

GLUTEN FREE

Soup | £4.50 | (milk)

Fresh Homemade Soup of the Day served with Warm Roll and Salted Butter. (Vg Option Available)

Nachos (v) | £5.50 | (milk)

Tortilla Chips topped with Melted Cheddar, Tomato Salsa, Jalapenos, Guacamole and Sour Cream.

Salt & Pepper Chicken Wings | £6.00 | (soya)

Chicken Wings fried until crisp. Tossed with Peppers, Onions, Garlic, Chilli, Salt & Pepper Seasoning and Soy Sauce.

Vegetable Curry (v) (vg) | £8.50

Lightly Spiced Indian Curry, with Roasted Squash, Chickpeas and Cauliflower, Coconut, Coriander. Served with Rice, Poppadom, and Mango Chutney.
Add Chicken **£3.00**

Gammon | £11.00 | (egg)

10oz Gammon Steak, Fried Egg, Charred Pineapple, Roast Vine Tomatoes. Served with Fresh Vegetables and a choice of Hand Cut Chips or Fries.

Sweet Potato, Celeriac Walnut Salad (vg) | £8.50 | (mustard/nuts)

Roasted Sweet Potato and Celeriac, Chicory, Toasted Walnuts and Dried Apricots, Mixed Leaves, Tomatoes, Mustard and Maple Dressing. (V) (Vg)
Add Chicken and Chorizo **£3.00** | Add Goats Cheese (v) **£1.50**
Add Vegan Feta (vg) **£2.00**

Butternut Squash and Beetroot (vg) | £8.50

Roasted Squash, Chickpeas and Beetroot, Mixed Leaves, Tomato's, Olives, Coriander, Pumpkin Seeds. Citrus Dressing.
Add Chicken and Chorizo **£3.00** | Add Goats Cheese (v) **£1.50**
Add Vegan Feta (vg) **£2.00**

Chicken Deli Jacket Potato | £6.50 | (nuts/egg)

Grilled Chicken and Bacon bound in a Pesto Mayonnaise, Beef Tomato, Gem Lettuce, and Red Onion.

Tuna Mayonnaise Jacket Potato | £6.00 | (egg/fish)

Tuna bound in a Lemon and Black Pepper Mayonnaise, Spring Onion, Red Pepper, Gem Lettuce.

Cheese and Onion (v) Jacket Potato | £5.50 | (milk/sulphites)

Sliced Mature Cheddar, Red Onion Chutney, Beef Tomato, Gem Lettuce.

Prawn Jacket Potato | £7.00 | (egg/crustaceans)

Bound in a Marie Rose Sauce, Gem Lettuce, Cucumber Ribbons.

Roast Ham Jacket Potato | £5.50 | (gluten/mustard)

Hand Carved Roast Ham, Grain Mustard, Beef Tomato, Lettuce.

Fries or Hand Cut Chips | £3.00

Garden Leaf Salad | £3.00

Seasonal Vegetables | £3.00

Houmous & Crudites | £3.50

Caramelised Red Onion Houmous, Sliced Vegetables.