



## Tracy Ho Executive Coach

## My Top 5 CliftonStrengths

- 1. Woo
- 2. Communications
- 3. Positivity
- 4. Developer
- 5. Adaptability

## My DiSC style

Influence -Optimistic & Enthusiastic
Relates to people
Works well with people















+852 9730 0542



www.tracyhocoaching.com

I'm an internationally-certified, award-winning executive coach, corporate trainer and visual facilitator. My specialty is to support global leaders and executives in the financial and professional services industries improve their performance and influence, to help them best navigate their careers in a multicultural environment.

In addition to executive coaching, I'm a leading personal branding and image consultant, a certified international business etiquette and multicultural communication specialist of Frame & Fame Personal Branding.

As a former corporate communications consultant in the financial and professional services sector, I provided counsel to senior leaders and executives and sometimes saw first-hand their frustrations at work. After having my own burnout from work, I realized the power of coaching and evolved to become an executive coach. I have been certified to coach since 2016 and have accumulated over 650 coaching hours,

## My Core Coaching & Training Areas:

- Executive Presence and Self Confidence
- Emotional Intelligence and Resilience
- Storytelling and Presentation Skills
- Multicultural Workplace Communication
- CliftonStrengths-based Leadership
- Gallup Q12 Team Engagement
- DiSC-based Management
- DiSC-based Communication
- Entrepreneurial Talents for Startup Founders