

Acknowledgments

Thank you to my husband, Seth, for your belief in me and for holding so many damn cards while I wrote this second book—during a pandemic, no less. Thank you to my mother, Terry Mizrahi—you always prioritized living in your Unicorn Space even as a single mother and taught me the value of sharing myself with the world.

Reese Witherspoon, Sarah Harden, Amanda Farrand, Erin Stover, and the entire Hello Sunshine team for believing in me and working so diligently and thoughtfully to champion the Unicorn Space messages. Thank you for being the place where women are at the center of the story.

Thank you to my writing partner and “work wife,” Samantha Rose. Having a mind-meld with someone doesn’t happen often and it’s happened with you. Your professionalism, writing style, humor, and patience are unparalleled. You are the best. Let’s keep working to change the world together!

Thank you to Yfat Reiss Gendell. This sequel is a testament to your belief in me. Your limitless talents for writing, deal making, editing, advising, and beta-testing the system make you a unicorn.

Thank you to my partners on the wonderful Putnam team. I’m eternally grateful to my editor, Michelle Howry. Your gifted organizational mind and thoughtful guidance have made the process of writing this book a true joy. Every line of feedback was extraordinarily meaningful and made the manuscript better and better. I am extremely thankful to the all-star team of publisher Sally Kim, president Ivan Held, alongside director of publicity Alexis Welby, director of marketing Ashley McClay, publicist Ashley Hewlett, and editorial assistant Ashley Di Dio. A special thank-you to head of managing editorial Meredith Dros, associate managing editor Maija Baldauf, head of sales Lauren Monaco, marketing team members Emily Mlynek and Nishtha Patel, copyeditor Erica Ferguson, production editor Claire Sullivan, director of art and design Tiffany Estreicher, art department directors Anthony Ramondo and Monica Cordova, subrights director Tom Dussel, and Sanny Chiu for the awesome cover design.

Thank you to Jennifer Younker. I couldn’t have written this book without you. You move mountains to get the trains to run on time, and you also make everything feel easy especially when things are truly hard.

Thank you to Lindsey Mayer-Beug for the inspired interior illustrations.

Thank you to Sarah Rothman, Meredith O’Sullivan Wasson, Anna Bailer, and Matthew Avento at the Lede Company for all your hard work amplifying the messages of this book.

Thank you to Professor Darby Saxbe, Julian Goldhagen, Rachel Wynn, and Julie Burstein for your contributions to the manuscript. Your comments to the manuscript and insights based on your profound knowledge were invaluable.

Thank you to the following experts for taking time from your busy writing, teaching, and professional lives to speak to me for this book: Dr. Stephen Treat; Professor Dan McAdams; Dr. Amber Thornton; Dr. Laurie Santos; Natalie Nixon, PhD; Dr. Pooja Lakshmin; Dr. Stew Friedman; Dr. Sheryl Gonzalez Ziegler; Dr. Jennifer Petriglieri; Professor Kennon Sheldon; Alexis Jemal, PhD; Dr. Victoria Simms; Professor Femida Handy; Dr. Lisa Damour; Professor Daniel Carlson; Mia Birdsong; Arianna Huffington; Greg McKeown; and Dan Stillman. Your deep professional expertise informed the writing of *Find Your Unicorn Space*.

Thank you to two additional incredibly insightful mental health professionals who inform the practice of Unicorn Space in everyday lives—psychologist Dr. Phyllis Cohen and psychotherapist Marcia Bernstein, LCSW.

Thank you to my wonderful in-laws, Laurie and Terry Rodsky, for always being there to help Seth and me with so much E in our CPE. Your support and encouragement means the world to me—and your unconditional love of Zach, Ben, and Anna is a priceless gift in their lives. Thank you to my brother-in-law, Eli Rodsky, and sister-in-law, Michal Cohen, for always being there for Zach, Ben, and Anna. Thank you to our most wonderful nanny, Cecilia Interiano, who is living Fair Play with us every day.

Thank you to Zoe Schaeffer, who supported my journey by helping with early editing and critical feedback.

Thank you to Hillary Sherer, PhD, for thoroughly and diligently combing through the academic literature to support and verify the statistics and studies quoted in the book and much more.

Bibliography

- Alboher, M. (2007). *One Person/Multiple Careers: The Original Guide to the Slash Career*. A HeyMarci.com Production.
- A Little Late with Lilly Singh. (2021, March 23.) "Freeze Your Kids with This New Technology." YouTube video. <https://www.youtube.com/watch?v=5qMr6lvkjaQ>.
- Altman, M. (2020, July 14). "Who Helps Out in a Crisis?" *The New York Times*. [nytimes.com/2020/07/14/us/women-men-pandemic-disasters-help.html](https://www.nytimes.com/2020/07/14/us/women-men-pandemic-disasters-help.html).
- Baer, K. (2020). *What Kind of Woman*. Harper.
- Beghetto, R. A. (2020). "How Times of Crisis Serve as a Catalyst for Creative Action: An Agentic Perspective." *Frontiers in Psychology* 11: 600685. doi.org/10.3389/fpsyg.2020.600685.
- Behson, S. (2020, May 7). "Working Parents, Save Time for Hobbies." *Harvard Business Review*. hbr.org/2020/05/working-parents-save-time-for-hobbies.
- Berger, J. (2020). *The Catalyst: How to Change Anyone's Mind*. Simon & Schuster.
- Birdsong, M. (2020). *How We Show Up: Reclaiming Family, Friendship, and Community*. Hachette Go.
- Bonger, N. (2017). "The Commodification of Wellbeing." In R. Hougham & B. Jones (Eds.), *Dramatherapy: Reflections and Praxis* (253–270). Macmillan Education.
- Borritz, M., Bultmann, U., Rugulies, R., Christensen, K. B., et al. (2005). "Psychosocial Work Characteristics as Predictors for Burnout: Findings from 3-Year Follow-Up of the PUMA Study." *Journal of Occupational and Environmental Medicine* 47 (10), 1015–1025.
- Brooks, A. C. (2020). "How to Build a Life: A Column about Pointing Yourself Toward Happiness." *The Atlantic*. [theatlantic.com/projects/how-build-life](https://www.theatlantic.com/projects/how-build-life).
- Brown, B. (2013). *Daring Greatly: How the Courage to be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*. Avery.
- Burnett, B. & Evans, D. (2016). *Designing Your Life: How to Build a Well-Lived, Joyful Life*. Knopf.
- Carson, S. (2010). *Your Creative Brain: Seven Steps to Maximize Imagination, Productivity, and Innovation in Your Life*. Jossey-Bass.
- Codina, N. & Pestana, J. V. (2019). "Time Matters Differently in Leisure Experience for Men and Women: Leisure Dedication and Time Perspective." *International Journal of Environmental Research and Public Health* 16 (14), 2513.
- Cohen, S. (2004). "Social Relationships and Health." *American Psychologist* 59 (8), 676.
- Collins, J. (2001). *Good to Great: Why Some Companies Make the Leap . . . and Others Don't*. HarperBusiness.
- Conner, T. S., DeYoung, C. G., & Silvia, P. J. (2016). "Everyday Creative Activity as a Path to Flourishing." *The Journal of Positive Psychology* 13 (2), 181–189. doi.org/10.1080/17439760.2016.1257049.
- Connley, C. (2021, January 11). "A Year Ago, Women Outnumbered Men in the U.S. Workforce, Now They Account for 100% of Jobs Lost in December." CNBC. [cnbc.com/2021/01/11/women-account-for-100percent-of-jobs-lost-in-december-new-analysis.html](https://www.cnbc.com/2021/01/11/women-account-for-100percent-of-jobs-lost-in-december-new-analysis.html).
- Corry, D. A. S. (2014). "Harnessing the Mental Health Benefits of the Creativity–Spirituality Construct: Introducing the Theory of Transformative Coping." *Journal of Spirituality in Mental Health* 16 (2), 89–110. doi.org/10.1080/19349637.2014.896854.
- Csikszentmihalyi, M. (1990). *Flow: The Psychology of Optimal Experience*. Harper & Row.
- . (2019). "Foreword: The Rewards of Creativity." In J. C. Kaufman & R. J. Sternberg (Eds.), *The Cambridge Handbook of Creativity* (2nd ed.) (xvii–xviii). Cambridge University Press. doi.org/10.1017/9781316979839.
- Doran G., Miller, A., & Cunningham, J. (1981). "There's a S.M.A.R.T. Way to Write Management's Goals and Objectives." *Management Review* 70 (11), 35–36.
- Druckerman, P. (2019). *There Are No Grown-ups: A Midlife Coming-of-Age Story*. Penguin Books.
- Duckworth, A. (2016). *Grit: The Power of Passion and Perseverance*. Scribner.
- Dweck, C. S. (2006). *Mindset: The New Psychology of Success*. Random House.
- Edwards, S. M. & Snyder, L. (2020, July 10). "Yes, Balancing Work and Parenting Is Impossible. Here's the Data." *The Washington Post*. [washingtonpost.com/outlook/interruptions-parenting-pandemic-work-home/2020/07/09/599032e6-b4ca-11ea-aca5-ebb63d27e1ff_story.html](https://www.washingtonpost.com/outlook/interruptions-parenting-pandemic-work-home/2020/07/09/599032e6-b4ca-11ea-aca5-ebb63d27e1ff_story.html).

- Empson, L. & Howard-Grenville, J. (2021, March 10). "How Has the Past Year Changed You and Your Organization?" *Harvard Business Review*. [bg.hbr.org/2021/03/how-has-the-past-year-changed-you-and-your-organization](https://hbr.org/2021/03/how-has-the-past-year-changed-you-and-your-organization).
- Ewing-Nelson, C. (2021, January). "All of the Jobs Lost in December Were Women's Jobs." National Women's Law Center. nwlc.org/wp-content/uploads/2021/01/December-Jobs-Day.pdf.
- Fancourt, D. & Steptoe, A. (2019). "Effects of Creativity on Social and Behavioral Adjustment in 7- to 11-Year-Old Children." *Annals of the New York Academy of Sciences* 1438 (1), 30–39. doi.org/10.1111/nyas.13944.
- Finkelstein, J. (2020, June 5). "I'm a Gay CEO, and This Is Why Parental Leave Will Promote Gender Equality." *Fast Company*. [fastcompany.com/90513225/im-a-gay-ceo-and-this-is-why-parental-leave-will-promote-gender-equality](https://www.fastcompany.com/90513225/im-a-gay-ceo-and-this-is-why-parental-leave-will-promote-gender-equality).
- Forgeard, M. J. C. (2013). "Perceiving Benefits After Adversity: The Relationship Between Self-reported Posttraumatic Growth and Creativity." *Psychology of Aesthetics, Creativity and the Arts* 7 (3), 245–264. doi.org/10.1037/a0031223.
- . (2019). "Creativity and Healing." In J. C. Kaufman & R. J. Sternberg (Eds.), *The Cambridge Handbook of Creativity* (2nd ed.) (319–322). Cambridge University Press. doi.org/10.1017/9781316979839.
- Fray, M. (2016, January 25). "She Divorced Me Because I Left Dishes by the Sink." *Huffington Post*. [huffpost.com/entry/she-divorced-me-i-left-dishes-by-the-sink_b_9055288](https://www.huffpost.com/entry/she-divorced-me-i-left-dishes-by-the-sink_b_9055288).
- Fredrickson, B. L. (2004). "The Broaden-and-Build Theory of Positive Emotions." *Philosophical Transactions of the Royal Society London B* 359, 1367–1377. doi.org/10.1098/rstb.2004.1512.
- Friedman, S. D. & Westring, A. F. (2020). *Parents Who Lead: The Leadership Approach You Need to Parent with Purpose, Fuel Your Career, and Create a Richer Life*. Harvard Business Review Press.
- Gadoua, S. P. (2020, August 12). "'I Work with Couples About to Divorce, Here Are Their Top 5 Problems.'" *Newsweek*. [newsweek.com/work-couples-about-divorce-top-5-problems-1524044](https://www.newsweek.com/work-couples-about-divorce-top-5-problems-1524044).
- Gilbert, D. (2014, March). *The Psychology of Your Future Self* [Video]. TED. [ted.com/talks/dan_gilbert_the_psychology_of_your_future_self?language=en](https://www.ted.com/talks/dan_gilbert_the_psychology_of_your_future_self?language=en).
- Gilbert, E. (2015). *Big Magic: Creative Living Beyond Fear*. Riverhead Books.
- Goddard, C. (2018). "The Significance of Transitional Objects in an Early Childhood Classroom for Children and Teachers." *Dimensions of Early Childhood* 46 (1), 6–9.
- Hardy, B. (2019, January 17). "Accountability Partners Are Great. But 'Success' Partners Will Change Your Life." *Medium*. medium.com/@benjaminhardy/accountability-partners-are-great-but-success-partners-will-change-your-life-8850ac0efa04.
- . (2020). *Personality Isn't Permanent: Break Free from Self-Limiting Beliefs and Rewrite Your Story*. Portfolio.
- Holt-Lunstad, J., Robles, T., & Sbarra, D. A. (2017). "Advancing Social Connection as a Public Health Priority in the United States." *American Psychologist* 72 (6), 517–530. doi.org/10.1037/amp000103.
- Hooks, B. (2004). *The Will to Change: Men, Masculinity, and Love*. Atria Books.
- Horowitz, J. M., Graf, N., & Livingston, G. (2019, November 6). "Marriage and Cohabitation in the U.S." Pew Research Center. [pewresearch.org/social-trends/2019/11/06/marriage-and-cohabitation-in-the-u-s](https://www.pewresearch.org/social-trends/2019/11/06/marriage-and-cohabitation-in-the-u-s).
- Huffington, A. (2020, October 30). "Why This Is the Perfect Time to Redefine Success." LinkedIn. [linkedin.com/pulse/why-perfect-time-redefine-success-arianna-huffington](https://www.linkedin.com/pulse/why-perfect-time-redefine-success-arianna-huffington).
- Jeffers, S. (1987). *Feel the Fear . . . and Do It Anyway*. Fawcett Columbine.
- Juhn, C. & McCue, K. (2017). "Specialization Then and Now: Marriage, Children, and the Gender Earnings Gap Across Cohorts." *Journal of Economic Perspectives* 31 (1), 183–204.
- Kapos, S. (2021, January 15). "The Government's Vaccine Whisperer." Politico. [politico.com/newsletters/women-rule/2021/01/15/the-governments-vaccine-whisperer-491431](https://www.politico.com/newsletters/women-rule/2021/01/15/the-governments-vaccine-whisperer-491431).
- Kaufman, J. C. & Sternberg, R. J. (Eds.). (2019). *The Cambridge Handbook of Creativity* (2nd ed.) Cambridge University Press. doi.org/10.1017/9781316979839.
- Konrath, S. & Handy, F. (2020). "The Good-looking Giver Effect: The Relationship Between Doing Good and Looking Good." *Nonprofit and Voluntary Sector Quarterly* 50 (2), 283–311.
- Krogerus, M. & Tschäppeler, R. (2012). *The Decision Book: Fifty Models for Strategic Thinking*. W. W. Norton & Company.
- Libby, K. (n.d.). "My Brain Was Damaged. Making Art Helped." *The Riveter*. [theriveter.co/voice/how-art-helps-heal-trauma-covid-19](https://www.theriveter.co/voice/how-art-helps-heal-trauma-covid-19).
- Litsa, E. (2013, April 23). "The Four Horsemen: Criticism, Contempt, Defensiveness, and Stonewalling." The Gottman Institute. [gottman.com/blog/the-four-horsemen-recognizing-criticism-contempt-defensiveness-and-stonewalling](https://www.gottman.com/blog/the-four-horsemen-recognizing-criticism-contempt-defensiveness-and-stonewalling).
- Lyubomirsky, S. (2008). *The How of Happiness: A New Approach to Getting the Life You Want*. Penguin Press.

- McKeown, G. (2014). *Essentialism: The Disciplined Pursuit of Less*. Crown Business.
- Merle, A. (2019, June 17). "The Best Type of Exercise Uses Your Body—and Your Brain." *Quartz*. qz.com/quartz/1646275/the-best-types-of-exercise-for-brain-health.
- Millwood, M. (2019). *To Have and to Hold: Motherhood, Marriage, and the Modern Dilemma*. HarperCollins.
- Mineo, L. (2017, April 11). "Harvard Study, Almost 80 Years Old, Has Proved That Embracing Community Helps Us Live Longer, and Be Happier." *The Harvard Gazette*. news.harvard.edu/gazette/story/2017/04/over-nearly-80-years-harvard-study-has-been-showing-how-to-live-a-healthy-and-happy-life.
- Mitchell, J. F. (2004). "Aging Well: Surprising Guideposts to a Happier Life from the Landmark Harvard Study of Adult Development." *American Journal of Psychiatry* 161 (1), 178–179.
- Nagoski, E. & Nagoski, A. (2019). *Burnout: The Secret to Unlocking the Stress Cycle*. Ballantine Books.
- Nichols, M. H. (2020). *All Along You Were Blooming: Thoughts for Boundless Living*. Zondervan.
- Nixon, N. (2020). *The Creativity Leap: Unleash Curiosity, Improvisation, and Intuition at Work*. Berrett-Koehler Publishers.
- Oakley, B. (2017). "Learning How to Learn: You, Too, Can Rewire Your Brain." *The New York Times*. <https://www.nytimes.com/2017/08/04/education/edlife/learning-how-to-learn-barbara-oakley.html>.
- Owens, Z. (Host). (2020, October). "Cheryl Strayed, This Telling." Podcast episode. In *Moms Don't Have Time to Read Books*. [zibbyowens.com/transcript/cherylstrayed?rq=cheryl](https://www.zibbyowens.com/transcript/cherylstrayed?rq=cheryl).
- Payne, K. K. & Gibbs, L. (2013). "Economic Well-being and the Great Recession: Dual Earner Married Couples in the U.S. 2006 and 2011." PowerPoint Slides (FP-13-05). National Center for Family & Marriage Research. bgsu.edu/content/dam/BGSU/college-of-arts-and-sciences/NCFMR/documents/FP/FP-13-05.pdf.
- Ranji, U., Frederiksen, B., Salganicoff, A., & Long, M. (2021, March 22). "Women, Work, and Family During COVID-19: Findings from the KFF Women's Health Survey." Kaiser Family Foundation. [kff.org/womenshealthpolicy/issuebrief/women-work-and-family-during-covid-19-findings-from-the-kff-womenshealthsurvey](https://www.kff.org/womenshealthpolicy/issuebrief/women-work-and-family-during-covid-19-findings-from-the-kff-womenshealthsurvey).
- Rao, T. (2019, January 28). "A Day of Rice Cakes for the Lunar New Year." *The New York Times*. [nytimes.com/2019/01/28/dining/lunar-new-year-vietnamese.html](https://www.nytimes.com/2019/01/28/dining/lunar-new-year-vietnamese.html).
- Rominger, C., Fink, A., Weber, B., Papousek, I., & Schwerdtfeger, A. R. (2020). "Everyday Bodily Movement Is Associated with Creativity Independently from Active Positive Affect: A Bayesian Mediation Analysis Approach." *Scientific Reports* 10 (1), 1–9.
- Runco, M. A. (2014). *Creativity: Theories and Themes: Research, Development, and Practice*. Academic Press.
- Rusbult, C. E., Finkel, E. J., & Kumashiro, M. (2009). "The Michelangelo Phenomenon." *Current Directions in Psychological Science* 18 (6), 305–309.
- Samuels, C. (2020, July 7). "What Is the Sandwich Generation? Unique Stress and Responsibilities for Caregivers Between Generations." *A Place for Mom*. [aplaceformom.com/caregiver-resources/articles/what-is-the-sandwich-generation](https://www.aplaceformom.com/caregiver-resources/articles/what-is-the-sandwich-generation).
- Saxbe, D. E., Repetti, R. L., & Graesch, A. P. (2011). "Time Spent in Housework and Leisure: Links with Parents' Physiological Recovery from Work." *Journal of Family Psychology* 25 (2), 271.
- Schulte, B. (2020, June 27). "How Not to Optimize Parenthood." *Slate*. [slate.com/technology/2020/06/parenthood-technology-optimization-future-tense-fiction.html](https://www.slate.com/technology/2020/06/parenthood-technology-optimization-future-tense-fiction.html).
- Schwartz, J. (2017, August 4). "Learning to Learn: You, Too, Can Rewire Your Brain." *The New York Times*. [nytimes.com/2017/08/04/education/edlife/learning-how-to-learn-barbara-oakley.html](https://www.nytimes.com/2017/08/04/education/edlife/learning-how-to-learn-barbara-oakley.html).
- Seeman, T., Miller-Martinez, D. M., Merkin, S. S., Lachman, M. E., et al. (2011). "Histories of Social Engagement and Adult Cognition: Midlife in the U.S. Study." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 66B (S1), i141–i152. doi.org/10.1093/geronb/gbq091.
- Sehgal, K. (2017, April 25). "Why You Should Have (at Least) Two Careers." *Harvard Business Review*. hbr.org/2017/04/why-you-should-have-at-least-two-careers.
- Senior, J. (2014). *All Joy and No Fun: The Paradox of Modern Parenthood*. Ecco.
- . (2020, March 24). "Camp Is Canceled. Three More Months of Family Time. Help." *The New York Times*. [nytimes.com/2020/05/24/opinion/coronavirus-parents-work-from-home.html](https://www.nytimes.com/2020/05/24/opinion/coronavirus-parents-work-from-home.html).
- Seppälä, E. (2014, April 11). "Connectedness & Health: The Science of Social Connection Infographic." Emma Seppälä. emmaseppala.com/connect-thrive-infographic.
- . (2020, March 23). "Social Connection Boosts Health, Even When You're Isolated." *Psychology Today*. [psychologytoday.com/us/blog/feeling-it/202003/social-connection-boosts-health-even-when-youre-isolated](https://www.psychologytoday.com/us/blog/feeling-it/202003/social-connection-boosts-health-even-when-youre-isolated).

- Sevilla, A. & Smith, S. (2020). "Baby Steps: The Gender Division of Childcare During the COVID-19 Pandemic." *Oxford Review of Economic Policy*. doi.org/10.1093/oxrep/graa027.
- Silvia, P. J., Cotter, K. N., & Christensen, A. P. (2017). "The Creative Self in Context: Experience Sampling and the Ecology of Everyday Creativity." In M. Karwowski & J. C. Kaufman (Eds.), *Creativity and the Self* (275–288). Academic Press.
- Sinek, S. (2009). *Start with Why: How Great Leaders Inspire Everyone to Take Action*. Portfolio.
- Smith, E. E. (2013). "Meaning Is Healthier Than Happiness." *The Atlantic*. <https://www.theatlantic.com/health/archive/2013/08/meaning-is-healthier-than-happiness/278250/>.
- Solnit, R. (2010). *A Paradise Built in Hell: The Extraordinary Communities That Arise in Disaster*. Penguin Books.
- Spalding, D. (2019, January 3). "Why Equal Parenting Is Still a Myth." *Motherly*. medium.com/motherly/why-equal-co-parenting-is-still-a-myth-d4ad732b106d.
- Stone, B., Heen, S., Patton, B. (2010). *Difficult Conversations: How to Discuss What Matters Most*. (2nd ed.) Penguin Books.
- Teng, E. (@etengastro). (2021, January 12). "am I working at my regular capacity? no. but am I prioritizing and taking care of the most important tasks? no. but am I at least taking care of myself and my mental health? also no." Twitter. twitter.com/etengastro/status/1349066485310894082.
- UCL News. (2020, May 27). "Parents, Especially Mothers, Paying Heavy Price for Lockdown." *UCL News*. [ucl.ac.uk/news/2020/may/parents-especially-mothers-paying-heavy-price-lockdown](https://www.ucl.ac.uk/news/2020/may/parents-especially-mothers-paying-heavy-price-lockdown).
- UN Women. (2017). "Women in the Changing World of Work: Facts You Should Know." interactive.unwomen.org/multimedia/infographic/changingworldofwork/en/index.html.
- Ury, W. (2007). *The Power of a Positive No: How to Say No and Still Get to Yes*. Bantam Books.
- U.S. Bureau of Labor Statistics. (2020, June 25). "American Time Use Survey Summary." [bls.gov/news.release/atus.nr0.htm](https://www.bls.gov/news.release/atus.nr0.htm).
- Valenti, J. (2020, October 1). "'Am I the Asshole?' Reveals America's Sexist Underbelly." *Medium*. gen.medium.com/aita-reveals-americas-sexist-underbelly-4609aa56658d.
- Vanderkam, L. (2020, August 2). "Working from Home Poses Serious Dangers for Employers and Employees Alike." *Fortune*. fortune.com/2020/08/02/coronavirus-remote-work-home-burnout.
- Wagner, T. (2012). *Creating Innovators: The Making of Young People Who Will Change the World*. Scribner.
- Zamarro, G. & Prados, M. J. (2021). "Gender Differences in Couples' Division of Childcare, Work and Mental Health During COVID-19." *Review of Economics of the Household* 19, 11–40.