



Pernet



Over the course of 4 Wednesday evenings Anne Harrington and Imelda O'Sullivan will facilitate short presentations on the subject of relationships. We all desire to live happy fulfilling lives, to enjoy harmonious relationships with others and have an indwelling desire for a personal relationship with our Creator. Yet our daily life experience may be cloaked with anxiety, fear, loneliness and a sense of isolation...we may feel like there's something missing.

Our presentations are framed around a book by Henri Nouwen "*Reaching Out*" where he describes the Spiritual life as a reaching out to our innermost self, to our fellow human beings and to God. He refers to this as the three movements of the spiritual life.

Feb 16th - *The First Movement*: Part 1. From loneliness to solitude, focuses on the spiritual life as it relates to the experience of our own selves.

Feb 23rd - *The First Movement*: Part 2. Our journey into solitude

Mar 9th - *The Second Movement*: From hostility to hospitality, deals with our spiritual life as a life for others.

Mar 23rd - *The Third Movement*, from illusion to prayer, offers penetrating thoughts on the most mysterious relationship of all: our relationship to God

Wednesdays 7-8pm on Zoom. Enquiries Imelda 086 6098887, or email sisterimelda@gmail.com



Comhairle Chontae na Gaillimhe
Galway County Council



Galway City Partnership
Comhghairtíocht Chathair na Gaillimhe



Centre um Fhorbairt Pobail Áitiúil
Chathair na Gaillimhe
Galway City Local Community Development
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