



The 5th Grade Discipleship

2023-2024



Mission Statement

**Meet kids where they are
and help them become more like Jesus!**

We do this by providing opportunities to:

GATHER for Life-Changing Worship

Kids have the opportunity to **GATHER** together every Sunday for age-appropriate, God-honoring worship. Xtreme Team kids get to help lead and support worship experiences.

GROW through Life-Changing Truth

Kids have a chance to **GROW** with other Christ followers as they learn truth from the Bible on Sunday mornings and in Xtreme Team on Wednesday nights.

GO in Life- Changing Mission

Kid's Life integrates opportunities for Kids to prepare to **GO** and minister to others as part of God's Life-Changing Mission. Kids are provided opportunities to learn how they can use their unique, God-given gifts and abilities to serve God in Xtreme Team. In other programming, kids have opportunities to be involved in projects that assist in reaching local and global communities with the Good News of Jesus Christ.

In XT, kids get to LEARN, LEAD and SERVE.

-LEARN what God has to say.

- **Large Group Teaching** (topics include loving others, serving, leading, our unique **SHAPE**, leadership lessons from Nehemiah, Xtreme Questions about life, etc.)
- **Small Group Interaction** (1:6 ratio of adults to students focusing on practical life application of teaching)

-LEAD others and grow in leadership skills

- **Team Building** activities each week
- **Assessment tools** (Spiritual Gift & Personality)
- **Opportunities to lead** groups

-SERVE others via hands-on experiences

- **Special teams** (45 minutes of each night)
- **Outreach projects to community, opportunities to serve in church ministries** (outside of Wed nights).

We will count it as a win if a student leaves Xtreme Team knowing:

- **God created me uniquely**
- **Jesus wants me to be a good example**
- **Holy Spirit has given me gifts to serve others**

We hope that all 5th graders and leaders become more like Jesus through their time in Xtreme Team!



Typical Xtreme Team Wednesday Night

- 6:15** Hang Out Time
- 6:30** Large Group Game
- 6:50** Large Group Teaching
- 7:10** Small Group Time
- 7:30** Special Teams

Some possible *Special Team* options:

- | | |
|-------------------------|-------------------------|
| Worship Team | Teaching Team |
| Games Team | Welcome Team |
| Tech Team | Yearbook Team |
| Hospitality Team | Photography Team |
| Kitchen Team | Banquet Team |
| Blessing Team | Drama Team |

- 8:15** Announcements, Fellowship
- 8:30** Parent Pick Up Time



Xtreme Team Calendar

FALL 2022

September 6- Parent Meeting
September 13- XT: Learn with Jesus
September 20- What is my SHAPE?
September 27- Experiences
October 4- Personality
October 11- Personality
October 18- Abilities
October 25- Heart
November 1- Spiritual Gifts
November 8- Spiritual Gifts
November 15- Using My Shape
November 22- THANKSGIVING BREAK
November 29- Review
December 6- Christmas Party
December 13- CHRISTMAS BREAK
December 20- CHRISTMAS BREAK
December 27- CHRISTMAS BREAK

SPRING 2023

January 3- CHRISTMAS BREAK
January 10- Pray
January 17- Plan
January 24- Delegate
January 31- Solve Problems
February 7- Finish the Job
February 14- Celebrate
February 21- Appreciate
February 28- Evaluate
March 6- Review
March 13- SPRING BREAK
March 20- XT: Serve Like Jesus
March 27- The World
April 3- People
April 10- School
April 17- Friends
April 24- Church
May 1- Home
May 8- End of Year Party / Review

Other Events- Dates TBD

- **Fall Boys and Girls Night**- Friday night event with food, games and activities. We encourage kids to bring friends and have a blast!
- **Spring Service Project**- We will apply the lessons they have had regarding leadership and serving and plan and lead a service project for our community.
- **Spring Family Banquet**- This special event at the end of the year celebrates all we have done in Xtreme Team and gives kids a chance to share their talents and serve their families. (2 guests allowed per child)

Expectations

Parents/Guardians

- **Bring kids on time (We start right at 6:30)**
- **Bring kids every week. This ministry is unique and builds upon itself all year long. If your child will be missing often, then XT may not be the best fit.**
- **We require all kids to be signed up before attending; therefore, we do not allow visitors in Xtreme Team unless they are committing to attend.**
- **Be sure kids bring Bible each week.**
- **Look for info about our parenting class that gives you resources for parenting your 5th grader as they move into middle school.**
- **Bring snacks/drinks for parties (Christmas, End-of-Year)**
- **Consider serving as an Xtreme Team Leader – either all year as a Small Group Leader or Special Team leader.**

Kids

- **Attend Xtreme Team every week and be on time.**
- **Only bring visitors if they are planning to register and attend regularly.**
- **Bring Bible each week and keep binder in order.**
- **Check in each week**
- **(If possible) Serve on Sunday mornings if Special Team requires it.**
- **Keep phones off and in pocket/bag unless given permission by leader.**
- **Follow Behavior Agreement expectations (next page).**

Behavior Agreement Form

I, (print kid's name) _____, and my parents/guardians (print names) _____ have discussed the expectations for Xtreme Team and we are agreeing that with God's help I will do my best to demonstrate these characteristics:

- **Good Character:** I will try to put God first and make wise, God-honoring choices when I am at church, school, and home.
- **Respect:** I will do my best be kind to others. I will make an extra effort to respect and follow the leaders and respect other members of the ministry team, my parents, and those who are involved at Cypress Bible Church.
- **Good Attitude:** I will do my best to have a good attitude, even when something is not my favorite (activity, lesson, game etc.) and look for ways I can always be learning.
- **Good Example:** I will do my best to be a leader by being good example of someone who is following Christ.
- **Servant's Heart:** I will do my best to follow Christ's example to love and serve others and place other's needs ahead of my own.
- **Commitment:** I will do my best to meet my ministry team's expectations. When I am unable to be at a meeting, I will let my small group leader know in advance. If I need to step off of the ministry team for any reason, I will talk to my leader about it.

I recognize that being a part of Xtreme Team is a privilege and a big responsibility. I will do my best to serve well and follow my leaders. If for any reason my behavior does not meet up to these expectations, I understand that the leaders will set up a meeting with my parents and my small group leader to help evaluate whether continuing on in this ministry is the best thing for me to do.

5th Grader

Parent/Guardian

Date