

# HOT PACKAGED BREAKFAST

September 2022

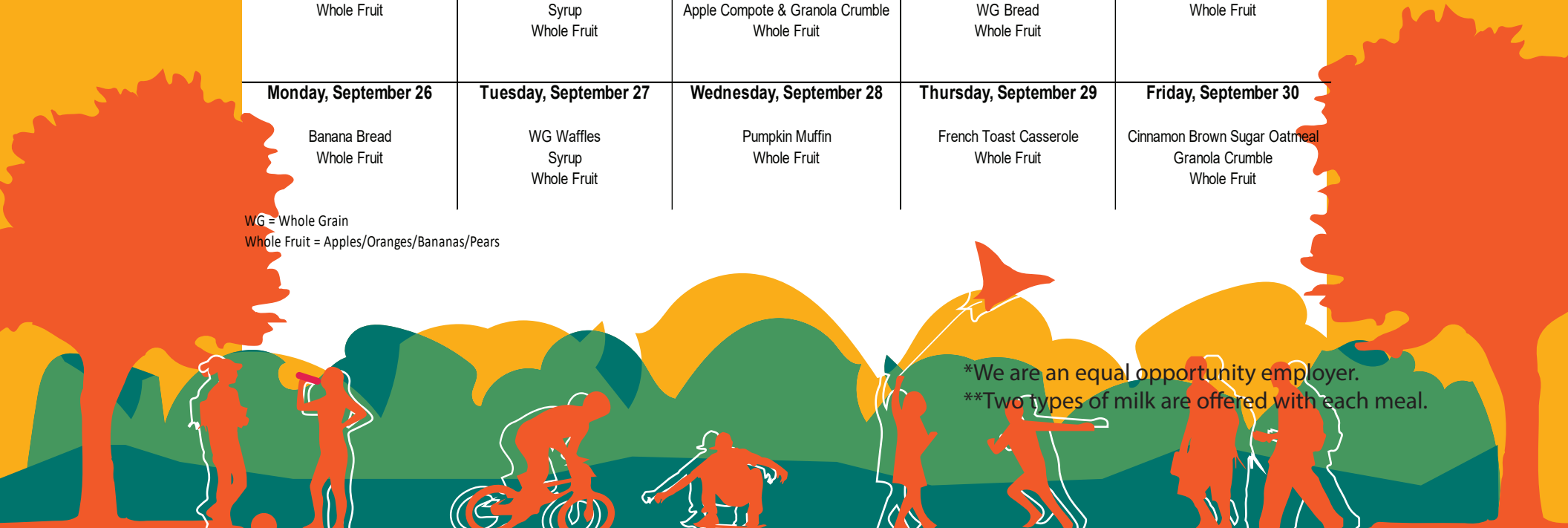


Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, September 5</b>  Snack'n Waffle Whole Fruit	<b>Tuesday, September 6</b>  WG Pancakes Syrup Whole Fruit	<b>Wednesday, September 7</b>  Banana Bread Whole Fruit	<b>Thursday, September 8</b>  Frittata Egg Muffin WG Bread Whole Fruit	<b>Friday, September 9</b>  Cinnamon Brown Sugar Oatmeal Apple Compote & Granola Crumble Orange Slices
<b>Monday, September 12</b>  WG English Muffin Jelly Whole Fruit	<b>Tuesday, September 13</b>  WG Waffles Syrup Whole Fruit	<b>Wednesday, September 14</b>  French Toast Casserole Whole Fruit	<b>Thursday, September 15</b>  Carrot Muffin Whole Fruit	<b>Friday, September 16</b>  Breakfast Egg Casserole WG Bread Whole Fruit
<b>Monday, September 19</b>  Snack'n Waffle Whole Fruit	<b>Tuesday, September 20</b>  WG Pancakes Syrup Whole Fruit	<b>Wednesday, September 21</b>  Cinnamon Brown Sugar Oatmeal Apple Compote & Granola Crumble Whole Fruit	<b>Thursday, September 22</b>  Cheesy Omelet WG Bread Whole Fruit	<b>Friday, September 23</b>  French Toast Sticks Whole Fruit
<b>Monday, September 26</b>  Banana Bread Whole Fruit	<b>Tuesday, September 27</b>  WG Waffles Syrup Whole Fruit	<b>Wednesday, September 28</b>  Pumpkin Muffin Whole Fruit	<b>Thursday, September 29</b>  French Toast Casserole Whole Fruit	<b>Friday, September 30</b>  Cinnamon Brown Sugar Oatmeal Granola Crumble Whole Fruit

WG = Whole Grain

Whole Fruit = Apples/Oranges/Bananas/Pears

\*We are an equal opportunity employer.  
\*\*Two types of milk are offered with each meal.



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Monday, September 5

WG Rotini Pasta w/  
Creamy Garlic Sauce & Mozzarella  
WG Breadstick  
Sweet Corn  
Baby Carrots  
Orange Slices

### Tuesday, September 6

Beef Hot Dog  
[Veggie Hot Dog](#)  
WG Hot Dog Bun  
Potato Fries  
Lemony Chickpea  
Applesauce

### Wednesday, September 7

Beef Burger w/ American Cheese  
[Veggie Burger](#)  
WG Hamburger Bun  
Potato Fries  
Baby Carrots  
Pear Slices

### Thursday, September 8

WG Penne Pasta w/  
Turkey Bolognese Sauce  
[Veggie Bolognese Sauce](#)  
Broccoli  
Three Bean Salad  
Apple Slices

### Friday, September 9

Turkey Sausage Patties  
[Veggie "Sausage" Patties](#)  
French Toast  
Cauliflower  
Cherry Tomatoes  
Melon

### Monday, September 12

Buffalo Chicken  
[Buffalo Tofu](#)  
WG Hamburger Bun  
Green Beans  
Roasted Chickpeas  
Fruit Salad CHP

### Tuesday, September 13

WG Rotini Pasta w/  
Tomato Cream Sauce & Mozzarella  
WG Breadstick  
Baby Carrots  
Apple Slices

### Wednesday, September 14

Chicken Thigh "Not So" Fried Rice  
[Tofu "Not So" Fried Rice](#)  
Broccoli  
Edamame  
Melon

### Thursday, September 15

Beef Tacos  
[Veggie Taco Crumbles](#)  
WG Tortilla  
Cucumber Slices  
Salsa  
Pineapple

### Friday, September 16

Three Bean Chili w/  
Shredded Cheese  
Corn Bread  
Potato Fries  
Spicy Slaw  
Pear Slices

### Monday, September 19

WG Chicken Nuggets  
[Veggie Nuggets](#)  
WG Bread  
Sweet Corn  
Three Bean Salad  
Appleberry Sauce

### Tuesday, September 20

Mojo Chicken  
[Mojo Tofu](#)  
WG Pita  
Roasted Butternut Squash  
Peas  
Pear Slices

### Wednesday, September 21

WG Creamy Mac & Cheese  
WG Breadstick  
Broccoli  
Cauliflower  
Fruit Salad CHP

### Thursday, September 22

WG Personal Cheese Pizza  
Baby Carrots  
Lemony Chickpea Salad  
Melon

### Friday, September 23

WG Grilled Cheese  
Cucumber Slices  
Cherry Tomatoes  
Applesauce

### Monday, September 26

WG Cheese Ravioli w/  
Garlic Sage Sauce & Mozzarella Cheese  
WG Breadstick  
Green Beans  
Baby Carrots  
Apple Slices

### Tuesday, September 27

Roasted Turkey w/ Gravy  
[Veggie Nuggets](#)  
Cornbread  
Roasted Potatoes  
Three Bean Salad  
Fruit Salad CH

### Wednesday, September 28

WG Penne Pasta w/ Roasted  
Red Pepper Sauce & Mozzarella  
WG Breadstick  
Broccoli  
Pineapple

### Thursday, September 29

Adobo Chicken  
[Adobo Tofu](#)  
Brown Rice  
Roasted Zucchini  
Sweet Corn  
Orange Slices

### Friday, September 30

WG YA Cheese Quesadilla  
Baby Carrots  
Black Beans  
Pear Slices

WG = Whole Grain  
CHP = Cantaloupe, Honeydew, Pineapple  
YA = Yellow American

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**FALL**  
**HOT LUNCH**  
September 2022

# HOT PACKAGED BREAKFAST

October 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, October 3</b>  Snack'n Waffle Whole Fruit	<b>Tuesday, October 4</b>  WG Pancakes Syrup Whole Fruit	<b>Wednesday, October 5</b>  Banana Bread Whole Fruit	<b>Thursday, October 6</b>  Frittata Egg Muffin WG Bread Whole Fruit	<b>Friday, October 7</b>  Cinnamon Brown Sugar Oatmeal Apple Compote & Granola Crumble Orange Slices
<b>Monday, October 10</b>  WG English Muffin Jelly Whole Fruit	<b>Tuesday, October 11</b>  WG Waffles Syrup Whole Fruit	<b>Wednesday, October 12</b>  French Toast Casserole Whole Fruit	<b>Thursday, October 13</b>  Carrot Bread Whole Fruit	<b>Friday, October 14</b>  Scrambled Eggs WG Biscuit Whole Fruit
<b>Monday, October 17</b>  Snack'n Waffle Whole Fruit	<b>Tuesday, October 18</b>  WG Pancakes Syrup Whole Fruit	<b>Wednesday, October 19</b>  Cinnamon Brown Sugar Oatmeal Apple Compote & Granola Crumble Whole Fruit	<b>Thursday, October 20</b>  Cheesy Omelet WG Bread Whole Fruit	<b>Friday, October 21</b>  French Toast Sticks Whole Fruit
<b>Monday, October 24</b>  Banana Bread Whole Fruit	<b>Tuesday, October 25</b>  WG Waffles Syrup Whole Fruit	<b>Wednesday, October 26</b>  French Toast Casserole Whole Fruit	<b>Thursday, October 27</b>  Pumpkin Muffin Whole Fruit	<b>Friday, October 28</b>  Cinnamon Brown Sugar Oatmeal Granola Crumble Whole Fruit

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Whole Fruit = Apples/Oranges/Bananas/Pears

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# COLD PACKAGED BREAKFAST

October 2022



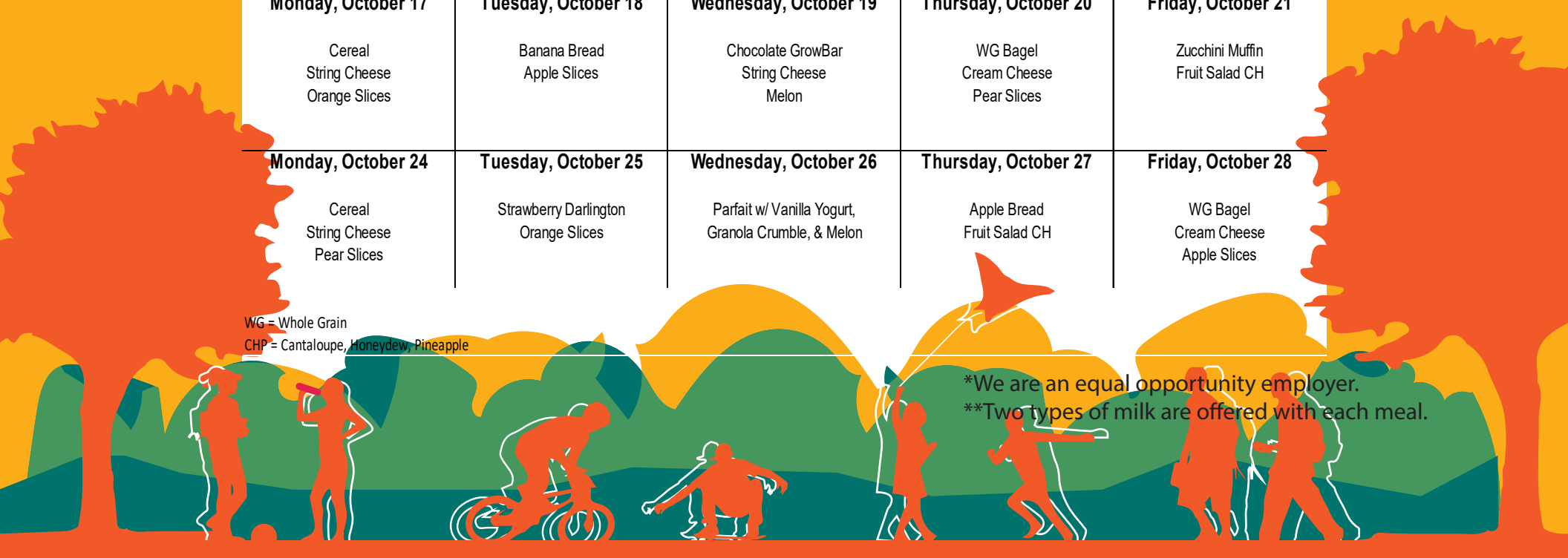
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, October 3</b>  Cereal String Cheese Pear Slices	<b>Tuesday, October 4</b>  Banana Bread Applesauce	<b>Wednesday, October 5</b>  WG Bagel Cream Cheese Melon	<b>Thursday, October 6</b>  ChocoCrisp GrowBar Fruit Salad CHP	<b>Friday, October 7</b>  Parfait w/ Strawberry Yogurt, Granola Crumble, & Orange Slices
<b>Monday, October 10</b>  Cereal String Cheese Pear Slices	<b>Tuesday, October 11</b>  Apple Bread Orange Slices	<b>Wednesday, October 12</b>  Parfait w/ Peach Yogurt, Granola Crumble, & Melon	<b>Thursday, October 13</b>  Apple Darlington Bar Fruit Salad CH	<b>Friday, October 14</b>  WG Bagel Cream Cheese Apple Slices
<b>Monday, October 17</b>  Cereal String Cheese Orange Slices	<b>Tuesday, October 18</b>  Banana Bread Apple Slices	<b>Wednesday, October 19</b>  Chocolate GrowBar String Cheese Melon	<b>Thursday, October 20</b>  WG Bagel Cream Cheese Pear Slices	<b>Friday, October 21</b>  Zucchini Muffin Fruit Salad CH
<b>Monday, October 24</b>  Cereal String Cheese Pear Slices	<b>Tuesday, October 25</b>  Strawberry Darlington Orange Slices	<b>Wednesday, October 26</b>  Parfait w/ Vanilla Yogurt, Granola Crumble, & Melon	<b>Thursday, October 27</b>  Apple Bread Fruit Salad CH	<b>Friday, October 28</b>  WG Bagel Cream Cheese Apple Slices

WG = Whole Grain

CHP = Cantaloupe, Honeydew, Pineapple

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# FALL HOT LUNCH

October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, October 3</b>  WG Rotini Pasta w/ Creamy Garlic Sauce & Mozzarella Green Beans Baby Carrots Orange Slices	<b>Tuesday, October 4</b>  Black Bean Burrito Bowl w/ Shredded Cheddar Cheese Brown Rice Corn Salad Salsa Melon	<b>Wednesday, October 5</b>  Beef Burger Veggie Burger WG Hamburger Bun Sweet Potato Fries Pickle Chips Pear Slices	<b>Thursday, October 6</b>  Chicken Pozole Vegetarian Pozole WG Tortilla Chips Green Cabbage Three Bean Salad Apple Slices	<b>Friday, October 7</b>  Asian BBQ Drumstick Asian BBQ Tofu Brown Rice Broccoli Cucumber Slices Melon
<b>Monday, October 10</b>  Buffalo Chicken Buffalo Tofu WG Hamburger Bun Green Beans Roasted Chickpeas Apple Slices	<b>Tuesday, October 11</b>  WG Rotini Pasta w/ Tomato Cream Sauce & Mozzarella Baby Carrots Applesauce	<b>Wednesday, October 12</b>  Chicken Thigh "Not So" Fried Rice Tofu "Not So" Fried Rice Broccoli Edamame Melon	<b>Thursday, October 13</b>  WG Cheddar Cheese Quesadilla WG Tortilla Chips Cucumber Slices Salsa Orange Slices	<b>Friday, October 14</b>  Three Bean Chili w/ Shredded Cheese Corn Bread Potato Fries Spicy Slaw Pear Slices
<b>Monday, October 17</b>  WG Chicken Nuggets Veggie Nuggets WG Bread Sweet Corn Three Bean Salad Applesauce	<b>Tuesday, October 18</b>  Mojo Chicken Mojo Tofu Brown Rice Baby Carrots Peas Pear Slices	<b>Wednesday, October 19</b>  WG Creamy Mac & Cheese Cauliflower Collard Greens Fruit Salad CHP	<b>Thursday, October 20</b>  WG Pizza Bread Roasted Zucchini String Cheese Lemony Chickpea Salad Melon	<b>Friday, October 21</b>  WG Grilled Cheese Cucumber Slices Cherry Tomatoes Apple Slices
<b>Monday, October 24</b>  WG Penne w/ Marinara Sauce & Mozzarella Cheese WG Bread Green Peas Apple Slices	<b>Tuesday, October 25</b>  Roasted Turkey w/ Gravy Veggie Nuggets Cornbread Roasted Potatoes Three Bean Salad Pear Slices	<b>Wednesday, October 26</b>  Cajun Beans & Rice WG Bread Broccoli Cauliflower Fruit Salad CHP	<b>Thursday, October 27</b>  Adobo Chicken Adobo Tofu Brown Rice Roasted Zucchini Sweet Corn Orange Slices	<b>Friday, October 28</b>  WG YA Cheese Quesadilla WG Tortilla Chips Baby Carrots Black Beans Fruit Salad CH

WG = Whole Grain  
 CHP = Cantaloupe, Honeydew, Pineapple  
 YA = Yellow American

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# HOT PACKAGED BREAKFAST

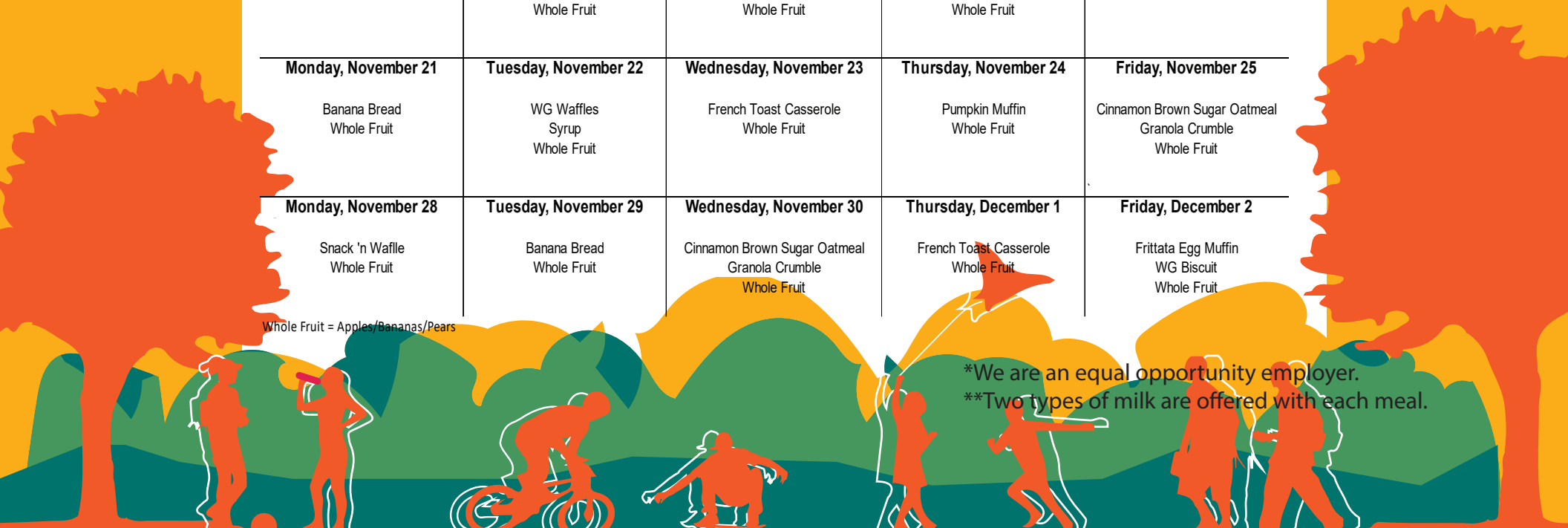
November 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, October 31</b>  Snack'n Waffle Whole Fruit	<b>Tuesday, November 1</b>  WG Pancakes Syrup Whole Fruit	<b>Wednesday, November 2</b>  Banana Bread Whole Fruit	<b>Thursday, November 3</b>  Frittata Egg Muffin WG Bread Whole Fruit	<b>Friday, November 4</b>  Cinnamon Brown Sugar Oatmeal Apple Compote & Granola Crumble Whole Fruit
<b>Monday, November 7</b>  WG English Muffin Jelly Whole Fruit	<b>Tuesday, November 8</b>  WG Waffles Syrup Whole Fruit	<b>Wednesday, November 9</b>  French Toast Casserole Whole Fruit	<b>Thursday, November 10</b>  Carrot Bread Whole Fruit	<b>Friday, November 11</b>  Scrambled Eggs WG Biscuit Apple Butter Whole Fruit
<b>Monday, November 14</b>  Snack'n Waffle Whole Fruit	<b>Tuesday, November 15</b>  WG Pancakes Syrup Whole Fruit	<b>Wednesday, November 16</b>  Cinnamon Brown Sugar Oatmeal Apple Compote & Granola Crumble Whole Fruit	<b>Thursday, November 17</b>  Cheesy Omelet WG Bread Whole Fruit	<b>Friday, November 18</b>  French Toast Sticks Whole Fruit
<b>Monday, November 21</b>  Banana Bread Whole Fruit	<b>Tuesday, November 22</b>  WG Waffles Syrup Whole Fruit	<b>Wednesday, November 23</b>  French Toast Casserole Whole Fruit	<b>Thursday, November 24</b>  Pumpkin Muffin Whole Fruit	<b>Friday, November 25</b>  Cinnamon Brown Sugar Oatmeal Granola Crumble Whole Fruit
<b>Monday, November 28</b>  Snack 'n Waffle Whole Fruit	<b>Tuesday, November 29</b>  Banana Bread Whole Fruit	<b>Wednesday, November 30</b>  Cinnamon Brown Sugar Oatmeal Granola Crumble Whole Fruit	<b>Thursday, December 1</b>  French Toast Casserole Whole Fruit	<b>Friday, December 2</b>  Frittata Egg Muffin WG Biscuit Whole Fruit

Whole Fruit = Apples/Bananas/Pears

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# COLD PACKAGED BREAKFAST

November 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, October 31</b>  Cereal String Cheese Pear Slices	<b>Tuesday, November 1</b>  Banana Bread Applesauce	<b>Wednesday, November 2</b>  WG Bagel Cream Cheese Melon	<b>Thursday, November 3</b>  ChocoCrisp GrowBar Fruit Salad CHP	<b>Friday, November 4</b>  Parfait w/ Strawberry Yogurt, Granola Crumble, & Pineapple
<b>Monday, November 7</b>  Cereal String Cheese Pear Slices	<b>Tuesday, November 8</b>  Apple Bread Apple Slices	<b>Wednesday, November 9</b>  Parfait w/ Peach Yogurt, Granola Crumble, & Melon	<b>Thursday, November 10</b>  Apple Darlington Bar Fruit Salad CH	<b>Friday, November 11</b>  WG Bagel Cream Cheese Applesauce Cup
<b>Monday, November 14</b>  Cereal String Cheese Apple Slices	<b>Tuesday, November 15</b>  Banana Bread Pineapple	<b>Wednesday, November 16</b>  Chocolate GrowBar String Cheese Melon	<b>Thursday, November 17</b>  WG Bagel Cream Cheese Pear Slices	<b>Friday, November 18</b>  Zucchini Muffin Fruit Salad CH
<b>Monday, November 21</b>  Cereal String Cheese Pear Slices	<b>Tuesday, November 22</b>  Strawberry Darlington Pineapple	<b>Wednesday, November 23</b>  Parfait w/ Vanilla Yogurt, Granola Crumble, & Melon	<b>Thursday, November 24</b>  Apple Bread Melon	<b>Friday, November 25</b>  WG Bagel Cream Cheese Apple Slices
<b>Monday, November 28</b>  Cereal String Cheese Whole Apple	<b>Tuesday, November 29</b>  Banana Bread Pear Slices	<b>Wednesday, November 30</b>  Blueberry Muffin Melon	<b>Thursday, December 1</b>  WG Bagel Cream Cheese Melon	<b>Friday, December 2</b>  Parfait w/ Vanilla Yogurt Granola Crumble CH Fruit Salad

WG = Whole Grain  
 CHP = Cantaloupe, Honeydew, Pineapple

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## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Monday, October 31

WG Rotini Pasta w/  
Creamy Garlic Sauce & Mozzarella  
Green Beans  
Baby Carrots  
Applesauce

### Tuesday, November 1

Black Bean Burrito Bowl w/  
Shredded Cheddar Cheese  
Brown Rice  
Sweet Corn  
Salsa  
Melon

### Wednesday, November 2

Beef Burger w/ Cheese  
[Veggie Burger](#)  
WG Hamburger Bun  
Potato Fries  
Pickle Chips  
Pear Slices

### Thursday, November 3

Chicken Pozole  
[Vegetarian Pozole](#)  
WG Tortilla Chips  
Green Cabbage  
Three Bean Salad  
Fruit Salad CH

### Friday, November 4

Asian BBQ Drumstick  
[Asian BBQ Tofu](#)  
Brown Rice  
Broccoli  
Cherry Tomatoes  
Melon

### Monday, November 7

Buffalo Chicken  
[Buffalo Tofu](#)  
WG Hamburger Bun  
Green Beans  
Roasted Chickpeas  
Apple Slices

### Tuesday, November 8

WG Rotini Pasta w/  
Tomato Cream Sauce & Mozzarella  
Baby Carrots  
Applesauce

### Wednesday, November 9

Chicken Thigh "Not So" Fried Rice  
[Tofu "Not So" Fried Rice](#)  
Corn  
Edamame  
Melon

### Thursday, November 10

WG Cheddar Cheese Quesadilla  
[WG Tortilla Chips](#)  
Cucumber Slices  
Salsa  
Pineapple

### Friday, November 11

Three Bean Chili w/  
Shredded Cheese  
Corn Bread  
Broccoli  
Spicy Slaw  
Pear Slices

### Monday, November 14

WG Chicken Nuggets  
[Veggie Nuggets](#)  
WG Bread  
Sweet Corn  
Three Bean Salad  
Applesauce

### Tuesday, November 15

Mojo Chicken  
[Mojo Tofu](#)  
Brown Rice  
Baby Carrots  
Green Peas  
Pear Slices

### Wednesday, November 16

WG Creamy Mac & Cheese  
Broccoli  
Celery  
Fruit Salad CHP

### Thursday, November 17

Personal Pizza  
Roasted Zucchini  
Lemony Chickpea Salad  
Melon

### Friday, November 18

WG Grilled Cheese  
Cucumber Slices  
Cherry Tomatoes  
Apple Slices

### Monday, November 21

WG Penne w/  
Marinara Sauce & Mozzarella Cheese  
WG Bread  
Green Peas  
Apple Slices

### Tuesday, November 22

Roasted Turkey w/ Gravy  
[Veggie Nuggets](#)  
Cornbread  
Roasted Potatoes  
Three Bean Salad  
Pear Slices

### Wednesday, November 23

Cajun Beans & Rice  
WG Bread  
Broccoli  
Cauliflower  
Fruit Salad CHP

### Thursday, November 24

Adobo Chicken  
[Adobo Tofu](#)  
Brown Rice  
Roasted Zucchini  
Sweet Corn  
Melon

### Friday, November 25

WG YA Cheese Quesadilla  
WG Tortilla Chips  
Baby Carrots  
Black Beans  
Fruit Salad CH

### Monday, November 28

WG Tortilla Chips  
String Cheese  
Salsa Cup  
Corn  
Applesauce Cup

### Tuesday, November 29

WG Crispy Chicken Sandwich  
[Veggie Burger](#)  
WG Hamburger Bun  
Peas  
Lemony Chickpea Salad  
Appleberry Sauce

### Wednesday, November 30

WG Ravioli w/ Marinara Sauce  
Shredded Mozzarella  
Green Beans  
Baby Carrots  
Melon

### Thursday, December 1

Three Bean Chili w/  
Shredded Cheese  
Corn Bread  
Potato Fries  
Cucumber Slices  
Pear Slices

### Friday, December 2

Fajita Chicken Drumstick  
[Fajita Tofu](#)  
Brown Rice & WG Tortilla Chips  
Broccoli  
Black Beans & Corn Salad  
Melon

WG = Whole Grain  
CHP = Cantaloupe, Honeydew, Pineapple  
YA = Yellow American

# FALL HOT LUNCH

November 2022

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GourmetGorilla.com



# NSLP Hot Packaged Breakfast

# December

**Monday****Tuesday****Wednesday****Thursday****Friday****Monday, December 5**WG Waffle  
Syrup  
Whole Fruit**Tuesday, December 6**French Toast Sticks  
Syrup  
Whole Fruit**Wednesday, December 7**WG English Muffin  
Jelly  
Whole Fruit**Thursday, December 8**Gingerbread Muffin  
Whole Fruit**Friday, December 9**Cinnamon Brown Sugar Oatmeal  
Granola Crumble  
Whole Fruit**Monday, December 12**Snack'n Waffle  
Syrup  
Whole Fruit**Tuesday, December 13**WG Pancake  
Syrup  
Whole Fruit**Wednesday, December 14**French Toast Casserole  
Syrup  
Whole Fruit**Thursday, December 15**Cranberry Muffin  
Whole Fruit**Friday, December 16**Frittata Egg Muffin  
WG Bread  
Whole Fruit**Monday, December 19**WG Waffle  
Syrup  
Whole Fruit**Tuesday, December 20**French Toast Casserole  
Syrup  
Whole Fruit**Wednesday, December 21**Apple Bread  
Whole Fruit**Thursday, December 22**Cinnamon Brown Sugar Oatmeal  
Granola Crumble  
Whole Fruit**Friday, December 23**Scrambled Eggs  
WG Biscuit w/ Apple Butter  
Whole Fruit**Monday, December 26**Banana Bread  
Whole Fruit**Tuesday, December 27**Snack'n Waffle  
Syrup  
Whole Fruit**Wednesday, December 28**French Toast Casserole  
Syrup  
Whole Fruit**Thursday, December 29**Apple Bread  
Whole Fruit**Friday, December 30**Scrambled Eggs  
WG Biscuit w/ Apple Butter  
Whole Fruit

WG = Whole Grain

CHP = Cantaloupe, Honeydew, Pineapple



# December 2022 NSLP Hot Lunch

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**Monday, December 5**

Beef Burger w/ American Cheese  
*Veggie Burger*  
WG Hamburger Bun  
Sweet Potato Fries  
Lemony Chickpea Salad  
Apple Slices

**Tuesday, December 6**

Orange Chicken  
*Orange Tofu*  
Brown Rice  
Peas  
Sweet Corn  
Pear Slices

**Wednesday, December 7**

WG Rotini Pasta w/ Creamy Garlic  
Sauce & Mozzarella Cheese  
WG Breadstick  
Baby Carrots  
Green Beans  
Apple Slices

**Thursday, December 8**

Chicken Pozole w/ Lime Wedge  
*Vegetarian Pozole w/ Lime Wedge*  
WG Tortilla Chips  
Cabbage  
Three Bean Salad  
Pineapple

**Friday, December 9**

BBQ Chicken Drumstick  
*BBQ Tofu*  
Brown Rice  
Broccoli  
Cherry Tomatoes  
Melon

**Monday, December 12**

WG Chicken Nuggets  
*Veggie Nuggets*  
WG Bread Slice  
Potato Fries  
Baby Carrots  
Appleberry Sauce

**Tuesday, December 13**

Kung Pao Chicken  
*Kung Pao Tofu*  
Brown Rice  
Green Beans  
Lemony Chickpea Salad  
Orange Slices

**Wednesday, December 14**

WG Rotini w/ Tomato Cream  
Sauce & Mozzarella  
WG Breadstick  
Sweet Corn  
Apple Slices

**Thursday, December 15**

Adobo Chicken  
*Adobo Tofu*  
Brown Rice  
Broccoli  
Roasted Chickpeas  
Melon

**Friday, December 16**

Harvest Chicken Stew  
*Vegetarian Harvest Stew*  
WG Breadstick  
Roasted Zucchini  
Fruit Salad CHP

**Monday, December 19**

Sweet & Sour Chicken  
*Sweet & Sour Tofu*  
Brown Rice  
Cucumber Salad  
Baby Carrots  
Pear Slices

**Tuesday, December 20**

Turkey Taco Bowl  
*Boca Crumble Taco Bowl*  
Brown Rice  
Corn  
Salsa  
Apple Slices

**Wednesday, December 21**

Creamy Mac 'n Cheese  
WG Breadstick  
Green Beans  
Lemony Chickpea Salad  
Melon

**Thursday, December 22**

Chicken Tortilla Soup  
*Vegetarian Tortilla Soup*  
WG Tortilla Chips  
Cabbage  
Three Bean Salad  
Pineapple

**Friday, December 23**

Grilled Cheese  
Broccoli  
Cherry Tomatoes  
Orange Slices

**Monday, December 26**

WG Chicken Nuggets  
*Veggie Nuggets*  
WG Bread Slice  
Baby Carrots  
Sweet Corn  
Apple Slices

**Tuesday, December 27**

WG "Crispy" Chicken Sandwich  
*Veggie Burger*  
WG Hamburger Bun  
Peas  
Lemony Chickpea Salad  
Appleberry Sauce

**Wednesday, December 28**

WG Mostaccioli  
Green Beans  
Baby Carrots  
Melon

**Thursday, December 29**

Three Bean Chili w/  
Shredded Cheddar  
Corn Bread  
Potato Fries  
Cucumber Slices  
Pear Slices

**Friday, December 30**

Fajita Seasoned Chicken  
*Fajita Seasoned Tofu*  
Brown Rice & WG Tortilla Chips  
Broccoli  
Black Beans & Corn Salad  
Melon

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CHP = Cantaloupe, Honeydew, Pineapple

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