

i NYSHIP Online has a new web address, <https://www.cs.ny.gov/employee-benefits>. Please update any bookmarked pages.

Telephone Numbers

New York State Health Insurance Program

Empire Plan Telephone Number - Toll Free **1-877-7-NYSHIP (1-877-769-7447)**

Empire Plan Text Telephone (TTY) Lines

Empire Plan Participating Provider Directory

State of New York Department of Civil Service

How Retirees, Vestees and Dependent Survivors
Call the Employee Benefits Division

(518) 457-5754 (Albany area)

1-800-833-4344 (U.S., outside Albany local
calling area, Canada, Puerto Rico, Virgin Islands)

Other New York State Employee Benefits

Davis Vision

1-888-588-4823
1-800-523-2847 TTY

GHI Preferred Dental Plan

1-800-947-0101

Long Term Care (NYPERLSM- MedAmerica)

1-866-474-5824

Teachers Insurance and Annuity Association/
College Retirement Equities Fund (TIAA/CREF)

1-800-842-2733,
212-490-9000 (collect outside U.S.)

State of New York Government

New York State Directory Assistance	518-474-2121
Aging, NYS Office for the	1-800-342-9871 Sr. Citizen's Hotline
Governor's Office of Employee Relations General Information	518-473-8766
Health Benefit Administrators-NYS Agencies	
NYS Department of Financial Services	1-800-342-3736 Customer Service
	1-888-697-7582 Long Term Care
NYS Employees' Retirement System	518-474-7736 (Interactive Voice Response Line)
	1-866-805-0990 (outside Albany) Toll Free
NYS Teachers' Retirement System	1-800-782-0289 (Recorded Information)
	518-447-2666, 1-800-356-3128
NYS Police and Fire Retirement System	518-474-7736 (Interactive Voice Response Line)
NYS Office of General Services State Government Directory	
State Insurance Fund	518-485-8800
Workers' Compensation Board	718-802-6600 Information
	1-800-580-6665 Advocate for Injured Workers
	518-473-4839 Fraud Inspector General

New York State Participating Employers

Health Benefits Administrators-Participating Employers

United States Government

Medicare	1-800-MEDICARE (633-4227)
Social Security Administration	1-800-772-1213