



# WELCOME TO THE NINTH EDITION OF **WAAGIR BANDIMAYI**

*Darkinjung words meaning 'Coast Messenger'*

Barang has continued to work with our seven local Aboriginal community-controlled organisations to keep our community informed, share information, give updates and keep all our community involved. Barang has been conducting surveys to ensure we understand and support our local Aboriginal and Torres Strait Islander community and their needs. We have had over 400 responses already and will be keeping the survey open until the end of August.

So, if you live and work on Darkinjung Country, and would like to receive a NAIDOC hoodie, please complete one of the surveys in accordance with your age:

**Youth Survey for those aged 12 to 24**  
**Everyone else under 12 or over 24 years**



Barang means tomorrow. This is your information and we are your regional alliance. We invite you to share, participate and continue to be involved. Please feel free to contact us to share your thoughts and to give us feedback about what you would like to see included.

**I am Barang, You are Barang,  
We are Barang Regional Alliance Central Coast.**

## What's inside?

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*Our newsletter name is Darkinyung language. Barang Regional Alliance has sought and received permission to use this as per cultural protocol.*



## Celebrating 25 Years of Health, Wellbeing and Care

### Yerin Eleanor Duncan

Yerin Eleanor Duncan Aboriginal Health Services has been extremely busy over the past three months. We have continued to provide the community with ongoing support during a third wave of COVID-19 by delivering vaccinations, boosters, food hampers, hygiene packs and emotional and wellbeing support. Please contact our Eleanor Duncan Aboriginal Health Centre at our Wyong or Umina practices to book in for your COVID-19 booster and flu vaccination.

During the months of June, July and August, we have held numerous men's and women's groups, wellbeing groups, our gudjagang and family photoshoots and morning teas. We celebrated our partnership with Tour de Cure and their fantastic efforts in raising \$100,000 to donate to Yerin Eleanor Duncan Integrated Team Care Program for a Cancer Navigator position. We would like to thank Dr Elly Warren and her team for their ongoing support for our community.

The Board, our CEO Belinda Field, and Executive Leadership Team continued to implement our Advocacy and Lobbying Strategy. By implementing this strategy and leveraging our relationship with Barang Regional Alliance, YEDAHS has successfully obtained \$500,000 in funding for urgent repairs for our roof at the McPherson Road property.

Yerin Eleanor Duncan continues to welcome all community members to our various programs including:

- Better Fit exercise program
- Ganama cooking classes
- Women's and men's group
- Wellbeing group
- Health and wellbeing days

Please contact us if you would like to attend one of these events. Yerin Eleanor Duncan encourages everyone to stay safe, maintain hygiene vigilance and get vaccinated.

## Culturally Based Drug and Alcohol Rehabilitation

### The Glen

On Thursday 14 July we held our Kikupa Cup NAIDOC Family Fun Day at Woongarra Oval. We celebrated NAIDOC with our community coming together to join in on the fun with a great round of touch footy, free food and fun rides for the kids. The Kikupa Cup is an annual competition run by The Glen promoting inclusivity and pride in First Nation's communities in honour of NAIDOC Week. Despite the rainy weather we had a huge turnout with 20 mixed teams from local and national organisations battling it out to take home the Cup.

### The Glen for Women

In May 2022, The Glen for Women opened its doors with a 20-bed facility dedicated to providing holistic treatment and outreach support to women. The Glen group are proud to provide opportunities for drug and alcohol rehabilitation for Indigenous and non-Indigenous men and women from all over NSW.

Since May we have welcomed more than 15 women through our doors and provided opportunities to engage with our community including cultural dance at the NRL Indigenous round, The Kikupa Cup, a special visit from Kasey Chambers, morning tea with the Aunties and much more.

August sees The Glen for Women celebrating the first of our graduates from the program. We are incredibly proud of The Glen girls and the efforts they have put into their recovery and wish them all the very best in the future.



## Proudly Dancing on Darkinjung Land

### NAISDA Dance College

#### STILL TIME TO APPLY TO JOIN NAISDA NEXT YEAR

There is still time for aspiring Aboriginal and Torres Strait Islander dancers and artists to apply to join NAISDA next year. It starts with a simple online form, which takes no more than ten minutes to complete. Successful applicants will then be invited to attend an onsite audition at the NAISDA campus from 4-6 October with funding from ABSTUDY available to eligible auditionees to help cover expenses.

After two years of online auditions to keep everyone safe during the pandemic, NAISDA CEO Kim Walker said he is delighted to be able to host onsite auditions once again.

"Auditions are a great opportunity, not only for us to get to know auditionees better, but also for potential students to explore campus, meet our trainers and get a sense of what life at NAISDA is like."

NAISDA's training is subsidised by the NSW Government for eligible students and through the Federal Government. It includes units in cultural dance, contemporary, urban dance, hip-hop, ballet, choreography, physical theatre, music production and dance film. In addition to the focus on developing technical skills and knowledge, the NAISDA curriculum also includes a unique Cultural Residency Program, along with live performance and production experience in professional theatres and training secondments with national arts companies.

For further information and to apply, visit [www.naisda.com.au/apply](http://www.naisda.com.au/apply) or call NAISDA for a yarn (toll free) on 1800 117 116 or email [auditions@naisda.com.au](mailto:auditions@naisda.com.au).

## Culturally Informed Pathways to Employment and Training

### Bara Barang

Given Australia's low unemployment rate, there are currently lots of job vacancies, and many employers are seeking staff. Bara Barang is taking this opportunity to promote the skills, talents, and aspirations of young people in our community.

Employers are working with Bara Barang to increase the employment of Aboriginal young people in entry-level roles, including genuinely co-designing more effective employment pathways. Please talk with us about vocational opportunities between now and 2023.

We know that to keep mob safe, including in the workplace, it's important to have all your COVID vaccinations up to date. We are partnering with Yerin Eleanor Duncan Aboriginal Health Services, Barang Regional Alliance and the National COVID Vaccine Taskforce to deliver a pop-up vaccine clinic:

#### Friday 26 August 12pm to 6pm

3 Mann Street, Gosford  
(behind the Gosford Anglican Church)

#### Free BBQ all afternoon

All are welcome – your friends, family and children. Come and yarn with us on the day about training and employment opportunities!

This is...  
**culture**  
**creativity**  
**passion**  
**possibility**

This is... NAISDA Dance College

Apply now for 2023  
[naisda.com.au/apply](http://naisda.com.au/apply)

## STAY UP TO DATE WITH YOUR COVID-19 VACCINATIONS AND KEEP MOB SAFE!

**COVID-19 Vaccination Clinic**  
Friday 26 August 2022, 12 noon - 6 pm,  
3 Mann Street, Gosford

Register at: [events.humanitix.com/gosford-pop-up-vaccination-clinic](https://events.humanitix.com/gosford-pop-up-vaccination-clinic)

#### Free BBQ!

Have a yarn with us about employment, training and career opportunities







## Community Connections

### Gudjagang Ngara li-dhi (GNL)

Gudjagang Ngara li-dhi has hosted some great events over the last few months including the Central Coast Curry and Damper Cook Off, which was held during NAIDOC Week. Rob Waters and Rowena Lawrie emceed the night, which had an amazing turnout of 14 teams, young and old.

We will be kicking off with Barudir Ngarang (Little Barudir) this term, targeting children from 8-12 years. Barudir Ngarang will be facilitated by Michael Leslie. Michael is a former recipient of the Red Ochre Award and a founding member of NAISDA, an actor and Performing Arts Social Entrepreneur.

Michael will be working with our gudjagang to create a play, develop characters, and hopefully present to community.

Currently we are delivering the following programs:

- Ganang Little Learners Playgroup
- Swimming lessons
- Barudir Youth
- Dance
- Guitar lessons

GNL's door is always open, and we welcome all of community in for a yarn and a cuppa.

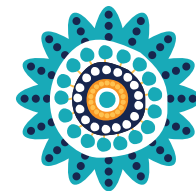
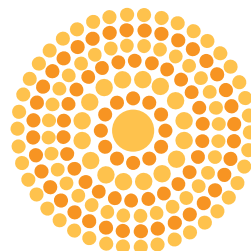


## Connecting the Aboriginal Community on the Peninsula

### Mingaletta

We have recommenced our cultural dance lessons facilitated by Josef Graf every Wednesday. Mingaletta has continued to be present in the local Aboriginal community throughout the past three months. Community Hub Coordinator, Stevie-Leigh Addo, has built and strengthened relationships with government agencies and other not-for-profit organisations.

Mingaletta is excited to partner with Uniting to collaboratively deliver the Tuning into Teens program. This program is targeted for parents with teenagers to show you how to help your teen develop emotional intelligence. This program will commence 3 August 2022. Please contact Stevie-Leigh for more information.



## Darkinjung Local Aboriginal Land Council

After consecutive event postponements due to COVID-19, 2022 has presented us with new challenges such as torrential rain and flooding. Notwithstanding this, the Darkinjung Local Aboriginal Land Council (LALC) has continued to 'Get up, Stand Up and Show Up'.

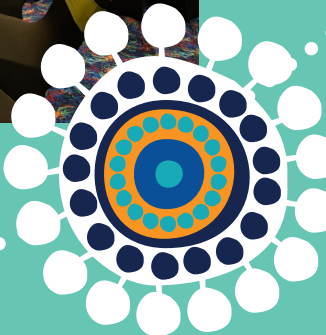
Although we couldn't go ahead with our regular events, we were able to quickly set up a community Cinema Day at Event Cinemas Tuggerah, with two private sessions on 7 July 2022 – thank you to all the community members that attended, it was a packed house.

The DLALC NAIDOC Ball was again hosted at the Mingara Recreation Club, which was a huge success – it is always great to see community dressed to impress and ready to dance the night away.

We would like to extend our congratulations to the community members and Gudjagang Ngara Li-dhi involved with the Curry and Damper Competition.

Darkinjung LALC is also calling for Aboriginal Businesses and Services to register with them to assist in promoting and supporting local Aboriginal and Torres Strait Islander businesses.

To register your business or services please contact Darkinjung on **02 4351 2930** or email [darkinjung@dlalc.org.au](mailto:darkinjung@dlalc.org.au).



## Central Coast Community Legal Centre

Central Coast Community Legal Centre proudly announced the appointment of BJ Duncan to the position of Senior Aboriginal Youth and Community Navigator. This position was developed through an exciting partnership with Barang Regional Alliance and DCJ. BJ is a Gomeroi man, born in Moree NSW, from a well-established family. He is the current Chairperson of Darkinjung Local Aboriginal Land Council is heavily invested in the Central Coast and is passionate about youth and complex issues around making them future leaders. BJ will work collaboratively with young people, their families and service providers to create systemic and institutional change in the way young people and their families engage with the justice system and community.

Wayne Cook has started with us in the role of Children's Court Assistance Scheme Co-ordinator. Wayne is an Anaiwan man from Armidale with a vast experience in the Criminal Justice System.

Our solicitor Sarah Etherington is now embedded within Yerin Eleanor Duncan Aboriginal Health Service in the Yadhaba team. It is a privilege to have this health and justice partnership.

A reminder that the Stolen Generations Reparations Scheme has been extended to 30 June 2023. Our lawyers can assist in applications.





# GET IN TOUCH

## Barang Regional Alliance

### Hours of business

Monday-Friday 9am-5pm

 35 MCPHERSON ROAD, MARDI

 PO BOX 6, WYONG NSW 2259

 02 4351 3225

 INFO@BARANG.ORG.AU

### BARANG.ORG.AU

 @barangregionalalliance

 @AllianceBarang

 @barang\_regional\_alliance

## Opt In Organisations

### Bara Barang

 (02) 4312 5133

 contact@barabarang.com.au

### Darkinjung Local Aboriginal Land Council

 [darkinjung.com.au/contact-us](http://darkinjung.com.au/contact-us)

 (02) 4351 2930

### Gudjagang Ngara li-Dhi

 [gnl.org.au/contact](http://gnl.org.au/contact)

 (02) 4351 2930

### The Glen

 [theglencentre.org.au/contact\\_us](http://theglencentre.org.au/contact_us)

 (02) 4388 6360

### NAISDA

 [naisda.com.au/contact](http://naisda.com.au/contact)

 (02) 4340 3100

### Mingaletta

 [mingalettaatsic.wixsite.com/home/contact](http://mingalettaatsic.wixsite.com/home/contact)

 0432 222 794

### Yerin

 [yerin.org.au/contact](http://yerin.org.au/contact)

 (02) 4351 1040

