

# 7 STEPS TO A FRUITFUL & FULFILLING LIFE



HIGHER DIMENSION  
CHURCH

When a person is not living a fulfilling life; they have no peace, they live in a fog, lack focus, and experience unfruitfulness.

Are you living a fruitful and fulfilling life?

Here's the key, Living on Purpose is the only way!

As a pastor, I know what it feels like to be unfulfilled and unfruitful. Early in my ministry instead of embracing God's plan for my life, I used someone else's blueprint for my life. This was unfulfilling however when I began to live by faith, finding purpose and living the life God wanted for me.

...that's when life began to be fruitful and fulfilling for me. As a result of me living on purpose, I've helped people from all walks of life find their purpose; courageously following God's plan. Because of purpose businesses are built, families are restored, and passions are ignited.

We want to provide 7 steps that will help you experience a more fruitful and fulfilling life.

## PRINCIPLE #1 FOLLOW JESUS, FOR REAL

After so many years of ministry, listening to people's challenges, disappointments and setbacks.

I noticed that the root of our problem starts in our heart. When we have not committed in our heart to follow Jesus, we find ourselves in a lot of mess, experiencing a lot of heartache.

Where's your heart, *forreal*?

When we live a life committed to following Jesus, our hearts are in His hands and we follow Him.

1 John 2:6 NIV

*"Whoever claims to live in him must live as Jesus did."*

There are two things you can do that will help you follow Jesus.

### 1. Study God's Word

Everyday get you a verse and maybe it's the same verse you're looking at all week, that's okay. Break that verse down, word for word. Find out the meaning of those words so that you can get a better understanding of what God is saying. Devotion is not about reading a verse, it's about slowing down and meditating on the verse, praying over the verse, asking God to make it plain and to help you apply that word to your life.

### 2. Listen to God

Many of us don't listen because we think we know everything. You will never know what God is planning to do for you unless you listen and obey.

Proverbs 1:5 NIV

*"Let the wise listen and add to their learning..."*

If you want wisdom, peace and purpose you have to humble yourself, Study God's word and Listen to obey.

Remember we must live as Jesus did and He indeed listened to God The Father. And as children of God we must be wise and follow our greatest example, Jesus.

He is the way and when you follow Jesus, He will show you the way to fulfillment and fruitfulness.

Pray for people to follow Jesus, *forreal*.

## PRINCIPLE #2 DISCOVER THE POWER OF WORSHIP

I remember starting the year off declaring that we were going to Win. Do you believe that you can win mentally, financially, relationally, physically and spiritually?

Listen, one of the main things that stop people from winning is that they have not committed to a lifestyle of worship. So I want you to think about this... What's stopping you from living a life of worship?

Yeah you go to church on Sunday, but what happens Sunday afternoon?  
What about when your manager tries you on Monday?  
What happens when there's bad traffic on Tuesday?  
How about Wednesday, are you worshipping?

When we live a life of worship we can win against whatever comes our way.

John 4:23

*"...True worshippers will worship the Father in spirit and in truth, for they are the kind of worshippers the Father seeks."*

Here are three ways you can worship God:

1. **Publicly** - This is on Sundays, at home, on your way to work offering songs and services to The Lord openly. Not to get people's attention but so there's never any question about who has your attention.
2. **Privately** - This is your own time, in your office, your study room, your mornings alone to spend time singing, praying and serving others. You need that unbothered time with God.
3. **Practically** - Most will struggle here but our worship is not only a song, it's how we honor God throughout our life with our time, talents, and treasures. Living a life committed to His ways, building His Church, serving the community, leading our families in His words, acting and reacting like Christ.

If you desire a more fulfilling and fruitful life, worshipping God is a priority.  
If you want to win, WORSHIP!

Pray for a heart of Worship.

## PRINCIPLE #3 ESTABLISH PURPOSEFUL PARTNERSHIPS!

As life goes on, relationships come and go. The key to finding healthy relationships is by looking for purposeful partnerships. My personal growth has happened because of the Word of God, circumstances, and my relationships with people. (My friends, my wife, my children, my staff, my church...)

The problem is that people don't value purpose when they are building relationships, people are only concerned with the pleasures of relationships.

- You workout?
- You like the color green?
- You like to eat?
- You like movies?
- You live designer?
- You like me?

Come on y'all, we have to dig deeper if we want depth?

Who are you walking with? Are they helping you experience a fulfilling life?

Amos 3:3 NIV

*"Do two walk together unless they have agreed to do so?"*

If you ever go to a professional Symphony Show, you'll witness a group of people coming together on one accord to make a beautiful sound, and these tickets are not cheap.

Why? Because of the value and work it takes to rally that talent and get on 1 accord.

Likewise we must value and make the investment in the work it takes to find and build relationships with people who we can

become better with.

Life is better together, when you're doing life with people on purpose.

If you desire to live a fulfilled and fruitful life you must make purposeful partnerships.

Pray for Purposeful Partnerships.

## PRINCIPLE #4 FOCUS ON JESUS

Have you noticed how distracting and discouraging it is to do life with unfocused people?

Imagine riding in the car with a driver who keeps fidgeting, messing with their phone, reaching in the backseat, and some of y'all women put on makeup while driving. That passenger is doing 1 of 4 things...

1. Praying
2. Looking at the driver crazy
3. Contemplating grabbing the wheel
4. Telling the driver to focus

Ephesians 5:15 CSB

*"Pay careful attention, then, to how you walk not as unwise people but as wise..."*

If you're planning to live a fulfilling and fruitful life you must focus. You must use your time well by focusing on what matters most.

Zig Ziglar says "...If you don't focus on a specific target and hold it there, you're never going to accomplish as much as your ability warrants."

Greatness is in you, but you have to focus in order to get the greatness out of you.

All day I want you to ask yourself this question, What's stopping me from focusing on what matters most?

Once you identify your distractions, detach yourself from them. Detachment is a discipline we can leverage in order to reach our destination.

Remember focus brings fulfillment and fruitfulness.

Pray for the people to focus on Jesus.

## PRINCIPLE #5 USE YOUR GIFTS TO GLORIFY GOD

Everything in life requires effort.

- To grow a business
- To become debt free
- To have a thriving marriage
- To raise children
- To achieve your dreams

And I don't know if you are aware of this but We were created to glorify God.  
And in order to glorify God, it's going to require some effort.

Ecclesiastes 5:3 AMP

*"For the dream comes through much effort..."*

Oftentimes in life we want things to just fall into place for us. We want our dreams to be handed to.

You have a responsibility for the results you desire. And if you want to experience a fulfilling and fruitful life, it requires you putting some effort into glorifying God.

Start focusing on glorifying God and get the goods.

Three ways you can immediately glorify God is to give!

- Give your time (Volunteer at the church and in the community)
- Give your treasure (donate to good organizations and tithe to your local church)
- Give your talent (Identify what do you do well and sow your services into the church and the next generation)

The greatness among us are those who are willing to glorify God, giving of their time, talents and treasures.

The most rewarding gift we have received is salvation and eternal life through Jesus. Jesus is a gift of life to us and when we use your gifts to glorify God we will find fulfillment and fruitfulness.

Don't store up your gifts, let your gift be of service to those and your reach, then you'll repeat return.

Pray for people to discover, develop, and deploy their gifts to glorify God.

## PRINCIPLE #6 SHARE THE HOPE OF JESUS

You matter. There is greatness in you. You were made for a mission. And God has a purpose for your life.

Oftentimes we get so caught up in what's happening around us that we don't attend to what God is trying to do in us. Regardless of your profession, your passions or what the people around you are doing; as the body of Christ, we are called to do holy works.

Did you know that belonging to the church is not enough? God wants us to build the church by sharing the hope of Jesus, that's our mission.

1 Peter 3:15 (NIV)

*"Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have..."*

Here are 4 questions you need to answer in order to evangelize...

1. How was my life before Christ?
2. What made me realize I needed Christ?
3. How am I committed to Christ today?
4. How is my life better because of Christ?

When we can confidently share those answers with others we will see more people saved, You will experience fulfillment, the Church grows and God is pleased.

You matter. Your story matters. And when you stop hiding your scars and show people what God has brought you through, we will see more people on fire for God. Hope will be ignited and faith restored. This is how we experience a fulfilling life. Not by just coming to church but through our commitment to build the church.

Pray for people to remember that their life story matters because of Jesus.

## PRINCIPLE #7 MANAGE YOUR RESOURCES BETTER!

In order to live a fulfilling life, you have to be a good steward over your finances.

How are you managing your money?

3 things everyone must do with the finances...

- Give 10% (Offering, tithe)
- Save 20% (rainy day ready)
- Live on 70% (Spend wisely)

Resources are needed to take care of our responsibilities, make wise purchases, and to prepare for the future.

Ecclesiastes 7:12 ( KJV)

*"For wisdom is a defense, and money is a defense: but the excellency of knowledge is, that wisdom giveth life to them that have it."*

Wisdom is the key to gaining wealth.

How do you gain wisdom?

- Spend time God's word
- Ask the Holy Spirit
- Seek wise counsel

When you are intentional about being wise with your wealth, you will experience a fruitful and fulfilling life.

Create a budget, be frugal with your finances, and Honor God with your wealth. If you commit to this, you will not have money problems.

Pray for the people to manage their resources better!

## PRAYERS

### PRAYER #1

#### FOLLOW JESUS, FORREAL.

Oftentimes we find ourselves double checking our decisions.  
Which is wise...

We just want to experience a fruitful and fulfilling life...

We don't want to waste our time on things that don't make our life better...

Lets pray together,

*"Lord, we need you and we praise you. Even when the pressure rises, Lord help us to slow down and seek you with all of our heart. Help us to read and rely on your word, as we aim to live a life following you because we know that following Jesus makes us better at life. God, we thank you for your forgiveness and your faithfulness. Even when the world seems unstable, we know that you're able. Have your way Lord. In Jesus' name we pray. Amen."*

### PRAYER #2

#### DISCOVER THE POWER OF WORSHIP. (KIANA)

No matter what we face in life, when we prioritize worshipping God, we win.

Most people don't win because they don't worship God.

John 4:23

*"True worshippers will worship the Father in spirit and in truth, for they are the kind of worshippers the Father seeks."*

If we want to win, we must identify What's stopping us from living a life of worship and remove it.

Lets pray together,

*"Lord, we really want to win... mentally, financially, relationally, physically and spiritually... So Help us to first live a life of worship, bringing glory to your name, each and every day. Publicly, Privately, and Practically... God, help us to commit to your ways, building your Church, serving the community, leading our families in your word, acting and reacting like you. Help us*

to develop a heart of worship, because we know that's what life is about. In Jesus' name we pray. Amen."

## PRAYER #3 ESTABLISH PURPOSEFUL PARTNERSHIPS! (KEISHA)

As life happens, relationships come and go.  
And honestly losing relationships can hurt but as believers of Christ, God has a plan for us and His plan is always good.

Lets pray together,  
*"God, we thank you for your goodness, even when things don't feel good, we can trust that they are working together for our good. Lord, help us to truly value purpose, within ourselves and in the relationships we seek to build. God, help us to find relationships that will bring depth into our lives and glory to your name. Help us to identify the people in our life who we need to invest in and invite in more intimately. In Jesus' name we pray. Amen."*

## PRAYER #4 FOCUS ON JESUS. (TIRSA)

Greatness is in each of us, but we have to focus in order to get the greatness out...

If we want to experience more fruitfulness and fulfillment, we have to be more focused.

Lets pray together,  
*"Lord, thank you for your goodness, your forgiveness and your love. God, we trust you with everything and believe that your will is perfect. Lord, help us to focus on what brings you joy. Help us to attend to what you're revealing. God, Help us to follow and focus on you like never before and remove all the distractions Lord. In Jesus' name we pray. Amen."*

## PRAYER #5 USE YOUR GIFTS TO GLORIFY GOD. (LYNN)

I don't know if you are aware of this but We all are gifted to glorify God.  
But we must work to discover, develop, and deploy our gifts; and it's going to require some effort.

Ecclesiastes 5:3 says  
*"For the dream comes through much effort..."*

Lets pray together,  
*"Lord, you're so good. And your goodness is never ending, even when we feel like we have nothing to offer, we can be confident and encouraged to know that you've created us with a unique gift to bring you glory and bring goodness to others. Lord help us to discover the gifts that you have given us, so that we can maximize our efforts and make a lasting impact in our life and future generations. In Jesus' name we pray. Amen."*

## PRAYER #6 SHARE THE HOPE OF JESUS.

We matter.  
There is greatness in us.  
We were made for a mission.  
And God has a purpose for our life.

Lets pray together,  
*"Lord, thank you for your love. Your love shines through the darkest valleys. And in the moments when we feel lost, lonely or lifeless, You are faithful and You remain beside us. When we found you, we found life. So we commit to you because you know what's right. We can not fight, we can not hide; so help us to share the Hope of Christ. So, that everyone we encounter can also experience this better life. In Jesus' name we pray. Amen."*

## PRAYER #7 MANAGE YOUR RESOURCES BETTER!

In order to live a fruitful and fulfilling life, we have to be a good steward over our finances.

We must

- Give
- Save
- Live wisely

Ecclesiastes 7:12

*"For wisdom is a defense, and money is a defense: but the excellency of knowledge is, that wisdom giveth life to them that have it."*

Lets pray together,

*"Lord, we thank you now for your provision. We thank you for always making a way. We may not have everything we want, but because of your goodness, we have what we need. God, help us to understand that Wisdom is the key and when we apply your wisdom, we will have victory. Help us to manage our resources in a way that honors you and helps others. In Jesus' name we pray. Amen."*