

APPLICATION FORM

NAME:

ADDRESS:

MOBILE:

EMAIL:

SIGNATURE:

Cheques to be made out to Pernet CLG.

IBAN: IE03 AIBK 9372 2353 9770 33

BIK: AIBKIE2D

Please, state your name on electronic transfers.

**Return application form to Pernet CLG, 92 Corrach
Bui, Ragoon, Galway. H91H2DE**

Contact:

Mary Cunningham : (086) 3836567

Helen McGreal : (086) 8240691

Imelda O'Sullivan : (086) 6098887

www.pernet.ie

KEY LEARNINGS:

Some attendees noted the confidence which the course had brought, that they felt more confident in expressing their opinions as all opinions on the course were equal.

Another key take-away was the circle of influence training and the realisation and acceptance that there are some things which we can influence and some things which we can do little about. For example, one person noted that they now only listen to the news once per day and this has had a positive impact on them.

For others, the course provided an opportunity to 'switch off' from daily life and focus on something different, including meeting new people.

Another take-away was communication styles and how to adapt them. The course provided life-skills, which will be used by the attendees throughout their lives.

PROGRAMME DATES:

Thursdays, Zoom 7.30pm – 9pm

23rd September 2021

7th and 21st October 2021

4th and 18th November 2021

2nd December 2021

20th January 2022

3rd and 17th February 2022

10th and 24th March 2022

7th April 2022

The facilitator is Martin Kennedy, assisted by Catriona Kennedy.

Cost €40

For further details please contact

Imelda O'Sullivan 086-6098887

Mary Cunningham 086-3836567

Daragh Bogan 089-6063643

Booking: Registration Night: Monday 13th September 2021,
7.30-8.30pm Westside Resource Centre.

Email us at sisterimelda@gmail.com

Return application form to Pernet CLG, 92 Corrach Bui, Ragoon,
Galway and pay online or by cheque.

MARTIN KENNEDY

Martin Kennedy will be delivering the Training for Transformation programme. He works freelance as a trainer and facilitator with community, statutory and voluntary groups around the country. He has been working with the TFT for over 35 years. Martin is married with two children and living in Killeshandra Co. Cavan.



INTRODUCTION

Training for Transformation (TFT) is a Community Leadership programme that seeks to provide skills for community activists to achieve their goals. It is centered on a belief in the dignity of each person in the community and a belief in the capacity of each to make a contribution to their community.

TFT seeks to develop in the participants

- A strong sense of self-confidence in what they have to offer
- Understanding of forces shaping society and communities
- Leadership skills in working with others to achieve goals

The course seeks to put into practice its message through the way it is run. Its basic principle is that 'none of us is smart as all of us'. The method of working is more to seek to draw out the experience and insight already in the group and less to put in new information. This involves creating group experiences that can then be learned from. The programme focuses on the actual involvements of participants for some of its material.

Five areas of learning are brought together in the programme:

- Personal growth
- Group skills
- Social analysis
- Community leadership
- Organisational development

HISTORY

The programme was developed in a 3rd world context in the 1970's. Its origin was among groups and individuals interested in developing skills for effecting change in a manner respectful of human dignity. While its inspiration is for a better kind of society it is not utopian. Instead it focuses on practical concrete ways of achieving change in the context of real issues, big and small, effecting individuals and communities. TFT was brought to Ireland in the early 1980's by returned missionaries. It has been used widely across the country in the last thirty years.

OUTCOMES

The programme generally runs for the equivalent of 10 days. Its normal outcome is to empower the participants to engage in some form of development work. A recent programme in Longford provided training for a range of community activists involved in the provision of sports programmes, residents associations, women's groups, inter-cultural activities and support programmes for young people with drug and alcohol addictions. Across the country the programme has been utilised to develop community based leadership groups in large housing estates, support family resource centres, provide leadership for youth groups etc.

The programme has been run in Galway on a number of occasions under the direction of Sr. Imelda O'Sullivan LSA. It has supported the development of parish groups, a residents' association, an adult education committee and a child care centre.

Galway 2021

The programme is set to run in Galway this Autumn. It will be targeting people who are or wish to be involved in some leadership capacity in their community. This programme works best if you work or volunteer within an organisation such as, Youth Sport, Family Resource Centres, Voluntary Organisations, Church Groups, Credit Unions and Gardaí. The intention of the programme is to offer a range of practical skills to the participants to plan, promote and organise a range of community activities relevant to the organisation/community.