic Macadamia oil leaves the skin feeling soft, repaired, and rejuvenated.

REMEDY

An innovative approach to protect sensitive and delicate skin, with a prebiotic originating from sugar beet (promoting skin defense) and Marula oil, this facial treatment soothes and relieves neuroinflammation and reinforces the skin's protective barrier.

ADD-ONS

ANTI-AGING

50 min – 100€

SUBLIME SKIN

SUPER PEEL — An intensive double peel that can be personalized according to your skin type. From the most delicate to the most resistant, there is a visible reduction of wrinkles and expression lines, and an addition of exceptional smoothness.

50 min – 100€

ULTRA GLOW PEEL — Illuminating and tone correcting peel to treat dull complexion, hyperpigmentation and melasma. Immediate radiance, even complexion and reduction of brown spots.

50 min – 120€

PRO LIFT — Firming facial treatment with a natural filling effect, due to the synergy of a replumping peel-off mask and Kobido techniques to restore depth and tone.

LIFTING TREATMENT

80 min – 160€

DELUXE ILLUMINATING LIFT

Advanced anti-aging facial treatment that combines the renewing technology of double-exfoliation and the firming bi-phasic mask. Particularly recommended for mature skin showing signs of visible aging, it stimulates cell regeneration and redefines the shape and surface of the face. Eye recovery treatment included.

ANTI-BLEMISH

50 min – 100€

LUMINOUS 3 BRIGHT TECHNOLOGY

A fusion of dermatological science and nature to effectively remove all types of blemishes and restore the skin's natural luminosity.

FIRST SIGNS OF AGING

50 min – 120€
25 min – 60€

URBAN LONGEVITY FACIAL™

The corrective efficacy of AHAs (Alpha Hydroxy Acids) and a personalized selection of boosters is reinforced by the synergy of Qigong and rejuvenating rolling massage

DULL SKIN

50 min – 120€

URBAN DETOX FACIAL

Combat pollution and cleanse impurities with this detox mark, formulated with chlorella (freshwater algae) and vegetable charcoal.

15 min – 20€

EYE RECOVERY

Triple action against dark circles, puffiness, and wrinkles, for an immediate lift and luminosity.

15 min – 30€

GLOW BOOST

A quick AHA (Alpha Hydroxy Acid) boost with the Double Peel method for instant radiance and vitality.

15 min – 30€

LIFT MASK

Intensive lifting and replumping.

15 min – 25€

ABSOLUTE FIRMING NECK AND DÉCOLLETÉ

A targeted treatment to lift, reshape and smoothen the skin in the Y zone: chin, neck and décolleté.



RITUALS



AROMASOUL ELEMENTS MASSAGE

50 min – 120€

The remarkable and renowned therapeutic gifts of aromatherapy. Each treatment begins with a personalized selection from our unique collection of aromatherapy oils inspired by ancient cultures of the Orient, Arabia, India and the Mediterranean. This unique massage is enhanced by a deep exfoliation and a firming, moisturizing body wrap.

TRANQUILLITY™ PRO-SLEEP MASSAGE

50 min – 120€

Inspired by the Indonesian Sea Malay massage, this exceptional ritual works together with our Tranquillity™ sounds and essential oils to effectively induce a state of deep relaxation and rest. Ideal for jetlag recovery.

TRANQUILLITY™ FACE & BODY

80 min – 160€

A unique and sensory ritual for complete body and mind relaxation. This treatment combines a deep anti-stress massage with a relaxing and oxygenating facial.

DEEP TISSUE

50 min – 130€

A gentle but slow whole body massage to release tension.

SPORTSMANSREST

50 min – 125€

Deep massage to oxygenate muscles after a day on the slopes.

RELAXING

50 min – 120€

This massage soothes the deepest tensions through fluid, continuous and enveloping movements. A return to complete harmony for the mind and body.

HIMALAYAN SALT

50 min – 120€

A complete body detoxification, which relieves muscle ache and effectively stimulates the metabolism.

TRANQUILLITY™ BODY SCRUB RITUAL

80 min – 160€

Relieves mental and physical fatigue, promotes muscular relaxation, improves posture, and gives a pleasant sensation of lightness and elasticity. The skin becomes radiant, well hydrated and nourished.

BODY



RENEW

45 min – 80€

TRANQUILLITY™ RITUAL SCRUB

Relieves mental and physical fatigue, promotes muscular relaxation, improves posture, and gives a pleasant sensation of lightness and elasticity. The skin becomes radiant, well hydrated and nourished.

RENEW

45 min – 80€

AROMASOUL BODY SCRUB

Pure rhyolite volcanic particles from Stromboli, Sicily, exfoliate deeply, while jojoba oil and illipe butter provide intense nourishment.

TONIFIANT HYDRATANT

50 min – 100€

DEEP BODY RENEWAL

A blend of organic Tamanu Oil and Green Walnut Extract in an enveloping, highly nourishing, creamy body treatment to restore exceptional softness and elasticity to the skin. Ideal as an after-sun or after-ski treatment.

SLIMMING

50 min – 110€

MONTALCINO SPA MUD TREATMENT

An intensive treatment with detoxifying and anti-cellulite properties. A blend of essential oils, bladderwrack and laminaria algae promote deep tissue purification and lipolytic action. With the addition of a thermogenic wrap for anti-cellulite action.

REGENERATING

50 min – 110€

25 min – 60€

BACK & NECK

An intensive treatment for the head, neck, shoulders and back. With yellow clay, essential oils, arnica oil, and relaxing massage techniques, this relaxing and restorative treatment gives immediate relief to people with previously bad posture, accumulated stress, or chronic fatigue.

LIGHT LEGS EXPRESS DETOX

An intensive treatment based on essential oils that gives an immediate sensation of lightness and reactivates blood circulation in the legs.

Ideal for tired sportsmen, but also perfect for combatting cellulite imperfections caused by reduced microcirculation and fluid stagnation.

ANTI-CELLULITE INTENSE

An intensive treatment with thermogenic action, for deep, resistant cellulite imperfections. Helps reduce the typical signs of cellulite, improves microcirculation and, by stimulating lipolysis, promotes body contouring.

1h20 – 110€ Body wrap + scrub

1h45 – 145€ Body wrap + scrub + Massage 25 min

DETOX

324€

URBAN DETOX FACIAL TREATMENT + EYE RECOVERY 50 MIN

MONTALCINO BODY TREATMENT 50 MIN

HIMALAYAN SALT 50 MIN

AFTER-SKI

328€

LIGHT LEGS EXPRESS DETOX 50 MIN

SPORTS MASSAGE 50 MIN

RECOVER TOUCH FACIAL TREATMENT + EYE RECOVERY 50 MIN

RADIANCE

288€

LUMINOUS 3 BRIGHT TECHNOLOGY FACIAL TREATMENT 50 MIN

DEEP BODY RENEWAL 50 MIN

MASSAGE 50 MIN (EXCLUDING SPORTS AND DEEP MESSAGES)

RELAX

252€

MASSAGE OF YOUR CHOICE 80 MIN

CLASSIC FACIAL TREATMENT 50 MIN

PREMIUM ANTI-AGING

350€

AI CHECK SKIN DIAGNOSIS BY ARTIFICIAL INTELLIGENCE

DELUXE LIFT FACIAL TREATMENT + EYE RECOVERY 80 MIN

JETPEEL REVITALIZATION 45 MIN

LED PHOTOBIMODULATION 15 MIN

These treatment offers are not refundable.

BEAUTY



THE LOOK

90€

YUMI LASHES

No longer just an enhancement, but a real treatment for your lashes, enriched with soothing keratin with its new 2.0 formula. No more at-home maintenance, the procedure can be repeated at any time, it's painless and won't damage your lashes. Lash tinting is included in your treatment, as well as your mascara treatment for at-home maintenance.

YUMI BROWS

An alternative solution to permanent makeup, this technique gives you perfectly restructured eyebrows. This eyebrow restructuring technique includes measurement of your eyebrow line, waxing, shaping (laminating), tinting and in-depth treatment. This service is ideal for people who need to fill in gaps and sparse hair growth, or who have unruly eyebrows or flyaways.

THE LOOK

Tinting 65€

Without Tinting 55€

18€

LASH TINTING

15€

BROW TINTING

PACKS



NAILS

Semi-permanent Application	40€
Removal.....	20€
Removal + Application Package ...	50€
Gel Application.....	50€
Removal.....	30€
Removal + Application Package ...	75€

WAXING

Classic BikiniWax.....	20€
Brazilian Bikini Wax.....	50€
Full Bikini Wax.....	35€
Armpits.....	20€
Half Legs.....	25€
Thighs.....	30€
Full Legs.....	40€
Brows or Lashes.....	15€
Brows and Lashes.....	20€
Eyebrow Line Design	20€
Arms	25€

HANDS AND FEET

Hand Treatment 45 min.....	45€
Manicure, Exfoliation, Mask	
Hands or Feet Express 25 min.....	35€

YUMIFEET/CALLUS PEEL

50€

Designed to eliminate calluses, it provides a simple and effective solution to calluses, as well as damaged and very dry feet! Foot beauty included.

PRACTICAL INFORMATION

Les Cabanes d'Elsa welcomes you to a cozy, intimate space with a emphasis on wellness. The spa is equipped with a heated swimming pool, Turkish bath and sauna, as well as a gym (rowing machine, bicycle, elliptical machine, body-building equipment and fitness accessories).

OPENING HOURS

You are welcome every day from 10am to 12pm and from 2pm to 8pm
We are closed on Saturday morning.
Appointments between 12pm and 2pm by appointment only.

RESERVATION

We recommend that you arrive 10 minutes in advance. For any cancellation or modification request, please give us at least 24 hours' notice in advance, otherwise you will be charged for the appointment. Late arrivals will encroach on your treatment time and will be billed in full.

EXTERNAL CLIENTS

The spa and treatments are available to everyone. The spa is included with a minimum of one hour of treatments 100€. We recommend that you use the facilities at least 30 minutes in advance, and that you arrive 10 minutes in advance for your appointment.

SPA ATTITUDE

A bathing suit is at your disposal. For everyone's respect and comfort, bathing suits MUST be worn. In the gym, appropriate clothing is required. It is important to respect everyone's peace and quiet, as this is a place of relaxation. It is strictly forbidden to eat or drink alcoholic beverages in the spa.

The Turkish bath and sauna are forbidden to minors under the age of 16.

LAST RECOMMENDATIONS

If you have any health problems or allergies, please let us know. In case of pregnancy, treatments are authorized from 3 months.



LES CABANES D'ELSA

Spa and Institute, Val d'Isère

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OPENING HOURS

From Monday to Sunday
from 10 am to 12 pm and from 2 pm to 8 pm.
Closed Saturday morning.

For any reservation, we recommend that you arrive 10 minutes before your treatment. Late arrivals will encroach on your treatment time and will be billed in full.