



SQUAD GOALS

MARSDEN HEIGHTS GIRLS



Welcome to the Marsden Heights Girls Squad! In FBB we play football and enjoy ourselves as much as we can. FBB is a very inspiring group that can help you get better at football and help build your confidence and life skills. My name is Liybah Asif and I am a part of FBB and I love it! This term we have been spending time becoming a squad and writing our manifesto.

We started this journey by saying what being a girl means to us. We have spoken about how we want to change society and how we feel about criticism. We have talked about our similarities and differences and spoken about how that makes us all unique. This makes our squad strong and united.

Hope you enjoy reading this zine that we have worked hard to make. We are excited to have our voices heard!

Peace out,

Liybah Asif



BE YOURSELF

BE POSITIVE

TRUST EACH OTHER

NO JUDGEMENT ZONE!



CHALLENGE EACH OTHER TO DO BETTER

DISAGREE
IN A
RESPECTFUL
WAY

BE AMAZING ROLE MODELS

RESPECT
EACH OTHERS
RELIGIONS
AND MORALS

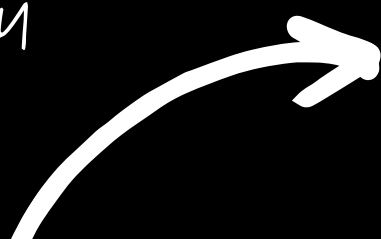
OUR MANIFESTO

HELP THE SQUAD BY
HELPING EACH OTHER

STEP OUTSIDE
YOUR COMFORT
ZONE

ENCOURAGE
THE YOUNGER
GENERATION

NO RACISM, SEXISM
OR HOMOPHOBIA!



LISTEN TO ONE ANOTHER

WHAT DOES BEING A GIRL MEAN TO US?

TO HAVE DIFFERENT
RESPONSIBILITIES

EXPERIENCE DIFFERENT THINGS

IT MEANS EVERYTHING TO ME

I THINK BEING A GIRL THAT LOVES SPORTS
MEANS THAT I CAN THINK PEOPLE NEED TO
MIND THEIR OWN BUSINESS AND NOT CARE
ABOUT WHAT I DO.

IT MEANS A LOT. IT MAKES ME SEE
HOW CORRUPT SOCIETY IS AND HOW
EASY EVERYTHING IS FOR BOYS.







WHAT DO WE HAVE IN COMMON AS GIRLS?

WE ALL SHARE EMOTIONAL
AND PHYSICAL PAIN.

WE ALL SHARE THE FACT THAT WE
HAVE TO LIVE UP TO SOCIETY'S
STANDARDS AND THAT IF WE
ARE NOT "GIRLY" ENOUGH WE
GET CALLED NAMES AND ARE
STEREOTYPED AS BEING TOMBOYS.

WE CAN ALL BE SUBJECT
TO VIOLENCE, IT CAN
BE HARDER TO PROTECT
OURSELVES OR GO OUT AT
NIGHT.

THEREFORE AS GIRLS WE SHOULD

HAVE EACH OTHER'S BACK

SUPPORT EACH OTHER

TALK!

LAUGH!

INCLUDE EVERYONE

HELP EACH OTHER OUT

GATHER IDEAS FOR POSITIVE
CHANGE!







COMMUNITIES WE'RE A PART OF

FBB

MOSQUE

NELSON

ISLAM

MARSDEN HEIGHTS

LGBT+

YEAR 9

FAMILY

MUSLIM

WHAT WE WOULD CHANGE ABOUT SOCIETY

THE STIGMA BETWEEN BOYS BEING BETTER THAN GIRLS AND SOCIETY BEING OK WITH THIS INEQUALITY.

THE RACISM IN THE WORLD AND THE SEXISM, BECAUSE I DON'T THINK YOU CAN JUDGE SOMEONE BY THEIR RACE, ETHNICITY, GENDER ETC.
— ALLEESHAH ARIF

BEING TREATED AWFULLY BECAUSE OF RELIGION, JUST BECAUSE WE BELIEVE IN DIFFERENT THINGS DOES NOT MEAN WE ARE DIFFERENT
— UMME

RACISM — PEOPLE ARE JUDGED AND ARE NOT ALLOWED TO DO STUFF BECAUSE OF THEIR SKIN COLOUR. — DREESHA

GENDER INEQUALITY — IN THE ASIAN COMMUNITY THERE IS A LOT OF PRESSURE ON GIRLS



**WE HOPE YOU ENJOYED
READING.**

**LOOK OUT FOR US
CHANGING THE WORLD**

*- THE MARSDEN
HEIGHTS GIRLS*

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