



CYPRESS  
ASSISTANCE  
MINISTRIES

# Food & pantry Drive 2023

HELP SUPPORT CYPRESS ASSISTANCE MINISTRIES! CAM PROVIDES EMERGENCY FINANCIAL SUPPORT, FOOD, EDUCATIONAL OPPORTUNITIES, AND JOB READINESS SUPPORT FOR THOSE WHO NEED IT MOST.

MATTHEW 25:35 FOR I WAS HUNGRY AND YOU GAVE ME FOOD, I WAS THIRSTY AND YOU GAVE ME DRINK, I WAS A STRANGER AND YOU WELCOMED ME...

## **MOST NEEDED ITEMS AT THIS TIME**

- CEREALS (HOT & COLD)
- SOUPS – LARGE AND SMALL CANNED SOUP
- SPAGHETTI O'S – RAVIOLIS
- SPAGHETTI & SPAGHETTI SAUCE
- MAC-N-CHEESE
- SNACK ITEMS AND DRINKS FOR KIDS

**OUR GOAL:  
3000 ITEMS**

## OTHER PANTRY ITEMS

- PEANUT BUTTER
- JELLY/JAM
- ASSORTED PASTAS (MACARONI, NOODLES, RAMEN, ETC.)
- CANNED GOODS (FRUIT, TOMATO PASTE, VEGETABLES, ETC.)
- CANNED MEATS (CHICKEN, SPAM, VIENNA SAUSAGE, TUNA )
- BAGGED RICE RICE & RICE MIXES (RICE-A-RONI, BEN'S ORIGINAL)
- DRY BEANS (PINTO, RED, NAVY...)

## CLEANING SUPPLIES

- BLEACH
- WINDOW CLEANER
- LAUNDRY & DISH DETERGENT
- PINE SOL
- PAPER TOWELS
- PERSONAL CARE
- BAR SOAP
- TOILET PAPER
- FOR SENIORS
- ENSURE/BOOST & GLUCERNA
- LOW SODIUM & SUGAR FREE ITEMS
- SUGAR FREE ITEMS
- INSTANT COFFEE & TEA

**Please put any or all of the listed items in a grocery bag and return to CBC by July 2nd!**

**Drop off in the WLC Commons. NO GLASS CONTAINERS PLEASE**