

Schedule April 18 – April 24

**Reminder: Household Hazardous Waste Disposal Week!*

Arlen Crouch is collecting hazardous waste from AO residents. Please see flyer for more info and/or contact Arlen no later than Friday, April 22nd at 5:00pm 776-5454 or 777-1265 (Rm #328).

Monday ... April 18

9:30 Strength & Balance w/Nancy - C
 10:15 Body & Balance w/Nancy – C
 10:30 Veterans Coffee & Donuts - Conf
 11:00 Groove w/Nancy (aerobics) - C
 1:00 Party Bridge – CR
 1:00 Dominoes – AC
 3:00 Book Club – Conf
The book, "Sharpe's Tiger"
Reviewed by Jack Skinner
 3:00 – 4:30 Tech Time - Library
Sign up (front desk) for an appointment



Tuesday... April 19

9:30 Water Aerobics with Carla – Pool
 10:30 Dining Ambassadors Meeting - Conf
 10:45 Chair Yoga w/Carla – C
 11:00 Chicken Foot - AC
 1:00 Trivia Pursuit w/Gary – AC
 1:30 Games in the Card Room – CR
 2:00 Community Bible Study – Conf
 3:00 CHESS Club – NR
 7:00 Card Game '99' - CR

Wednesday... April 20

9:30 Mahjongg – CR
 9:30 Chair exercise with Nancy – *FC
 (*Class Moved to Fitness Center)
 10:30 Dominoes – AC
 1:00 Mahjongg – AC
 3:00 Residents Association Meeting – C
Open Meeting for all Residents
 6:30 Corn Hole – C



No Birthdays this Week.

Thursday ... April 21

9:30 Water Aerobics with Leslie - Pool
 9:30 Ladies Bible Study w/Louise – Conf
 10:45 Chair Yoga w/Carla – C
 1:00 Learn Mahjong w/Margie – AC
 1:00 Party Bridge – CR
 3:30 Wine Tasting with Nancy - C
Nancy's PQR (Price Quality Ratio) Wines
Learn about the best quality & value of wine from the Arbor Oaks Connoisseur herself!
 (Sign-up required at the front desk)
 6:30 – 8:30 Evening Bridge – CR



Friday... April 22

9:30 Shop & Drop – Lobby
 Sign-up required at the front desk.
 9:30 Strength & Balance w/Nancy - C
 10:15 Body & Balance w/Nancy – C
 11:00 Groove w/Nancy (aerobics) – C
 1:00 Chicken Foot - AC
 2:00 Hand & Foot Game – CR
 3:00 NANCY HOUR – Bistro Social Hour
 An opportunity to Toast, say Farewell and Happy Trails to Nancy...Arbor Oaks Style!



Saturday ... April 23

9:30 – 11:30 B.Y.O.C. – Conf
Bring Your Own Craft & join friends for a morning of creativity!!
 2:00 Movie Matinee - Conf Rm Theatre
 7:00 Movie & Popcorn - Conf Rm Theatre



Sunday... April 24

9:00 Bible Study – C
 11:00 – 2:00 Sunday Brunch - DR
 2:00 Church Service – C
 Rev. David Henry,
 Christ United Methodist
 4:15 BVSO Concert – ABBA The Concert
 (Sign-up Required at the Front Desk)

Best of luck Nancy...we love you and we will miss you!

