

Toward resourcefulness: Pathways for community positive health

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Fieldwork in Kenya, Peru, Trinidad and Tobago, and the US (Alaska and the Gulf Coast)



Communities face complex and systemic health challenges

Global challenges engage with local factors

Political decision-making outside of communities and without their input

Social conditions that exclude and marginalize certain groups

Poverty and lack of opportunities

Environmental degradation and conditions that are hazardous and in flux

Geographic remoteness



Communities also have important assets

Collaborative **networks** and community connections

Shared values and interests and desire to provide support

Inclusive **knowledge** production

Understanding social determinants and root causes

Local **natural resources** and systems of **governance**

Promoting community health must be approached from multiple directions

1. Support community agency in pursuing their health goals and values
2. Challenge inequitable power relations and environmental practices that degrade local capacities for health



Resourcefulness strategies for community positive health

1. Long-term relationships
2. Community connections
3. Advocacy
4. Environmental awareness
5. Financial resources
6. Problem-solving
7. Knowledge creation and sharing

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Thanks for your attention!

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