



Retail Catalogue  
October 2023



# Product Catalogue October 2023

Welcome to Land of Plenty Food Co.

Your destination for innovative Australian growers, producers and creators in both Retail and Food Service across NSW and ACT.

With over 35 years of combined experience at Land of Plenty Food Co., we have taken our passion and commitment for premium ingredients and quality products and expanded our offering to market.

At Land of Plenty Food Co, we want to connect emerging Australian brands with our incredible network, to help grow sales for both our suppliers and customers across the Retail and Food Service market.

Through our Australia First sourcing policy, we are committed to Australian farming, manufacturing and produce by focusing on brands that are locally grown or produced in Australia.

Land of Plenty Retail is an Australian owned and operated family-run company. Sourcing the best, for your kitchen and ours.

**KAREN LAVECKY**

Founder & Director of Culture, Brand & Key Business



## SALES TEAM

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## BONDI YOGHURT

Hand-crafted, small batch, pot set premium yoghurt that is gluten free and naturally incubated with probiotics and cultures. We use fresh certified Jersey milk for our dairy yoghurt and young coconut flesh & coconut water for our dairy-free coconut yoghurt. All our yoghurts are preservative free, contain no raw sugar, no thickening agents and no starches.

NATIONAL

Product	Code	Barcode	Unit
100% Jersey Milk 6 x 500g	2BY DY01	9369999071400	box
100% Jersey Milk 6 x 1kg	2BY DY02	9369999071394	box
Dairy Free Coconut 6 x 250g	2BY CY01	9369999071424	box
Dairy Free Coconut 6 x 500g	2BY CY03	9328366001501	box



### Sydney Royal Cheese & Dairy Show:

2020 Bronze Medal for Bondi Yoghurt 100% Jersey Milk  
 2021 Silver Medal for Bondi Yoghurt 100% Jersey Milk  
 2022 Gold Medal for Bondi Yoghurt 100% Jersey Milk  
 2023 Silver Medal for Bondi Yoghurt 100% Jersey Milk

### Australian Dairy Product Competition:

2021 Silver Medal for Bondi Yoghurt 100% Jersey Milk  
 2022 Silver Medal for Bondi Yoghurt 100% Jersey Milk



## VEGAN MADE EASY

Vegan made easy's delicious and nutritious range is 100% plant based, vegan, vegetarian, gluten free, palm oil free. Healthy made easy with 3 minutes heat and eat. The perfect meal solution for families with varied dietary needs.

NSW ONLY

Product	Code	Barcode	Unit
Cherry Tomato Dahl 8 x 430g	2VME RM01	19369999055292	box
Coconut Veg Dahl 8 x 430g	2VME RM02	19369999312838	box
Lime Spinach Dahl 8 x 430g	2VME RM03	19369999058088	box
Classic Bean Nachos 8 x 430g	2VME RM07	19351076000042	box





## DIM SUM & CO

A modern range of dim sum using an abundance of fresh Australian produce, traditional spices and no MSG. Dim Sum & Co include a beautiful range of crunchy spring rolls, melt in your mouth dumplings, light and soft buns and generously filled, tender sui mei that is Australian made and owned. Enjoy the delights of Yum Cha at home with ease.

NSW &amp; VIC

Product	Code	Barcode	Unit
Steamed BBQ Pork Buns 8 x 225gm	2DSC BU01	9328366006032	box
Pork & Asian Greens Dumplings 8 x 270gm	2DSC DP02	9328366006025	box
Chicken & Water Chestnut Sui Mei 8 x 270gm	2DSC SM01	9328366006056	box
Crispy Peking Duck Spring Rolls 8 x 300gm	2DSC SR01	9328366006049	box
Homestyle Chicken Spring Rolls 8 x 300gm	2DSC SR02	9328366006063	box
Farm Fresh Vegetable Spring Rolls 8 x 300gm	2DSC SR03	9328366006070	box



# LOTUS & MING

Made with premium seafood & a delicate coating, we've taken our classic recipes and recreated them to deliver a delicious selection of certified gluten free bites. Lotus & Ming salt and pepper whiting or salt and pepper squid chips are so quick and easy to prepare. The perfectly al dente squid chips are coated with a generous amount of salt and a kick of pepper. Just drizzle with some fresh lemon and enjoy eating for lunch or dinner with a beautiful salad under the shining Australian sun.

NSW & VIC

Product	Code	Barcode	Unit
S&P Whiting 10 x 250gm	2LM GFPW	9328366002157	box
S&P Squid Chips 10 x 250gm	2LM GFSC	9328366002140	box



## PALOMA POPS

Our hand-crafted, all natural whole fruit ice pops are lovingly created to always showcase the freshest seasonal produce. Made in Australia with no added sugar, preservatives or artificial flavours in exciting flavour combinations. Gluten-free, vegan & dairy free options available.

NATIONAL

Product*	Code	Barcode	Unit
Mango & Cream 75ml 6 x 6pk	2PP MC01	9328366007077	box
Strawberry, Banana & Cream 75ml 6 x 6pk	2PP SC01	9328366007039	box
Tropical Fruit 75ml 6 x 6pk	2PP TF01	9328366007002	box
Watermelon Lemon 75ml 6 x 6pk	2PP WL01	9328366007015	box
Jersey Pop Mini 45ml 6 x 9pk	2PPJP01	9328366007084	box



Sydney Royal Cheese & Dairy Show:

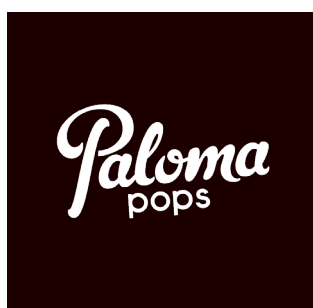
2021 Bronze Medal for Paloma Pops Mango

2021 Bronze Medal for Paloma Pops Tropical Fruit

2021 Bronze Medal for Paloma Pops Watermelon & Fresh Lemon

Australian Dairy Product Competition:

2021 Silver Medal for Paloma Pops



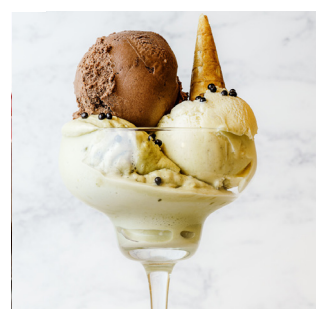


## IL GELATO

We all know gelato is different to ice cream. The way it's made (it's churned slowly), gives it a smooth and silky texture. It's so creamy, yet we use fresh milk and much less cream. It's all in the craft. What that means for you is that the intensity of the flavour is enhanced; it's a flavour explosion from the first spoonful. We like the fact it contains a whole lot less fat, too.

NATIONAL

Product*	Code	Barcode	Unit
<b>Bambino Cups</b>			
Sensational Strawberry 12 x 125ml	2IGL BCP01	49336826000276	box
Creamy Vanilla Bean 12 x 125ml	2IGL BCP02	49336826000252	box
Choc Hazelnut 12 x 125ml	2IGL BCP03	49336826000283	box
Dutch Chocolate 12 x 125ml	2IGL BCP04	49336826000269	box
<b>Gelato Cakes</b>			
Dark Chocolate Gelato Cake 4 x 900ml	2IGL CAK02	59336826000278	box
Berries & Cream Gelato Cake 4 x 900ml	2IGL CAK03	59336826000334	box
Passionfruit Gelato Cake 4 x 900ml	2IGL CAK04	59336826000365	box
<b>Traditional Gelato &amp; Sorbet 1Lt</b>			
Roasted Hazelnut Milk Chocolate Gelato 6 x 1ltr	2IGL GEL02	19336826000176	box
Sublime Sicilian Pistachio Gelato 6 x 1ltr	2IGL GEL03	19336826000039	box
Madagascan Vanilla Bean Gelato 6 x 1ltr	2IGL GEL04	19336826000015	box
Strawberry Sorbet 6 x 1ltr	2IGL SOR01	19336826000114	box
Mango Sorbet 6 x 1ltr	2IGL SOR02	19336826000237	box
<b>Choc Tops</b>			
Choc Top Classic 9 x 32g x 8 (v) (efr)	2IGL TOP01	39336826000682	box
Choc Top Summer 9 x 32g x 8 (v) (efr)	2IGL TOP02	39336826000699	box

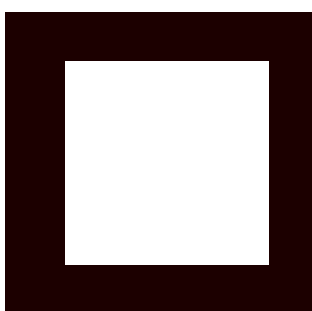




## MMMORE RAW TREATS & PEANUT BUTTERS

Raw treats made with the very best nuts, seeds, superfoods and freeze dried fruits. Mmmore raw treats keep your body, belly and conscience happy. Free from refined sugar, dairy and gluten. Lovingly hand-crafted in Sydney from raw and thoughtful ingredients.

Product	Code	Barcode	Unit
Choco Power cubes 16 x 37g*	2MMM RC01	9369998027002	box
Choco Power cubes 150 x 37g (bulk)*	1MMM WPC02	9357308000272	box
Raspberry Power cubes 16 x 37g*	2MMM RC02	9369998122387	box
Raspberry Power cubes 150 x 37g (bulk)*	1MMM WPC01	9357308000296	box
Cashew Crunch Power cubes 16 x 37g*	2MMM RC03	9369998217670	box
Cashew Crunch Power cubes 150 x 37g (bulk)*	1MMM WPC03	9357308000302	box
Berry Hemp Power cubes 16 x 37g*	2MMM RC04	9369998065295	box
Berry Hemp Power cubes 150 x 37g (bulk)*	1MMM WPC04	9357308000289	box
PB Peanut Butter Classic Crunch 6 x 300g	2MMM PBCC	9357308000463	box
PB Peanut Butter Salted Caramel 6 x 300g	2MMM PBSC	9357308000470	box
PB Peanut Butter Chocolate 6 x 300g	2MMM PBCH	9357308000494	box
PB Peanut Butter Maple 6 x 300g	2MMM PBM	9357308000487	box
Blueberry Lemon Fingers - Lunchbox Friendly 12 x 120g*	2MMM LB01	9357308000418	box
Strawberry Fingers - Lunchbox Friendly 12 x 120g*	2MMM LB02	9357308000401	box
Vanilla Coconut Fingers - Lunchbox Friendly 12 x 120g*	2MMM LB03	9357308000432	box
Cacao Orange Fingers - Lunchbox Friendly 12 x 120g*	2MMM LB04	9357308000425	box
Vanilla Power Buttons 12 x 120g*	2MMM BT01	9357308000371	box
Berry Hemp Power Buttons 12 x 120g*	2MMM BT02	9357308000364	box
Peanut Cranberry Power Buttons 12 x 120g*	2MMM BT03	9357308000388	box
Choco Power Squares 12 x 120g*	2MMM PS01	9357308000326	box
Cashew Crunch Power Squares 12 x 120g*	2MMM PS02	9357308000357	box
Raspberry Macadamia Power Squares 12 x 120g*	2MMM PS03	9357308000333	box



## RIKI KASPI SPICE JOURNEY

Riki Kaspi Spice Journey range of products are hand-made in Perth with the freshest roasted spices, specially selected and blended with fresh herbs. Each product is hand crafted, preservative free and 100% natural. The range makes it easy to share the delicious flavours of Riki's famous food at home.

NATIONAL

Product	Code	Barcode	Unit
RSJ Moroccan Chicken Tagine 6 x 210g	2RSJ MCT	0764460146721	box
RSJ Moroccan Vegetarian Tagine 6 x 210g	2RSJ MVT	0764460146752	box
RSJ Moroccan Fish Tagine 6 x 210g	2RSJ MFT	0764460146745	box
RSJ Moroccan Lamb/Beef Tagine 6 x 210g	2RSJ MLBT	0764460146738	box
RSJ Moroccan Harissa 6 x 210g	2RSJ MOH	0764460146769	box
RSJ Original Shakshuka Moroccan Sauce 6 x 500g	2RSJ OMS	0764460146707	box
RSJ Spicy Shakshuka Moroccan Sauce 6 x 500g	2RSJ SMS	0764460146714	box
RSJ Lebanese Za'atar 6 x 90g	2RSJ LEZ	0764460146790	box
RSJ Egyptian Dukkah 6 x 110g	2RSJ EGD	0764460146783	box
RSJ Moroccan Ras El Hanout 6 x 110g	2RSJ MREH	0764460146776	box
RSJ Preserved Lemon 6 x 300g	2RSJ PRL	0764460146806	box



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