

CHAD Member Charity Support Groups

The following CHAD (Combined Health Agencies Drive) member charities offer support groups in the Lincoln area. We recommend reaching out to the group contact or the agency before attending a meeting.

The ALS Association Mid-America Chapter

Caregivers/Survivors

Fourth Thursday of the month in February April, June, August, October and December, 4 p.m. Madonna Long Term Care, Lancaster Room: 2200 S. 52nd Street | Lincoln, NE 68506.
For more information or to RSVP call (800) 878-2062.

Alzheimer's Association Nebraska Chapter

Virtual Support Groups

To find an online support group near you go to <https://www.communityresourcefinder.org> and select Alzheimer's Association Programs and Events and then Support Groups to search by zip code, or go to [Support Groups | Alzheimer's Association](#).

American Lung Association in Nebraska

Online Support Groups

For information go to: www.lung.org/help-support/online-support-communities or [Additional Online Support](#)

Brain Injury Alliance of Nebraska

Statewide and Virtual

Last Monday of the month, 7:00 p.m.
Second Saturday of the month, 10:00 a.m.
Open to all and takes place on Zoom.
To Register: Fill out the Google Form at bit.ly/virtualbiane.
Contact Penny Costello, (402)432-0605 or penny.costello@gmail.com

Brain Injury Survivors

Third Monday of the month, 7 p.m.
Takes place on Zoom.
To Register: Fill out the Google Form at bit.ly/virtualbiane.
Contact Penny Costello, (402)432-0605 or penny.costello@gmail.com

Caregivers and Family Members

Third Wednesday of the month, 7:00 p.m.
Takes place on Zoom.
To Register: Fill out the Google Form at bit.ly/virtualbiane.
Contact Penny Costello, (402)432-0605 or penny.costello@gmail.com

Lincoln

Second Friday of the month, 6:30 - 8:30 p.m.
Pharmacy Solutions: 5750 Hidcote Drive.
Contact Karen Hux, (402) 573-3700 or karen.hux@qliomaha.com, or Gina Simanek, (402) 327-0120 or gsimanek@neb.rr.com.

Second Tuesday of the month, 7:00 - 8:30 p.m.
First United Methodist Church: 2723 N. 50th Street (Enter on north near parking lot).
Contact Nita Sipple, (402) 890-4521 or nita_sipple@yahoo.com.

Crohn's & Colitis Foundation, Nebraska/Iowa Chapter

Second Thursday of the month, 6:00 p.m.
Virtual Support Group.
Contact Alex, ibd.omaha18@gmail.com.

Epilepsy Foundation Nebraska

Virtual

Adult Support Group
Meets second Thursday of every month
Contact Nebraska@efa for Zoom link to join.

Parent and Caregiver Support Group
Meets Third Thursday of every month.
Contact Nebraska@efa for Zoom link to join.

JDRF Nebraska - Iowa Chapter

Virtual

JDRF Empower1
Meets second Thursday of every month.
Call (402) 397-2873 go to <https://www.jdrf.org/nebraskaiowa/> for up-to-date events and details.

JDRF T1D Talk-Connecting the T1D Community
Second Tuesday of the month
Call (402) 397-2873 go to <https://www.jdrf.org/nebraskaiowa/> for up-to-date events and details.

National MS Society - Mid America Chapter

Virtual

AnCan Virtual Multiple Sclerosis Support Group - online
Contact Frank Austin, (785) 203-0421 or f.frank.austin@gmail.com

Café con Leche: Conversación y apoyo para personas con la EM - online
Para más información o para inscribirse llame al 1-800-344-4867, opción 3 o [regístrese en línea](#).

Lincoln MS Connect - now meeting virtually - Lincoln, NE
Second Thursday of the Month
Contact Dannielle Oestrich, 402-326-1226 or dannielle@lincolnmsconnect.com

MSFriends® - telephone
Call 1-866-673-7436 (1-866-MSFRIEND); 7 days a week, 9 a.m. - 12 a.m. EST
Email PeerConnections@nmss.org

Multiple Sclerosis Discord MS Support Group - online
Visit <https://discord.gg/aQ4J2u8> to join

Nebraska AIDS Project

Positive Living Support Group
A psychosocial and educational peer support group for people living with or affected by HIV/AIDS.
Meets every second Tuesday of the month. To join, get the group location, or further information, please call group facilitator Lacie Bolte at (402) 476-7000.