

ORTHO8

CRYO PNEUMATIC KNEE ORTHOSIS W/ HINGES

WARNING: Recommended cold therapy treatment; 20 minutes on, 20 minutes off.

1. Place both gel packs in freezer for 2+ hours (SEE WARNINGS BELOW). Figure 1
2. Attach gel pack inside knee orthosis. Ensure the seams line up above knee cap (patella) opening.
3. Grasp knee orthosis and locate top and place opening over the knee cap. Note: valve located at top. Figure 2
4. Separate hinges and orient. Flex appropriately. Hinges should not be right or left and can be placed on either side of the orthosis.
5. Align hinge on the outside of the brace along knee midline, applying to medial and lateral sides of the knees.
6. Hinges can be contoured, for a proper fit.
7. Utilize the extension straps to secure hinges to the brace exterior. Figure 3
8. Secure compression straps to desired fit. Attach the tube with the bulb to valve by the on and off switch.
9. Inflate by switching to the "ON" position. Pump bulb to desired compression. Do not to over inflate. Deflate by pressing button at base of bulb. Figure 4
10. When you've pumped to a comfortable compression, switch to "OFF" position and remove tube with bulb from valve connection. Note: Splint may also be deflated by removing tube while in "ON" position.

CAUTION:

1. DO NOT OVER INFLATE – Improper inflation may inhibit circulation or cause injury
2. Only use products after following directions above.
3. Do not use gel pack on sensitive skin
4. Cold therapy shouldn't be used by anyone with circulatory problems, unless physician prescribed
5. Gel pack is not intended for ingestion
6. Discard gel pack if it's punctured

Figure 1:



Figure 2:



Figure 3:

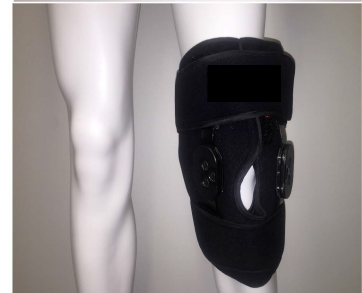


Figure 4:

