



CHILDREN'S
Legacy Center



Behavioral Wellness Services

The Children's Legacy Center's Behavioral Wellness Services are trauma-focused resiliency-oriented outpatient behavioral health services designed for young people who have experienced trauma as well as their siblings and caregivers. The treatment focuses on healing through building upon individual and family strengths.

We specialize in the treatment for youth impacted by all types of abuse, especially youth who have experienced commercial sexual exploitation. The program provides a safe space for youth and their caregivers to make healing connections and learn to trust again.

Treatment is provided for youth (along with their caregivers) up to age 18, foster youth may receive services to the age of 26.

We offer brain-based assessment and treatment planning through the Neurosequential Model of Therapeutics (NMT). NMT is an evidence-based, trauma-informed brain-mapping approach to clinical problem solving.

Modalities for Treatment

Trauma Focused
Cognitive
Behavioral Theory

Group Therapy

Stress & Anger
Management
Training

Parent Education

Play Therapy

Sand Tray
Therapy

Family Therapy

Parent Child
Attachment
Therapy

Emotional
Regulation
Training

Equine Assisted
Therapy