



Unit Overview Grades K-6

Every Lesson:

- Identifies **key vocabulary** and tricky phrasing
- Includes **discussion starters** and questions to **check for understanding**
- Features engaging **writing prompts**
- Includes **activities** and at least one **printable** activity or resource

Aligned to **Common Standards**

Every lesson plan aligns with grade-level standards in **Reading, Writing, Speaking & Listening and Literacy**.
Every lesson plan supports **ASCA Mindsets & Behaviors**.

Seven lesson plans that introduce and focus on growth vs. fixed mindset



How to Grow A Brain

Assembly Recap

Follow-up after the assembly by using the fold-out poster to compare the growth of a tree to the growth of your brain. Every school receives this poster in their post-show folder the day NED's Mindset Mission visits your school.

IDEAL FOR **PRIMARY** LESSON PLANS **K-2**



Book Title and Author

How to Grow A Brain

Introducing a Growth vs. Fixed Mindset

Printable Activities

- **NED's Poems:** *Teaching Aid*
- **T-Chart:** *Compare/Contrast*
- **Card Set:** *Growth Mindset Practice*

Themes

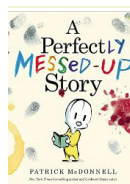
Determination
Do Your Best
Grow Your Brain
Mindset
I Can
Learn from Mistakes
Never Give Up
Overcoming Obstacles
Perfectionist
Perseverance



The Girl Who Never Made Mistakes

by Mark Pett and Gary Rubinstein and illustrated by Mark Pett

- **Trace Sheets:** *Writing Practice*
- **Story Planning Sheets:** *Creative Writing*
- **Bookmarks:** *Art Project*
- **Encouragement Notes:** *Home Connection for Parents*



A Perfectly Messed-Up Story

by Patrick McDonnell

- **Now I Can:** *Draw/Write Practice*
- **4 Thoughts:** *Personal Reflection*
- **Fingerprints Poem:** *Art Project*
- **NED Feelings:** *Emot. Intelligence Exercise*
- **Magnets:** *Home Connection for Parents*

IDEAL FOR **INTERMEDIATE** LESSON PLANS **3-6**



Book Title and Author

How to Grow A Brain

Introducing a Growth vs. Fixed Mindset

Printable Activities

- **2 Mindsets:** *Personal Reflection*
- **NED Says:** *Group Activity*

Themes

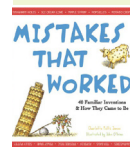
Determination
Do Your Best
Failures are Important
Grow Your Brain
Mindset
I Can
Learn from Mistakes
Never Give Up
Overcoming Obstacles
Perseverance



The Most Magnificent Thing

by Ashley Spires

- **Bookmarks:** *Art Project*
- **Story Planning:** *Pre-Write Brainstorm*



Mistakes That Worked

by Charlotte Foltz Jones and Illustrated by John O'Brien

- **Cause & Effect:** *Sequential Thinking*
- **Summary:** *Story Reflection*
- **Encouragements Notes:** *Home Connection for Parents*