

Kind Balanced Cartridge™

Cannabis Distillate Oil | 510 Cartridge

Consumer Medicines Information

1. Why am I using Kind Balanced Cartridge?

Kind Balanced Cartridge contains a cannabis distillate oil with a balanced ratio of THC to CBD. Each 1g 510 cartridge contains 40% (w/w) THC (delta-9-tetrahydrocannabinol) and 40% (w/w) CBD (cannabidiol).

Kind Balanced Cartridge is not an approved medicine. It should only be used to treat specific conditions or symptoms authorised by your doctor. Ask your doctor if you have any questions about why Kind Balanced Cartridge has been prescribed for you. Medicinal cannabis is a Controlled Drug.

Possession without authority is illegal. Poison Schedule: Schedule 8

2. What should I know before I use Kind Balanced Cartridge?

Warnings

Do not use Kind Balanced Cartridge if you:

- are allergic to THC (delta-9-tetrahydrocannabinol), CBD (cannabidiol) or other minor phytocannabinoids; always check the ingredients to make sure you can use this medicine
- have a family history of schizophrenia
- have a diagnosed history of psychosis and / or active mood disorders
- have a history of serious psychiatric disorders including but not limited to schizophrenia or psychosis (unless specifically prescribed by a qualified healthcare professional with a knowledge of your psychiatric history)
- are pregnant, planning to become pregnant or breastfeeding
- are less than 18 years of age

Check with your doctor if you

- have cardio-pulmonary disease
- have liver or kidney dysfunction

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Do not take Kind Balanced Cartridge if you are pregnant, planning to become pregnant or breastfeeding.

3. What if I am taking other medicines?

Some medicines may interfere with Kind Balanced Cartridge and affect how it works. Kind Balanced Cartridge may also affect how other medicines work.

- Tell your doctor or pharmacist if you are taking any other medicines, vitamins or supplements or if you have any food intolerances.
- You should also tell any health professional who is prescribing a new medication for you that you are taking Kind Balanced Cartridge.
- If you see a different doctor or go to hospital, let them know all the medicines you are taking.

4. How do I use Kind Balanced Cartridge?

How to use Kind Balanced Cartridge

- Kind Balanced Cartridge is designed for inhalation with a compatible 510 vaporisation device. Vaporisation provides one of the most efficient administration methods for medicinal cannabis, providing rapid onset times for patients.
- Use the vaporiser in line with the manufacturer's instructions.
- Do not use Kind Balanced Cartridge with any other device besides a 510-thread battery.

How much to use

- Work with your doctor to determine the optimal dosing schedule where the medical benefit is maximised.
- Start with a low dose and slowly increase it until the optimal therapeutic benefit is achieved ("Start low, go slow").
- Be aware that accurate dosing and titration can be challenging with medicinal cannabis extracts. This may be due to inconsistency in the amount of medicine taken, variance in cannabinoid profiles, discrepancies in temperature during vaporisation and length and depth of inhalation breath.
- Pay close attention to the conditions when you administer medicinal cannabis and aim to replicate this consistently.
- If you are a new medicinal cannabis patient, you should wait up to 30 minutes after the initial dose to assess the effects before having another dose.

When to use Kind Balanced Cartridge

- Kind Balanced Cartridge can be taken on a metered dosage schedule or as needed (PRN) as determined by prescribers.
- Always use this medicine as instructed by your doctor or pharmacist.

If you use too much Kind Balanced Cartridge

If you ingest more Kind Balanced Cartridge than is suitable for you, you may experience discomfort. Generally, the discomfort will go away after you stop taking Kind Balanced Cartridge. If the discomfort is severe or you are concerned, you should seek medical attention.

5. What should I know before I use Kind Balanced Cartridge?

Things you should do

- Take Kind Balanced Cartridge as your doctor has prescribed.
- Tell your doctor if your symptoms do not improve.
- Tell your doctor if you experience any side effects.
- Tell any doctor, dentist or pharmacist you visit that you are using Kind Balanced Cartridge.

Things you should not do

- Do not consume alcohol while you are taking Kind Balanced Cartridge.
- Do not perform tasks that require mental alertness and fine motor skills after consuming medication containing THC.
- Do not give your medicine to anyone else, even if they have the same condition as you.

Call your doctor straight away if you

- Are pregnant or become pregnant while taking Kind Balanced Cartridge.
- Need to have medical tests while you are taking Kind Balanced Cartridge. It may affect the results of some tests.
- Have a change in your medical circumstances.

Driving or using machines

Kind Balanced Cartridge contains THC (delta-9-tetrahydrocannabinol), which is psychoactive and may lead to temporary cognitive impairment. Do not perform tasks that require mental alertness and fine motor skills after consuming medication containing THC.

In most of Australia, it is against the law to drive with THC in your body, even if you are not impaired. If you are stopped for a random drug test and THC is detected, you could face a fine or loss of your license. Before driving, you should check your state's driving laws.

Drinking alcohol

Tell your doctor if you drink alcohol.

You should not drink alcohol while taking Kind Balanced Cartridge as it may interfere with the medicine's effects and negatively impair your thinking abilities, reaction time, coordination and motor skills.

Looking after your medicine

- Store below 25°C, away from direct sunlight in a cool and dry place.
- Refer to the product label or supplementary information provided by the pharmacy for expiry dates.
- Always keep your medicine in the original packaging with the prescription label attached.
- Keep it out of the reach of children.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention. See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

- Drowsiness
- Anxiety
- Increased heart rate or palpitations
- Nausea
- Dry mouth
- Blurred vision
- Coughing or phlegm
- Confusion or problems concentrating
- Euphoria or other cognitive effects
- Occasional or brief paranoid thoughts

If you experience any of the above less serious side effects for a prolonged period (i.e. greater than 24 hours) or if severe, immediately stop taking Kind Balanced Cartridge and speak with your doctor or pharmacist or seek immediate medical attention.

Serious side effects

- Hallucinations (auditory / visual)
- Paranoia
- Difficulty breathing
- Seizures or convulsions
- Depression or suicidal thoughts
- Fainting, lightheadedness and dizziness associated with low blood-pressure

If you experience any of the above serious side effects, you should immediately stop taking Kind Balanced Cartridge and speak to your doctor or pharmacist or go to a hospital.

This does not serve as a complete list of potential adverse effects. If you experience any unexpected severe adverse effects not listed, stop using Kind Balanced Cartridge immediately and speak to your doctor or pharmacist or go to a hospital.

Reporting side effects

After you have received medical advice for the side effects, you can report them to Kind Medical by calling 1800 KIND HI (1800 546 344) or emailing hi@kind.com.au. You can also report to the Therapeutic Goods Administration online at <https://www.tga.gov.au/safety/reporting-problems>.

By reporting side effects, you can help provide more information on the safety of this medicine.

7. Product Details

About this medicine

The medicine name is Kind Medical Balanced Cartridge (40:40) (Distillate 510 1g) and it is only available with a doctor's prescription.

What Kind Balanced Cartridge contains

Active and inactive ingredients: Each gram of cannabis oil contains 40% (w/w) THC (delta-9-tetrahydrocannabinol), 40% (w/w) CBD (cannabidiol) and other minor phytocannabinoids (<1% w/w).

Do not take this medicine if you are allergic to any of these ingredients.

Who sponsors Kind Balanced Cartridge

Altum Oceania Pty Ltd trading as Kind Medical®
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