

January 2024

Week 1 | Emotions (Worry) - Jesus & The Storm

I Can Look to Jesus for Peace - Ask what worries them, teach them how we can find peace in God.

Week 2 | Emotions (Fear) - David & Goliath

God is with Me, I Will Not Be Afraid - Talk about having faith in God and standing up for what is right.

Week 3 | Emotions (Jealousy) - Joseph & Brothers

I Can Be Grateful & Celebrate Others - Help focus on personal growth instead of comparisons.

Week 4 | Emotions (Joy) - Paul & Silas

God's Promises Bring Me Joy - Talk about trusting God's plan even when you don't understand it. Find comfort and joy knowing God is in control.

Memory Verse

...The peace of God that exceeds all understanding will keep your heart and mind safe in Christ Jesus.

Philippians 4:7