

**Let's Talk Menopause contact:**

Christopher Gillispie

(347) 603-9576

christopher@redheifermedia.com

***let's talk  
menopause!***

**For immediate release:**

**Tamsen Fadal Joins Let's Talk Menopause as Board Member and Ambassador**

**NEW YORK** — Let's Talk Menopause is excited to announce that award-winning journalist and TV personality, Tamsen Fadal, has joined the The Let's Talk Menopause Board of Directors with a role as Ambassador for the organization. Tamsen will work closely with Let's Talk Menopause to raise awareness and education about the physical and emotional impact of menopause on women's health.

With over 25 years of experience in the media industry, Tamsen is a trusted voice in the news and entertainment world. She has received numerous awards for her work, including 12 Emmy Awards and the Edward R. Murrow Award. Her expertise and compassion make her the perfect ambassador for Let's Talk Menopause, a company dedicated to helping women navigate the complexities of menopause.

"I am thrilled to partner with Let's Talk Menopause on this important mission," said Tamsen Fadal. "As someone who has experienced the challenges of menopause firsthand, I know how important it is for women to have access to accurate information and support. Let's Talk Menopause is doing incredible work to provide education and resources in an inclusive platform, and I am honored to be part of it."

Let's Talk Menopause is a leading nonprofit resource for women seeking information and support during menopause. The company offers a variety of programs and services, including a comprehensive online platform and educational resources. With Tamsen Fadal as LTM ambassador, Let's Talk Menopause is poised to reach even more women and make a real difference in their lives.

"We are thrilled to welcome Tamsen to the Let's Talk Menopause Board of Directors," said co-founder Donna Klassen. "Her experience, passion, and commitment to women's health make her the perfect partner for us. Together, we will continue to raise awareness about menopause and provide women with the resources they need to navigate this important life stage."

For more information about Let's Talk Menopause and its programs and services, visit the organization's website at [www.letstalkmenopause.org](http://www.letstalkmenopause.org).

### **About Let's Talk Menopause**

[Let's Talk Menopause](http://www.letstalkmenopause.org) is a national 501(c)(3) nonprofit organization invested in changing the conversation around menopause so women get the information they need and the healthcare they deserve. Founded in 2020, Let's Talk Menopause empowers women to navigate all stages of menopause, advocates for the medical community to invest in caring for women through this journey, educates the public about menopause and connects women to find community and support each other throughout this menopause transition and beyond. Let's Talk Menopause is advised by a diverse group of [board-certified](#) clinicians and other community leaders, with science and experience at the forefront of everything they do.