



Empowering August

Dear Friends

We celebrate Women's Month to remember and reflect

To appreciate and affirm the women we respect

To learn from their stories and follow their examples

To join their efforts and advance their causes.

Happy Women's Month to all the amazing women out there! You are the backbone of our society, the leaders of our movements, and the heroes of our stories. You have overcome so many obstacles and accomplished so much. May you continue to inspire others with your strength, wisdom, and compassion.

Hoping this month brings you more opportunities, recognition, and joy.





We all know that Lavender and Time is more than just a store. We are a community of crafters and love sharing our passion and expertise with you. Join our monthly classes and learn how to make beautiful projects with quilting fabric, wools, cottons, embroidery thread, knitting needles, and more.

We are also an authorized PFAFF dealer, which means you will receive the best embroidery and sewing advice as well as service from us.

PFAFF is the world's first in home sewing with artificial intelligence and voice control features. You can experience the revolutionary technology and reach new levels of your craft effortlessly.

**Lavender & Time - Where Creativity
Blooms!**



DISCOUNTED FOR YOU!

For great deals on DMC thread, look no further than Lavender and Time Haberdashery, your one-stop shop for all your stitching needs. We are giving you fantastic deals on the world's finest embroidery thread, made from 100% long staple Egyptian cotton and double mercerized for a brilliant shine. Lavender and Time Haberdashery, where stitching dreams come true.



Fantastic Discounts on DMC Mouliné Special Stranded Embroidery Cotton

**30% discount off
your purchase of 5
skeins and a
MASSIVE 50% off
your purchase of 10
skeins**



**Hurry,
Offer valid for a
limited time only.
Excludes metallic
and satin threads**



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Cottons and Threads

If you love to sew and embroider, You need cottons and threads that are bolder. So come to Lavender and Time, where you'll find a rainbow of colours for your creative mind. Our cottons and threads are soft and strong and will make your projects last longer. You can choose from different sizes and weights, and create beautiful patterns and shapes. You can also mix and match as you please, and use our special effects with ease. Lavender and Time is the place to be, for all your sewing and embroidery needs. Don't wait, visit us today and let your imagination play!



WOOLS

Looking for the best quality wools for your knitting or crocheting projects? Look no further than Lavender and Time, the ultimate destination for all your wool needs. Whether you want to make a cosy sweater, a colourful scarf, or a cute toy, we have the perfect wool for you. Our wools are soft, durable, and come in a variety of colours and textures. You can choose from Merino, Pullskein , Pure Gold, Colour Crush, and many more. Plus, our prices are unbeatable and our service is friendly and helpful. Come to Lavender and Time today and discover the joy of wool!



What do you call a sheep covered in chocolate?

A candy baa 🍬



FABRICS AND ACCESSORIES

We know you love to sew and stitch, so why not pop in at Lavender and Time , where you'll find a treasure trove of sewing notions, accessories and fabrics.

So don't delay, come today. Visit us and start your sewing adventure. You'll have fun, you'll make friends, you'll create something wonderful. Lavender and Time your 1 stop haberdashery shop.



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All Things New



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SMOCKING & EMBROIDERY CLASSES

Learn the art of smocking and embroidery with expert guidance and fun projects. You will also make new friends along the way.

It's never too late to join our classes!



Lavender & Time

QUILTING AND EMBROIDERY

80 7th Ave Edenvale 063 551 6909

SMOCKING & EMBROIDERY CLASSES WITH DIANE

**TUESDAY 1ST, 15TH & 29TH AUGUST
9:30 - 12:30**



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Beginners Crochet

Learn to make beautiful and cosy items for yourself, your home, or your loved ones. Our classes are suitable for anyone who wants to learn how to crochet or refresh their skills.

Come on, join us, what you waiting for?



Lavender & Time
QUILTING AND EMBROIDERY

Beginners Crochet

Join our beginners
crochet classes and
discover the joy of
creating with yarn!

Thursday 10 August
9:30 – 12:30

80 7th Ave Edenvale
063 551 6909

Book Today!



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BEGINNERS CROCHET

CLASS 13 JULY

We are delighted to hear that everybody is thoroughly enjoying our beginners crochet class. We are impressed by your progress and creativity. If you missed our class or want to join us for the next one, don't worry! We have another beginners crochet class coming up on 10 August.

**Come have
some fun**



**and make
new friends**



BEGINNERS QUILTING

Thank you to all those who joined our class held on the
14th of July. Our next class will be held
on Thursday the 17th of August.
We look forward to seeing you all there!



 *Lavender & Time*
QUILTING AND EMBROIDERY
80 7th Ave Edenvale 063 551 6909

**Beginners Quilting Classes
will be held every third
Thursday of the month**

**Join us
17 August 9:30-12:30**

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A BEGINNER'S JOURNEY OF CREATIVITY AND CRAFTSMANSHIP

This quilt is a stunning example of creativity and craftsmanship. A lady from our beginners quilting class made it, displaying remarkable skill and talent in her project. The quilt is not only beautiful, but also a testament to her dedication and perseverance. She devoted many hours to cutting, sewing, pressing, and quilting each piece of fabric. She faced and overcame challenges and difficulties along the way, such as choosing fabrics, matching seams, and fixing mistakes. She persisted with her project, even when it seemed hard or frustrating. She completed her quilt with pride and joy, and we are very proud of her too. This quilt is a masterpiece that deserves admiration and appreciation. It reflects the lady's creativity, skill, personality, and spirit. It is also a gift to us, as we get to see her work and learn from her example. We congratulate her on finishing this wonderful quilt, and we hope she will keep quilting and enjoying this rewarding hobby.



A BEGINNER'S JOURNEY OF CREATIVITY AND CRAFTSMANSHIP



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Fairy Cake Tea Cozy Pattern

Fairy Cake Tea Cozy

A fairy cake tea cosy is just right for afternoon tea. The cosy is knitted in double knitting weight yarn and can be decorated with buttons or beads. Instructions are included for two sizes, to fit standard three or six cup teapots.



Materials

Small amounts of double knitting weight yarn in three colours, for the cake case, the cake and the icing.

Beads or buttons for decoration.

3.25mm / US size 3 and 4mm / US size 6 needles.

Tension

Approximately 11sts and 18 rows = 2"² worked over stocking stitch on 4mm needles. Since much of the cosy is knitted in rib, the tension should not be too critical.



Fairy Cake Tea Cozy Pattern

Small Cosy

The main part of the cosy is worked in two halves and then sewn together to fit round the handle and spout. The icing is then knitted separately and sewn on to the cosy.

Using 3.25mm needles and the long tail method, cast on 41 sts with the cake case colour.

Row 1: *P1, K1, repeat from * to last st, P1.

Row 2: *K1, P1, repeat from * to last st, K1.

Work these two rows again and then row 1 once more (5 rows in all). Change to 4mm needles and work 15 more rows in K1, P1 rib. Knit 1 row for the top of the cake case and change to the cake colour.

Next row: *K2, K2tog, repeat from * to last st, K1 (31 sts).

Beginning with a purl row, work 5 rows in stocking stitch. Change to 3.25mm needles and work 5 more rows in stocking stitch. Cast off knitwise.

Make two pieces like this and then sew them together, leaving holes for the spout and handle. It's probably easier to try the cosy on the pot as you do this but, if you don't happen to have your teapot to hand, try the following measurements:



Spout side: Join 3cm above the spout and 2cm below it.

Handle side: Join 1cm above the handle and 2.5cm below it.



Fairy Cake Tea Cozy Pattern

Icing

Using 4mm needles and the long tail method, cast on 72 sts.

- Row 1: (and every odd numbered row) Purl.
Row 2: *K2tog twice, (m1, K1) four times, K2tog twice, repeat from * to the end of the row.
Row 4: *K7, K2tog, repeat from * to the end of the row (64 sts)
Row 6: K3, *K2tog, K6, repeat from * to last 5 sts, K2tog, K3 (56sts)
Row 8: *K5, K2tog, repeat from * to the end of the row (48 sts)
Row 10: K2, *K2tog, K4, repeat from * to last 4 sts, K2tog, K2 (40 sts)
Row 12: *K3, K2tog, repeat from * to the end of row (32 sts)
Row 14: K1, *K2tog, K2, repeat from * to last 3 sts, K2tog, K1 (24 sts)
Row 16: *K1, K2tog, repeat from * to the end of the row (16 sts)

Cast off knitwise and sew up the side seam.



Put the main cosy and the icing on to the teapot and pin the icing to the rest of the cosy. Sew the icing down with small running stitches around the bottom edge. Turn the cosy inside out and sew the top of the cake to the icing using sewing thread to stop it curling.

All that remains is to decorate your cosy and put the kettle on!



Fairy Cake Tea Cozy Pattern

Large Cosy

Using 3.25mm needles and the long tail method, cast on 51 sts with the cake case colour.

Row 1: *P1, K1, repeat from * to last st, P1.

Row 2: *K1, P1, repeat from * to last st, K1.

Work these two rows again and then row 1 once more (5 rows in all). Change to 4mm needles and work 21 more rows in K1, P1 rib. Knit 1 row for the top of the cake case and change to the cake colour.

Next row: K2, *K2tog, K3, repeat from * to last 4 sts, K2tog, K2 (41 sts)

Beginning with a purl row, work 5 rows in stocking stitch. Change to 3.25mm needles and work 6 more rows in stocking stitch.

Next row: *K2, K2tog, repeat from * to last st, K1 (31 sts)

Beginning with a purl row, work 4 more rows in stocking stitch. Cast off knitwise.

Make two pieces like this and then sew them together, leaving holes for the spout and handle. It's easier to try the cosy on the pot as you do this but, if you don't have your teapot to hand, try these measurements:

Spout side: Join 4cm above the spout and 2.5cm below it.

Handle side: Join 2.5cm above the handle and 2.5cm below it.

Icing

Using 4mm needles and the long tail method, cast on 96 sts.



Fairy Cake Tea Cozy Pattern

- Row 1: (and every odd numbered row) Purl.
- Row 2: *K2tog twice, (m1, K1) four times, K2tog twice, repeat from * to the end of the row.
- Row 4: K5, *K2tog, K10, repeat from * to last 7 sts, K2tog, K5 (88 sts)
- Row 6: *K9, K2tog, repeat from * to the end of the row (80 sts)
- Row 8: K4, *K2tog, K8, repeat from * to last 6 sts, K2tog, K4 (72 sts)
- Row 10: *K7, K2tog, repeat from * to the end of the row (64 sts)
- Row 12: K3, *K2tog, K6, repeat from * to last 5 sts, K2tog, K3 (56 sts)
- Row 14: *K5, K2tog, repeat from * to the end of the row (48 sts)
- Row 16: K2, *K2tog, K4, repeat from * to last 4 sts, K2tog, K2 (40 sts)
- Row 18: *K3, K2tog, repeat from * to the end of the row (32 sts)
- Row 20: K1, *K2tog, K2, repeat from * to last 3 sts, K2tog, K1 (24 sts)
- Row 22: *K1, K2tog, repeat from * to the end of the row (16 sts)

Cast off knitwise and sew up the side seam.

Put the main cosy and the icing on to the teapot and pin the icing to the rest of the cosy. Sew the icing down with small running stitches around the bottom edge. Turn the cosy inside out and sew the top of the cake to the icing using sewing thread to stop it curling. Decorate with buttons or beads.



Cross Stitcher

We've brought you another charming design in the Cross Stitch Houses series.

The Heysham Cottage, a cosy retreat in the country side.
Stitch this exclusive pattern from Lavender and Time and add some floral flair to your home.

Don't miss this limited edition offer, only available while stocks last!



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Children's Sewing Projects

Do you want your child to learn a new skill that is fun, creative, and useful? Sign them up for our children's sewing lessons! Our teachers will guide them through easy and exciting projects that they can take home and show off. No prior experience is necessary, Just a willingness to learn and have fun.



We are so proud to share these amazing sewing projects made by two of our talented young students! They have learned how to sew with our children's sewing lessons. They have shown great skill and creativity, and we are very impressed by their work. Well done, girls! You are an inspiration to us all!

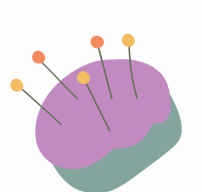
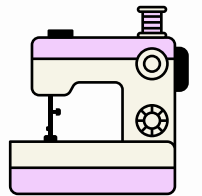
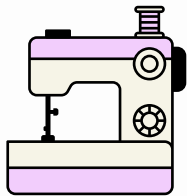
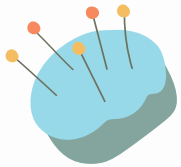
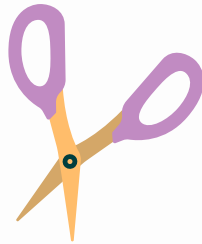
GIVE YOUR CHILD A FUN AND REWARDING HOBBY THAT WILL LAST A LIFETIME!



Saturday Mornings
9:00 - 10:30



R150.00 per class



GIFT VOUCHERS

Looking for a gift that's sure to delight? Give the gift of choice with a Lavender and Time gift voucher. Whether it's for a birthday, anniversary, or just because, a gift voucher lets your loved ones pick out their favourite fabrics, buttons, ribbons, and more. They'll love browsing our wide range of quality and affordable haberdashery items, and you'll love how easy it is to give them a gift they'll cherish.



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These bags are not only great for storing and organizing small items, they are also easy and fun to make.

Everyone had a lovely time at our box bag class that was held on 25 July.

Thank you to all who joined us, we hope to see you again soon at Lavender and Time!



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Looking for a sewing machine that can help you express your creativity and individuality? Then look no further than **Pfaff**, the premier brand of precision machines worldwide. Whether you are into quilting, embroidery, home decor, or garment making, **Pfaff** has the perfect machine for you. With features like the Original IDT™ System, the Stitch Creator™ feature, and the Colour Touch Screen, you can customize your stitches, combine designs, and see your projects come to life.



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AUGUST 2023 SPECIAL

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Valid August 2023



**This Women's Month,
celebrate your
brilliance and beauty
with a PFAFF sewing
machine that lets
you express your
creativity and passion.**

Whether you want to make stunning quilts with the Expression 720, embroider amazing designs with the Icon 2, or explore your creativity with the Creative 3 and 4.5, we have the perfect machine for you. For a limited time only, you can get a special deal on these PFAFF sewing machines and enjoy their exclusive features and quality. Don't miss this chance to treat yourself or a loved one with a PFAFF sewing machine that will inspire you for years to come. Contact us or your nearest PFAFF dealer today and find out how PFAFF can enhance your sewing experience at any level.

**Remember, as the slogan says, "Women hold up half the sky"!
and you deserve the very best.**



Valid for the month of August 2023



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• August Demos •

MACHINE DEMOS

These are the most advanced and innovative sewing and embroidery machines on the market, with exclusive features and technology that will transform your sewing projects with ease and elegance.



Join us for a free demonstration of the most advanced sewing and embroidery machines from PFAFF which are on SPECIAL this August



The Icon 2, Expression 720, Creative 3 and 4.5. Discover their amazing features that will take your sewing and embroidery to the next level.



It's an opportunity to experience the power and elegance of PFAFF machines.



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Extend the capabilities of your machine with specially designed presser feet and attachments



Perfect results with the right tools.

Looking for the perfect presser foot for your sewing project? Whether you need to sew on buttons, insert zippers, make piping, or create decorative stitches, Pfaff has the right presser foot for you. PFAFF presser feet are specially designed to work with the IDT™ system, which ensures even fabric feed from both the top and bottom. With PFAFF presser feet, you can achieve professional results with ease and precision. Explore the wide range of PFAFF presser feet and find your new sewing companion today!



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What a blast!

We had the most amazing Barbie competition ever at Lavender and Time on Saturday, July 29th. It was so much fun to see all the kids dressed up in pink and showing off their style and creativity. We had a lot of laughs, smiles, and cheers as we awarded the prizes for each age group. Congratulations you were all winners and thank you to everyone who participated. You made this Barbie party a memorable one! We also want to say a big thank you to Natasha from Figures Edenvale for being our wonderful judge. She was very fair and friendly, and we appreciate her time and effort. Thank you, Natasha! But that's not all! Natasha was so impressed by the talent and confidence of our participants that she awarded them all with a one month free modelling contract from her agency. How awesome is that? We hope you enjoyed this event as much as we did. Stay tuned for more exciting activities and competitions coming soon. Until then, keep playing and dreaming with your Barbie!



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CLASS CALENDAR

August 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 09:30 - 12:30 Smocking and Embroidery with Diane	2	3	3	5 9:00 - 10:30 Children's Sewing Classes 9:30 - 12:30 Quilting with Jenny	6 Sunday
7	8	9 Public Holiday Women's Day	10 09:30 - 12:30 Beginners Crochet with Sharon	11 9:30 - 12:30 Quilting with Jenny	12 9:00 - 10:30 Children's Sewing Classes	13 Sunday
14	15 09:30 - 12:30 Smocking and Embroidery with Diane	16	17 09:30 - 12:30 Beginners Quilting with Sharon	18	19 9:00 - 10:30 Children's Sewing Classes 9:30 - 12:30 Quilting with Jenny	20 Sunday
21	22	23	24	25 9:30 - 12:30 Quilting with Jenny	26 9:00 - 10:30 Children's Sewing Classes	27 Sunday
28	29 09:30 - 12:30 Smocking and Embroidery with Diane	30	31			



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COTTON: THE NATURAL CHOICE FOR QUALITY & COMFORT

Did you know?

The word cotton is derived from 'qutun', an Arabic word.



The first light bulb manufactured by Thomas Edison used cotton filament

Cotton grows naturally in different colours, in white, brown, pink and green.



1516

The earliest reports of cotton growing in South Africa date back to 1516



COTTON: THE NATURAL CHOICE FOR QUALITY & COMFORT



A single cotton bale can produce approximately 200 pairs of denim jeans or 670 t-shirts.

Most Banknotes are made using cotton.

Most of us think that banknotes are made with paper. However, this is not the case. Because if banknotes were made with paper, you wouldn't be able to use it after a good splash of water.



In the 2014/15 production year, South Africa's cotton crop produced 94 000 bales of cotton fibre of 200kg each. That equates to around 19 million pairs of denim jeans, or 63 million t- shirts.



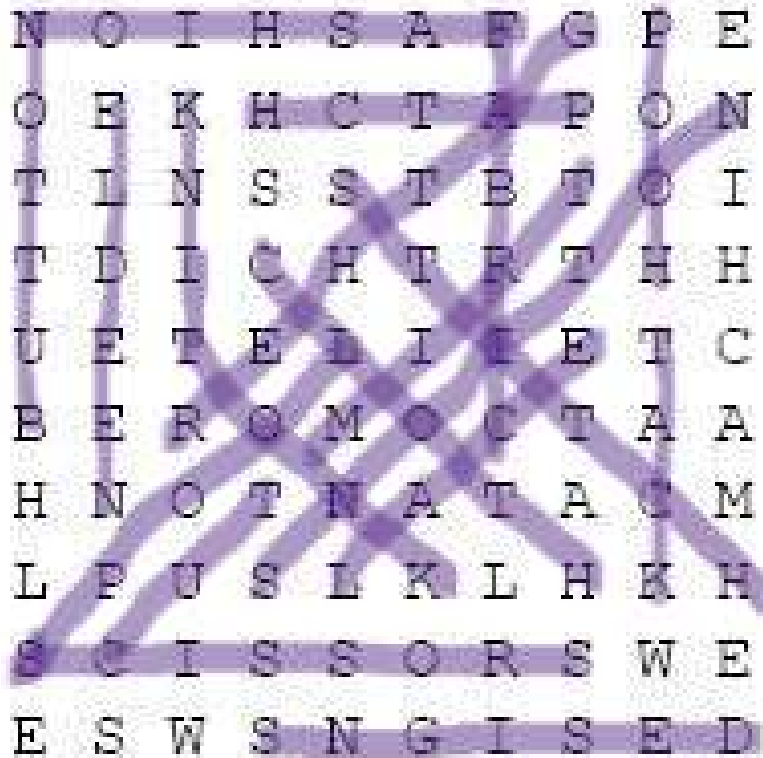
JUST FOR FUN JULY SOLUTION

WORD SEARCH PUZZLE

LET'S SEW



The words appear UP, DOWN, BACKWARDS, and DIAGONALLY. Find and circle each word.



BUTTON
CLOTH
CUT
DESIGNS
HOOP

FABRIC
FASHION
GATHER
KNIT
KNOT

LACE
MACHINE
NEEDLE
NOTIONS
PATCH

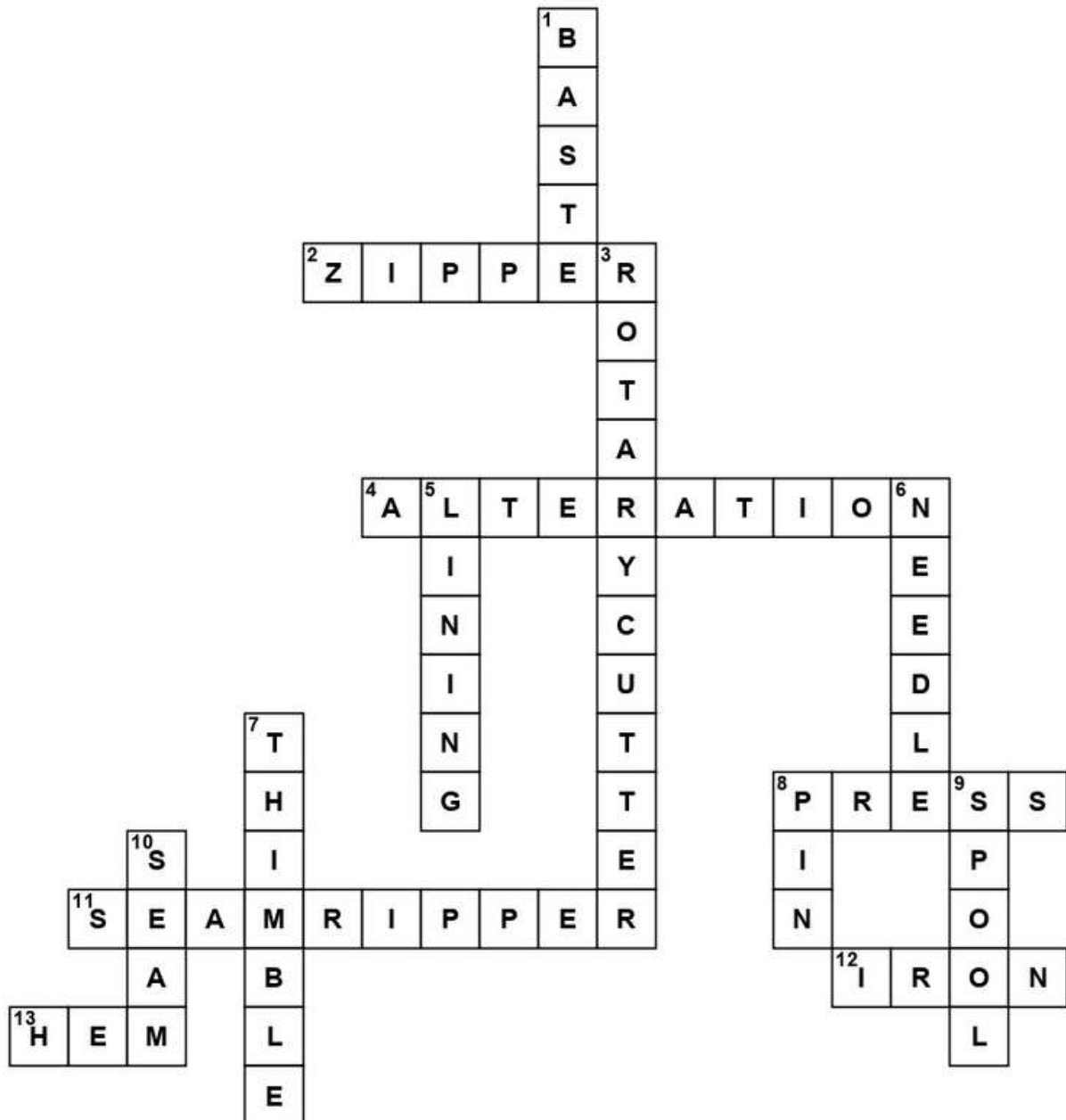
SCISSORS
SPOOL
STITCH
TACK
TRIM



JUST FOR FUN JULY SOLUTION

JULY CROSS WORD

Solution



JUST FOR FUN

IT'S THAT TIME AGAIN...
SO GRAB YOUR PEN AND START
SEARCHING

QUILTING TERMS

B	A	T	T	I	N	G	S	O	Y	G	C	L	T
I	S	N	T	A	L	K	O	T	T	N	L	N	F
A	L	A	P	T	H	I	T	D	S	I	A	Q	O
C	A	P	S	I	A	T	B	T	B	T	Y	A	L
A	B	O	I	H	Y	A	I	Q	O	L	Q	A	N
L	E	T	T	O	I	B	P	E	R	I	T	G	I
I	L	U	Y	K	G	N	L	E	D	U	N	N	N
C	A	O	U	T	Q	A	G	G	E	Q	I	I	E
O	N	I	B	A	C	G	O	L	R	D	O	D	P
L	A	N	D	S	C	A	P	E	D	N	P	N	A
T	F	O	U	R	P	A	T	C	H	A	N	I	T
D	Y	Z	A	R	C	L	A	L	I	H	O	B	C
C	P	E	R	A	U	Q	S	F	L	A	H	A	H
O	O	S	I	Z	T	L	I	U	Q	T	R	A	E

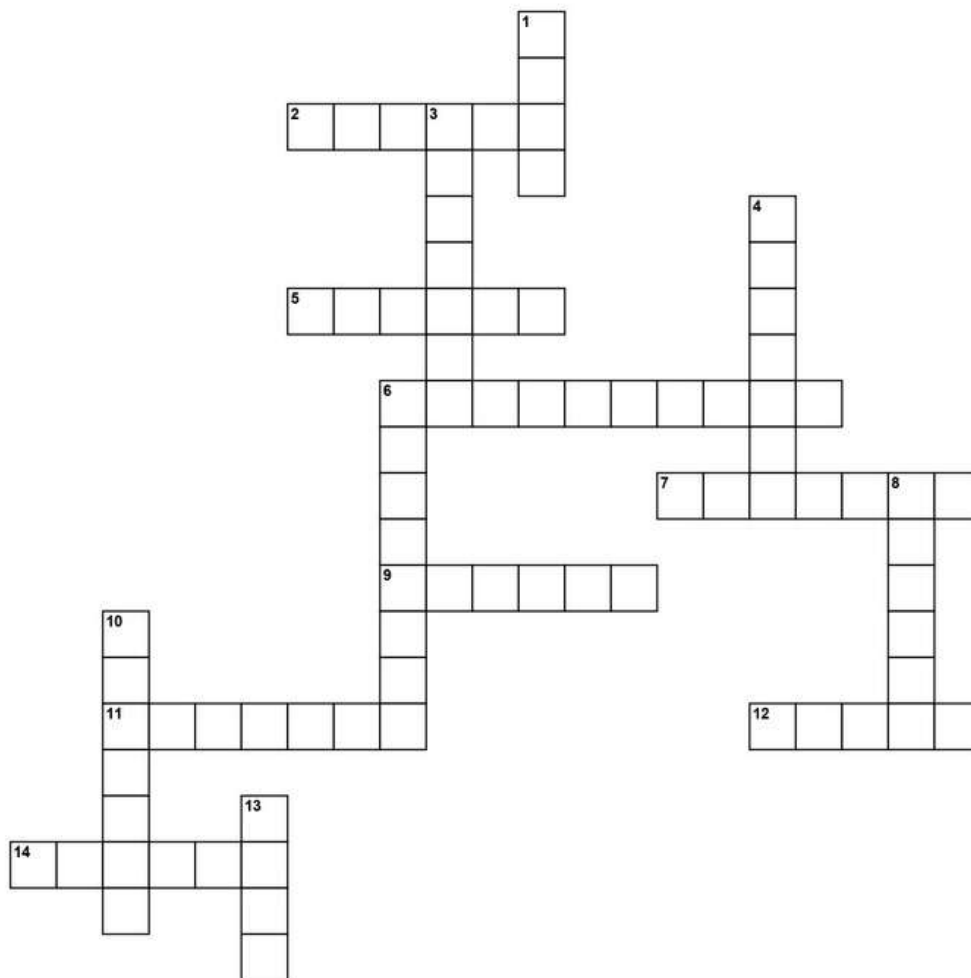
SASHING
LOG CABIN
LABEL
LOFT
NINE PATCH
ART QUILT
FOUR PATCH
BINDING
HAND QUILTING
LANDSCAPE
TIED
ON POINT
YO YO
CALICO
HALF SQUARE
CRAZY
BATTING
BATIK
BORDER
TOP



JUST FOR FUN

Do you have what it takes to figure out these quilting terms??

Quilting Terms



Across

- [2] Fabric used in making quilts
- [5] Small spool of thread placed under machine
- [6] Used in taking out stitching mistakes...oops!
- [7] Strip of fabric stitched to outer edge of quilt
- [9] Tube stitched on the back of quilt to facilitate hanging
- [11] Examples are...guterman, mettler, coats and clark
- [12] Item used to measure fabric pieces
- [14] One of the earlier makers of sewing machines

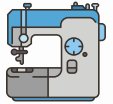
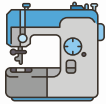
Down

- [1] Items used to temporarily hold fabric together for stitching
- [3] Metal item placed over finger when hand sewing
- [4] Specific design instructions
- [6] Used in separating large pieces fabric into smaller pieces
- [8] Item used with thread to hold two pieces of fabric together
- [10] Item place between top sheet and quilt backing
- [13] Used in pressing open seams



A FUN FACT & TIPS ON SEWING

The word haberdashery comes from the Middle English word hapertas, which means a kind of cloth. It was later used to refer to a seller of small items used for sewing, such as buttons, ribbons & threads.



Here are some helpful tips to improve your sewing skills and projects:



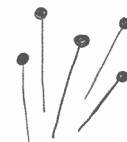
Clean your machine regularly.

Dust and lint can accumulate in your machine and affect its performance. Use a soft brush to remove any debris from the bobbin area, the feed dogs and the needle bar.



Use the right needle for the job.

Different fabrics and threads require different types of needles. For example, use a ballpoint needle for knit fabrics, a sharp needle for woven fabrics and a denim needle for heavy fabrics. Also, change your needle often to avoid dullness or damage.



Don't sew over pins.

Sewing over pins can cause your needle to break, damage your machine, or leave holes in your fabric. Instead, remove the pins as you sew or use clips or basting stitches to hold your fabric together.



TIPS ON SEWING



Thread matters.

Choose a good quality thread that matches your fabric and needle. Avoid old and dry thread that can break easily, create lint or cause tension problems. Also, use the same thread for both the top and the bobbin to ensure even stitches.



Don't be afraid to make mistakes.

Sewing is a learning process and mistakes are inevitable. Don't let them discourage you or stop you from trying new things. Instead, use a seam ripper to fix them, learn from them, and move on.

We hope these tips help you enjoy sewing more and create beautiful things. Happy sewing!



THANK YOU, WE APPRECIATE YOUR SUPPORT!

WE HOPE THAT YOU LEARNT SOMETHING NEW AND
ENJOYED READING THIS MONTH'S NEWSLETTER.

UNTIL NEXT TIME,

HAPPY SEWING!



80 7th Ave Edenvale | 063 551 6909 | www.lavenderandtime.co.za