## LIGHT BITES

Soup | £4.50 | (gluten/milk)
Fresh Homemade Soup of the Day served with Warm Roll and Salted Butter. (Vg Option Available)
Soup and Sandwich | $£ 8.00$ |(See Sandwiches) Any Cold Sandwich served with a Mug of Soup.

Eggs Benedict (gluten/milk)
Ham-£7.25 (mustard) | Salmon-£8.25 (fish)
Choice of either Smoked Salmon or Braised Ham
on a Toasted English Muffin with Spinach Leaves, Roast Tomatoes, 2 Soft Poached Eggs, Hollandaise Sauce.
Fish Roll $|£ 7.50|$ (gluten/fish/egg) Beer Battered Strips of Haddock, Pickled 'Slaw' auce, Salad Garnish. On a Seasoned Roll, served with Tortilla Chips.

Salt \& Pepper Chicken Wings | £6.00 | (soya) Chicken Wings fried until crisp. Tossed with Peppers, Onions, Garlic, Chilli, Salt \& Pepper Seasoning and Soy Sauce.
Fisherman's Pie | $£ 8.00$ | (g/uten/fish/crustaceans/milk) Salmon, Smoked Haddock and Prawns with Leeks and Peas. Bound in a Cream Sauce, topped with a Cheese and Chive Mash. Served with a Garden Salad.
Baked Mushrooms (v) (vg) | $£ 6.00 \mid$ (gluten/nuts) Portobello Mushrooms stuffed with Sundried Tomato, Roasted Portobello Mushrooms stuffed with Sundried Tomat.
Red Pepper, Pine Nuts, Vegan Feta and Gremolata. Red Pepper, Pine Nuts, Veg
Served with Garden Salad.

Nachos (v)|£5.50 | (milk)
Tortilla Chips topped with Melted Cheddar, Tomato Salsa, Jalapenos, Guacamole and Sour Cream

## CHILDREN \& TODDLERS

Please ask one of our staff for a copy of our Children \& Toddlers Menu.

GLUTEN FREE Menu also available.

If you have any allergens please inform a member
of staff who will advise on all ingredients used.
(v)-Vegetarian (vg)-Vegan

## MAINS

Fish and Chips | $£ 10.00$ | (g/uten/fish/egg) Beer Battered Haddock, Hand Cut Chunky Chips, Mushy Peas, Tartare Sauce.

Lasagne | $£ 10.00$ | (g/uten/milk/egg) Layered Beef Lasagne, Garden Leaf Salad and Toasted Garlic Ciabatta.
Steak and Guinness Pie | $£ 11.50$ | (gluten/milk/sulphites) Slow cooked Steak, Carrots and Onions in Guinness, Shortcrust Pastry, Served with Fresh Vegetables, Choice of Potato and Gravy.

Sausage \& Mash | $£ 8.95$ | (gluten/milk) Duo of locally sourced Sausages, Colcannon Mash Potato, Rich Onion Gravy and Seasonal Vegetables.

Cheese Burger | $£ 10.00$ | (gluten/milk/egg/mustard) Mince Beef Patty, Sliced Mature Cheddar, Beef Tomato, Gem Lettuce, Brioche Bun and House Pickles. Served with Coleslaw and a choice of Hand Cut Chips or Fries.

Vegetable Curry (v) (vg)| $£ 8.50$
Lightly Spiced Indian Curry, with Roasted Squash, Chickpeas and Cauliflower, Coconut, Coriander. Served with Rice, Poppadom, and Mango Chutney. Add Chicken $£ 3.00$

Gammon | $£ 11.00$ | (egg)
$100 z$ Gammon Steak, Fried Egg, Charred Pineapple, Roast Vine Tomatoes. Served with Fresh Vegetables and a choice of Hand Cut Chips or Fries.

## PASTA

Roasted Vegetable (v) (vg) | £8.50 | (gluten/milk/egg/mustard)
Mixed Roasted Vegetables with Olives and Capers, Penne Pasta, Tomato and Garlic Sauce, Fresh Basil, Parmesan and Salsa Verde

Chicken and Chorizo Bake | $£ 11.50$ | (gluten/milk/egg)
Strips of Chicken fried with Chorizo, Cherry Tomatoes, Peas and Spinach. Chilli and Tomato Cream Sauce, Penne Pasta with a Parmesan Crumb.

## SANDWICHES \& JACKETS

All Served on Brown or White Bread or a Jacket Potato, With Salad Garnish, Coleslaw and Tortilla Chips. With Salad Garnish, Coleslaw and To
All Jacket potatoes are Gluten free. All Jacket potatoes are Gluten free.
We have gluten free bread available upon request. Chicken Deli| $£ 6.50$ | (gluten/nuts/egg) Grilled Chicken and Bacon bound in a Pesto Mayonnaise, Beef Tomato, Gem Lettuce, and Red Onion.
Tuna Mayonnaise |£6.00 | (gluten/egg/fish) Tuna bound in a Lemon and Black Pepper Mayonnaise, Spring Onion, Red Pepper, Gem Lettuce.

Cheese and Onion (v) |£5.50 | (gluten/milk/sulphites)
Sliced Mature Cheddar, Red Onion Chutney, Beef Tomato, Gem Lettuce.
Prawn | $£ 7.00$ | (g/uten/egg/crustaceans)
Bound in a Marie Rose Sauce, Gem Lettuce, Cucumber Ribbons.
Roast Ham | $£ 5.50$ | (gluten/mustard) Hand Carved Roast Ham, Grain Mustard, Beef Tomato, Lettuce.

Our kitchen is a multi-functional space and whilst we take every care to avoid cross contamination, we cannot guarantee all products do not contain trace elements of allergens.

## SALADS

Sweet Potato, Celeriac and Walnut Salad (vg) | $£ 8.50$ (mustard/nuts)
Roasted Sweet Potato and Celeriac, Chicory, Toasted Walnuts and Dried Apricots, Mixed Leaves, Tomatoes, Mustard and Maple Dressing.

Butternut Squash and Beetroot (vg)| $£ 8.50$ (gluten) Roasted Squash, Chickpeas and Beetroot, Mixed Leaves, Tomato's, Olives, Garlic Croutons, Coriander, Pumpkin Seeds. Citrus Dressing.

Add Chicken and Chorizo $£ 3.00$
Add Goats Cheese (v) $£ 1.50$
Add Vegan Feta (vg) $£ 2.00$

## CIABATTA \& WRAPS

With Salad Garnish and Coleslaw, Hand Cut Chips or Fries.
Roasted Vegetable (v)(vg)| £7.50 |
(gluten/milk/mustard) Mixed Roasted Vegetables, Salsa Verde, Balsamic. With or without Goats Cheese.

Pulled Pork | £8.50 | (gluten/milk/mustard) Slow Braised Pork, Tangy BBQ Sauce, Grated Mature Cheddar, Tomato Salsa.

Steak | £9.00 | (gluten/milk/egg) Pan Seared Slices of Rump Steak, Caramelised Onions, Chestnut Mushrooms, Parsley, Garlic Mayo.
Cajun Chicken | $£ 8.50$ | (g/uten/milk/egg) Pan Fried Marinated Chicken with Cajun Spices,
Fresh Lime, Coriander and Spiced Mayo.

## SIDES

Fries or Hand Cut Chips | $£ 3.00$ Cheesy Chips | $£ 3.50$ | (milk) Garlic Bread | $£ 3.00$ | (gluten/milk) Cheesy Garlic Bread \| $£ 3.50$ | (gluten/milk) Seasonal Vegetables | $£ 3.00$
Garden Leaf Salad | $£ 3.00$
Houmous \& Crudites | $£ 3.50$ Caramelised Red Onion Houmous, Sliced Vegetables.

