



From the Main Entrance on Longfleet Road, please follow signs for the Blue Zone. Immediately after entering the Blue Zone from the Dome, turn left and head through two sets of doors. Follow the short corridor and enter the PET-CT Centre through the doors to the right.

From the car park, proceed along the covered walkway on Level G through to the Main Entrance. From the Main Entrance, follow signs for the Blue Zone and immediately after entering the Blue Zone from the Dome, turn left and head through two sets of doors. Follow the short corridor and enter the PET-CT Centre through the doors to the right.

**Parking for disabled users is free when you display a blue badge. Blue badge holders parking in the multi-storey car park can obtain a validated exit ticket from the car park office.**

## How to find Poole Hospital

Poole Hospital,  
Longfleet Road, Poole BH15 2JB

### By Road

All hospital departments (including the St. Mary's maternity site), are located off the B3068 Longfleet Road, approximately half a mile from Poole town centre.

### Public Transport

Route ONE, the town centre bus, links most of Poole's car parks with the main Hospital entrance. The distinctive blue buses run every 15 minutes on a simple circular route and are a great way of avoiding car park queues.

MoreBus: Tel (01202) 338420, [www.morebus.co.uk](http://www.morebus.co.uk)

Yellow Buses: Tel (01202) 636110, [www.yellowbuses.co.uk](http://www.yellowbuses.co.uk)

The nearest National Rail train station is Poole which is about 3/4 mile from the hospital. It is also linked by the Route ONE town centre bus every 15 minutes from the station forecourt (Journey time 6 minutes). For more information call **08457 484950** or visit [www.southwesttrains.co.uk](http://www.southwesttrains.co.uk) For further information please call National Rail Enquiries on **08457 484950** or visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

### Car Parking

There is a multi-storey car park within the hospital grounds (entrance on Longfleet Road) and a limited number of spaces at the St. Mary's site. Please allow at least 30 minutes for parking your car and getting into the Outpatients Clinics. Extra wide spaces for wheelchair users are available in the multi-storey car park, from which there is a level walkway to the main hospital.

### Who to Contact

If you have any questions about your appointment, please contact Alliance Medical:

Phone our team on: **0300 019 3012**

Email us at: [poole.petct@nhs.net](mailto:poole.petct@nhs.net)

Visit us at: [www.alliancemedical.co.uk](http://www.alliancemedical.co.uk)