



GREATER



Addiction, Anxiety, OCD, Self Harm, Depression and Suicide. These powerful names wage war on our spiritual, mental and emotional freedom. But what if there is a greater name?

Thankfully there is and His name is Jesus Christ. Because of His wonderful sacrifice, dying on the cross for us, taking our pain, sickness, brokenness and of course sin all onto himself, Jesus won the right to lead us step by step into freedom.

Over the next four sessions this facilitators guide will help you as you lead your friends, family, small group or church on an incredible journey. Together lets discover the amazing love and power of Jesus to bring healing into our spiritual, mental and emotional world.

We pray this will be a time of encouragement, insight, hope and restoration as you and those around you embark on this time with Jesus.

01

Mala's Story - Introduction



As you prepare for this session, take the time to view Episode One of Greater on your own. In addition to the conversation starters provided, take the time with Jesus to consider any additional topics you could explore with those you are leading.

Ask Jesus to give you wisdom and to provide His incredible peace as together you begin to open up difficult topics of conversation and possibly revisit old wounds that have been buried and hidden under years of coping mechanisms.

It is important to remember that unless you are a qualified counselor, your role is to help facilitate empowering conversation, pray for people and if required to refer individuals for deeper help from a professional.

There is no pressure or expectation on you as a facilitator to solve peoples problems. Your goal is to love people, encourage people and where needed to assist them in finding the specialized help that they require.

As you facilitate this session, don't be surprised if the content brings up things from within your own past the need healing. We encourage every facilitator to have a trusted supervisor who can pray with you as needed and encourage you in your own journey of Spiritual, Mental and Emotional freedom.

Episode One - 28min in duration

<https://www.fantailstudios.com/greater/greater-episode-1>

Mala shares an incredible story of how Jesus has healed her from deep traumatic pain. Abused and rejected as a child, Mala went from bad to worse marrying a man who was just as abusive as her Father. Alone and with no hope left, Mala decided that suicide was her only way out... but then Jesus spoke.

Set a place of expectation as those with you watch this episode. You may like to open in prayer and invite the Holy Spirit to minister to people as they watch.

After the episode has finished feel free to allow some time for people to process what they've just watched. Before going straight into discussion it is a good idea to pause here and ask if anyone would like prayer. Let the group know that you will reissue the invitation for prayer again at the end of the evening.

Take your time praying for and encouraging those who need it. When it feels appropriate move into a time of discussion.

To help facilitate conversation we've provided a list of conversation starters to chose from.

01

Mala's Story - Conversation



Q1: What were your first thoughts or impressions from what we just watched?

Q2: What impacted you the most from Mala's story and why do you think that is?

Q3: Were there any "lightbulb" moments for you from something that was said by the panel? If so what were they?

Q4: Was there anything said that you disagreed with or found difficult to hear?

Q5: Mala talked about sensing God with her as a child but still endured so much suffering. How is it that a loving God can still allow so much pain to take place?

Q6: God spoke to Mala in her darkest hour and then began to show her His love through little children. What are other ways that God demonstrates His love to us?

Q7: Abuse and Rejection, along with other events can negatively shape how we see ourselves. What thoughts or feelings about ourselves do we struggle with which are contrary to how God sees us and who He says we are?

Q8: Forgiveness was a powerful part of Mala's healing journey. Do we have areas in our lives and people that we need to forgive so that we can receive a deeper level of healing?

Q9: We're there any aspects from your past that seeing this has brought up that you would like to share or receive prayer for?

Q10: As we bring our conversation to a close, is there anyone who would like to receive prayer in general?

As you bring the group time to a close, let people know that if they would like to speak with you or perhaps someone else privately regarding anything that the episode or discussion has brought up then to please do that.

Encourage people that if they feel they need additional help or professional support then to reach out and you can help facilitate introductions with either your pastor or a local counsellor.

It is important to journey well with people and to let them know they are supported. If someone asked for prayer during the group time or shared something they were struggling with, consider calling them during the week to see how they are going and letting them know you are praying for them and that more support is available if needed.

02

Jared's Story - Introduction



As you prepare for this session, take the time to view Episode Two of Greater on your own. In addition to the conversation starters provided, take the time with Jesus to consider any additional topics you could explore with those you are leading.

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Episode Two - 28min in duration

<https://www.fantailstudios.com/greater/greater-episode-2>

Jared shares an incredible story of how an intense moment of trauma sowed lies and chaos into his life. This resulted in anxiety, shame, guilt, and condemnation.

Jared wondered as a young man if this would be how he lived for the rest of his life. Forever trapped in a negative spiritual and emotional cycle of pain. All hope seemed lost until truth began to challenge the lies he had always believed.

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After the episode has finished feel free to allow some time for people to process what they've just watched. Before going straight into discussion it is a good idea to pause here and ask if anyone would like prayer. Let the group know that you will reissue the invitation for prayer again at the end of the evening.

Take your time praying for and encouraging those who need it. When it feels appropriate move into a time of discussion.

02

Jared's Story - Conversation



Q1: What were your first thoughts or impressions from what we just watched?

Q2: What impacted you the most from Jared's story and why do you think that is?

Q3: Were there any "lightbulb" moments for you from something that was said by the panel or Jared? If so what were they?

Q4: Was there anything said that you disagreed with or found difficult to hear?

Q5: Jared talked about hearing voices from the demonic realm. How real do you think that space is and how does it impact on us?

Q6: God began to show Jared that his father's death had been a turning point in his life. Why do you think he didn't tell him everything in that moment?

Q7: The lies that Jared had believed created space for spiritual attack on his life. Does anyone here relate to having similar experience and how do you combat them?

Q8: If we were under spiritual attack, how would we know? What might some of the symptoms be?

Q9: Uncovering the truth with Jesus' help was key for Jared's breakthrough. What are other lies that commonly try to rob us of our peace of wellbeing?

Q10: Jesus says that He is the truth. He also says we shall know that truth and the truth shall set us free. Has this highlighted to anyone areas that they may be believing lies and need Jesus's help?

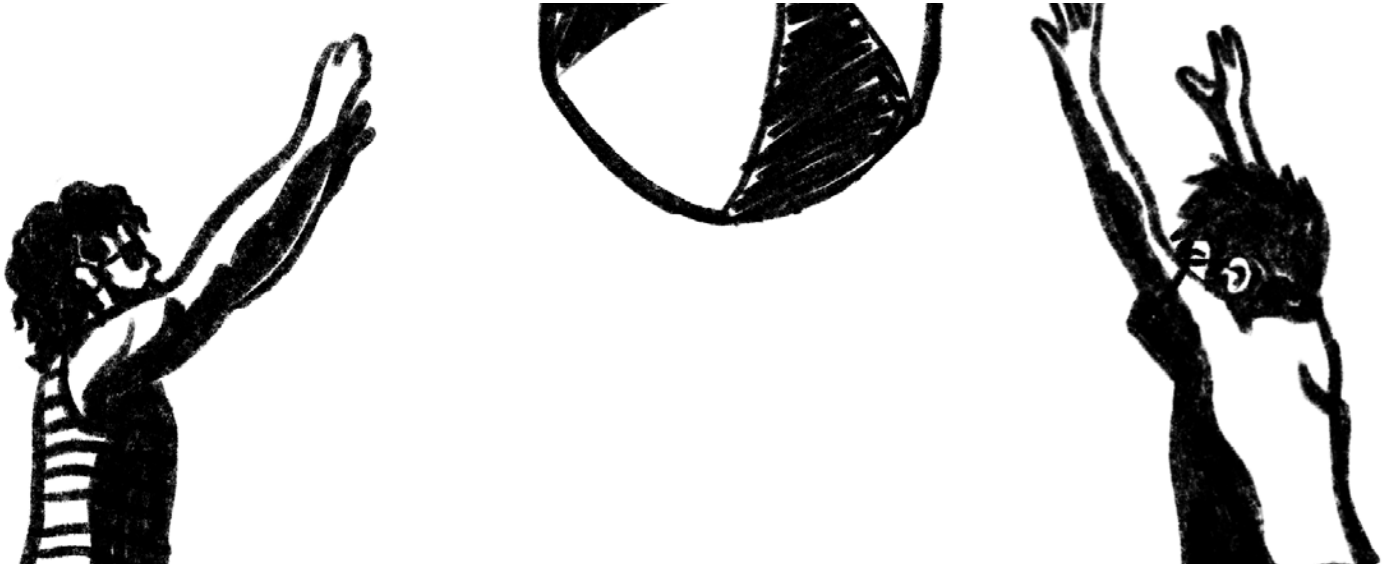
Q11: As we bring our conversation to a close, is there anyone who would like to receiver prayer?

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03

Dawn & Brett's Stories - Introduction

As you prepare for this session, take the time to view Episode Three of Greater on your own. In addition to the conversation starters provided, take the time with Jesus to consider any additional topics you could explore with those you are leading.

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Episode Two - 28min in duration

<https://www.fantailstudios.com/greater/greater-episode-3>

Dawn and Brett share incredible stories of how at young ages they were both introduced to unhealthy expressions of sexuality. These moments imprinted heavily on them and set into action a series of beliefs, habits, and addictions that would imprison them.

While the circumstances that surrounded Dawn and Brett's sexual addictions were different they both had a very similar battle on their hands. Shame and guilt were running rampant.

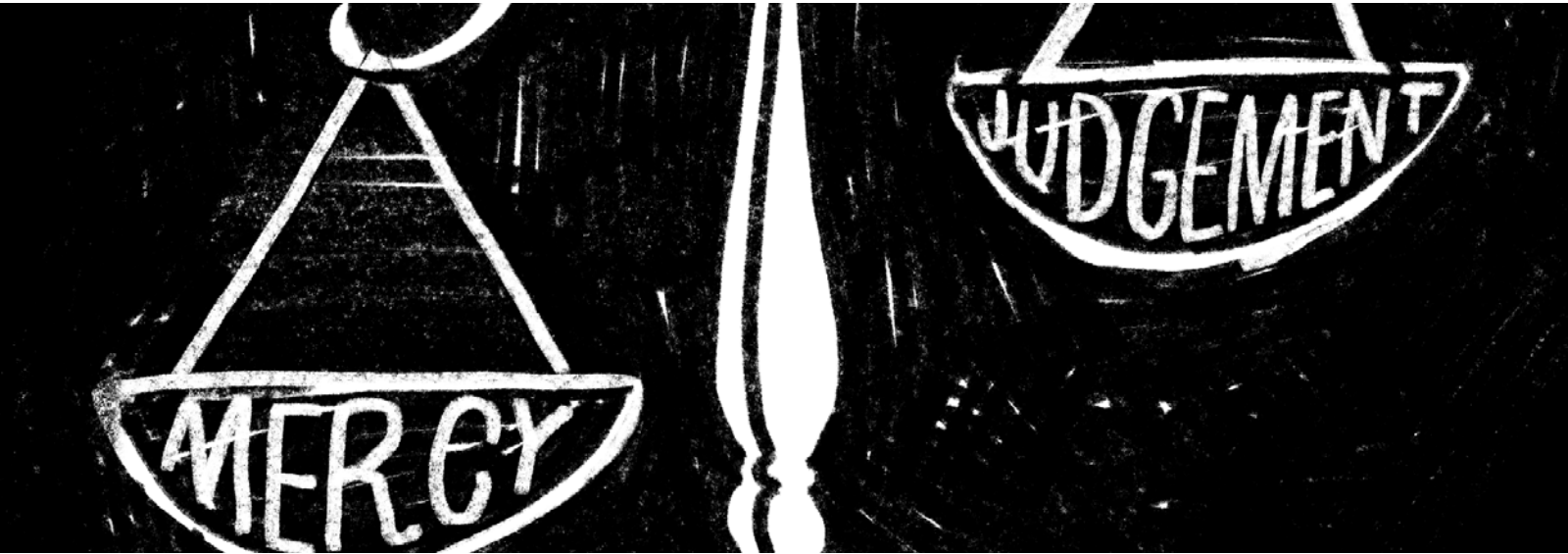
It looked as though they might be trapped in the cycle of addiction forever. Fears of how God felt about them, as well as their own levels of self-hatred were at a high.

Just as it looked like there was no hope, Jesus made a way where there had been no way!

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03

Dawn & Brett's Stories - Conversation



Q1: What were your first thoughts or impressions from what we just watched?

Q2: What impacted you the most from Dawn or Brett's story and why do you think that is?

Q3: Were there any "lightbulb" moments for you from something that was said by the panel or by Dawn and Brett? If so what were they?

Q4: Was there anything said that you disagreed with or found difficult to hear?

Q5: While Dawn and Brett had very different stories, their challenges were very similar. What are some of the lies that we may believe when struggling with addiction?

Q6: If they had been able to hear Jesus speaking to them sooner, what do you think He may have been saying?

Q7: As we struggle with our own issues, what do you think Jesus is saying to us?

Q8: In Dawn's story she experienced an instant freedom but Brett's healing was a step by step process with practical boundaries and support put into place. Why do you think we experience freedom differently?

Q9: Dawn and Brett both had an unhealthy sexual "imprinting" at a young age that they were victims to. How might understanding the impact of imprinting help us as we pursue freedom and healing?

Q10: Both Dawn and Brett feared judgement from God but found Love and Mercy instead. What conclusions can we draw from this as we process how God sees us in our own struggles?

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04

Naomi's Story - Introduction

As you prepare for this session, take the time to view Episode Four of Greater on your own. In addition to the conversation starters provided, take the time with Jesus to consider any additional topics you could explore with those you are leading.

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Episode Four - 28min in duration

<https://www.fantailstudios.com/greater/greater-episode-4>

Naomi shares an incredible story of how an Obsessive-Compulsive Disorder began to infiltrate into her life and eventually dominate it.

Crippled by the need to always be clean, Naomi began to experience an ever increasing sense of anxiety and restriction in her every day life.

She embarked on a journey of discovery and engaged the support of industry professionals in an effort to better understand her mind. She began to realise how wonderfully and intricately God had created her.

Naomi's journey into freedom finally reached a tipping point when she received prayer alongside the truth she was being taught. This combination was the catalyst for a changed life style.

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04

Naomi's Story - Conversation



Q1: What were your first thoughts or impressions from what we just watched?

Q2: What impacted you the most from Naomi's story and why do you think that is?

Q3: Were there any "lightbulb" moments for you from something that was said by the panel or by Dawn and Brett? If so what were they?

Q4: Was there anything said that you disagreed with or found difficult to hear?

Q5: From Naomi's story, how would you describe the relationship between counselling and prayer?

Q6: How important is it to receive truth hand in hand with prayer? What other examples can we see in the Bible of these two elements working together?

Q7: Naomi had thought that her mind was broken. Through this process she began to discover how incredibly God had designed it? What lessons can we learn from this story on how we view ourselves?

Q8: Naomi's freedom was a story that took place over an extended period of time. What encouragement can we take from this for ourselves as we pursue our own inner healing?

Q9: What practical steps did Naomi take at the start of her journey? For areas in our own lives that we struggle with, what steps could we take to see progress and healing begin to take place?

Q10: Often internal imprisonment or freedom begins in a seed form. How is this evident in Naomi's story and what lessons can we apply to our own lives as a result?

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GREATER



Congratulations on completing this four part series as together we explored the wonderful truth that no matter what challenges we face in life, there is always one name that is greater and that name is Jesus Christ.

This recourse has been produced by Fantail Studios with the support from the wider faith community.

We would like to thank those who gave generously both financially, with their time, and especially those who bravely shared their own personal testimonies.

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