

LESLIE J KLAFF, MD, PHD, FRCP, FACE

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Founded in 1991, Rainier Clinical Research Center is a private, dedicated, multi-specialty investigative site conducting Phase I-IV clinical trials for drugs and devices. We have successfully completed 600+ studies with 200+ sponsors and contract research organizations.

EXPERIENCE

1992 - PRESENT

MEDICAL DIRECTOR, RAINIER CRC, LLC

1989 - 1998

PARTNER, RAINIER INTERNAL MEDICINE, RENTON WA

1998 - 2006

PARTNER, SOUTHLAKE CLINIC (PREVIOUSLY VALLEY INTERNAL MEDICINE)

EDUCATION

1971

M.B.B.CH. (MD EQUIVALENT), UNIVERSITY OF WITWATERSRAND MEDICAL SCHOOL

1983

PH.D., UNIVERSITY OF CAPE TOWN

ADDITIONAL DEGREES

1975

M.R.C.P. (MEMBER OF THE ROYAL COLLEGE OF PHYSICIANS), LONDON, ENGLAND

1990

F.R.C.P. (FELLOW OF THE ROYAL COLLEGE OF PHYSICIANS), EDINBURGH SCOTLAND

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2003

F.A.C.E. (FELLOW OF THE AMERICAN COLLEGE OF ENDOCRINOLOGY)

Signature:

Date: 6/16/20

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POSTGRADUATE TRAINING

1972 - 1974

ROTATING INTERNSHIP (INTERNAL MEDICINE, SURGERY AND PEDIATRICS), JOHANNESBURG GENERAL HOSPITAL

1975

SENIOR HOUSE OFFICER, ROYAL NORTHERN HOSPITAL

1976 - 1977

REGISTRAR, INTERNAL MEDICINE, UNIVERSITY OF CAPE TOWN AND GROOTE SCHUUR HOSPITAL

1977 - 1979

RESEARCH FELLOW, DIABETES AND ENDOCRINE RESEARCH GROUP, UNIVERSITY OF CAPE TOWN

1979 - 1980

SENIOR REGISTRAR, ENDOCRINOLOGY AND METABOLISM, GROOTE SCHUUR HOSPITAL

BOARD CERTIFICATIONS

1980

REGISTERED AS SPECIALIST IN INTERNAL MEDICINE WITH SOUTH AFRICAN MEDICAL AND DENTAL COUNCIL

1985

AMERICAN BOARD OF INTERNAL MEDICINE

1987

AMERICAN BOARD OF ENDOCRINOLOGY AND METABOLISM

LICENSURE TO PRACTICE

1971

SOUTH AFRICA

1973

UNITED KINGDOM

1982

STATE OF WASHINGTON (LICENSE NUMBER MD00021403)

HOSPITAL POSITIONS

1980 - 1982

SPECIALIST PHYSICIAN, GROOTE SCHUUR HOSPITAL, CAPE TOWN, RSA

1982 - 1983

SENIOR SPECIALIST PHYSICIAN, GROOTE SCHUUR HOSPITAL, CAPE TOWN, RSA

1983 - 1989

ATTENDING PHYSICIAN, PACIFIC MEDICAL CENTER, SEATTLE, WA



FACULTY POSITIONS

1980 - 1982

LECTURER, INTERNAL MEDICINE & ENDOCRINOLOGY, UNIVERSITY OF CAPE TOWN MEDICAL SCHOOL

1982 - 1983

SENIOR LECTURER, INTERNAL MEDICINE & ENDOCRINOLOGY, UNIVERSITY OF CAPE TOWN MEDICAL SCHOOL

1982 - 1983

ACTING HEAD, ENDOCRINE AND DIABETES RADIOIMMUNOASSAY LABORATORY, UNIVERSITY OF CAPE TOWN

1983 - 1989

ASSISTANT PROFESSOR OF MEDICINE, DEPARTMENT OF ENDOCRINOLOGY, METABOLISM, AND NUTRITION, UNIVERSITY OF WASHINGTON

1987 - 1989

DIRECTOR, RADIOIMMUNOASSAY CORE, DIABETES ENDOCRINOLOGY RESEARCH CENTER, UNIVERSITY OF WASHINGTON

1989

ASSOCIATE PROFESSOR OF MEDICINE, DEPARTMENT OF ENDOCRINOLOGY, METABOLISM, AND NUTRITION, UNIVERSITY OF WASHINGTON

1989 - 2004

CLINICAL ASSOCIATE PROFESSOR OF MEDICINE, DEPARTMENT OF ENDOCRINOLOGY, METABOLISM, AND NUTRITION, UNIVERSITY OF WASHINGTON

2004

CLINICAL PROFESSOR OF MEDICINE, DEPARTMENT OF ENDOCRINOLOGY, METABOLISM, AND NUTRITION, UNIVERSITY OF WASHINGTON

2019

EMERITUS CLINICAL PROFESSOR OF MEDICINE, DEPARTMENT OF ENDOCRINOLOGY, METABOLISM, AND NUTRITION, UNIVERSITY OF WASHINGTON

PROFESSIONAL ORGANIZATION MEMBERSHIP

1972 – 1973

MEDICAL ASSOCIATION OF SOUTH AFRICA

1979 - 1983

BOARD MEMBER, SOCIETY FOR ENDOCRINOLOGY, METABOLISM, AND DIABETES OF SOUTHERN AFRICA

1982

AMERICAN DIABETES ASSOCIATION

1984 - 1989

AMERICAN FEDERATION FOR CLNIICAL RESEARCH

1984

ENDOCRINE SOCIETY



HONORS, AWARDS & LEADERSHIP

1980

BERNARD PIMSTONE MEMORIAL AWARD FOR BEST YOUNG INVESTIGATOR

NOV 1982

ORGANIZING COMMITTEE FOR SYMPOSIUM ON CURRENT TRENDS IN DIABETES MELLITUS (SATELLITE MEETING IN CAPE TOWN TO $11^{\rm TH}$ CONGRESS OF INTERNATIONAL DIABETES FEDERATION IN NAIROBI)

1985 - 1991

BOARD MEMBER, AMERICAN DIABETES ASSOCIATION, WASHINGTON AFFILIATE

1985 - 1987

CO-CHAIRMAN, PROFESSIONAL EDUCATION COMMITTEE, AMERICAN DIABETES ASSOCIATION, WASHINGTON AFFILIATE

1985 - 1989

PHARMACY AND THERAPEUTICS COMMITTEE, PACIFIC MEDICAL CENTER

1987 - 1989

RESEARCH COMMITTEE, PACIFIC MEDICAL CENTER

1988 - 1990

PEER REVIEW COMMITTEE, AMERICAN DIABETES ASSOCIATION, WASHINGTON AFFILIATE

1992 - 2002

CME COMMITTEE, VALLEY MEDICAL CENTER

1998 - 2008

ENDOCRINE DAYS ORGANIZING COMMITTEE

CLINICAL RESEARCH PROJECTS

1983 - 1989

DIABETES CONTROL AND COMPLICATIONS TRIAL, CO-INVESTIGATOR, NATIONAL INSTITUTES OF

HEALTH

1983 - 1989

INVESTIGATIONS OF THE ETIOLOGY OF TYPE I DIABETES, CO-INVESTIGATOR, NATIONAL INSTITUTE

OF HEALTH

1992 - PRESENT

RAINIER CLINICAL RESEARCH CENTER, PRINICIPAL INVESTIGATOR OR SUB-INVESTIGATOR ON

OVER 600 CLINICAL TRIALS PHASE I-IV

BIBLIOGRAPHY

- Klaff LJ, Levin PJ, Potgieter PD, Losman JG, Nochomovitz LE, and Ferguson AD: Treatment of paraquat poisoning with the membrane oxygenator: a case report. S Afr Med J 51:203-205, 1977.
- 2. **Klaff** LJ, Vinik Al, Berelowitz M and Jackson WPU: Circulating antibodies in diabetics treated with monocomponent and conventional insulin. S Afr Med J 54:149-153, 1978.
- 3. Levin PJ, **Klaff** LJ, Rose AG, and Ferguson AD: Pulmonary effects of contact exposure to paraquat: a clinical and epidemiological study. Thorax 34:150-160, 1979.



- Klaff LJ, Vinik AI, Jackson WPU, Malan E, Kernoff L, and Jacobs P: A comparison of the effects of the sulfonylurea drugs gliclazide and glibenclamide on blood glucose control and platelet functions. S Afr Med J 56:247-250, 1979.
- Coetzee J, Klaff LJ, and Epstein S: The measurement of human serum parathyroid hormone in disorders of calcium metabolism and during administration of certain gut hormones. S Afr Med J 57:165-170, 1980.
- Levitt NS, Vinik AI, Sive AA, Klaff LJ, and Phillips C: A double-blind cross-over trial of synthetic gonadotrophin-releasing hormone (LHRH) in impotent male diabetics. S Afr Med J 57:701-704, 1980.
- Klaff LJ, Hudson A, Sheppard M, and Tyler M: In vitro release of cholecystokinin octapeptide-like immuno-reactivity from rat brain synaptosomes. S Afr Med J 59:158-160, 1981.
- 8. **Klaff** LJ, Kernoff L, Vinik Al, Jackson WPU, and Jacobs P: Sulphonylureas and platelet function. American J Med 70:627-730, 1981.
- 9. Wright JP, Young GO, Klaff LJ, Weers LA, Price SK, and Marks IN: Gastric mucosal prostaglandin E levels in patients with gastric ulcer disease and carcinoma. Gastroenterology 82:263-267, 1982.
- Millar RP, Klaff LJ, Barron J, Levitt NS, and Ling N: Somatostatin-28 inhibits Gn-RH-stimulated gonadotrophin secretion in man. Clin Endocrinol 17:103-107, 1982.
- Klaff LJ, Hudson AM, Paul M, and Millar RP: A method for studying synaptosomal release of neurotransmitter candidates as evaluated by studies on cortical cholecystokinin octapeptide release. Peptides 3:155-161, 1982.
- 12. **Klaff** LJ, Barron JL, Levitt NS, Millar RP, and Ling N: Somatostatin-28 inhibits thyroid-stimulating hormone release in man. S Afr Med J 62:929-930, 1982.
- Millar RP, Klaff LJ, Barron JL, Levitt NS, and Ling N: Somatostatin-28 and somatostatin-14 suppression of arginine-, insulin-, and TRH-stimulated GH & prolactin secretion in man. Clin Endocrinol 18:277-285, 1983.
- Mee AS, Klaff LJ, Girdwood A, Paul M, Tyler M, and Marks IS: A comparative study of pancreatic polypeptide secretion endocrine and exocrine function and structural damage in chronic alcohol induced pancreatitis (CAIP). Gut 24:642-647, 1983.
- 15. Maze SS, **Klaff** LJ, and Yach D: Syndrome of inappropriate antidiuretic hormone secretion in association with herpes zoster of the chest wall. S Afr Med J 63:735-736, 1983.
- 16. **Klaff** LJ, Barron JL, Levitt NS, Ling N, and Millar RP: Inhibition of pancreatic hormone secretion by somatostatin-28 and somatostatin-14 in man. Acta Endocrinologica 104:91-95, 1983.
- 17. Barron JL, **Klaff** LJ, Levitt NS, Ling N, and Millar RP: Arginine hydrochloride stimulation of serum potassium and aldosterone is enhanced by somatostatin-28. Acta Endocrinologica 105:407-410, 1984.
- 18. Koeslag JH, Levinrad LI, **Klaff** LJ: Pancreatic polypeptide response to exercise: Effect of alanine and glucose ingestion in carbohydrate-starved athletes. S Afr Med J 67:884-887, 1985.
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- Klaff LJ and Taborsky GJ Jr: Pancreatic somatostatin is a mediator of glucagon inhibition by hyperglycemia. Diabetes 36:592-596, 1987.
- Klaff LJ, Tamborlane WV, Cleary PA, Steffes MW, and Becker DJ: For the DCCT Research Group: Effects of age, duration and treatment of IDDM on residual B-cell function: Observations during eligibility testing for the diabetes control and complications trial (DCCT). J Clin Endocrinol Metab 65:30-36, 1987.
- 23. **Klaff** LJ and Taborsky GJ Jr: The role of pancreatic somatostatin in determining the glucagon response to arginine and morphine. Am J Physiol 252:E751-E755, 1987.
- 24. Dent DM, Miller JL, **Klaff** L, and Barron J: The incidence and causes of hypercalcaemia. Postgrad Med J 63:745-750, 1987.
- 25. McCulloch DM, Raghu PK, Johnston C, Klaff LJ, Kahn SE, Beard JC, Ward WK, Benson EA, Koerker DJ, Bergman RN, Palmer JP: Defects in beta cell function and insulin sensitivity in normoglycemic

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- 27. Klaff LJ, Dunning BE, and Taborsky GJ Jr: Somatostatin-28 does not regulate islet function in the dog. Endocrinology 123:2668-2674, 1988.
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- 29. McCulloch DK, Raghu PK, Koerker DJ, Palmer JP, and **Klaff** LJ: Responses of the pancreatic A-cell during hypoglycemia hyperglycemia are dependent on the B-cell. Metabolism 38:702-709, 1989.
- 30. McCulloch DK, **Klaff** LJ, Kahn SE, Schoenfeld SL, Greenbaum CJ, Mauseth RS, Benson EA, Nepom GT, Shewey L, and Palmer JP: Nonprogression of subclinical B-cell dysfunction among first-degree relatives of IDDM patients: 5-year follow-up of Seattle study. Diabetes 39:549-556, 1990.
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- Greenbaum CJ, Havel PJ, Taborsky GJ Jr, and Klaff LJ: Intra-islet insulin permits glucose to directly suppress pancreatic A cell function. J Clin Invest 88:767-773,1991.
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 Dextromethorphan and quinidine in adult patients with uncontrolled painful diabetic peripheral neuropathy: a 29-day, multicenter, open-label, dose-escalation study. Clin Ther. 28:1607-18. 2006
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- Timothy Bailey, Bruce W. Bode, Mark P. Christiansen, Leslie J. Klaff, Shridhara Alva: The Performance and Usability of a Factory-Calibrated Flash Glucose Monitoring System. Diabetes Technology & Therapeutics, Volume 17, Number 11, 2015
- Ronald L. Brazg, MD, Leslie J. Klaff, MD and Allen M. Sussman, MD New Generation Guide Blood Glucose Monitoring System Exceeds International Accuarcy Standards. Journal of Diabetes Science and Technology; 2016
- Mark P. Christiansen, MD, Leslie J. Klaff, MD, PhD, Ron Brazg, MD, Anna R. Chang, MD, Carol J. Levy, MD, David Lam, MD, Douglas S. Denham, DO, George Atiee, MD, Bruce W. Bode, MD, Steven J. Walters, MS, Lynne Kelley, MD, and Timothy S. Bailey, MD. A Prospective Multicenter Evaluation of the Accuracy of a Novel Implanted Continuous Glucose Sensor: PRECISE II. Diabetes Technology & Therapeutics, Volume 20, Number 3, 2018
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- 54. Christiansen MP, Klaff LJ, Bailey TS, Brazg R, Carlson G, Tweden KS. A Prospective Multicenter Evaluation of the Accuracy and Safety of an Implanted Continuous Glucose Sensor: The PRECISION Study. Diabetes Technology & Therapeutics 2019 May;21(5):231-237.
- William D. Arnold, PhD, Kenneth Kupfer, PhD, Monica Hvidsten Swensen, MSc, Kyle S. Fortner, BS, Harold J. Klaff, PhD, Richard C. San George, PhD. Fingerstick Precision and Total Error of a Point-of-Care HbAlc Test. Journal of Diabetes Science and Technology 2020, Volume 14(5) 890-895
- 56. Leslie Klaff, MD, Dachuang Cao, PhD, Mary Anne Dellva, PhD, Janet Tobian, MD, Junnosuke Miura, MD, Dominik Dahl, MD, Jean Lucas, MD, Juliana Bue-Valleskey, MS. Ultra rapid lispro improves postprandial glucose control compared with lispro in patients with type 1 diabetes: Results from the 26-week PRONTO-T1D study. Diabetes Obesity Metabolism, 2020, Volume 22 1799-1807



BOOKS, CHAPTERS, EDITORIALS, & EDUCATIONAL PUBLICATIONS (NON-PEEER REVIEWED)

- Klaff LJ, Sheppard M, Hudson AM, Tyler M, and Vinik Al: Cholecystokinin-octapeptide-like immunoreactivity in rat central nervous system. In: Neuropeptides, Biochemical & Physiological Studies, edited by RP Millar. Churchill Livingstone, Edinburgh, 1981, pp 87-96.
- 2. **Klaff** LJ, Vinik Al, and Heldsinger A: Acid secretagogue potencies and interactions in the activation of carbonic anhydrase in guinea pig parietal cells. In: Neuropeptides, Biochemical & Physiological Studies, edited by RP Millar. Churchill Livingstone, Edinburgh, 1981, pp 336-343.
- 3. Klaff LJ, Kernoff L, Vinik Al, Jackson WPU, Jacobs P: Sulphonylureas and platelet function. In: Diabetes Mellitus, edited by JS Skyler and GF Cahill Jr. Yorke Medical Books, USA, 1981, pp 152-155.
- 4. Millar RP, **Klaff** LJ, and Barron JL: The new hypothalamic releasing factors (editorial). S Afr Med J 62:924-925, 1982.
- 5. Klaff LJ and Sive AA: Continuous subcutaneous insulin infusion (editorial). S Afr Med J 63:61-62, 1983.
- 6. Guest Editor, South African Journal of Continuing Medical Education, Vol 1, No 3, 1983. Subject: Diabetes Mellitus. (a) Kahn SE and **Klaff** LJ: The importance of metabolic control in diabetes mellitus, pp 15-23. (b) Klaff LJ and Sive AA: Factors in the genesis of diabetes mellitus, pp 80-84.
- 7. Clinical Discussant, Clinicopathological Conference. Post-abortal fever and shock. S Afr Med J 63:444-447, 1983.
- 8. **Klaff** LJ: Computer program. Diabetes mellitus: an update on outpatient evaluation and management 1985. CME Inc. and University of Washington, Seattle.
- Klaff LJ and Palmer JP: Risk for developing cardiovascular risk factor: glucose intolerance. In: Cardiology clinics: risk for developing cardiovascular risk factors and adverse effects of risk factor reduction, edited by FH Messerlio and C Amodeo. W.B. Saunders Co., Philadelphia, 1986, pp 67-73.

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