

NEWS

We have been asked many times about membership and when it will be open. To date, our focus has been on getting our food program running (TPAK*), our Health and Wellness initiative established, as well as climbing the mountain of administrative paperwork that is required for a non profit to operate. Now we have some clearer air, we will begin to work on membership and what that actually means....so stay tuned!

DAY SHEET UPDATE!

Day Sheets are sent directly to everyone who fills out the Crew Survey

Please fill in the survey to get your copy!

DAY SHEET - UK #7 - February 17, 2021

Things To Do

TPA SURVEY - CREW DATA BASE:

Please click the link to fill out the survey.

https://forms.gle/iCZ2ooNNTBxwwjWv8

As an industry, we must know WHO we are.

Without this knowledge we cannot start our work on health insurance for touring crew, or look to build a fund for future emergencies.

Encourage your colleagues to fill out the survey!

Photos Needed

We are looking for crew photos for the website! You can go to the home page of our website or **CLICK HERE** to go to the upload page.

Health & Wellness



MINDFUL PRE-PRODUCTION

ROAD WORTHY IDEAS ON HEALTH & WELLNESS

"ALL YOU NEED IS LOVE"

THE BEATLES

Love transcends space & time, brings comfort & security and is a proverbial source of strength; love IS all you need. So why do we only celebrate love one day a year, solely focusing on the romantic end of it?

During these pandemic times, we are hopefully learning what we love and what we don't, be them hobbies or lifestyle choices, mental or emotional states of being, relationships with ourselves or with others. One thing is for sure, we clearly LOVE our work, which is a lot more than most folks can say.

In a time when our community has been stripped of so much, maybe it's best to celebrate these little lessons, as they are the easiest moments of love that we can immediately appreciate and enjoy. Small wins go a long long way, especially in these times. Much like the feeling you get when providing fresh donuts for the local's 15 minute coffee break, it's the small wins that are the easiest to feel positive about and to love.

So perhaps we can spend our time focusing on what we love, rather than focusing on what we don't, putting a priority on loving the little things for all they are worth.

EVERY DAY IS A NEW LOAD IN... EVERY DAY WE BEGIN AGAIN

HEALTH & WELLNESS WEBSITE TAB

We are excited to announce that we will be launching a Health & Wellness tab on the TPA website!

We aim to curate a place where we can share ideas & information on general health, wellness and mental health, to keep our community at their best via the mind, body & spirit connection.

Posts will consist of helpful information, upcoming webinar presentations and occasional special offers, so be sure to check it out starting next week.

FREE YOGA OFFER

http://www.joanhyman.com/yoga

We have been collaborating with Joan Hyman Yoga and are very pleased to announce that she has generously offered our TPA community FREE virtual yoga classes on a weekly basis. Check our social media channels and upcoming the Health & Wellness tab on TPA's website for weekly updates on class times & log in info.

Follow us on social media and spread the word!



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Latest Information for UK Crew

HOME - **MANCHESTER RESIDENTS -**

https://homemcr.org/hardship-fund-faq



This fund is available to freelancers within the arts, cultural and creative industries in Manchester (including music, theatre, dance, combined arts, visual arts, museums, literature, creative industries in Manchester (including music, theatre, dance, combined arts, visual arts, museums, literature, creative industries, heritage culture and heritage, and whose work has direct creative/cultural outcomes) who are able to demonstrate the following:

- Freelance work has been lost or disrupted because of COVID-19
- Current monthly income (before tax) of less than £1,400, or less than £1,900 for those with dependents
- At least 50% working time was spent, or 50% income was derived, from freelance employment in the arts, cultural and creative industries sector in the period April 2019 to March 2020*
- Resident of, or business based in, Manchester**

VISIT SCOTLAND GRANTS - **Scotland Residents** -

https://www.visitscotland.org/events/funding/recovery-fund



Scotland's Events Recovery Fund (SERF) has been established in conjunction with Scottish Government to help Scotland's events sector plan and deliver events through to the end of 2021, and to provide support as the industry responds and adapts to the effects of COVID-19.

A total of £2.75 million is available for eligible events planned to take place before the end of 2021. This is an open fund without a fixed application deadline. It is anticipated that up to £1.5m in funding may be awarded for applications received up to 31 December 2020, and that the remainder will be retained to support applications received between 1 January and 31 March 2021.

In addition to Scotland's Events Recovery Fund, VisitScotland is currently administering nine other funds for tourism and event businesses on behalf of the Scottish Government. Funds range from £1,000 - £35,000.



ARTS COUNCIL ENGLAND - NATIONAL LOTTERY PROJECT GRANTS:

https://www.artscouncil.org.uk/projectgrants

They've reopened the fund with a budget of £77.9 million available until April 2021 and have prioritised reopening this programme to help fund independent organisations, creative practitioners and freelancers as quickly as possible. Grants range from £1,000 - £100,000 and can take up to 16 weeks for processing.

To start the process, please register on Grantium (the application portal): https://www.artscouncil.org.uk/ welcome-grantium#section-1 https://www.youtube.com/watch?v=MrUEF0dWL



DEBT RELIEF ORDERS (DRO) – Monetary Eligibility Updates

https://www.gov.uk/government/consultations/debt-relief-orders/debt-relief-orders-consultation-on-changes-tothe-monetary-eligibility-criteria

SELF ASSESSMENT FILING DEADLINE UPDATE -

No penalty will be issued until February 28th/extended from January 31st

https://www.gov.uk/government/news/no-self-assessment-late-filing-penalty-for-those-who-file-online-by-28february

BOUNCE BACK LOAN REPAYMENTS -

https://www.gov.uk/government/news/chancellor-eases-burden-on-more-than-a-million-businesses-through-payas-you-grow-flexible-repayment-options

BREXIT - Information Updates



OUTBOUND MOBILITY WITHIN THE EU -

https://livemusic.biz/touring-in-the-eu

Here is the current position for post-Brexit entry requirements for UK touring musicians and their crew entering European Member Sates. This is not legal advise is is correct up unitil 3 Feb 2021. Please refer to the website for updates which will reflect new information.



UK E ARTSWORK

http://ukeartswork.info/index.php

Bringing you clear information pre and post Brexit fro everyone in the creative art industries on current and likely future agreements and requirements including:

Visas | Work Permits | Carnets | Tax



NHS - UK GLOBAL HEALTH INSURANCE CARD (GHIC)

https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/ A UK Global Health Insurance Card (GHIC) gives you the right to access state-provided healthcare during a temporary stay in the European Union (EU).

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MENTAL HEALTH RESOURCES & SUPPORT



https://musicsupport.org/resources/

"By the Industry for the Industry"

Music Support is a registered charity founded and run by people from the UK music industry, for individuals in any area of the UK music industry suffering from mental, emotional and behavioural health disorders (including but not limited to alcohol and drug addiction).

Services offered include:

- Offer an ear to listen to support you emotionally through challenging times
- Signpost to vetted and fully qualified Service Providers (Therapists/Treatment Facilities/Rehabs)
- Signpost to recommended funders who could potentially finance your treatment
- Helpline M-F 09:00 17:00, Thrive App focused on prevention and early detection of common mental health conditions, Online 12 step support group, Safe Hubs, Workshops/Training and Crisis Support.

MUSIC MINDS MATTER

https://www.musicmindsmatter.org.uk/

Whatever you're going through right now, you can contact Music Minds Matter on

0808 802 8008.

If you work in music and are struggling to cope, or know someone who is, talk to us. It doesn't have to be a crisis, or about music. Our Music Minds Matter Counsellors are here to listen, support and help at any time.



Talk to our trained support staff at anytime, day or night, it's free and confidential and available across the UK



We offer emotional support advice and information, signposting to other specialist services, debt and legal advice as well as access to Help Musicans UK Grants.



You can access free counselling and CBT, either in person, over the phone or online from qualified counsellors.

EMOTIONAL HEALTH AND WELLNESS GROUP FOR MUSIC PROFESSIONALS: Based in USA



MusiCares EMOTIONAL HEALTH AND WELLNESS GROUP FOR MUSIC PROFESSIONALS allows you to give voice to your experiences as a music business professional navigating these unprecedented times.

Please join us weekly on ZOOM to seek, offer support and inform your industry peers:

Every Friday on Zoom, 1:00 pm PST, 3:00 pm CST, 4:00 pm PST (USA Timezones)

Meeting ID: 878 4693 3410 Passcode: 325126

IMPORTANT MESSAGE FROM THE DAY SHEET TEAM

As we promised, the day sheets are becoming relevant to location. We are looking for the relevant aid and support programs in Mexico, South America, Canada, and Asia. If you live in these locations and know of suitable programs that are available for music industry professionals, please let us know at info@touringprofessionals.com

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