

Capability - Character - Confidence



#### **Newsletter No. 9 | September 2022**

#### **Dear Springbank Family**

So far, 2022's School-Wide Focus has been our core values, 'The Three Cs': Capability (Term 1), Character (Term 2), and we have just completed a terrific Term 3 focus on Confidence. It has been great hearing from staff and students about their perspective on what confidence is all about and what it means to them. What I have appreciated most is the variety of ways the confidence trait can be interpreted, understood, and appreciated. I discovered that to gain and retain one's sense of confidence is not necessarily what it may seem, and actually rather complex!

This newsletter illustrates pure confidence-building in action. We have had amazing Springbank's Got Talent performances. Our seniors displayed dogged determination to build confidence throughout a week of OPC challenges. Confidence oozed as students represented Springbank (and won!) at the Northland Mathex Challenge and the Year 5 & 6 Interschool Speech Competition. AIMS Games participants travelled to Tauranga to compete against students from all over New Zealand, gaining excellent results and PBs. Our confident Head Boy took out the Lions Youth Ambassador Competition, against exceptional competition. Our younger Headstart children tested their mettle and emerged victorious with an explosion of confidence as they took on our rock climbing wall for the first time. Our whole school participated in Market Day, putting their sales skills on the line, which was a true test of confidence, and what a superbly successful day it was.

Our senior students have continued to gain confidence in their academic abilities by completing their mock exams and receiving final feedback for improvement, forming the basis of their revision programmes leading into the final Cambridge International examinations.

Our teachers are impressed with our hard-working, diligent students. We have <u>confidence</u> that they will do us proud, gaining results that they can be truly proud of. We wish all of our students who will be sitting Cambridge exams all the very best. As they progress through the examination period over the coming weeks, it is an important time as ever to ensure that they get plenty of sleep, eat a nutritious diet, get regular exercise, and make time for quality social interaction with family and friends... in between all of their study, study, and more study!

#### **Dates & Events to Note:**

- Term Four (9 weeks) Monday 10<sup>th</sup> October to Thursday 8<sup>th</sup> December
- Labour Day Monday 24<sup>th</sup> October, school closed
- Agri Pet / Art Day Wednesday 26<sup>th</sup> October
- Fireworks Extravaganza Saturday 5<sup>th</sup> November
- Year 7 Transition Day Monday 7th November
- World of Maths Roadshow (Year 1 to 9) Tuesday 8<sup>th</sup> November
- Middle School Disco Friday 11<sup>th</sup> November

#### Market Day 2022

Springbank School was excited to host their annual Market Day on Sunday 18<sup>th</sup> September, and it was a fantastic day! It was wonderful to see so many people from around our local community join us at school for the day and in such beautiful weather.

The Market Day was full of excellent stalls run by our Preschool right up to Year 13 students, with a huge variety of innovative products to buy. Custom made t-shirts, jewellery, homegrown plants, Christmas decorations, photography, and skincare products were just a few of the amazing products available. Along with delicious donuts, home baking, truffles, burgers, and nachos, there was something for everyone to enjoy at Market Day this year.

As a school community we were thrilled to have the Market Day back up and running. Market Day is an excellent event for students to learn and develop their enterprise skills, as well as giving back to charity. Each stall donates a minimum of 25% of their profits to a chosen charity of their choice.

A massive thank you to all our students, families, and staff for making the 2022 Market Day such a huge success!









#### Market Day 2022 continues ...

We would like to congratulate the following students on their superb Market Day stalls. They demonstrated great customer service, product knowledge, product design, and passion for what they had created and were selling.

| AWARD                     | WINNER                                  |  |
|---------------------------|---|--|
| Junior Best Stall         | Tree Treasures – Room 1                 |  |
| Junior Innovative Product | Kina Kraft – Peyton Manning             |  |
| Senior Best Stall         | Donuts – Zoe Wells                      |  |
| Senior Innovative Product | Driftwood Succulents – Evie Trotter     |  |
| Marketing Award           | Northcape Custom – Charlie & Lindi Rowe |  |







We would like to give a big thanks to Gary and Jacqui Larkan, who took on the challenging task of judging the Market Day stalls for 2022. They dedicated several hours to deliberating over the range of impressive stalls/businesses.

Well done to our Springbank community for contributing to what was a wonderful day all round.









#### **Mathex**

The Northland Mathematics Association hosted their Mathex competitions for students from Year 6 to 10 on the first day of September. Events were held in both Kaitaia and Whangarei, and this year Springbank School headed north for the competition.

Thirteen Springbank teams arrived in Kaitaia ready to test their maths brain power. This is one of the biggest groups we have had compete at Mathex, and our students gained some fantastic results.

| Year 7                                    | Year 9                                 | Year 10                               |
|---|--|---------------------------------------|
| 1st – Anika, Campbell, Harry B, and Ethan | 1st – Clay, Seb, Isaac, and Cooper     | 1st – Jaasmeet, Aela, Sam, and Sophie |
| 3rd – Amber, Ollie, Peyton, and Harry R   | 2nd – Taisei, Raidon, Jacob, and Jaden | 2nd – Louisa, Gemma, Zoe, and Addison |
|   | 3rd – Evie, Hana, Patrick, and Fynn    |                                       |
|   |  |                                       |

Mathex is a challenging and fast-paced mathematics contest in which schools compete against each other to answer questions as quickly as possible.

A huge thank you to Mrs Binedell for organising our participation in the competition this year. Thanks also to Ms Simonotti and Ms Wils for travelling with the students to the event. Lastly, a huge thank you to all our parent helpers who provided transport and support on the day.





#### **Queen Elizabeth II Memorial**

We took a few moments as a school on the morning of Friday 9<sup>th</sup> September to remember, honour, and pay our respects to Her Majesty Queen Elizabeth II, who passed away.

Thank you to Mr Broadwith who spoke on behalf of the school, and Tiffany and Charlie who read a poem. Students were welcome to leave letters of condolences, before we ended with a minute's silence.

The Queen was an amazing lady who will be remembered for her grace, her wit, and her dedication to service and duty.

Thank you, Ma'am, for all you did for the Commonwealth.



#### **New Zealand Playhouse**

On Wednesday 7<sup>th</sup> September students from Headstart to Year 8 had the pleasure of watching 'The Emperor's New Clothes', performed by New Zealand Playhouse.

The performance was entertaining, funny, and engaging, and the three actors played their characters brilliantly!

It was a wonderful way to end our Wednesday afternoon at school with lots of laughs. Both students and teachers thoroughly enjoyed themselves, and we can't wait to see the cast back again in 2023.





#### **Hillary Outdoors Education - OPC**

The first day at Hillary Outdoors was a great start to the experience, as after arriving at the lodge the evening before, we got to head out in the morning to do team building games at the low ropes area, including trust falls of various kinds, and a teamwork challenge that meant using our gear to snag a hanging rope, and proceeding to swing out and try and land our whole team one-by-one on a few wooden planks. After finishing up, we went back for lunch and to plan our 4-day journey into the bush, with no huts or help from the outside world, that lay ahead. This included what we would do, where we would go, and the gear we'd need to carry with us. We finished the day with a filling dinner, and all packed our bags to the brim before bed, in preparation for the days ahead.

Waking up on Tuesday, I don't think any of us expected it to be easy, but I'm not sure we could've predicted how hard it would really be. Early in the morning, we met in the dining room for breakfast and to attempt to stuff the mountains of food we had into our already chock-full bags for the trip, and then began our journey. Somehow, as we trudged down the hill to our first stop, the flying fox, our enormous bags only seemed to get heavier and heavier. We took about an hour at the flying fox, taking it in turns to go zipping out over a river valley at high speeds, working together to haul each other back in, and all making the very questionable decision to trust each other with clipping on our harnesses. Once we'd all had a go on the zipline, we faced our first river crossing, and our first experience of something we'd get very familiar with over the course of the trip: soaking wet feet. Following this was a mighty climb, emerging out onto a hilltop, welcomed by horizontal hail. Our instructor Josh had joked about getting us to the brink of hypothermia, but as we sat in the back of a van for lunch, it suddenly wasn't so much of a joke for some of us. The next stage of the walk was about half an hour of non-stop downhill, through sloppy, deep, slippery mud that had us all tumbling down over and over again.

After the seemingly never-ending march down the hill, we finally reached the bottom and proceeded to once again get soaking wet in another river crossing, pick up more bags, (as if we didn't have enough already), and trudge up a short road to arrive at Marty's campsite. If any of us were expecting a comfortable and luxurious stay at a campground, Marty's quickly destroyed those hopes. It proved to be a small clearing in the forest, with a little white tarp over some pallets, and barely enough room for our tents. Muddy, freezing, and exhausted, we managed to muster the energy to cook dinner and set up our tents (in between bouts of occasional shock; staring blankly, standing perfectly still, and shivering). After solemnly finishing our dinner, we scrubbed dishes down by torchlight next to the river, (only to drop them on the way up the hill!), and finally fell asleep, feeling battered, bruised, and completely exhausted after our day.







#### <u>Hillary Outdoors Education – OPC continues ...</u>

Even as we woke up, Wednesday was shaping up to be a much better day with blue skies all around, and caving and abseiling in store. We headed out from camp for a walk down the road we'd come up the day before, and reached abseiling in about 45 minutes. Once we were there and had climbed to the top of a huge hill, it was time to get back down; by dangling off a cliff face and going zooming down a rope! For most of us, this was our first time abseiling, and we all found it a cool way to spend the morning, especially as we got to soak up the rare rays of sunshine that hit us as we waited. Next there was a short stop for a lunch of slightly damaged pita breads, followed by the walk to the caves. Heading into the caves with our feeble torches and questionable caving gear (thermal trousers for many of us, to save our expensive rental pants), the sound of rushing water from the stream that flowed into the cave got louder and louder as we followed it down, taking a brief pause for Josh to yell some instructions our way, educate us on the geology of the cave, and tell us what to do in case we got lost. Walking turned into ducking which turned into crawling, one after another down dark, and usually wet, tunnels, before Josh began to lead us through some of the really tight squeezes, first shuffling sideways through "Pooh Bear's Crack", then down the long and winding "Birth Canal" and the steep drop of the "Toaster". With our confidence lifted by the fact that we'd all made it so far, Josh offered us one more squeeze: head up into a room and leave via the tight, turning tunnel known as the "Corkscrew". This was by far the toughest and most technical of the squeezes, where getting stuck was easy, but with Josh coaching us through, we all snaked our way through to emerge out the other side. Feeling relieved and proud of ourselves, we headed for the exit, but as we rose, Josh had one final challenge: to turn off our torches and follow each other in the pitch black, trying to feel our way out of a different path to where we e







#### <u>Hillary Outdoors Education – OPC continues ...</u>

The next morning we woke up, loaded our huge, heavy tramping packs full of all the gear we'd had at Marty's (now mostly soaking wet and way heavier) and said a happy goodbye to Marty's Campsite. Begrudgingly we took the same trail back, crossing the river again, and hiking back up the horrible hill we had slipped and stumbled down days before. With hail greeting us, we made it to the van and dropped off anything we wouldn't need at the cave, picked up the final night's dinner, and had a well deserved break, with chicken wraps and dingle biscuits (a mystery bar made of oats and dried fruit, surprisingly delicious). Navigating through the bush, we made the two hour walk to Jo's cave, arriving by about mid-afternoon. Compared to Marty's Campsite, Jo's cave felt like a luxury hotel, with a campfire, spacious covered area in the cave, and a milk crate long drop, infinitely better than the 'shovel' methods of Marty's. Jo's cave sat next to grassy fields and a stream, and we all spent the afternoon sitting in the grass, chatting and soaking up the sunshine, with a couple of us even making the decision to take an icy cold dip in the river and "liberate ourselves", as Josh said. The whole thing felt like a massive reward after the last few days we'd just had. That night we ate bangers and mash with gravy for dinner and S'mores for dessert, while playing Mafia and Black Magic (one of Josh's cryptic games that confused Kanwar for days), and attempting to dry our socks by roasting them over the flames. Our last night in the bush was spent huddled in our sleeping bags in the cave, before rising early the next morning to walk back to base, clean all our gear, and jump in the van for the long drive home.

Overall OPC was absolutely a huge challenge, mentally and physically one of the hardest things we'd all done, but a really amazing experience, one that taught us to be grateful for the smaller things in life like sleeping with pillows, having dishwashing liquid, and especially dry feet. I think it wouldn't be a stretch to say OPC was life changing. If in the future you have the chance to go, we would definitely recommend going, as it is a real once in a lifetime opportunity and is a chance to go outside your comfort zone, while still having fun with your classmates. Thank you to Ms Chapman for support in organising the trip, to Daniel Flanagan for driving us to Tongariro and back, and to everyone who supported our fundraising efforts. What an experience!

Written by: James Broadwith and Bethany Flanagan, Year 13





#### AIMS Games 2022

The Zespri AIMS Games were back after two years of postponement, and Springbank School was represented by Anna Welling and Tess Pearson in swimming and Brisa Carylon in cross country.

The AIMS Games is open to 11-13 years olds, where they have the opportunity to compete across 23 different sports. Over 10,000+ competitors from 320+ schools head to Tauranga to participate during the first week of September.

The girls had a wonderful time and achieved some superb personal finishes. The AIMS Games is a huge event, and we are so proud of Anna, Tess, and Brisa for saying yes to the challenge. They displayed great determination and endurance when they hit the pool and running track, as well as showing wonderful sportsmanship and passion for their sport.

Brisa ran the 3km race against 171 other Year 8 girls, from schools all over New Zealand. Conditions on the day were dry and sunny, and Brisa ran a brilliant race, crossing the line in 5<sup>th</sup> place!

This was an amazing achievement, as it's one of the biggest races Brisa has competed in. It was against some of the best runners in her age group from all over the country, the course was unfamiliar, the event itself is huge, and Brisa just took it all on like a total champion.



Anna and Tess swam over three days, with each session lasting around 6-7 hours, making for some very long days by the pool. Both Tess and Anna had a fantastic time challenging themselves and really enjoyed the experience of competing against 404 other swimmers from around New Zealand.

Tess raced in three events and finished close to her PBs for two events. Anna raced in eight events. She achieved four awesome PBs in 50 Back, 100 Back, 100 Free & 100 IM and also won her heat in 100 Back, like a champion!

We would like to congratulate the girls on their fine efforts at the AIMS Games. We are so proud of you all.

The girls and their families would like to thank the Friends of Springbank committee for their sponsorship of this year's registration fees and petrol vouchers, and a big thanks to the school community for their support and all sideline supporters.

Let's get training and get ready for 2023!

#### **Springbank's Got Talent**



After weeks of auditions and promoting the finalists to the top eight, the 2022 Springbank's Got Talent Show was held on the last Wednesday of term, and what a superb event it was!

Talent is just one characteristic our students showcased. They also displayed great confidence, skill, poise, and passion in what they were performing.

Each performance captivated the audience, and it was wonderful to watch our students each have their moment in the spotlight to shine and share their talent with us.

#### Contestants included;

- Porter Acoustic Guitar
- Scarlett Singing
- Austin Drums
- Fay Dancing
- Elizabeth Piano
- Aliana Singing
- Petr Piano
- Brisa & Ilha Dancing

The show also included special guest performances to keep the audience entertained, with singing from Charlie and dancing from Iris, Susanna, Macy, Ruby, Camilla, and Evie.

Wonderful show hosts Sophia & Peyton led a great afternoon event, and the entire show ran smoothly, with help from students manning both the sound and lighting.

The difficult decision of judging was undertaken by Mrs Filer, Nicky Barker, and Miss Rose.

All of the finalists were outstanding, but there could only be three top places on the day, and we would like to congratulate the following students on their Springbank's Got Talent podium finish:

- 1st Aliana Mankelow
- 2nd Brisa & Ilha Carlyon
- 3rd Elizabeth Esscher

A special thanks goes to Miss Rose who spearheaded this event.

What a wonderful way to spend our Wednesday afternoon for the last week of Term Three!



## Springbank's Got Talent continues ...



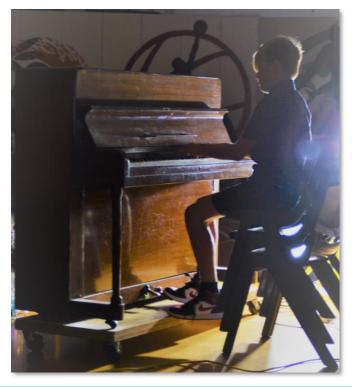














#### **Speech Competition**

On Wednesday 21<sup>st</sup> October the Year 5 & 6 Interschool Speech Challenge was held at Kerikeri Primary School. Springbank School was represented by Jason Rakena and Lindi Rowe from Year 5 and Gaby Morrison from Year 6.

- Jason's speech was about 'Why Gaming is an Amazing Learning Tool'
- Lindi spoke about 'Hunting for Bull Tahr'
- Gaby's speech was 'Why Children Should Get Paid for Going to School'

All three students represented Springbank School proudly and with great confidence.

We are delighted to share that Lindi won 1st place in the Year 5 group. It was an excellent win, with an enthralling speech about her hunt of a Bull Tahr.



#### **Young Ambassadors Speech Competition**

On the evening of Thursday 22<sup>nd</sup> October, Ethan Williams (Head Boy) attended the Zone 1 Lions 2022 Young Ambassadors Speech Competition.

The Zone 1 area covers Kerikeri, Kaikohe, Okaihau, Opononi, Mangonui, right up to Kaitaia. Participates of the competition must be aged between 15 & 19 years old, reside in the area of the zone competition and will partake in all three stages of the competition.

The three stages included submitting a written CV, taking part in a 10-minute interview and giving a 5-minute public speech.

The Lions Opportunities for Youth mission statement is:

"To provide the young people of the world with opportunities for achievement, learning, contribution and service, individually and collectively, through sponsorship of activities identified as best practices in the field of youth development."



We are thrilled to share that Ethan Williams won the competition, taking home the honour of first place and a cash prize sponsored by Top Energy (Far North).

We are so proud of Ethan's achievement. He has shown great leadership at school and within the wider community, most recently as an ambassador for the World Literacy Foundation. This win recognises his commitment to helping others in the community and what a great future leader he is going to be.

#### Room 2 & 3 – Visit to the Hundertwasser Art Centre

After an earlier postponement, the students from Room 2 and 3 were excited to head down to Whangarei during the last week of Term Three, to visit the Hundertwasser Art Centre.

A beautiful sunny day welcomed everyone to the centre, and the students guide for the day, Jacinda, set the first task of the morning to search around the building for hidden objects and designs. The students spotted a hidden waka, ladybird, teapot, whale, and more.

Friedensreich Hundertwasser was a painter, architect, ecological activist, and visionary. Hundertwasser was inspired by the living world and loved the curves and twists that the environment presented. He liked to reflect this in both his architecture and artwork. After a successful treasure hunt, the students and parents were taken for a tour around the art centre which included original artworks, posters, correspondence, and examples of Hundertwasser's building designs. The pops of colour and detailed designs were amazing!

After a break for lunch and some sunshine, the students finished the day with a screen printing activity. Everyone had a go at writing their initials on some paper, before carving them into a tile and screen painting. It was a wonderful trip to Whangarei to learn about this fascinating artist who fell in love with Northland and proudly made this region his home.

A huge thank you to all the parents who assisted with transport and joined Room 2 and 3 on this colourful and inspiring visit.

#### Comments from the students:

Charlotte, Room 2 – "It was really fun. My most favourite part was the carving and screen-printing activity. I also loved the tour around the museum."

Krishi, Room 2 – "Making my print was the favourite part, and going on top of the building into the dome."

Camilla, Room 2 – "My favourite part was the treasure hunt at the start, searching around the building for symbols."

Max, Room 3 – "I thought the model of his ship was really interesting. He rebuilt it and put a concrete hull and then he put a row of tiles on the waterline. My Grandad's hull is fibreglass."



#### Room 2 & 3 – Visit to the Hundertwasser Art Centre continues ...

More comments from the students:

Susanna, Room 3 – "It was good fun searching on the outside of the building looking for all the things Hundertwasser hid around in the walls."

Nick, Room 3 – "It was abstract art and quite unusual and it wasn't what you expect in a regular art gallery. I've seen stuff in other art galleries, and it was difficult to tell the subject of the painting this time."

Andrew & Nick, Room 3 – "The rooftop was great because I like nature and it had nature, and so putting nature on the roof was good because we'd taken it (the nature) when we put the building on the ground."











#### Class of 2022 Farewell

Friday 23rd September was the last day of Term Three, and a new tradition we started last year was to send off our Year 13 class with a "farewell and congratulations" tunnel, whereby all the Year 13 students run through the tunnel formed by our students and staff from Headstart to Year 12, towards the school office, where they ring the final bell together.

The last day of Term Three represents the last official full term that our Year 13s have at Springbank School, before heading off for school holidays and preparing for their final high school exams.

Our Year 13 class of 2022 have demonstrated strong senior leadership, school spirit, community awareness, and enthusiasm in all that school has offered them, and we will miss them in the final Monday assemblies of Term Four.

We would like to wish William Blake, James Broadwith, Ellie Epley, Bethany Flanagan, Kanwar Gill, Marlowe McAngus, Rebecca Nugteren, Lana Pistorius, and Ethan Williams all the very best with their upcoming exams.







#### **Enterprise in Action – Netball Fundraising**

On the last day of Term Three, our netball teams Awha and Uira ran a lunchtime fundraising event to help raise money for the 2023 season. Funds raised will go towards special team trips, coaching, competitions, and more.

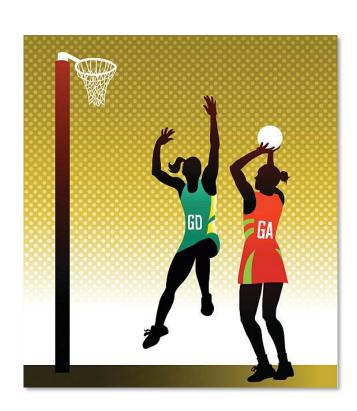
With yummy hot chips, sausages, and delicious home baking on offer, the girls (and parents) were super busy all lunchtime filling up some hungry tummies.

A big thank you to Ian Sizer, Erica Wells, Elle Haden, Aynsley Quenault, Tracey Cadogan, and Natalie Morris for helping support the girls with their fundraiser.

And thanks to everyone who purchased something to eat from the netball girls. They really appreciated your support.











#### **Agri Pet Day**

Our Agri Pet / Art Day is back for its 8th year, and we can't wait to see the curious calves and lambs back on the field, and everyone's creative talent in the art section.

An email will come out the first week of Term Four with full details. If you would like to enter a calf or lamb into the Agri Pet competition, please add your name and pet details to the list in the school office. We would like to thank the Friends of Springbank committee who are helping sponsor the event for 2022.





#### **Friends of Springbank**

The Friends of Springbank committee was proud to sponsor the winning prizes for the Springbank's Got Talent Show, which was held in the last week of Term Three. What a fabulous array of talent the students at school presented!

We are happy to support several more events this coming term.

- Middle School Disco
- Agri Pet / Art Day
- Junior School Disco
- Volleyball End of Season games



The Friends of Springbank is an Incorporated Society registered with the Charities Commission, run by parents of Springbank School students.

Our key objective is to "Further the educational experience of the Springbank School students"

The next Friends meetings will run every Wednesday leading up to the Fireworks Extravaganza, in the school staff room. All parents and family from Preschool, Headstart, and School are welcome. Meeting dates:

- Wednesday 12<sup>th</sup> and 19<sup>th</sup> October: 8:30am
- Wednesday 26<sup>th</sup> October and 2<sup>nd</sup> November: 2:00pm

As we move into Term Four, preparations for our Fireworks Extravaganza on Saturday 5<sup>th</sup> November ramps up. Please see the next page of the newsletter to find out how you can help...



#### Fireworks Extravaganza

Preparation for the 2022 Fireworks Extravaganza is underway!

Thank you to everyone for your help in selling the raffle tickets this year. The ticket sales contribute to a major part of the overall fireworks fundraising, and all your help is greatly appreciated. We would like to give a huge thanks again to all our amazing sponsors (see photo below) for their generous donation of prizes.

Congratulations to Room 4, who were the first class to have all their raffle tickets back. They will be receiving a delicious class lunch to share courtesy of Friends.

The Friends of Springbank committee are calling out for volunteers to help with the upcoming Fireworks Extravaganza. Every pair of hands to help with the event, big or small, really helps make the event run smoothly. If you are able to help with pre-event setup, running a food stall, or helping with the pack-down the next day, please give your name and details to Taryn in the office. This event really is a Springbank community team effort, and we simply cannot run it without your support. Together, let's make the 2022 event the best yet!

Ice cream containers – if you have any unwanted clean ice cream containers with lids that you no longer need, please bring them into the school office, as we'll use these for the baking stall at the fireworks event.



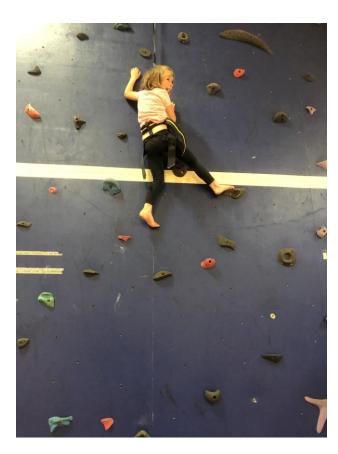
#### **Headstart Report**

Mr Warren very kindly agreed to show us how to safely use the climbing wall, and it was very exciting. This was a brilliant way to progress with our active movement focus. Mr Warren showed us how to climb low across the wall first; called bouldering. Then we got the harnesses on and began going up the wall.

The aim was to keep our centre of gravity close to the wall. This was <u>very</u> tricky, especially because it was hard to grip some of the smaller climbing holds. The children showed AMAZING resilience and determination to persist and try, try, try again. This was a fantastic start, and we look forward to doing this again sometime soon.











#### **Preschool Round Up**

Our Preschool tamariki have flexed their literacy and creative muscles this month, spending time creating beautiful masterpieces for special people in their lives. We reflected on our incredible bus trip and then worked together to make an amazing thank you card for Bill the bus driver who has turned into somewhat of a Preschool celebrity! We celebrated our dads this month and had a Father's Day breakfast BBQ to say a big thank you for all the love and dad jokes. Alongside these experiences, we have been spending time in the spring sunshine! We have enjoyed long walks, bug hunts, visits from the local cat, muddy puddles, outdoor dance parties, and obstacle courses. We are also excitedly planning our new Preschool bike track; stay tuned to watch our progress!













#### **Community Notices**



# **ONE-ON-ONE TUTORING**

Jacqui Larkan is offering one-one-one tutoring for:

- Primary school students aged 4 years and up in literacy and numeracy.
- Middle school students in literacy.

Spaces are limited, but if you'd like to find out more information or book a tutoring session please contact Jacqui Larkan on the details below.

> Email: jacqui.larkan@gmail.com Phone: 026-227-3121

# Kids Term 4 WORKSHOPS

Keeping kids confident, with skills to manage day-to-day feelings.



Focus jar from the Reset Mindset Bounce Back Journal. A great tool to practice calm.

> Fuzzie wuzzie pet. Sensory comfort support with fine motor skills.

> > Affirmation leather wrist strap with their name and positive word.

Kids Aroma Stick for breathing practice. An aromatherpy tool for calm & focus.

An elastic Chair Fidget Band for proprioception.

... and many more FUN workshops





65 Cobham Road Kerikeri. 3.15 - 4.45pm Tues 7-9yrs Thurs 10-12yrs

Maria is a Life Coach & HR Training and Development Manager who teaches skills for stress management to kids and adults. Maria's work is reviewed by specialist Mental Health professionals, Ministry Of Education and Ministry Of Youth Development.

Her published book Bounce Back, is available for purchase, along with other sensory items to help with regulating feelings from her online store and her retail outlet inside The Merchants Kerikeri.

\$245 term fee GROUP CLASS. BOOKINGS ESSENTIAL

E maria@resetmindset.co.nz

M (text) 020 40878 266 W www.resetmindset.co.nz

#### **Freedom Wigs**

We would like to acknowledge Ms Simonotti who recently cut off her hair, to be donated to Freedom Wigs. Freedom Wigs supports people who have lost or are losing their hair. For many, to receive a quality, well made wig is a life changing moment as it helps build their confidence and bring back their self esteem.

Ms Simonotti has been growing her hair for over 5 years, and the total length that she donated was an amazing 40cm long!

This is an incredible gesture, as most of us can easily take for granted having a full head of hair. For more information about Freedom Wigs, you can visit their website: <a href="https://freedomwigs.com">https://freedomwigs.com</a>



I hope you are enjoying the holiday break with your children and are managing to spend some quality time with them as the weather heats up. Term Four is one that will be over in a blink, so I hope everybody will be re-charged and ready to go come next Monday!

Regards,

Mike Warren Principal

### Thoughts for the Week 2022:

#### Term 3, Week 6:

"Be yourself, everyone else is already taken."

- Oscar Wilde

Courtesy of Mrs Lynn

#### Term 3, Week 7:

"When you have confidence, you can have a lot of fun. And when you have fun, you can do amazing things."

- Joe Namath

Courtesy of Mrs Foster

#### Term 3, Week 8:

"Over the years, those who have seemed to me to be the most happy, contented, and fulfilled have always been the people who have lived the most outgoing and unselfish lives."

- Queen Elizabeth II

Courtesy of Ms Chapman

#### Term 3, Week 9:

"Perspective is a thing that can magically make your worst day feel like one of the best."

Courtesy of Mr Epley