

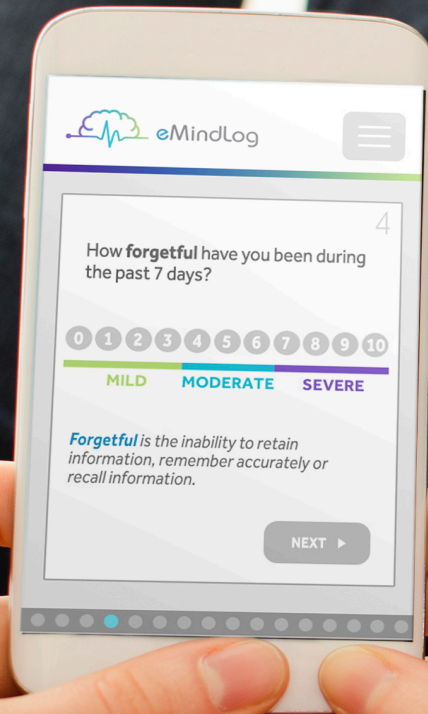


# Pitch Deck

Philip T Ninan, MD  
Founder & CEO  
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# eMindLog<sup>®</sup>

is a mobile health app that measures anxiety, depression and stress. Algorithms enable **detection, early intervention and monitoring**, for better **outcomes**.



# Measuring the vital signs of the mind

**Measure:** Users complete a daily scale quantifying emotions, thoughts, and behaviors

The image shows three stacked daily scales for measuring mental health. Each scale has a header with a letter (E, T, B), a question, a 0-10 scale bar with color-coded regions (Mild, Moderate, Severe), and a definition.

**E** How **anxious** have you felt during the past 24 hours?

0 1 2 3 4 5 6 7 8 9 10

MILD MODERATE SEVERE

Anxiety is feeling nervous, uneasy, apprehensive or panicky.

**T** How **worried** have your thoughts been during the past 24 hours?

0 1 2 3 4 5 6 7 8 9 10

MILD MODERATE SEVERE

Worry is thoughts excessive to a threat and difficult to control. Worry can focus on past, present or future concerns.

**B** How **agitated** has your behavior been during the past 24 hours?

0 1 2 3 4 5 6 7 8 9 10

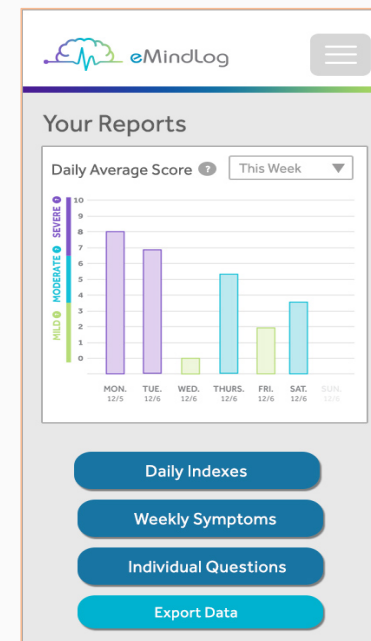
MILD MODERATE SEVERE

Physical agitation is muscle tension, trembling, restlessness and inability to be still or relax.

**Act:** Algorithms enable users and clinicians to make decisions and monitor for better outcomes



**Monitor:** Reports provide ongoing tracking on a secure HIPAA-compliant platform



# Anxiety and depression are widespread, worsening, and costly

**75 million**

Americans report  
high/extreme stress,  
anxiety/depressive  
disorder

- **1 in 4** Americans suffer a mental health condition
- Suicide rate increased **24%** this century
- 11% of Americans take an antidepressant – a **5-fold** increase in 20 years
- Anxiety and depression cost the US an estimated **\$210 billion** annually

Distress is a universal experience – when is an intervention necessary?

# Value Proposition

- **Users** are empowered to track the vital signs of their mind to enhance their own wellness
- **Clinicians** efficiently and accurately diagnose, treat and monitor anxiety and depression
- **Health systems** reduce healthcare costs through early identification and targeted intervention
- **Businesses** validly measure employee well-being and satisfaction to enhance productivity

# Cost Savings

Health benefits to users result in cost savings for health systems, payers and businesses

**Users:** Trending with fitness wearables (forecast \$12B by 2022 in US) and health apps

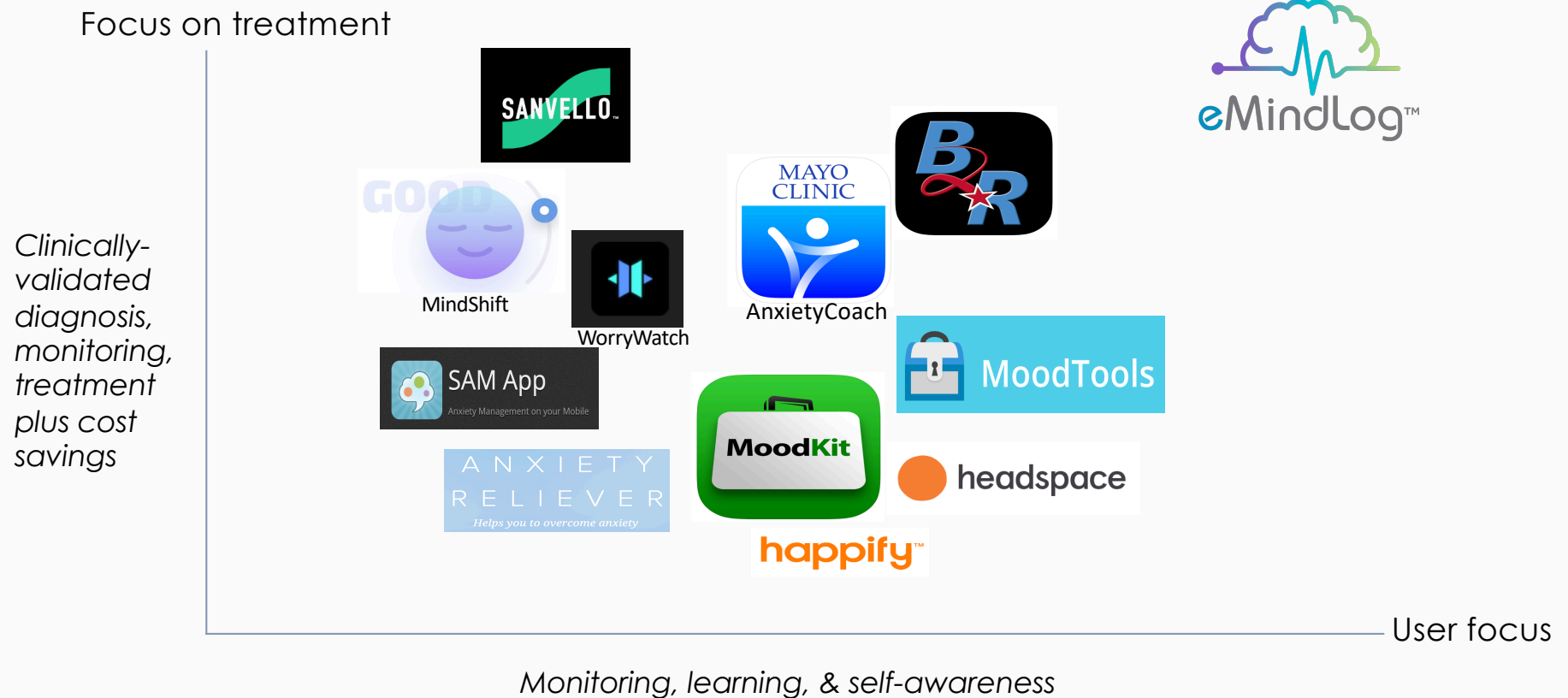
**Hospitals:** 3.3% of 'avoidable' Emergency Department visits are for anxiety and depressive disorders

**Payers:** \$25 billion spent annually on mental health by private insurance

**Businesses:** \$51 billion in indirect workplace costs (absenteeism and engagement)

**ROI:** Employee Assistance Programs investment in mental health yield a ROI of \$2.70 for every \$1 invested

# eMindLog<sup>®</sup> is unique in supporting users, clinicians and systems





# Testimonials

Early use cases suggest value add

*“Diagnosing and treating depression and anxiety has always been difficult, mainly because of time limitations and lack of data over time. This health app gives us **actionable data** over whatever time we choose, in a way that makes for more accurate and quicker diagnosis. It also allows for better ways to **see if our treatments are successful** with a glance of the graphic data”*

- Fredrick Teixeira, MD, Vidant Health

*“This app has helped me a lot with stress. **I didn’t realize how much I needed help.** This app is simple to use and understand, and I totally recommend it.”*

- eMindLog® User

*“Consciously, I recognized that my scores were rising ..... close to getting up to severe, **which I took seriously** ..... that was not good ..... I realized I got to go in and see (my doctor) and talk to him.”*

- eMindLog® User - Patient



# Friends and Family Round

Mobile app prototype launched

User data in over 1000 users from 5 continents

Pilot data analyzed and published

A close-up portrait of a young woman with long, dark, wavy hair, smiling warmly at the camera. She is wearing a light-colored collared shirt. The background is a soft-focus outdoor scene with green foliage and sunlight filtering through the trees.

# USE OF FUNDS

Grow team  
Product enhancement  
Develop and implement  
business model  
Conduct additional pilots

## Core Team

Philip Ninan, MD,  
Founder, CEO  
Past: Pfizer, Emory University

Marilyn Thompson  
CFO  
Past: Pioneer Surgical Technology

Marty Hackney  
Entrepreneur  
Past: Entrepreneurial Institute,  
East Carolina University

## Advisory Council

Thomas Penders, MD  
ECU, NC Psychiatric Association

Alan Schatzberg, MD  
Stanford, American Psychiatric  
Association

Steve Stahl, MD,  
UCSD, Neuroscience Education  
Institute

Fred Teixeira, MD  
Internal Medicine, Vidant



Thank you