

**8.-10. CLASS:
13-15 YEARS OLD**

PARENTAL CONSENSUS

1 UPHOLD CURFEW HOURS AS STIPULATED BY LAW AND BE ATTENTIVE OF YOUR TEENAGER'S SLEEP REQUIREMENTS.

2 TAKE PART IN YOUR TEENAGER'S SCHOOLWORK, LEISURE ACTIVITIES AND SPORTS AND COOPERATE WITH OTHER PARENTS.

3 ESTABLISH A DIALOGUE ABOUT SCHOOLWORK AND THE SCHOOL-DAY. PROVIDE ACADEMIC SUPPORT AND A GOOD ENVIRONMENT FOR ATTENDING TO HOMEWORK.

4 BE AWARE OF BULLYING, INFORMING SCHOOL AND/OR PARENTS IF THERE IS SUSPICION THAT A TEENAGER IS A VICTIM OR PERPETRATOR OF BULLYING.

5 GET TO KNOW YOUR TEENAGER'S FRIENDS AND CLASSMATES AND CONTACT AND CONSULT WITH THEIR PARENTS.

6 DO NOT PURCHASE TOBACCO, ALCOHOL OR OTHER SUBSTANCES FOR TEENAGERS.

7 DO NOT ALLOW UNSUPER- VISED PARTIES NOR ALLOW TEENAGERS TO USE TOBACCO, ALCOHOL OR OTHER SUBSTANCES IN YOUR HOME.

8 BUILD UP YOUR TEENAGER'S CONFIDENCE AND TEACH HIM/HER TO TREAT OTHERS WITH RESPECT AND COMPASSION.

9 DISCUSS ONLINE COMMUNICATIONS WITH YOUR TEENAGER AND ESTABLISH RULES REGARDING INTERNET USE.

11 INSTILL EMPATHY AND OPEN-MINDEDNESS INTO YOUR TEENAGER TO EXPAND HIS/HER VIEW OF SOCIETY AND TEACH HIM/HER TO BE RESPECTFUL OF OTHER PEOPLE'S CULTURE.

12 OTHER...

10 MAKE SURE THAT TEENAGERS ONLY HAVE ACCESS TO MOVIES, VIDEO GAMES AND ONLINE MATERIALS AT HOME THAT SUIT THEIR AGE AND DEVELOPMENT.

**WE THE PARENTS OF THE CHILDREN IN _____ CLASS/GROUP _____ (SCHOOL)
AGREE TO BE INVOLVED IN THE EDUCATION OF OUR CHILDREN AND TO RESPECT THE ABOVE STANDARDS**

PARENTS AND GUARDIANS SIGNATURES



Heimili og skóli
Landssamtök foreldra

