



**TOURING
PROFESSIONALS
ALLIANCE**

NEWS from TPA

Over the past year there has been one recurring theme that has been present in all our discussions and initiatives. Whether it was the mental health program or the current sustainability meetings, **COMMUNICATION** has been the key. The very fact that we have all started talking together about important issues is new for us as PMs and TMs. In that regard, as we get closer to working, please stay in touch, please let us know if you need help or you know someone who does. Please spread the word when you hear about work, and know that in the future we are going to succeed at being more diverse, more inclusive, more green, and most importantly, more aware of each other's needs.

DAY SHEET #9 - April 19, 2021

Things To Do

TPA SURVEY - CREW DATA BASE:

Please click the link to fill out the survey.

<https://forms.gle/iCZ2ooNNTBxwwjWv8>

As an industry, we must know WHO we are.

Without this knowledge we cannot start our work on health insurance for touring crew, or look to build a fund for future emergencies.

Encourage your colleagues to fill out the survey!

****Photos Needed****

We are looking for crew photos for the website! You can go to the home page of our website or [CLICK HERE](#) to go to the upload page.

Latest Information for USA Crew



**TOURING
PROFESSIONALS
ALLIANCE | KITCHEN**

TOURING PROFESSIONAL ALLIANCE | KITCHEN

<https://www.touringprofessionals.com>

The TPA Kitchen is heading to more cities in April, May and June!

Our program is coming to Austin, the Bay Area, CA (both San Francisco and Oakland) as well as an extension in Nashville.

Please spread the word to crew in these areas to sign-up for chef-driven take-home meals from prominent restaurants!

For more information go to <https://www.touringprofessionals.com> and check our [Facebook](#) and [Instagram](#) for updates.

Keep an eye out for more cities in the coming months!

Latest Information for UK Crew



STAGEHAND ROUND 5 FUNDING - NOW OPEN

<https://www.stagehand.org.uk/apply-for-support-1>

Our Covid 19 Crew Relief Fund is open to individuals who have worked in non-theatre live events and are the worst affected by the Covid 19 pandemic, those for whom support has not been available. Our first priority will be to protect roofs over heads and food on the table.

Our ability to provide help is limited by available funds, we welcome support in all fundraising endeavours.

APPLICATIONS TO ROUND 5 OF THE FUND ARE NOW OPEN UNTIL MIDDAY FRIDAY, 23RD APRIL.

Claims will then be processed by our volunteers.

To better understand the process, we've prepared a copy of the form to read before applying, [CLICK HERE](#) to see the form and understand what you will need to provide..

Sustainability

- TPA SUSTAINABILITY TIP -

Simple and direct actions all crews can take to make their tours, shows & events more eco-friendly

Tip #1: Review, share and put into practice the TEN EASY WINS.

- created by **SiPA** - Sustainability in Production Alliance -

SiPA has outlined 10 doable actions for nearly all departments, from audio to automation to catering, trucking, wardrobe, lighting and more.

Check out the [Sustainable Wins for a Production Office](#) and visit the [SiPA website](#) to learn what **YOU** can do within **YOUR** department on your next gig.

After all, there is no music on a dead planet.

To learn more visit **Music Declares a Climate & Ecological Emergency**, take the pledge and join the community that is coming together to fight climate change, and work toward a more sustainable future.

SiPA
<https://sipa.global>



<https://musicdeclares.net>

Follow us on social media and spread the word!

www.touringprofessionals.com

[@thetouringprofessionals](https://www.instagram.com/thetouringprofessionals)

[@touringpros](https://twitter.com/touringpros)

For Crew, by Crew. We are in this together.



Health & Wellness



MINDFUL PRE-PRODUCTION
ROAD WORTHY IDEAS ON HEALTH & WELLNESS

"TOMORROW MIGHT BE JUST ANOTHER DAY TO RUN"

BILL WITHERS

Bill's lyrics say it all...

"If you don't look into your mind and find out what you're running from, tomorrow might be just another day to run".
What else is there to say?

Prior to this pandemic everyone was ignoring the elephant in the room (mental health, addiction & wellness), this pandemic has only exacerbated that problem, turning that elephant into **A BRONTOSAURUS** and that is something that we can no longer ignore.

There are far too many old stigmas and antiquated ideas around mental health, addiction & wellness, that create shame, fear & anxiety in our culture and our industry.

Just like the rigs that haul our gear and the buses that haul our lives, we too are putting on those hard road miles, the same miles that wear down those machines. Taking time for yourself to address your own mental health, addictions & general wellness is no different than lubing a chassis, changing filters or rotating tires; *it's all just regular maintenance.*

It's never too late to help yourself, even in the smallest of ways, just start somewhere small and build on that. If you "fall off the horse", don't beat yourself up about it, just climb back on and start again. It's never too late to begin to be honest about who you are AND what you need... THEN you can build from there.

Our mind runs all the functions that keep us alive, it controls everything we do/feel, yet it's the last thing we think to take care of.
Be kind to your mind and it will be kind to you.

EVERY DAY IS A NEW LOAD IN... EVERY DAY WE BEGIN AGAIN

THE WHITE PAPER

Described by a touring professional as "Truly the most explanatory yet succinct, real breakdown of our lives I have ever seen", the expose "**A Change Is Gonna Come**" is the culmination of two music industry clinicians' heavily researched point of view on our industry's mental health crisis, the impact of COVID-19 and how we can build a healthier future.

This IS essential reading for everyone in our industry, offering a comprehensive assessment which needs to be taken into account going forward.

<https://www.borernewman.com/whitepaper>

TPA + TPG = 4/27/20 WEB PRESENTATION

TPA H&W is joining forces with the **Touring Production Group** to present a web event based on the recently released industry white paper called "**A Change Is Gonna Come**".

This presentation will be an hour long discussion with authors & clinicians, moderated by TPA's Health&Wellness Program Coordinator, Michael LoBue. It's only an hour, it's free to all and you can **sign up here**; please come join the conversation!

<https://www.eventbrite.com/e/tpg-tpa-mental-welfare-a-change-is-gonna-come-tickets-148248121121>

Tip of the Month

- SUSTAINABILITY -

JUST SAY NO TO SINGLE-USE WATER BOTTLES, COFFEE CUPS, CUTLERY AND PLATES

- On your next tour bring your own reusable water bottle & coffee cup.
- Utilize water refill stations.
- When in catering choose the reusable cutlery, plates and bowls over disposable ones.

Follow us on social media and spread the word!