



ASH WEDNESDAY

2.14.2024

SUNDAY SCHEDULE

1300 E Aloha St

Worship 10:15 AM

Live stream found on

Grace Church Seattle's

[YouTube](#)

TONIGHT

7 PM

[Infant Room](#)

Priority for nursing moms.

Back of Sanctuary, west side.

[Family Room](#)

Chapel (Livestream Viewing)

[Lap desks, color pencils, activity pages](#) are found in foyer

Parents, please note our Diocese requires minors never be unaccompanied during church events. Thank you for keeping an eye on your children. Please reach out to any of our pastoral staff with questions. Thank you for your understanding.

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ASH WEDNESDAY 2024

Humankind cannot bear very much reality.

T.S. Eliot, *Four Quartets*

I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.

Jesus, *John 8:12*

Most of us are familiar with imposter syndrome. When we experience it, we are convinced that we have no idea what we are doing and live in fear of being exposed as a fraud.

The beauty of Ash Wednesday is that it helps us deal a death blow to imposter syndrome.

Throughout the centuries, Christians have allowed ashes to be spread upon their foreheads on Ash Wednesday. What results is an absurd looking community of people all with dark smudges on their faces.

What is the point?

We spend most of our energy trying to convince others and ourselves that we have it all together. We want things to be tidy and well-contained. We want to keep chaos at arm's length. Ash Wednesday is a time when we purposefully stop doing this. We intentionally get messy.

We purposefully get messy on Ash Wednesday because the reality is—we are already a mess. Something is desperately wrong with our world; and something is desperately wrong with us.

We can own this hard to face reality because we are the Lord's beloved. Secure in the love of God—Father, Son, and Holy Spirit—we can own up to our own failings and sins and also begin to face the ways that we have been sinned against and harmed by others. In the freedom of the light we have in Christ, we free as God's children to roll our burdens and our coping mechanisms onto the Lord and find true life.

Let us worship!

REFLECTION QUOTES

A season dedicated to repentance and renewal should not lead us to despair; it should cause us to praise God for his grace.

Esau McCauley, *Lent: The Season of Repentance and Renewal*

The loudest noise in the world is silence.

Thelonious Monk

ASH WEDNESDAY

Seated

WELCOME

PRELUDE

lent

*herein lies the mystery of lent:
that we are both the ashen dust
and the branches which are burning
and yet unconsumed.*

OPENING WORDS

Psalm 103:8-14

The Lord is merciful and gracious,
slow to anger and abounding in steadfast love.
He will not always chide,
nor will he keep his anger forever.
He does not deal with us according to our sins,
nor repay us according to our iniquities.
For as high as the heavens are above the earth,
so great is his steadfast love toward those who fear him;
as far as the east is from the west,
so far does he remove our transgressions from us.

**As a father shows compassion to his children,
so the Lord shows compassion to those who fear him.
For he knows our frame;
he remembers that we are dust.**

MUSIC FOR REFLECTION

Come All Ye

(lyrics below for reflection)

*Come all ye who are heavy burdened.
Come all ye who are in pain.
Come all ye who are heavy burdened.
Come all ye who are in pain.*

[Refrain]

*And you may sleep in my gardens,
You may stay in my house,
Even forever and forever,
And on and on!*

*So come all ye who say "we cannot find our way."
Come all ye who say "we've survived another day."
Come all ye who are tired and weary.
Come all ye who run, trip and fall.*

[Refrain]

Stand if able

THE ACCLAMATION

Bless the Lord who forgives all our sins.
His mercy endures forever.

Careen Raynor

Jonas Peterson
©2011 Hymns from Nineveh

Come You Sinners Poor And Needy



1. Come, you sin - ners, poor and need - y,
2. Let not cons - cience make you lin - ger,
3. Come, you wea - ry, heav - y lad - en,
4. Come, a - rise, and go to Je - sus,



weak and wound - ed sick and sore; Je - sus read - y
 nor of fit - ness fond - ly dream; all that he re -
 lost and ru - ined by the fall; if you tar - ry
 he will take you in his arms; in the love of

Joseph Hart 1759
 W. Walker's
 Southern Harmony 1835
 arr. Jess Alldredge, 2018



stands to save you, full of pit - y, love, and
 quires as fit - ness is to know your need of
 till you're bet - ter, you will nev - er come at
 your dear Sav - ior you are safe from all a -



power.
 him.
 all.
 larms.

Seated

THE LESSONS

Old Testament Reading

Joel 2:1-2, 12-17

Blow the trumpet in Zion;
 sound the alarm on my holy hill.
 Let all who live in the land tremble,
 for the day of the Lord is coming.
 It is close at hand—
 a day of darkness and gloom,
 a day of clouds and blackness.
 Like dawn spreading across the mountains
 a large and mighty army comes,
 such as never was in ancient times
 nor ever will be in ages to come.

"Even now," declares the Lord,
 "return to me with all your heart,
 with fasting and weeping and mourning."
 Rend your heart
 and not your garments.

Return to the Lord your God,
 for he is gracious and compassionate,
 slow to anger and abounding in love,
 and he relents from sending calamity.
 Who knows? He may turn and relent
 and leave behind a blessing—
 grain offerings and drink offerings
 for the Lord your God.

Blow the trumpet in Zion,
declare a holy fast,
call a sacred assembly.
Gather the people,
consecrate the assembly;
bring together the elders,
gather the children,
those nursing at the breast.
Let the bridegroom leave his room
and the bride her chamber.
Let the priests, who minister before the Lord,
weep between the portico and the altar.
Let them say, "Spare your people, Lord.
Do not make your inheritance an object of scorn,
a byword among the nations.
Why should they say among the peoples,
'Where is their God?'"

New Testament Reading

2 Corinthians 5:20-6:10

We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God. God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.

As God's co-workers we urge you not to receive God's grace in vain. For he says,

"In the time of my favor I heard you,
and in the day of salvation I helped you."

I tell you, now is the time of God's favor, now is the day of salvation.

We put no stumbling block in anyone's path, so that our ministry will not be discredited. Rather, as servants of God we commend ourselves in every way: in great endurance; in troubles, hardships and distresses; in beatings, imprisonments and riots; in hard work, sleepless nights and hunger; in purity, understanding, patience and kindness; in the Holy Spirit and in sincere love; in truthful speech and in the power of God; with weapons of righteousness in the right hand and in the left; through glory and dishonor, bad report and good report; genuine, yet regarded as impostors; known, yet regarded as unknown; dying, and yet we live on; beaten, and yet not killed; sorrowful, yet always rejoicing; poor, yet making many rich; having nothing, and yet possessing everything.

Gospel Reading

Matthew 6:1-6, 16-21

"Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven.

"So when you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honored by others. Truly I tell you, they have received their reward in full. But when you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you.

"And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.

words: traditional
music: Jess Alldredge
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Antiphon: The Lord is Full of Compassion and Mercy

*Leader sings *italicized text* / Congregation sings **bolded text**

The Lord is full of compassion and mercy: O come, let us adore him. O come, let us adore him. O come, let us adore him. Amen.

Kneel or Sit

PRAYING THE PSALMS

Psalm 51:1-17 (ESV)

Have mercy on me, O God,
according to your steadfast love;
according to your abundant mercy
blot out my transgressions.
Wash me thoroughly from my iniquity,
and cleanse me from my sin!

For I know my transgressions,
and my sin is ever before me.
Against you, you only, have I sinned
and done what is evil in your sight,
so that you may be justified in your words
and blameless in your judgment.

Behold, I was brought forth in iniquity,
and in sin did my mother conceive me.
Behold, you delight in truth in the inward being,
and you teach me wisdom in the secret heart.

Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
Let me hear joy and gladness;
let the bones that you have broken rejoice.
Hide your face from my sins,
and blot out all my iniquities.
Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence,
and take not your Holy Spirit from me.
Restore to me the joy of your salvation,
and uphold me with a willing spirit.

Praying through the Psalms each week teaches us how to pray, using the prayer book of ancient Israel. As we pray, there will be pauses for reflection.

Then I will teach transgressors your ways,
 and sinners will return to you.
 Deliver me from bloodguiltiness, O God,
 O God of my salvation,
 and my tongue will sing aloud of your righteousness.

O Lord, open my lips,

and my mouth will declare your praise.

**For you will not delight in sacrifice, or I would give it;
 you will not be pleased with a burnt offering.**

The sacrifices of God are a broken spirit;

a broken and contrite heart, O God, you will not despise.

Stand if able

Create in Me (Psalm 51)

Cre - ate in me a clean heart, O Lord. Cre - ate in me a
 clean heart, O Lord. 1. A - gainst you on - ly I have sinned;
 2. So I will give you what you ask:—
 — done e - vil in your sight. But you have shown me what I've done
 — a humbled, bro - ken heart. A spi - rit burn - ing down to ash
 — with mer - cy in your eyes. Then wash my shame and guilt a - way;
 — with - in your flame, O God. And this will be your mer - cy, Lord,
 — my wea - ry soul re - new. From all my sin - ning, turn your face;
 — trans - form - ing all of me 'til ev - ery act and ev - ery word
 1. let me re - turn to you. Cre - love and glo - ry speak. Cre
 your
 ate in me a clean heart, O Lord. Cre -
 ate in me a clean heart, O Lord. Have
 1. 2. 3.
 mer - cy on me, ac - cord - ing to your end - less love. Have
 4.
 Ac - cord - ing to your end - less love. Ac -
 cord - ing to your end - less love.

Kate Bluett, Orlando Joel Palmer,
 Paul Zach
 ©2023 Paul Zach

CONFESSION OF SIN AND LITANY OF PENITENCE

Let us humbly confess our sins to Almighty God.

**Most holy and merciful Father,
we confess to you, and to one another,
and to the whole communion of saints
in heaven and on earth,
that we have sinned, through our own fault
in thought, word, and deed;
by what we have done,
and by what we have left undone.**

**We have not loved you with our whole heart,
and mind, and strength.**

We have not loved our neighbors as ourselves.

We have not forgiven others, as we have been forgiven.

We have been deaf to your call to serve, as Christ served us.

We have not been true to the mind of Christ.

We have grieved your Holy Spirit.

Lord, have mercy upon us:

For we have sinned against you.

For all our unfaithfulness and disobedience;
for the pride, vanity, and hypocrisy of our lives;

Lord, have mercy upon us:

For we have sinned against you.

For our self-pity and impatience,
and our envy of those we think
more fortunate than ourselves;

Lord, have mercy upon us:

For we have sinned against you.

For our unrighteous anger, bitterness, and resentment;
for all lies, gossip, and slander against our neighbors;

Lord, have mercy upon us:

For we have sinned against you.

For our sexual impurity, our exploitation of other people,
and our failure to give of ourselves in love;

Lord, have mercy upon us:

For we have sinned against you.

For our self-indulgent appetites and ways,
and our intemperate pursuit of worldly goods and comforts;

Lord, have mercy upon us:

For we have sinned against you.

For our dishonesty in daily life and work,
our ingratitude for your gifts,
and our failure to heed your call.

Lord, have mercy upon us:

For we have sinned against you.

For our blindness to human need and suffering,
and our indifference to injustice and cruelty;

Lord, have mercy upon us:

For we have sinned against you.

For our wastefulness and misuse of your creation,
and our lack of concern for those who come after us;

Lord, have mercy upon us:

For we have sinned against you.

For all false judgments, for prejudice and contempt of others,
and for all uncharitable thoughts toward our neighbors;

Lord, have mercy upon us:

For we have sinned against you.

For our negligence in prayer and worship;
for our presumption and abuse of your means of grace;

Lord, have mercy upon us:

For we have sinned against you.

For seeking the praise of others rather than the approval of God;

Lord, have mercy upon us:

For we have sinned against you.

For our failure to commend the faith that is in us;

Lord, have mercy upon us:

For we have sinned against you.

**Show favor to your people, O Lord,
who turn to you in weeping, fasting, and prayer.**

**For you are a merciful God, full of compassion,
long-suffering, and abounding in steadfast love.**

**You spare when we deserve punishment,
and in your wrath you remember mercy.**

**Spare your people, good Lord, spare us;
in the multitude of your mercies,
look upon us and forgive us;
through the merits and mediation
of your blessed Son Jesus Christ our Lord. Amen.**

(You are invited to confess your sins silently.)

Lamb of God

Lamb of God, you take a - way the
sin of the world.

O have mer - cy on us.
Lord have mer - cy on us.

1. **4** *back to top

2. Grant us_ peace Lo - rd. **D.S.**
Grant us_ peace Lo - rd.

Jess Alldredge
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THE ABSOLUTION AND RECEIVING OF GRACE

Matthew 11:28; John 3:16 (ESV)

Almighty God, our heavenly Father,
who in his great mercy has promised forgiveness of sins
to all those who sincerely repent
and with true faith turn to him,
have mercy upon you, pardon and deliver you
from all your sins,
confirm and strengthen you in all goodness,
and bring you to everlasting life;
through Jesus Christ our Lord. **Amen.**

Hear the Word of God to all who truly turn to him:

Come to me, all who labor and are heavy laden,
and I will give you rest.

God so loved the world, that he gave his only-begotten Son,
that whoever believes in him should not perish
but have eternal life.

May the peace of Christ be with you.

And also with you.

Traditional American Folk
Melody
Isaac Wardell
© 20011 Bifrost Arts

By His Wounds

By his wounds, his wounds, will we be healed.
And for our trans - ges-sions, his pas - sion, has made us well.
Let us come a - gain and feed on him, our Lord E - man - u - el!

Seated

HOMILY

Embrace the Mess
John Haralson

Musical interludes are included
in our service in order to provide
space for reflection and worship.

INTERLUDE

INVITATION TO LENT OBSERVANCE

Dear People of God:

I invite us to set apart this season of Lent.
Let it be a time of taking long looks at our sins, fears, and wounds,
but even longer looks at Christ crucified and risen.
Almighty God,

you have created us from the dust of the earth:
Grant that these ashes may be for us
a symbol of our mortality and a sign of our penitence,
that we may remember that it is by your grace alone
that we receive the gift of eternal life
in Jesus Christ our Savior. **Amen.**

1 Peter 3:18
For Christ also suffered once for
sins, the righteous for the
unrighteous, that he might bring
us to God, being put to death in
the flesh but made alive in the
spirit.

If you do not wish to receive the
ashes, please feel no burden to
do so. You may remain seated or
kneel for prayer and reflection.
For those desiring to receive
ashes, you may come forward by
rows, starting with the front row.
After returning to your seat, you
may be seated or kneel for
prayer and reflection.

IMPOSITION OF ASHES

REFLECTIVE MUSIC

From The Dust

(lyrics below for reflection)

*From the dust we came
To the dust we shall return
From the dust we came
To the dust we shall return
God everlasting, age unto age the same
We are a moment, then like a breath we fade*

*From the dust we came
To the dust we shall return
From the dust we came
To the dust we shall return
God everlasting, we are cut down as grass
Seeds in the morning, and by the night we pass*

O Lord have mercy

*Kate Bluett, Paul Zach
2022 Paul Zach, Integrity Music*

THE COLLECT FOR ASH WEDNESDAY

**Almighty and everlasting God,
you hate nothing you have made
and forgive the sins of all who are penitent:**

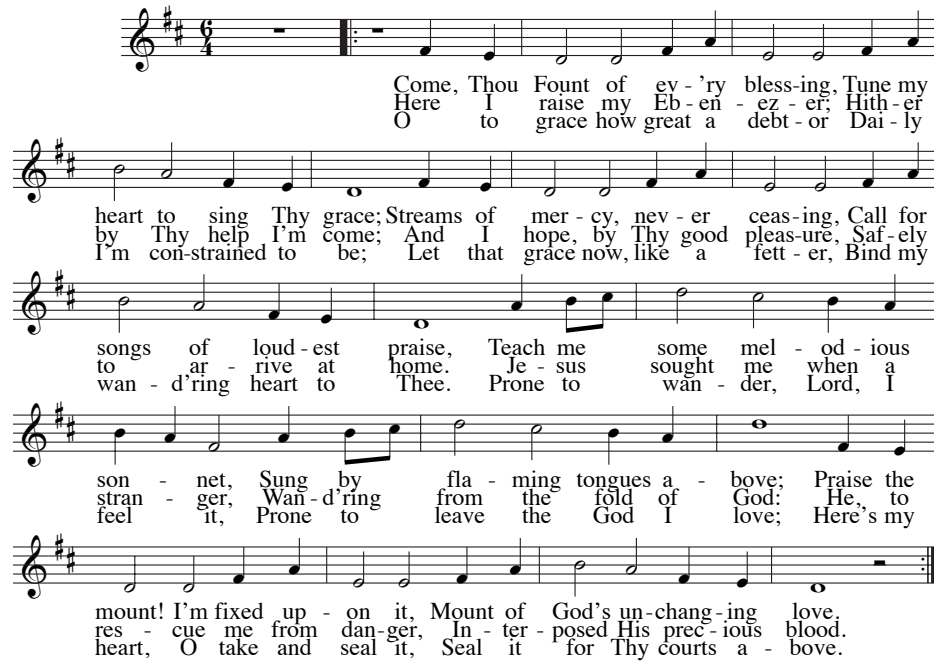
**Create and make in us new and contrite hearts,
that we, honestly lamenting our sins
and acknowledging our brokenness,
may obtain of you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. Amen.**

A collect is a prayer that is intended to collect or sum up the prayers of the community, typically following a four-fold pattern: invocation, meditation, petition, and doxology. The Collect for Purity helps us to hear God's word and worship by reminding us that we are laid bare when we come before him. He sees and knows all that we are and all that we bring to him.

Come Thou Fount Of Every Blessing

Robert Robinson, 1758
John Wyeth, 1813

"Ebenezer" means Stone of Help and is a reference to 1 Samuel 7:12, when Samuel set up a stone to remind Israel of God's help and protection.



CLOSING PRAYER

**Our Father, who art in heaven,
hallowed be thy name.
Thy Kingdom come, thy will be done,
on earth as it is in Heaven.
Give us this day our daily bread,
and forgive us our debts,
as we forgive our debtors.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, forever. Amen.**

BENEDICTION

Adapted from 1 Thessalonians 5:23

May God himself, the God of peace,
sanctify you through and through.
May your whole spirit, soul and body be kept blameless
at the coming of our Lord Jesus Christ. **Amen.**

WORSHIP SCHEDULE

02/14 Ash Wednesday
Worship Service 7:00 PM
(In-Person and Livestream)

02/18 First Sunday in Lent
Christian Formation Hour 9 AM
Worship Service 10:15 AM
(In-Person and Livestream)

02/25 Second Sunday in Lent
Worship Service 10:15 AM
(In-Person and Livestream)

03/03 Third Sunday in Lent
Christian Formation Hour 9 AM
Worship Service 10:15 AM
(In-Person and Livestream)

03/06 Lenten Evening Prayer
Worship Service 7:00 PM
(In-Person)

03/10 Fourth Sunday in Lent
Christian Formation Hour 9 AM
Worship Service 10:15 AM
(In-Person and Livestream)

Whistleblower Policy

Our Diocese is committed to our churches being safe places to disclose wrongdoing that is observed or experienced at Grace. Scan the QR code to view the C4SO's whistleblower policy which provides instruction on how to report.



Emergency Plan

In the unlikely event of an emergency or evacuation, all children attending a Grace Kids Class will be escorted immediately from their classrooms to the farthest edge of the front lawn, at the corner of E. Aloha St. and 13th Ave. E., where they can be reunited with their parents or guardians.

STAFF

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PASTORAL CARE

Not sure who to contact? If you have needs or resources you'd like to offer the community, please contact us at pastoralcare@graceseattle.org.

GIVE

You can give financially to Grace in many ways.

- General Fund. This goes to support the mission and worship of our congregation.
- Benevolence Fund. This goes to help those in our congregation and community who are facing unexpected financial need.
- Serving the City Fund. This goes directly to our efforts to serve the hurting and marginalized in our city.

You can give to any of these funds online through the QR Code.



Financial Update (as of 12/31/2023):

General fund: YTD giving - 807,418.42, Budget - 969,996
Serving the City: YTD giving - 34,977, Budget - 150,000

Grace Church Seattle is a member congregation of the Churches for the Sake of Others Diocese of the Anglican Church in North America.

Worship Location 1300 E Aloha St, Seattle, WA 98102
and Livestream on Youtube
Office Location 400 E Pine, Suite 215 Seattle, WA 98122

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