



WELCOME TO THE TENTH EDITION OF

WAAGIR BANDIMAYI

Darkinjung words meaning 'Coast Messenger'

Barang has continued to work with our seven local Aboriginal community-controlled organisations to keep our community informed, share information, give updates and keep all our community involved.

Barang Regional Alliance held its annual Empowered Youth Summit from 22 - 23 October 2022. The weekend-long event invited over 150 Aboriginal and Torres Strait Islander young people from the Central Coast to gather at Point Wolstoncroft Sport and Recreation Centre, providing them with opportunities to connect to culture and the Darkinjung community. The Youth Summit gave the young people an opportunity to share their ideas, thoughts and views around their aspirations and needs.

The young people were immersed in a variety of cultural activities during the Youth Summit including art, dance, weaving and a guided bushwalk by local Elder, Uncle Gavi Duncan. Having culture embedded into the Youth Summit allows young people to learn about their history and create a safe environment to share.



Barang means tomorrow. This is your information and we are your regional alliance. We invite you to share, participate and continue to be involved. Please feel free to contact us to share your thoughts and to give us feedback about what you would like to see included.

**I am Barang, You are Barang,
We are Barang Regional Alliance Central Coast.**

What's inside?

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Our newsletter name is Darkinjung language. Barang Regional Alliance has sought and received permission to use this as per cultural protocol.

Celebrating 25 Years of Health, Wellbeing and Care

Yerin Eleanor Duncan

As 2022 concludes, we reflect on the past year.

Yerin Eleanor Duncan has hosted monthly women's and men's groups, nutrition and lifestyle classes, group fitness programs, and a multitude of events for health literacy, prevention, awareness and celebration. These groups, programs and events continue to provide valuable health and wellbeing literacy and are an opportunity to celebrate and connect with our community. We are looking forward to celebrating our annual Community Christmas Party towards the end of this month.

Through our membership of Barang Regional Alliance, we are able to expand our Permanency Support Program, Aboriginal Together Home Program and Family Preservation Program. We have also received funding to deliver the Maliga Safer Families Program and Yadha Muru Suicide Postvention Program.

Yerin Eleanor Duncan will be closed from 5pm Friday 23 December and will reopen at 9am Tuesday 10 January. We look forward to seeing our community again in 2023.



Culturally Based Drug and Alcohol Rehabilitation

The Glen

It has been a very challenging time for The Glen Group over the last 12 months.

The Glen Group has doubled in size very quickly. We are proud to say we have women in the community today who have been able to present to The Glen for Women, have a safe home while they work on their health, and then leave our facility as productive members of both their families and their communities.

In the last 12 months we have also had to manage numerous and continuous COVID-19 outbreaks and floods at both of our residential settings. This has placed much stress on our staff, volunteers, stakeholders and residents, as we juggle competing priorities and continue to operate as normal.

The staff and residents have been amazing in dealing with these situations while being determined to remain open and operational to achieve our purpose.

We thank all current and past staff, stakeholders and residents. You are The Glen.

The Glen will be closed from 23 December 2022 and will re-open from 16 January 2023.

The Glen for Women

The Glen for Women has been operational since May 2022, on completion of the program women have been returning home with tools to live happy productive lives in our communities.

Since opening, our clients have not only reconnected with themselves, their culture and community, they have also had opportunities to dance for major NRL and cricket matches, sing with local music stars, cook in our very own MasterChef challenge, step outside their comfort zone and perform an act in The Glens Got Talent and attend many local community events.

The program would not be possible without the support of our community. If any mob from community would like to come in and be a part of one of our groups, or if you have an activity you would like to share, please feel free to contact us.

Thank you for the continued support and we look forward to a great 2023.

Proudly Dancing on Darkinjung Land

NAISDA Dance College

It's been a full year of living, learning and creating on Darkinjung Land. Congratulations to all our Developing and Practising artists for their many achievements, performances and sharing of stories over the last 12 months.

We finish the year with the exciting news of the Federal Government's \$5 million commitment to support the growing demand for professional culturally informed performing arts training and development through NAISDA. The investment will be used to undertake essential infrastructure changes and improvements to NAISDA training, residential and support facilities. These will increase our capacities and efficiencies across transitional skills development, career pathways and student health and wellbeing.

Crucially, it moves us one step closer to our vision for Naya Wa Yugali, an international centre of First Nations creative and cultural learning which weaves together First Nations culture, performance and learning for all Australians.

A reminder that the NAISDA offices will be closed from Friday 23 December, reopening Monday 9 January. We'd like to take this opportunity to wish everyone a safe and happy holiday period.

Image: Celebrating the \$5million announcement with NAISDA Developing Artists, Staff, Board Directors, the Hon Linda Burney MP, Minister for Indigenous Australians and Dr Gordon Reid MP, Member for Robertson.



Culturally Informed Pathways to Employment and Training



Bara Barang

SCHOOL-BASED TRAINEESHIPS IN 2023-24

Bara Barang focuses on the vocational development of Aboriginal young people. A school-based traineeship combines attending school in Year 11 and 12 for four days per week with getting paid to work one day per week as a trainee over a two-year period. We are partnering with several businesses to offer places for an Allied Health Assistant or a Business Administration Trainee. If you'd like to know more, especially if you are going into Year 10 or Year 11 next year, please get in touch with us.

SEEKING COMMUNITY MEMBERS FOR CO-DESIGN WORKING GROUP

We are continuing to develop pathways into the manufacturing industry and are pleased to announce the start of a co-design process with Central Coast employers, training organisations, Barang Regional Alliance and the broader Aboriginal community. We have secured a grant for the Indigenous Employment Skills Program from the National Indigenous Australians Agency to support this process. We are looking for community members who would like to join the workshops and offer knowledge, wisdom, guidance and insights. In appreciation for your time, you could be eligible for sitting fees. Call us to find out more.

NSW SMALL BUSINESS MONTH FOR NOVEMBER

We held another NSW Small Business Month event on 22 November with the theme Find Hidden Talent: insights to attracting and retaining workers to your organisation, held at GNL in Wyong. The event was very well attended and attracted additional interest from the NSW Small Business Commissioner. Thanks also to original Barudir participants, Bryce for speaking and Josef for leading the dancing!

HOLIDAY PERIOD OFFICE AND SUPPORT INFORMATION

Our office will be closed from 22 December and will re-open on Monday 9 January 2023. There will be staff on-call should a young person registered with us require employment support during this period. The team at Bara Barang gives their best wishes for the end of 2022 and for a bright start to 2023!

Community Connections

Gudjagang Ngara fi-dhi (GNL)

GNL has had a beautiful, busy few months leading up to the end of 2022. The space is active, connected, and alive with the voices of our children, our youth, our parents/carers and most importantly our community.

Our cultural programs, Nhangara dance, Women's group, Barudir youth group and Ganang playgroup are an opportunity to spread joy amongst our people and put into practice our cultural therapeutic care model, which continues to provide family supports and community connections.

Over the last couple of months, the space has been utilised by some of our partner organisations, for events and forums that engage community and other services and businesses.

- Jawun: Seconded debrief
- Bara Barang: Small Business Month Event Find Hidden Talent
- DCG Leadership
- DCJ Aboriginal Staff
- ABSEC Community Consultation
- NSW Regional Development

In October, Minister for Multiculturalism and Seniors, Mark Coure visited GNL to announce that we were a successful recipient of the Seniors Social Isolation grants.

Allirra Moore's Spirit Country exhibition was another opportunity for GNL to support one of our old Barudir youth in our continuously adaptable

community space. Opening night brought together her Yuin mob and our Darkinjung mob, celebrating a truly amazing young woman who paints her passion and honours both Yuin and Darkinjung Country.

Community may have noticed our beautiful mural, a collaboration by Uncle Gavi Duncan and the amazing Grant Moloney. The mural represents the creation story of our two creator beings, Baiame and Yhi. The Maliyan (Eagle – Eaglehawk) is the totem of our Father creator – Baiame, who is regarded as the Morning Star, first light of creation. The Dhinawan (Emu), is the totem of our creator mother – Yhi, she the earth which we regard as our Mother, represented by the Evening Star in the Mirrabooka (Milky Way). The Spirit figures are our tohi and are our true spirits which represent us as human beings on Earth. Our Murra (hands) are our signature of our identity and connection to Country.

Here's to a beautiful break over the holidays and an even bigger 2023.



Connecting the Aboriginal Community on the Peninsula

Mingaletta

Mingaletta would like to congratulate Aunty Dianne O'Brien for her recent appointment to the Aboriginal Community Hub Coordinator position. We would also like to congratulate the Board on their appointment: Tracey Burraston (Chairperson), Mark Champley (Treasurer), Louise Parker (Public Officer), Keli Klassen (Secretary).

Mingaletta is now open five days per week. We continue to offer services including Aunty Jean's program, childcare/ mums and bubs, mental health workshops, suicide prevention, financial counselling, Go4Fun program, gardening, cultural business, didge and dance and Sisters Together.

Please contact Mingaletta for more information on (02) 4342 7515.

Darkinjung Local Aboriginal Land Council

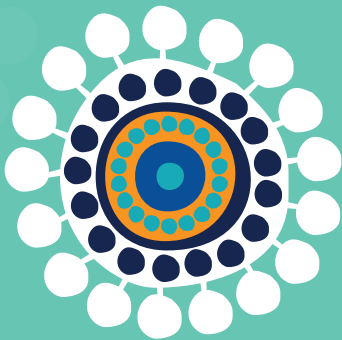
Darkinjung Local Aboriginal Land Council's (DLALC) vision to make Peat Island the centrepiece of Australia's cultural tourism received a major boost recently after ownership was transferred back to its original custodians.

The island and its surrounds are deemed to have significant Aboriginal and European heritage and as such DLALC seeks to use it to further economic and cultural opportunities for the local Aboriginal community and all Australians.

The announcement was celebrated during a special open day at the site on 26 November 2022, attended by representatives of DLALC membership, local and state government officials and the wider community.

CHRISTMAS CLOSURE

Darkinjung office will close from Monday 19 December 2022 and reopen on Monday 9 January 2023.



Central Coast Community Legal Centre

Assent was given to The Children and Young Persons (Care and Protection) Amendment (Family is Culture) Bill 2022 on 25 November 2022. This means that 13 of the recommendations for legislative change in the Family is Culture (FIC) Review have been implemented. This is a small win for Care and Protection in NSW, however, Barang Regional Alliance continue to lobby Government to implement all 126 recommendations of the FIC Review and reduce the overrepresentation of Aboriginal children and young people in out-of-home care.

The Central Coast Community Legal Centre will be closed from 23 December from 12noon and re-open Monday 9 January 2023 10am. While we

will endeavour to contact everyone before the year ends, we may not be able to call until our centre reopens on 9 January 2023.

We will be available at the following Courts for FREE legal help, no bookings required:

Wyong Local Court – Traffic Clinic (Mondays) and AVO Clinic (Thursdays)

Gosford Local Court – AVO Clinic (Tuesdays)



GET IN TOUCH

Barang Regional Alliance

Hours of business

Monday-Friday 9am-5pm

- 🏠 35 MCPHERSON ROAD, MARDI
- ✉️ PO BOX 6, WYONG NSW 2259
- ☎️ 02 4351 3225
- @ INFO@BARANG.ORG.AU

BARANG.ORG.AU

- 📺 @barangregionalalliance
- 🐦 @AllianceBarang
- 📷 @barang_regional_alliance

Christmas Closures

Barang Regional Alliance

23 December 2022 to 9 January 2023

Yerin Eleanor Duncan Aboriginal Health Services

24 December 2022 to 10 January 2023

Bara Barang Corporation

22 December 2022 to 9 January 2023

The Glen (men and women)

23 December 2022 to 16 January 2023

Darkinjung Local Aboriginal Land Council

19 December 2022 to 9 January 2023

Gudjagang Ngara li-dhi

23 December 2022 to 9 January 2023

NAISDA Dance College

23 December 2022 to 9 January 2023

Central Coast Community Legal Centre

23 December 2022 to 9 January 2023

Opt-In Organisations

Bara Barang

- ☎️ (02) 4312 5133
- @ contact@barabarang.com.au

Darkinjung Local Aboriginal Land Council

- 🌐 darkinjung.com.au/contact-us
- ☎️ (02) 4351 2930

Gudjagang Ngara li-dhi

- 🌐 gnl.org.au/contact
- ☎️ (02) 4351 2930

The Glen

- 🌐 theglencentre.org.au/contact_us
- ☎️ (02) 4388 6360

NAISDA

- 🌐 naisda.com.au/contact
- ☎️ (02) 4340 3100

Mingaletta

- 🌐 mingalettaatsic.wixsite.com/home/contact
- ☎️ 0432 222 794

Yerin

- 🌐 yerin.org.au/contact
- ☎️ (02) 4351 1040

