



INFORM. **CONNECT.** RESPOND

Connecting communities to the
reality and needs of people
experiencing homelessness



School Information Overview
Sept 2022

Who we are

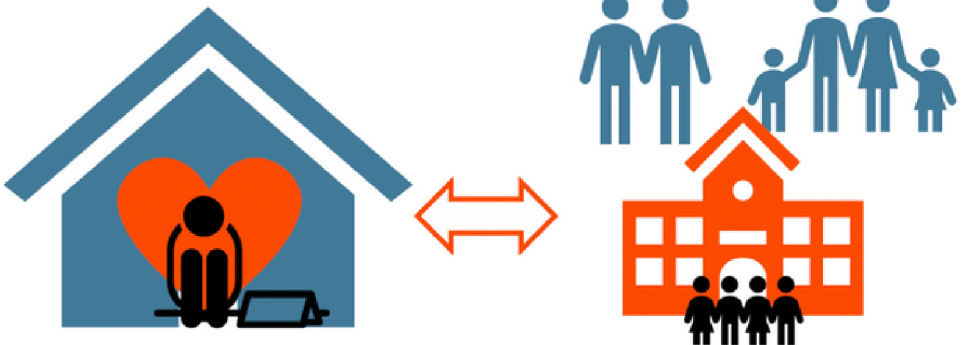
Bread and Beyond is a registered charity which works to connect local communities with shelters working with people in a homeless, transient or vulnerable situation in Montreal

The Problem

The high demand on shelters means community engagement is essential. However, the needs of the shelters are often not known, misunderstood and not met. Also, ongoing stigma and misinformation about homelessness often leads to disconnection, negative attitudes and inaction.

The Solution

We create a pathway through which the voices and needs of those living with homelessness and vulnerability can be expressed and through which the community can connect, become informed and respond to the needs of homelessness shelters and the people they serve



What we do



Shelters we have worked with this year

We currently work closely with 11 shelters in Greater Montreal. These shelters serve all sections of the adult homeless and vulnerable populations including women, LBGTQ2+, indigenous groups and seniors.

MISSION
OLD BREWERY

Accueil
Bonneau

ricochet
Hébergement • Homes

LA PORTE
OUVERTE
MONTREAL

THE OPEN
DOOR
MONTREAL



RESILIENCE
MONTREAL

LA MAISON
DU PÈRE

MISSION
Bon Accueil

Chez
DORIS

communauté Nazareth community



Mission
Saint Michael

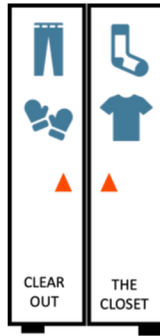


Our work

The Bread

Through a network of volunteers, schools, universities, workplaces and community groups we make and deliver an average of 2500 sandwiches each week to 10 shelters on Montreal Island.

The Beyond



We create boxes of small 'Essentials' to support rehousing initiatives in Montreal. Five different boxes are provided to people as they transition out of homelessness or youth care to ensure they have the essentials needed as they enter their new home!

Clear Out Your Closet campaigns identify the items most needed by shelters, we then share this information with our community members.

The items collected are found in most people's closets and are often not being used. A free easy way to make an impact! .

We run interactive workshops that explore the subject of homelessness. We include sessions that aim to change perceptions, looking at facts rather than the myths frequently associated with homelessness, we also delve into ways students can get involved and become champions for people experiencing homelessness.

Schools we worked with 2021-2022



Ways you can join us

We have many fun, educational and engaging ways that schools can join our work. We've listed some of these on the next pages but if you have an idea that's not here, please share it with us- as long as it aligns with our mission and values as well as our hygiene guidelines we will try to make it work!

Making sandwiches for people experiencing homelessness and/or hunger either at home and bring into school or have a sandwich making event at school



Create art for the sandwich bags and /or messages of encouragement and connection. Make 'Welcome Home' cards for the Essentials Boxes.

Create advocates for people experiencing homelessness- host a workshop on homelessness. We have sessions aimed at both elementary and high school students .





Join one of our monthly 'Clear out your Closet' campaigns where we collect an item most needed by the shelters. These are always items people have at home- blankets, t-shirts, running shoes. It's free and impactful giving.

Collect items for our Essentials Boxes which support housing initiatives around Montreal as they help move people into permanent housing after a period of homelessness. You can donate anything from a toothbrush, to a frying pan or a set of sheets



Make soup-in-a-jar mixes to go into the Essentials boxes- they are great way to combine learning about social issues with math class! Teaching entrepreneurial skills? How about a sell one /donate one campaign?

Contact us

Thank you for your interest in the work we do at Bread and Beyond.

For further information please contact us at
teambreadandbeyond@gmail.com

or

Find out more about our work at
www.breadandbeyond.ca

or

Follow us on Facebook and Instagram @teambreadandbeyond

