

THE HEART OF Hopewell

Living our Mission

By enriching the lives of individuals with a range of physical and developmental abilities to experience a full life everyday.

Mission

To enrich the lives of individuals with a range of physical and developmental abilities to experience a full life.

Vision

A community where all people can reach their full potential in supportive and caring environments.

Values

Transparency

Clear, focused, and open communication

Innovation

Ongoing learning and organizational transformation

Excellence

A never-ending quest for continuous improvement in all aspects of our work

Person-Centered

Partnering with individuals and families in a caring manner

Accountability

Quality, professionalism, and responsibility in all our endeavors

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Welcome to the fall 2022 edition of The Heart of Hopewell, a quarterly newsletter keeping those involved with Hopewell updated on what is happening in and around all of our locations. We want to share our triumphs, successes, and important information with you in a fun and accessible way!

What is a pumpkins favourite sport?

squash

A BIG
thank you

To everyone who took the time to contribute to this edition of The Heart of Hopewell!



Have something you'd like to share in the next newsletter?

The Heart of Hopewell will be published quarterly and is *your* newsletter, so if you have something you want to see or share, let us know! Connect with Melissa for updates and submissions: mbevcar@hopewellchildrenshomes.ca

A Word From Our Executive Director

By Maria Zegarac

Hello everyone -

What a great summer we've had -

what has been the best part of your summer?

Mine was hosting a BBQ with my high school friends... these times are so special and I am grateful to have so many amazing people in my life.

The summer continues to be a busy time for us at Hopewell. The renovation project at our new location on Grange Road has taken a little longer than we planned - but we're now moving quite quickly with the balance of work and hope to have this completed in the next few months. Some of you may know that three (3) of our current residents will be calling Grange their new home and we anticipate their moves to occur in October, 2022. As this is a six (6) bedroom home, we have the potential of welcoming three (3) additional folks to Hopewell in the future! It's awesome that we're continuing to expand our services to further support our community.

At Surrey Street, our two summer students, Katie and Grace, are busy working on initiatives that we typically wouldn't have funding for. Thanks to additional grant funding, we're thankful for and benefiting from their creativity and initiative. Katie, our Administrative Support Officer, is helping us with standard operating procedures, improving our PPE inventory and rapid antigen test tracking, beautifying our newsletter, and getting our corporate files ready for the fall season. Grace, our Marketing and Branding Officer, is working on standardizing our branding, creating interesting and relevant content for our social media channels,

updating our website, and creating promotional videos to tell Hopewell's story and attract candidates to us. We appreciate both Katie and Grace and the work they have done to make us better as an organization.

And thanks to an Ontario Trillium Grant, we are working with KEA Canada to develop a multi-year fund development strategy for Hopewell. This strategy will help to engage our community and partners to support Hopewell in being able to do all the things we must do for the people that call Hopewell home and others we support who still live with their family. We know that Ministry funding does not allow us to dream big and to fully live out our mission; so, our donors and supporters are critical in helping this work come to fruition. We'll be able to share this work with all of you later on in the fiscal year.

When we look at Hopewell's Mission Statement -
"Enrich the lives of individuals with a range of physical and developmental abilities to experience a full life."

I ask you to think about what this means to you. What does 'enrich' mean? And what would you deem a 'full life' to include? Whenever I think about our mission, I relate it to my own life and think about the things that make my life full and enriched. I read an article at

www.purposefulhabits.com

which describes this facet of life perfectly for me - they say, "to enrich your life means to fill your mind, body, and soul with experiences that teach and challenge you." What a powerful statement!

A Word From Our Executive Director

And a full life for me includes things like:

- ♥ having a home to call my own and personalizing my home the way I want
- ♥ having relationships of all kinds; family, friends, co-workers, neighbours, gym friends etc.
- ♥ having a sense of belonging and being involved in a community, or multiple communities etc.
- ♥ having meaningful work or volunteer opportunities
- ♥ having opportunities to discover my skills, talents, and abilities
- ♥ being treated fairly and with respect
- ♥ having full control over my life and having a say in decisions that affect my life

I am sure we could add many more items to this list if we polled all of you who bring lived experiences, diverse backgrounds, and different perspectives with you each day. Take a moment to think about how we enrich the lives of the individuals we support at Hopewell and how we foster them to have a full life. Is there more that we could be doing?

To expand our thinking on how we can reimagine our mission and support individuals to have a full and enriched life, in the next few months, our management team will be participating in values-based training called **Social Role Valorization**, or SRV for short. For those who haven't heard of SRV, in simplistic terms, it talks about how we can help people that have been devalued by society (including those living with a disability) to have a good life. A good life typically is more attainable for those that have socially valued roles in society -

attaining these valued social roles for people who are marginalized is the most important goal. There are many domains in life where we hold valued social roles. The website

<https://www.lifelongpathways.com.au/social-role-valorisation/>

displays these domains below:



The goal of this training is to make Hopewell the best in class for supporting individuals living with a developmental disability. We want the tenets of SRV to be embedded into the culture of Hopewell and to just be part of who we are, how we think, and what we do every day. We've added a new section to our newsletter called 'Exploring SRV' – you'll see we've started this new section with an introduction to the core things that make up a good life and examples of socially valued roles that many of us hold throughout our lifetime. Stay tuned for more info on SRV. If you are interested in doing your own reading on this, here's a link to a website you may find helpful.

www.socialrolevalorization.com

Enjoy the rest of the fall and thank you for all that you do at Hopewell.

You are appreciated!

Maria

#HopewellinAction



Brae Ridge Farm & Sanctuary

At Hopewell, we love having the opportunity to make new friends and visit different organizations in the community through our respite programming. This summer we had the chance to visit Brae Ridge Farm & Sanctuary in Puslinch, Ontario. This farm is a forever home and sanctuary for alpacas, horses, and ducks. Additionally, Brae Ridge Farm & Sanctuary offers educational tours and yoga to the public.



The horses giving some love to our behavioural support workers!



We all had an exciting day spent getting to know the animals on the farm. Everyone loved getting to pet and feed their new farm friends.



Christmas in July

Our residents at Hope Home celebrated Christmas in July this summer. The day was filled with fun activities, gifts, decorations, and many smiles!



#HopewellinAction

More Summer Fun

The individuals we support at Hopewell had a busy few months enjoying the hot summer we had. They were commonly found cheering on their favourite team at sporting events, enjoying the sunshine in their backyard, relaxing in the pool at Hope Home, and visiting different locations in Guelph and the surrounding area.



Our day programming was frequently found exploring St. Jacob's Market, swimming at Hope Home with their friends, and enjoying summer days at the park. Additionally, they had a day of excitement spent adventuring at African Lion Safari.

The baseball fans at Hope Home were able to watch games all over this summer - Palmerston, Brantford, Kitchener, and more. One of them even got to be score keeper at one of the games! They also went to see



the Toronto Blue Jays play the Tampa Bay Rays at the Rogers Centre in Toronto, Ontario. Unfortunately, it was a loss for the Blue Jays that day, but that did not hinder the fun that was had.

The reptile lovers had the opportunity to visit a reptile zoo in Hamilton, Ontario this summer. They even got to meet a sloth!



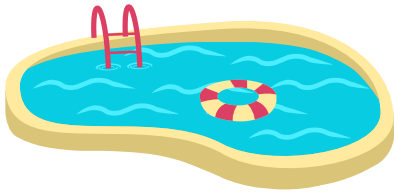
Some friends from Hope Home had an exciting day spent at Toronto Centre Island. They spent the day going on many thrilling rides and rollercoasters, followed by a nice walk in the park, and a much needed cool-down at the splash pad. What a fantastic day for all!

Why do trees hate tests?

they get stumped by the questions

Home Updates

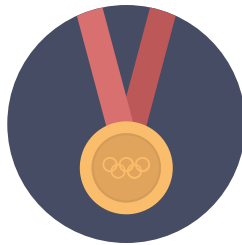
Wilton Place



The Wilton ladies have been very active this summer with lots of swimming, beach

outings, visits to African Lion Safari, The Boathouse for ice cream, and backyard fun! All the ladies have been going for many walks in the community and exploring the neighborhood. Despite being a very hot summer, they have thoroughly enjoyed spending a lot of time outside, especially using the new accessible swing.

This summer, the Wilton Ladies participated in the Wilton Olympics with activities such as bowling, name writing, water balloon tosses and much more! Additionally, one of the ladies celebrated their 25th



birthday and enjoyed having balloons, presents, and family around.



The ladies are looking forward to some cooler weather and fall fun!

Stephanie Home



The Stephanie guys have had a very full and active summer. They enjoyed swimming, many group outings, visits to African Lion Safari, lots of ice cream, and waterplay. The guys have been getting lots of exercise and going on many community walks exploring the neighborhood. Despite the hot weather, they have found many indoor activities to participate in as well as outdoor events to attend. Bowling and food trucks are a big hit here at Stephanie Home!

The Stephanie guys have enjoyed many visits with family throughout the summer and even celebrated a birthday



surrounded by family and cake!



The guys are looking forward to the cooler weather and fall fairs.

Who helps pumpkins cross the road?

the crossing gourd

Summer Camp



This summer, Hopewell had the pleasure of welcoming many individuals from the Guelph/Wellington

area with a range of physical and developmental abilities to our Hope Home location to participate in our weekly summer camp. Everyone had lots of fun playing both indoor and outdoor games, going swimming, participating in treasure hunts, and more!

2022 DAY CAMP THEMES

- Week 1** Safari
- Week 2** Outer Space
- Week 3** Making Sense of Senses
- Week 4** Beach and Water
- Week 5** Farm
- Week 6** Sports
- Week 7** Around the World
- Week 8** Science and Nature



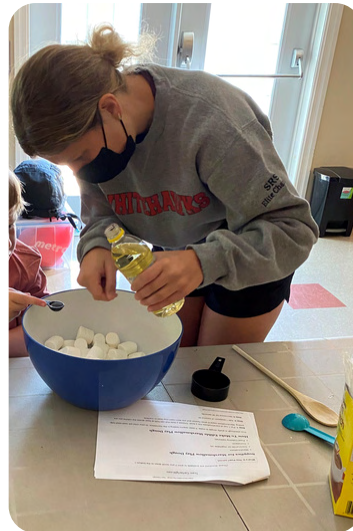
What did one leaf say to another?

I'm falling for you

Check out all the fun our campers had!



The campers showed off their amazing creativity with the spaceships they made and decorated during outer space week.



During making sense of senses week, the campers had fun creating edible slime with marshmallows.



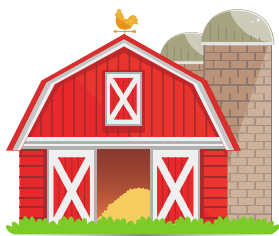
Summer Camp



We learned that we had some magnificent artists among the campers when they showed off their finger painting skills!



The campers spent a beautiful summer day making a splash at Emerald Lake for beach and water week.



For farm week, the campers (and our respite manager, Heather) had a great time hanging out with all the animals at Mapleton's Organic, a farm in Wellington County.



Check out the rain cloud experiment and bird feeders that the campers made during science and nature week.

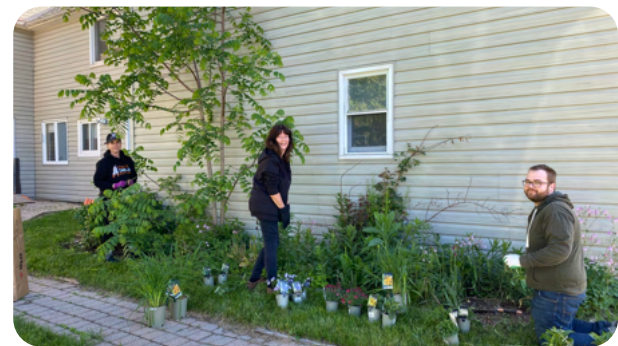
Past Events

BYOP DAY

(bring your own plant)



On June 4th 2022, Hopewell rounded up some employees and board members and spent a beautiful sunny day gardening at Hope Home. What a successful day it was! We weeded, mulched, and brought in a wide variety of bright new plants. The gardens were brought back to life and our supported individuals have been able to enjoy their beauty all summer long.



Past Events

In it to Bid it Online Auction



We are truly humbled by the generosity of our donors and supporters who helped to make our auction such an incredible success! Thank you for helping us not only achieve but exceed our goal and raise just over **\$10,400!** Wow! Stay tuned for more information on how these funds will be used to enhance our supports for individuals with a range of physical and developmental abilities.



How do you fix a flat pumpkin?

with a pumpkin patch

Ministry Visit



Our thanks goes out to our Ministry supervisors, Eva and Bobbi, for visiting Hopewell this summer. They were able to tour our Hope Home location, experience our new Snoezelen® room and see our children's day camp in action!

Oosterhuis' Visit

On July 8th 2022, the founders of Hopewell, John and Joanne Oosterhuis, came for a visit from the east coast. They were able to walk around Hope Home and reminisce on the wonderful organization that has only grown from when they initially



Past Events

purchased Hope Home, a large farm house in Ariss, Ontario, in 1983.



Hope Home originally allowed John and Joanne to foster and provide care for four (4) children with complex physical and medical needs, while caring for their own family in the same house.

In 1984, Hopewell became a licensed group home and was registered as a charity in 1990. In the coming years, the demand for the care that Oosterhuises were offering was increasing, especially with the Ontario government working to fulfill their 1987 commitment to move away from an institution-based system for people with developmental disabilities to a community-based service system (which they did complete by March 2009). Therefore, with the help of government funding, the Oosterhuises hired staff and took in more children with complex physical and medical needs. Almost 40 years later,

Hope Home has grown to now provide support for 21 individuals, with an additional 12 being supported in other residential Hopewell homes across Guelph, Ontario.

Today, Hopewell has a wonderful team of about 115 employees (and growing!) to assist in providing the best care to support individuals residentially. In addition, Hopewell also provides camps, respite, and day programming to both children and adults with developmental disabilities in the community.



During their visit, the Oosterhuises were able to meet new staff and supported individuals, while also connecting with familiar faces near and dear to their heart.

Thank you, to John and Joanne Oosterhuis, for the visit and starting the legacy that would flourish into what Hopewell is today.

Past Events

Snoezelen® Room Grand Opening at Hope Home



On August 17th 2022, we celebrated the official grand opening of our new Hope Home Snoezelen® room alongside staff, families, and board members. During the celebration, Rowly and Willie Martin's generosity was recognized, whose donation for the Snoezelen® room was

made in honour of their adopted daughter, Manijeh,

who passed away December 25, 2020.



The Martins have a deep connection to Hopewell because their grandson calls Hopewell home. The new Snoezelen® Room, named "Manijeh's Room", will provide benefits beyond just to those who live at our Hope Home location. In fact, all individuals that we support at Hopewell will be able to experience and enjoy the benefits of this newly constructed space.

"Manijeh, our adopted daughter, left her footprint



wherever she went, whoever she touched" said Rowly. "She left Iran to be free, she rejected race, gender, and religious bondage and embraced the freedom of Canada. Manijeh's Room at Hopewell reflects that freedom for the people who can enjoy it. I knew



Past Events

Manijeh for 18 of her 20 years in Canada and watched her generous interactions with everyone she met - family, new Canadians, and even a Prime Minister." "I miss you precious one, Papa Rowly."



As Maria Zegarac, Hopewell's Executive Director, stated on the evening of the grand opening, "we are extremely thankful for Rowly and Willie's generosity and honoured to be celebrating this grand opening with them, their family, and all of our Hopewell team."



To read more about Manijeh Narenjkar's story, please see this article:

www.therecord.com/life/2021/01/18/lifetimes-pursuit-of-freedom-brought-manijeh-narenjkar-to-canada.html



Snoezelen®

What are Snoezelen® Rooms ???

All information from www.snoezelen.info

Snoezelen® rooms, or Snoezelen® Multi-Sensory Environments (MSE), are relaxing spaces that help reduce agitation and anxiety, but they can also engage and delight the user, stimulate reactions, and encourage communication.

Each Snoezelen® MSE is designed and built with the requirements of the people using it in mind. The best part is that

Snoezelen® is for all ages and abilities, with research showing benefits for use in individuals with autism, learning disabilities, challenging behaviours, or/and brain injuries, the elderly, and children in their early developmental years.

Snoezelen® provides:

Relaxation through the use of gentle light, soothing sounds, relaxing smells, and textures for users in MSEs.

Development and learning through colour matching, understanding cause and effect, and creating themed environments to teach in.

Stimulation by providing exciting visuals, music and sounds, invigorating smells, and textures to explore in MSEs.

Therapy through Snoezelen MSE toolkits with access to portable resources and custom MSEs provided to therapists and health professionals.

The term Snoezelen® is a contraction of the Dutch verbs “snuffelen” (to seek and explore) and “doezelen” (to relax).



A Snoezelen® MSE may be used to educate, stimulate, relax, calm, or energize, as a multi-sensory experience or single sensory focus, simply by adapting the lighting, atmosphere, sounds, and textures to the needs of the individual at the time of use.



These environments transcend populations with its extraordinary flexibility, wide application, and positive outcomes. Moreover, a Snoezelen® MSE offers a highly motivating environment for users to enjoy sensory

activities that are meaningful and appropriate, facilitated and shared by a therapist, teacher, or caregiver.

What is a scarecrow's favourite fruit?

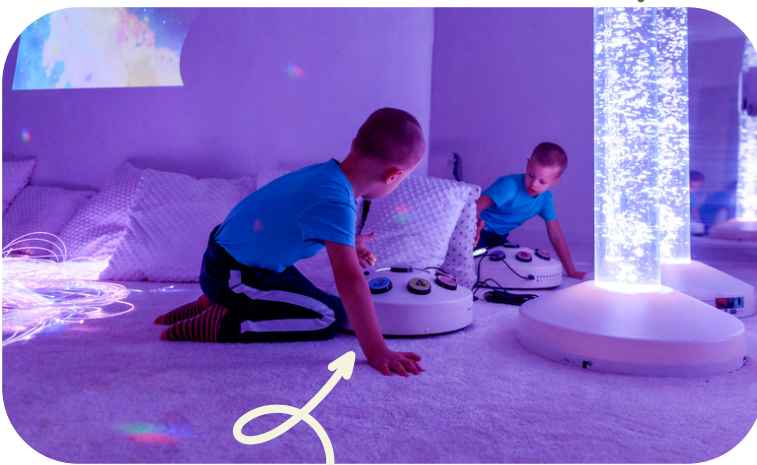
straw-berries

Snoezelen®

Check out the photo below for some of the items that could be included in a Snoezelen® MSE and why they are beneficial!

Bubble Tubes

A truly multi sensory product, offering visual, audible and tactile stimulation through the gentle vibrations caused by the internal pump. Additional visual stimuli can be added in the form of plastic fish or balls.



8 Colour Switch

Promotes inclusivity, choice, control and accessible learning. It makes choosing and turn taking fun and accessible to all, including people with fine/gross motor skill difficulties and/or visual impairment.

In addition to the new Snoezelen® room at Hope Home, we also have a Snoezelen® room that is utilized by our day programming at our Surrey Street location.



For more information on Snoezelen® Multi-Sensory Environments, check out:

www.snoezelen.info



Upcoming Events

GOLF TOURNAMENT FUNDRAISER

REIDS HERITAGE PROPERTIES | AJDL DEVELOPMENT GROUP

Monday
September 19th

Whistle Bear Golf Club
12pm Shotgun Start

REGISTER, DONATE, OR SPONSOR



The teams at Reid's Heritage Properties and the AJDL Development Group have partnered to host the 2nd annual charity golf tournament and auction in support of Hopewell! The event will be held on Monday September 19th, 2022 at Whistle Bear Golf Club in Cambridge, Ontario.

The goal is to raise funding for the following needed items:

- ♥ Full-size mobility vehicle
- ♥ Accessible minivan
- ♥ Generators (for all locations)
- ♥ General donations to the home repair and renovation fund to allow Hopewell to plan and complete crucial repairs needed to keep our homes in top condition.



New Home Grand Opening!

Date TBD



The second stage of our renovation work at our new location, 360 Grange Road, was approved to move forward by the Board of Directors in July 2022 and we're full speed ahead to have these renovations completed in the next few months. This home will be equipped to support residents requiring more intense behavioural needs and will immediately support three (3) of our current residents (with potential to support up to **six (6)** residents). We anticipate resident moves to occur in October 2022. Stay tuned for updates!

With the addition of Grange, Hopewell will have a total of **8** locations where we provide support to individuals in the Guelph/Wellington area!

How do fall leaves get from place to place?

with autumn-mobiles



Meet the Wilton Home Team



Nicole

Job Title:
Manager of Respite & Residential Services

Fun Fact:
I am left handed

Favourite part of fall:
I love everything about the fall! Halloween and Thanksgiving; Pumpkin spice lattes, comfy sweaters, the beautiful colours and the perfect temperature. It is my favourite season without a doubt.



Arielle

Job Title:
Program Coordinator

Fun Fact:
I once raised 26 chickens and 5 sheep!

Favourite part of fall:
The sound of crunching leaves and cozying up to knit



Kelly

Job Title:
Behavioural Support Worker

Fun Fact:
The first concert I ever attended was the Jonas Brothers

Favourite part of fall:
Hiking when all the leaves are changing colours because it's so pretty!



Emilee

Job Title:
Behavioural Support Worker

Fun Fact:
I have a pet rabbit named Mocha

Favourite part of fall:
Pumpkin spice



Elena

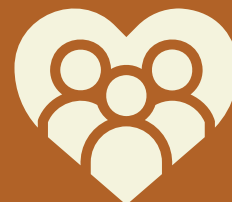
Job Title:
Behavioural Support Worker

Fun Fact:
I was a Bollywood dancer for 5 years

Favourite part of fall:
Wearing comfy sweaters

As well as the rest of the team:

Ireti, Elizabeth, Bree, Rahel, Nicole, Rachael, and Kym!



Standing Ovations



What is the standing ovation program?

A program to recognize the hard work and commitment that Hopewell staff are putting forward every day.

Staff can nominate fellow coworkers to show their appreciation. At the end of each month, all nominees will be recognized and nominations shared with staff. In addition, each nomination is a chance to be the monthly prize winner.

What can I nominate someone for?

Many reasons! You may want to recognize someone for their teamwork, creativity, flexibility, kindness, or assistance.

Who can I nominate?

Any Hopewell staff member.

How do I nominate a fellow coworker?

Staff - check your emails! You will find the QR code and link to the nomination form at the bottom of the monthly email containing the nominees and winner, as well on the posters located at every Hopewell location.

What does someone win?

One nominee will be picked at random to receive a Hopewell swag item and a \$25 gift card.

Why did the scarecrow win the Nobel Prize?

because they were out-standing in their field

May

Nominees:

Rahel T, Megan W, Wolfgang S, Tegan M,
Kerri B, Jennifer L, Lauren T, Louise P, Avery
M, Elizabeth D, Samantha H,
Emily S, Jessica J

Winner: Wolfgang S!

June

Nominees:

Emily N, Jennifer L, Megan W, Nicole R, Arielle
B, Angela L, Sarah W, Amanda H, Olivia H,
Nicole D, Brooklyn D, Brianne C, Lesley Z

Winner: Lesley Z!

July

Nominees:

Jennifer L, Chelsea P, Alicia R, Amanda B,
Lauren T, Emily N, Brooklyn D, Idara A,
Krystale M, Hannah E

Winner: Jennifer L!

Join Us!

Career Opportunities



Are you looking to make a difference in your community?

We want the best, most passionate people working for us.

If you are a change-maker, advocate, innovator or want to make a difference in people's lives, we want you!

Whether you've just started out in your field or looking to shift gears - Hopewell may have an employment opportunity for you!

Our employees make a difference in the lives of people with a developmental disability every day. Join our team and let's work together to create a community where all people can reach their full potential in supportive and caring environments.



Feel free to send along your resume and introduction or any questions you have to our HR Administrator, Lesley:

lzeilder@hopewellchildrenshomes.ca

For more information on careers, student placements, or volunteering and how to apply – check out our website:

www.hopewellchildrenshomes.com



Volunteer Opportunities

We are also searching for volunteers. Gain valuable experience, achieve volunteer hours, learn more about the developmental services sector, build meaningful connections, and make a difference in your community.



Hopewell appreciates all levels of volunteerism. Volunteering is a great way to make a positive impact in your community, while making a difference in the lives of individuals supported at

Hopewell. When you volunteer, you become part of our team and you help to inspire possibilities for individuals with a developmental disability.

Volunteer as a:

Board Member By serving as a trusted advisor and work in partnership with the Executive Director to promote the best interest of the organization.

Committee Member By serving on one of three (3) committees: fundraising/marketing, finance, and human resources.

Or help with:

Special Projects & Events Such as gardening, administration, property maintenance, and site improvements.

Our Programs By spending time alongside our program staff and supported individuals, while participating in planned program activities or activities of daily living.

EDI Space

Equity, Diversity & Inclusion

What does equity, diversity, and inclusion mean?

Equity is the fair and respectful treatment of all people.

Diversity is the demographic mix of the community, with a focus on the representation of equity-deserving groups.

Inclusion is the creation of an environment where everyone feels welcome, is treated with respect, and is able to fully participate.



At Hopewell, we are proud of the vibrant and diverse community we serve and recognize that a culture of equity, diversity, and inclusion must be based on an

understanding of the whole-person, valuing all our differences. We are committed to critically analyzing, identifying, and removing barriers to access, resident success, and employee potential. Over the next year, we will be dedicating resources to our EDI work with the goal of having EDI as a natural part of our culture. This will be what we stand for and be part of both policy and practice at Hopewell.



Our EDI core values can be defined as follows:

Equity We align our policies, practices, and resources so that people of all races, cultures, and socioeconomic statuses have genuine opportunities to thrive.

Diversity We appreciate and leverage our differences and we involve and reflect the communities we serve.

Inclusion We create an environment in which everyone feels valued and respected.

Inclusive Language

We'll be releasing more information on our EDI strategy in the coming months. For now, we'd like to leave you with some information on inclusive language.

Access information from this article and more in the full guide:

www.randstad.ca/employers/workplace-insights/corporate-culture/using-inclusive-language-in-your-workplace/



Simply put, inclusive language is about respect. It should leave everyone feeling accepted and seen. It's free from words, phrases, or tones that reflect prejudice, stereotypes, or discriminatory

EDI Space

views of particular people or groups. It also doesn't deliberately or inadvertently exclude people from feeling seen or heard.

Inclusive Language

around gender



Using gender-inclusive language means speaking and writing in a way that doesn't discriminate against a particular gender identity

or social gender and doesn't perpetuate gender stereotypes.

Using the correct pronouns means being aware of pronouns and more intentional about the way you use them.

Doing this fosters a more positive and inclusive work environment. Additionally, we should respect the self-identification of all individuals and groups and remember that self-identification can change over time as people evolve in life and become more confident in who they are.

Inclusive Language

beyond gender

Living with a disability means that the individual experiences restrictions on how they interact with the world. For people we encounter with disabilities, a good rule of thumb for speaking in an inclusive way is to

put the person first, rather than their condition.

For example, instead of using terms like disabled person, handicapped, crippled, or wheelchair-bound, try using phrases like "a person with a disability" or "a person who uses a wheelchair". These phrases emphasize the person, rather than their disability and frame the disability as something they have, rather than something they are.

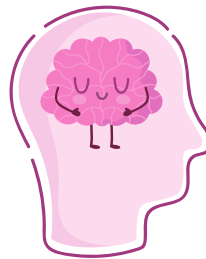


The term indigenous peoples is commonly used as a collective term for all the native peoples of Canada and should be used instead of the terms Aboriginal or Native.

There are three distinct groups of Indigenous Peoples in Canada:

First Nations, Métis, and Inuit,

though there are many subgroups within each. If a person identifies as part of a specific group, it is encouraged to use the more specific name of their group, rather than the broader term, Indigenous.



Avoid language that stigmatizes mental health issues. Avoid language that denigrates those suffering mental health issues, such as referring to a person as crazy, insane, manic, OCD and so on. These terms, when used in casual conversation, perpetuate the idea that suffering from mental health issues is a negative personality trait.

How do trees get onto the internet?

they log on

Exploring SRV

Social Role Valorization

What are socially valued roles?

Below are examples of common socially valued roles that many of us hold.

How many do you hold?

Common Role Domains	Positive Role Examples
Relationships	Wife, husband, parent, grandparent, friend, brother, sister, son, daughter, aunt, uncle, fiancé
Work / Education / Occupation	Worker, employee, colleague, supervisor, apprentice, employer, breadwinner, business owner, student, scholar
Community	Community activist, club member, volunteer bus driver
Leisure and Interest	Choir member, sporting team member, music-lover, dancer, book-lover, musician, athlete, competitor, coach, fan, cheerleader
Cultural	Pastor, philosopher, church member, elder
Citizenship	Voter, tax payer, public official, citizen, jury member
Household / Residence	Home owner, land owner, tenant, gardener, cook, good neighbour

Experience tells us that if people are in valued roles, then they are more likely to be given access to the good life. Below are 17 core things that research across various cultures have shown that most humans would associate with a good life:

- 1) A family or an equivalent intimate group
- 2) A place to call home
- 3) Belonging to an intermediate but still relatively small scale social body (e.g. neighbourhood, local community)
- 4) Friends
- 5) A transcendent belief system
- 6) Work, especially work that can be invested with meaning
- 7) A reasonable sense of safety and security
- 8) Opportunities that enable one to discover and develop abilities, skills, gifts, and talents
- 9) To be viewed as human and treated with respect
- 10) To be dealt with honestly
- 11) A reasonable assurance that one will not be a victim of gross injustice
- 12) Being treated as an individual
- 13) Having a say in important decisions affecting one's own life
- 14) Access to places of normal human interaction
- 15) Access to many of the ordinary activities of human social life
- 16) Being able to contribute and have those contributions recognized as valuable
- 17) Good health

Access information from this article and more in the full guide:

www.family-advocacy.com/assets/Uploads/Downloadables/30b386171c/11311-Valued-roles-for-all-the-keys-to-a-good-life.pdf



Compliance & Licensing



Welcome to the part of the newsletter that keeps you up to date on information to do with compliance and licensing. For this edition of The Heart of Hopewell, we have included some fire prevention safety tips.

FIRE PREVENTION AND SAFETY TIPS

Beware of fire hazards

Cooking, heating, and electrical outlets, and dryer vents are common fire hazards. Complete a daily inspection to ensure there is no danger of fire.

Ensure doors and stairwells, are free from clutter in case of fire.

Check fire alarms

Smoke detectors are checked regularly. A record of daily inspections are maintained in our daily logs. Smoke detectors are to be used during our monthly fire drills

Know what to do

A fire safety plan has been created for each program.

Plans are reviewed at least annually. Check the Health and Safety board and get familiar with your plan.

Fire prevention starts with you!

Conduct a fire drill

Fire drills are practiced monthly. Practice your fire escape plan. Know what to do in case of a fire.

Ask for help

For more information regarding fire safety reach out to your leadership team or Human Resource department.

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