

Add **Coaching to Your Management Style**Timeo-Performance  
Get resultsCROSSKNOWLEDGE  
A Wiley Brand  
AUTHORIZED PARTNER**100% distance-learning**Approximately  
**5 hours**Any manager who wants  
**to support change more  
effectively and help team  
members achieve self-  
development goals**

In a changing business environment, managers have to face a lot of new responsibilities. Coaching as a management style has shown itself to be an effective way of enhancing the performance of all those who are exposed to it (managers, teams and individual staff members). Coaching makes it possible to create a less stressful environment for teams, to foster effective teamwork and to support change. But how do you reconcile coaching and management? What skills do you need to acquire in order to build coaching into your management methods? This course will give you the answers!

FOLLOW THE **PATH**

What is coaching?

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②

Observing and listening

③

Providing constructive feedback

④

Fostering self-confidence

⑤

Hands-off support

⑥

Helping people to change

⑦

Supporting people through change



Add **Coaching** to Your Management StyleTRUST OUR **EXPERTS****ANDREW KINDER**

Chartered Counselling & Occupational Psychologist. Expert in remote working and well-being. Associate Fellow of the British Psychological Society.

**DIDIER NOYÉ**

Specialist in change engineering. Coach to managers and directors. Associate Director at INSEP Consulting.

**MATTHIEU RICARD**

Molecular geneticist turned Buddhist monk, and the Dalai Lama's right-hand man. Photographer and best-selling author. Researcher on the effects of meditation on the brain. Celebrated leader of humanitarian projects in the Himalayan region.

**SCOTT SNOOK**

Senior Lecturer in Business Administration at Harvard Business School and world-renowned researcher, speaker and author in leadership, leader development, change management and organizational systems.

**MARIE R. MIYASHIRO**

Internationally recognized author, business consultant, facilitator, keynote speaker and Nonviolent Communication (NVC) practitioner. Best-selling author of *The Empathy Factor - Your Competitive Advantage for Personal, Team, and Business Success*.

FOR PROVEN  
**BENEFITS**

Understand the challenges of executive coaching



Observe and listen



Get people to change their behavior



Help people to move forward



Support people through change