

PERINATAL and SUBSTANCE USE DISORDER RESOURCES



**HEALTH FEDERATION
OF PHILADELPHIA**

The keystone of community health since 1983

This collective resource was compiled with and made possible by the participants of the *Perinatal Opioid Use Disorder Learning Collaborative*.

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This document was last updated on 11/15/21. However, resources and funding change frequently so please verify information before referring patients/clients.

Please contact Kristin Walker at kwalker@healthfederation.org with any questions, resource additions, or further updates.

Crisis:

- DBHIDS 24/7 Crisis Hotline: (215) 686-4420
 - Can call for self or on behalf of someone you are concerned about
 - Support with suicidality, depression, self-harm, hopelessness, difficulty dealing with life stresses, anger issues, addictions and substance use problems, relationship problems, other emotional issues/stressors
- National Suicide Prevention Hotline: 1-800-273-TALK(8255)
- Spanish Suicide Hotline: 1-888-628-9454
- Temple Episcopal Crisis Response Center
 - 100 W. Lehigh Avenue, Philadelphia, PA 19125
 - (215) 707-2577
- NET Access Point- 24/7 AOD Assessment Center
 - 499 N. 5th Street, Suite B, Philadelphia, PA 19123
 - (215) 408-4987
 - *Able to do Suboxone induction, including pregnant patients
- Crisis Nursery - Baring House
 - 3401 Baring Street, Philadelphia, PA 19104
 - (215) 386-0251
- 24 hour Opioid Support Hotline: (215) 408-4987

Breastfeeding

- Pacify app - <https://www.pacify.com/>
 - Platform provides 24/7 infant feeding support to parents via smartphone

- o Connects families to a nationwide network of lactation consultants and registered nurses
- LactMed- reference for what medications/substances affect breast milk
 - o <https://www.ncbi.nlm.nih.gov/books/NBK501922/>
- Maternity Care Coalition Breastfeeding Counselor referral
 - o (215) 972-0700, prompt #3
 - o For specific support with breastfeeding and returning to work/school, contact Deanna O'Neill (doneill@maternitycarecoalition.org, 215-764-2994)
- MidAtlantic Milk Bank
 - o (412) 281-4400
 - o <https://midatlanticmilkbank.org/>

Domestic/Intimate Partner Violence

- 24 hour Philly Domestic Violence hotline: 1-866-723-3014
 - o Will connect with shelter or emergency placement
- Women in Transition
 - o (215) 564-5301
 - o 718 Arch St Suite 401N, Philadelphia, PA 19106
- Women Against Abuse
 - o (215) 386-1280
 - o 100 S Broad St #1341, Philadelphia, PA 19102
- Congresso
 - o Has emergency cell phones available on site for clients in imminent danger, call (215)763-8870 x1300.
 - o Crisis counselor can provide a smart phone with two months of talk and text
- Lutheran Settlement House
 - o (215) 426-8610
 - o 1340 Frankford Ave, Philadelphia, PA 19125
- Girls Auto Clinic
 - o All female car maintenance service, will check cars for trackers
 - o (484) 461-4693
 - o 7425 West Chester Pike, Upper Darby, PA 19082
- Info from the DA on obtaining a PFA during COVID-19: <https://www.phila.gov/districtattorney/pages/default.aspx>

Employment

- Careerlink: <https://www.pacareerlinkphl.org/>
 - o Career services, job training, job openings
 - o Virtual services: 1(833)750-JOBS, info@pacareerlinkphl.org
- www.70millionjobs.com

- o Jobs that hire people with a criminal record, includes help with resumes and with the job search
- First Step: <https://firststepstaffing.com/>
 - o Clients have to pass a drug test
 - o Can be placed with a job same day
 - o 1952 E Allegheny Ave suite 500, Philadelphia, PA 19134
- Uplift Workforce Solutions
 - o Work with returning citizens (any kind of criminal record except sex offenders) to secure jobs
 - o 6 week training program (4 weeks life skills, 2 weeks technical skills specific to job)
 - o M-Th 9am-3pm, F 9am-12pm. Provide transpass, weekly \$100 stipend, and catered lunch while in program
 - o During COVID can take 10 people in person and the rest virtually (no limit)
 - o Case management support for housing, addiction, childcare, clothing, etc.
 - o Job is guaranteed after the program, starting rate higher than minimum wage and opportunities for advancement.
 - o To refer: email Lauren.ruday@upliftsolutions.org client full name and phone number
 - o Sobriety requirements determined on a case-by-case basis
 - o 417 N 8th St, Philadelphia, PA 19123
- Brown's Shoprite stores
 - o Committed to hiring returning citizens. They offer a higher starting wage than similar jobs and opportunities for advancement. [Here](#) is a list of their store locations. They are a partner with Uplift (above).
- Center for Employment Opportunities
 - o Workforce development program for returning citizens on probation or parole at any level. Must be referred by Parole Officer.
 - o Participants are provided with a temporary part time job (a few different types of work, all physical labor) and paid \$11.75/hour up to 4 days a week. Once a week they meet with a job coach to prepare them for the work force, assess barriers to getting or keeping a job, and refer them to resources.
 - o Participants complete a job readiness assessment (mock interview) weekly. If they are ready to obtain employment outside of the program, job coordinator connects them with second chance employers.
 - o Must work at least 20 hours per week
 - o Retention program to support participants for at least a year to help them be successful at their job or find new work if necessary
 - o SNAP recipients are preferred
 - o Contact Quianna (215-694-3523) or Lateefah (267-432-9462) for more information or for help getting in touch with P.O. for referral
- Looking Forward Philadelphia (JEVS)

- o Reentry support for short-term and long-term goals, including employment support, workshops on financial literacy, education on starting a business, weekly motivation groups, and mental health and sobriety resources. Flyer attached here:

<https://www.jevshumanservices.org/program/looking-forward-philadelphia/>

Financial/Benefits

- [Benephilly](#)
 - o Free one on one support applying for benefits and determining which benefits client is eligible to receive
 - o Call 844-848-4376
- Niche Clinic
 - o Financial management support with hospital bills, medicaid, child support, etc.
 - o Client can go to www.nicheclinic.org/register and select “Maternity Care Coalition” as a referral option
 - o Contact Dan LaSalle at lasalle@nicheclinic.org

General Needs:

-Baby clothing and supplies

- The Baby Bureau
 - o Provides “baby bundles” with clothing, baby blanket, pack of diapers, and other supplies (wipes, etc.) as available
 - o Fill out [google form](#)
 - o Contact Fran: (215)688-0538, fran@thebabybureau.org
 - o Located at Abington Health Center at 225 Newtown Rd, Warminster, PA 18974
 - o Supplies must be picked up from them
- Cradle of Hope Pregnancy Resource Center
 - o Supplies (baby clothes, diapers, formula, high chairs, swings, strollers, etc.), pregnancy counseling, referrals for people who are pregnant or parenting a child under 1 y.o. in state of PA. Must have PA state ID.
 - o They will provide safe sleep education for pack ‘n plays (not for cribs or bassinets)
 - o Contact Cheryl Sumitra at (215)758-2791 to schedule an appointment or order supplies, cradleprc@gmail.com, cradleprc.org
 - o Clothing isn’t washed before being distributed! Tell clients to wash before wearing!
 - o Pro-life organization
- Cradles to Crayons- Clothing, Toys, emergency baby goods (children up to 12 yrs. old)
 - o The ordering system opens on Mondays at 9:30am* and will close sometime during that same week once the amount of orders hits its capacity limit.

- *There are specific times that Cradles to Crayons will notify their distributing partners if the system will be closed for a period of time. Jessica Corey will inform staff via email when these times occur.
 - o An order for a child is called a “KidPack” and if there are multiple orders to be made, a KidPack order will need to be made for each individual child.
 - Can include clothing, shoes, toys and baby gear such as strollers and car seats.
 - o Clothing isn’t washed before being distributed! Tell clients to wash before wearing!
- Mitzvah Circle- Clothing for caregivers and/or children and diapers
 - o <https://mitzvahcircle.org/>
- HOPE Pregnancy Center
 - o Clothing for newborns up to 24 m.o. Clothing is on a donation basis, so may not always be available. Must be picked up from their physical location at Broad and Fairmount, Greater Exodus Church
 - o (267)546-3600
 - o Clothing isn’t washed before being distributed! Tell clients to wash before wearing!

-Beds

- OHAAT program - IMPORTANT: For Maternity Care Coalition staff only
- Referral via Cribs for Kids Advocate - email Shauntay Murray (smurray@maternitycarecoalition.org) - she will then send advocate the referral form. Once referral form is completely filled out, Shauntay must approve the referral. She will then send it to OHAAT, who must also approve the referral.
 - o Bed supply is very limited! Should only be used if there are no other options.
 - o Clients cannot be referred for more than two beds
 - o Qualifying criteria:
 - Recipients must be 2 to 20 years old.
 - They should not have received a bed from OHAAT in the past.
 - Their household income must be below the Poverty Guideline (see below).
 - They must reside in permanent or long-term housing in OHAAT’s Delivery Area in Philadelphia, Bucks or Montgomery County (see attachment).
 - Their current residence must be bed bug free for at least 3 months.
 - They must be sleeping with improper bedding - includes air mattress, sleeping bags, sharing a bed, moldy bed, or sleeping on the floor, couch, etc... (mattresses on the floor, futons, or stained mattresses are **not** improper bedding)

-Car seat

- CHOP Car Seat program
 - o <https://www.chop.edu/health-resources/child-safety-seat-program-chop>

-Cell Phone

- [Assurance Wireless](#)- can apply for free cell phones for people receiving state benefits
- www.qlinkwireless.com – provides free cell phone service to people receiving government assistance
- www.sanoconnect.com/reps - free phones available through Sano through funding by the federal government, with free data included and the ability to preload apps on the phones as desired.

Sano Connect is Sano Health’s Emergency Broadband Benefits (EBB) service. EBB is part of recent COVID funding and there are enough resources for 33 million people, but only 3 million have been served so far. Medicaid, SNAP, and some veterans' benefits make a person eligible for these free devices and broadband, but there can only be one device/household. Includes unlimited texting and phone calls at no cost to the patient or health center. Sano bills the Feds who pay them.

Each agency needs to designate representatives who register and become the point person to help patients determine eligibility and sign up for the service. Sano Health will work with each site to customize the devices for their patients. The clinic can add a telehealth solution, their website, and any other app / link they would like as part of the device main menu. Here is the form they can use to provide us with input to customize the devices. <https://forms.gle/KX16po5EjRmwQaDS6> – note that devices CAN be modified by Sano even after the patients receive them.

-Clothing

- Our Closet
 - shauna@ourclosetpa.org
 - Provide sizes for tops, bottoms, shoes for all children and adults in household
 - May be able to provide masks
 - Provide first and last name, demographic information, address, contact #
 - They will call client to let them know when clothing is being delivered
 - One time service, should hold family over until they are connected with an advocate for long-term services
- The Wardrobe
 - (215) 568-6693
 - 413 N. 4th St, Philadelphia, PA
 - www.careerwardrobe.org
 - Appointments in Philly, Delaware County, and online, open to anyone in the greater Philly area
 - Professional clothing, business casual, special vocational attire (scrubs, etc.), casual clothing after abuse/crisis/incarceration
 - Weekly online events on Wednesdays on zoom, topics listed on their website

-Crib/Pack 'n Play

- Cribs for Kids- Pack' n play
 - call Maternity Care Coalition (215) 972-0700 and select the appropriate prompt
 - Prompt #1: Cribs For Kids
 - Email form below to Shauntay Murray (smurray@maternitycarecoalition.org)
 - Postpartum
(https://maternitycarecoalition.org/wp-content/uploads/2016/04/C4K_Post-Partum-Referral-Form.pdf)
 - Prenatal
(https://maternitycarecoalition.org/wp-content/uploads/2016/04/C4K_Prenatal-Referral-Form.pdf)
 - Distributed from 36 weeks pregnant until baby is 6 months
 - Dispersed by DHS if involvement, otherwise dispersed directly by MCC
 - Must complete safe sleep training
 - Keep receipt!

-Diapers

- Belmont Diaper Alliance
- Catholic Social Services, multiple locations
- Maternity Care Coalition - limited services
- Philadelphia Diaper Bank
 - Partners with other nonprofits and agencies to distribute diapers
 - See list of partners here: <http://philadelphiadiaperbank.org/partners/>

-Food

- Food access maps:
 - [Philabundance](#)
 - [Why Hunger](#)
 - [Hunger Coalition](#)
 - [Findhelp.org](#)
 - [City of Philadelphia food distribution sites](#)
- Frontline Dads
 - distributes food in the city twice weekly from their site in Mantua at 34th and Spring Garden
 - They also do deliveries anytime if families cannot come to them
 - Call Ruben Jones at 267-414-4764 to set a family up with this service
 - Address: 410 N 34th St, Philadelphia, PA 19104
- WIC
 - Prenatal care provider or Pediatrician can make referral

-Housing

- Apple Tree
 - Centralized intake for families in the Philly shelter system
 - 1430 Cherry St, Philadelphia, PA 19102, (215) 686-7150
- Mercy Hospice
 - Recovery house, a step down from rehab, through office of addiction services
 - (215) 545-5153
 - 334 S. 13th St, Philadelphia, PA 19107
- Salvation Army Red Shield Family Residence
 - Open 3pm-7am, first come first serve
 - (215)787-2887
 - 715 N. Broad St, Philadelphia, PA
- Cradle of Hope
 - Housing in Jenkintown for 6 pregnant/parenting moms with babies under 24 months old
 - Moms must be 18 years old, have been sober for at least 1 year, and have unstable housing
 - Residents can stay for up to 12 months.
 - Contact Rachel Mullelly at (215)572-5937. If vacancies exist a phone screening will be done with the client
 - Address: 1657 The Fairway #140 Jenkintown, PA 19046
 - Guiding Star
 - Home for pregnant women (at least 18) and their children, age 5 and under who are homeless or at risk of homelessness
 - Pro-life, Christian
 - (215) 924-2876
 - Address: 1940 E Cheltenham Ave, Philadelphia, PA 19138
 - Hours of operation weekdays 10am-3pm, closed on weekends
 - To apply, email apply@guidingstar.org with name and a brief description of needs
- Why Not Prosper (for women reentering the community post-incarceration)
 - 3 transitional houses in Germantown for women coming from prison
 - Can stay 6 months-1 year.
 - Goals: 1) help with sobriety 2) workforce academy- certification for home health aide and food service 3) reunification.
 - No requirements, open to anyone who wants a fresh start. Application on their website: www.why-not-prosper.org
 - Hotline to support women coming home from prison answered by formerly incarcerated women: 1-866-CMENOW5. Contact: Michelle Simmons (610)716-1113

- o 717 E Chelton Ave, Philadelphia, PA 19144
- o Smartphone APP: Why Not Prosper Re-Entry & Recovery Resources for additional info
<https://appadvice.com/app/re-entry-recovery-resources/1549148022>
- [Willows Housing](#) for low-income families- must be able to pass a background, credit, and landlord check. Several locations in Philly.
- Housing search options: zumper, rent.com, hotpads, gosection8.com, Zillow, trulia, pahousingsearch.com
- Affordable Housing Online
<https://affordablehousingonline.com/housing-search/Pennsylvania/Philadelphia>

-Identification

- If homeless and in need of an ID, go to any PennDOT location and tell the agent currently homeless and the fee will be waived
- Philly City ID:
 - o <https://www.phila.gov/programs/phl-city-id/>
- Homelessness Advocacy Project helps with obtaining IDs and may pay the fee for it
Contact: Evan Dubchansky, edubchansky@haplegal.org . View [this flier](#) for more information about the process.

-Menstrual Products

- No More Secrets <https://www.nomoresecretsmbs.org/> has an online request form for menstrual products. They have a waitlist and it can take several months for products to be delivered.
 - Pick up address: No More Secrets MBS The SPOT Period, 4811 Germantown Avenue Suite 101, Philadelphia, PA 19144
 - Hours are subject to change without notice, so contact FIRST before visiting the SPOT Period Hub
 - (215) 485-7881
 - nmcglone@nomoresecretsmbs.org

-Nutrition

- [Nutrition Links](#) program at Penn State
 - o Free nutrition education programs to anyone eligible for public assistance
 - o Learn about healthy eating on a budget
 - o Email nutritionlinks@psu.edu or call 1-888-778-3535

-Transportation

- Penn Medicine COVID-19 Social Needs Response Team

- They also help with safety concerns, food assistance, and medication access
- (267)785-2019

Harm Reduction

- Prevention Point Philadelphia
 - 2913-15 Kensington Ave, Philadelphia, PA 19134
 - (215) 634-5272
 - <https://ppponline.org/>
- Statewide Naloxone Allocation Request Portal
<https://www.surveymonkey.com/r/HHRBF7K>
- Be Safe Community app
 - App to inform others of your use, if you become unresponsive, they will be alerted with your location.
 - https://play.google.com/store/apps/details?id=coop.brave.besafe&hl=en_US&gl=US
- Canary – Prevent Overdose app
 - Can designate contact people who will be alerted if you become unresponsive/don't move when you are using
 - <https://apps.apple.com/us/app/canary-prevent-overdose/id1396426874>
- Staying Safe app
 - Up to date harm reduction information, can track use over time
 - https://play.google.com/store/apps/details?id=com.stayingsafe&hl=en_US&gl=US
- Never Use Alone
 - Hotline to call if using alone: (800)484-3731
 - an operator will ask for first name, exact location, county, and the number the person is calling from. The operator will stay on the line while the person uses. If they do not respond within a set amount of time, the operator will notify emergency services
- National Harm Reduction Coalition
 - www.Harmreduction.org
- Project SAFE
 - Serves women and queer sex workers and drug users
 - Distribute harm reduction supplies for IV drug use, smoking, and sex work to drug users and sex workers. At capacity for client deliveries currently but could add BIPOC or LGBTQ clients. Run by Lulu (they/them)
- The Night Shade Collective for street-based sex workers, run by Aisha
 - House two blocks from Prevention point provides naps, meals, showers, clothing, harm reduction supplies, and an opportunity for engagement.
 - Open Fridays 6pm-9pm and Sundays 1pm-4pm. Run by Rosa (they/them)
 - Cell phone distribution program
 - Harm reduction trainings for medical students and staff

- Hotline: 1-866-509-SAFE, safephila@gmail.com
- Narcan Standing
Order: <https://www.health.pa.gov/topics/Documents/Opioids/General%20Public%20Standing%20Order.pdf>
- Overdose Rescue Training Video: <https://youtu.be/6lcUtEEafLM>
- To have a Narcan Kit mailed to you, please contact: Rhonda.L.Johnson@Phila.Gov

Hepatitis C

- Perinatal Hepatitis C Program - for prenatal providers and patient support
 - Perinatal HCV Epidemiologist: Emily.Waterman@phila.gov
 - (215) 685-6849

HIV

- Action Wellness Perinatal Medical Case Management
 - Anyone can refer a client, and clients can self-refer
 - Call Perinatal Program Coordinator Lourdes Gonzalez at 215-586-7602 or email lgonzalez@actionwellness.org
 - Extensive services for pregnant and postpartum women living with HIV for up to 1 year postpartum with family services beyond that time-frame as needed
 - Support services also available if pregnancy termination desired
 - Grant supported, no cost, no insurance necessary
 - Multiple languages spoken by case managers
 - Accompaniment to 5 prenatal or HIV medical appointments (also within 90 days postnatal appt)
 - Accompaniment to 2 pediatric HIV specialist appointments postpartum (the initial, and follow-up)
 - Two home visits for safety assessment (one prepartum and one postpartum)
 - Multiple additional contact attempts (including home and community visits) to engage with pregnant or postpartum women living with HIV who are at risk of falling out of medical care

Home Visiting - referrals available by calling Philly Families Can or by calling the program directly

- Philly Families Can -
 - Central intake for home visitation program in Philadelphia - managed by MCFH
 - Connects pregnant and parenting families with children 0-3 to voluntary home visiting programs (see below) for extra support, all at the family's choice
 - The following home visiting programs partner with MCFH in Philly Families Can:
 - Parent Child +

- PHMC: Nurse-Family Partnership and Mabel Morris Family Home Visit Program
- Maternity Care Coalition
- Health Federation of Philadelphia Early Head Start
- CHOP Early Head Start
- MCFH: The MOM Program and Philadelphia Healthy Start
- Elect Program
- Carson Valley Children's AID
- People's Emergency Center
- o Apply on their website: <https://phillyfamiliescan.com/>
- o Or call (215) 685-4701 for more info
- o Eligibility:
 - Must be a resident of Philadelphia
 - Must be expecting a child OR have a child under the age of 3
- o Languages: English
- o Cost: Free
- o This program covers residents of Philadelphia, PA

Additional information about individual home visiting programs:

Maternity Care Coalition

- MOMobile Rapid Engagement (MRE) program at Maternity Care Coalition
 - o Advocates work with clients to provide them with resources, case management, psychosocial support. Can also connect clients to SUD treatment or harm reduction resources, medical providers, parenting classes, and long-term home visiting, as desired by the client
 - o Call (215) 972-0700 and select the appropriate prompt
 - Prompt #2: Referrals with Substance dependence (MOMobile Rapid Engagement)
 - o Or call MRE hotline at (267-857-8600) to refer a client, or they can call themselves. Advocates staff the hotline 8am-9pm M-F
 - o Advocates can provide clients with diapers, wipes, formula, clothing, and other urgent needs
- Healthy Families America (HFA)
 - o Contact person: Lonnese Bodison (lbodison@maternitycarecoalition.org) & Nanci DeVose (ndebose@maternitycarecoalition.org)
 - o Eligibility: Mothers with children ages 0-3
 - o Bucks, Montgomery, Delaware, Philadelphia counties
 - o Child abuse prevention program
 - o Most intensive, 60 minutes/week
 - o Baby must be 6 months or younger
 - o Can take some time to connect with clients
 - o All zip codes, will accept anyone who is caregiver (living with) for child, regardless of gender
- Healthy Babies

- o Support for babies born with NAS or otherwise exposed to substances in utero
- o Contact person: Korah Lovelace (klovelace@maternitycarecoalition.org)
- o Eligibility: Mothers who are pregnant or baby up to 6 months old, affected by substance use, regardless of immigration status
- o Philadelphia, Montgomery, Lower Bucks Counties and in select areas in Delaware County (i.e. Yeadon and Upper Darby), all zip codes
- o Keystone First Health Plan
- o Work with families for 18 months from intake
- Healthy Start
 - o Contact people: Nancy Torres (ntorres@maternitycarecoalition.org), Kianna Little (klittle@maternitycarecoalition.org)
 - o Baby can be up to 1 year old, services until baby is 18 months
 - o Zip code restrictions
 - o Spanish speaking advocates
- Early Head Start
 - o Contact person:
 - Norristown: Karen Washington (kwashington@maternitycarecoalition.org)
 - South Philadelphia: Tamika DeShields (tdeshields@maternitycarecoalition.org)
 - Pottstown: Justine Pascal (jpascal@maternitycarecoalition.org)
 - Eligibility:
 - o Mothers who are pregnant or baby up to age 3
- Early Head Start through CHOP
 - o Available to families at or below federal poverty guidelines living in West Philadelphia
 - o 267-425-9900, ehsinfo@email.chop.edu
 - o www.Chop.edu/centers-programs/early-head-start
- [Health Federation of Philadelphia Early Head Start Program](#)
 - o Eligibility:
 - Families living in zip codes 19120, 19121, 19122, 19124, 19126, 19132, 19133, 19140 and 19141
 - Pregnant women
 - Parents with children from birth to three years of age.
 - o For referral/enrollment:
 - Lisbel Madera at 215-223-5200 ext. 155
 - o For General Program Information Contact:
 - Khadijah Muhammad, Director at 215-223-5200 x124

Enrollment form here:

<https://www.childplus.net/apply/en-us/E56851BA6A5331DC45221EC1CA15B6E9/2B3A8B47EF6DB9BE51D9710E501E281C>

- Safe Start
 - Through HUP, patients must be seen there
 - Must have Keystone First
- Mabel Morris
 - If baby is over 6 months old, similar home visiting programs to MCC
 - May have a long wait list
- Check “Programs for Transition from Healthy Babies” doc for other programs that accept families with older babies/children.

Early Intervention

- **Philadelphia Infant Toddler Early Intervention Program** - entitlement program for infants and toddlers between the ages of birth to 3 years of age. Anyone can make a referral to Early Intervention. All referred children will receive a developmental assessment, and many will also receive a multidisciplinary evaluation. All eligible children will be assigned a service coordinator, and all Early Intervention Services are delivered at no cost to the family.
 - Call the program intake line at (215) 685-4646
 - The following information is needed in order to make a referral to the Infant Toddler Early Intervention program:
 - Parent and child’s first and last name, address, phone number
 - Child’s date of birth, gender
 - Medical assistance number (if receiving MA) and child’s Social Security number (if known)
- Children who are ages 3-5 that have developmental delays are served in the **Preschool Early Intervention Program**. In Philadelphia this program is called Elwyn SEEDS. To make a referral to the Elwyn SEEDS program call 215-222-8054.

-Early Childhood Education

- Community Engagement Services (CES) at MCC
 - Will support clients during service or transitioning out seeking early childhood education support

- o Support families wanting to enroll their children into a childcare facility (center or home-based), or into another home visiting program
- o Provide educational materials
- o Families must be enrolled in some MCC program
- o Can be for any child in the family, up to age 5, can help with Kindergarten enrollment
- o We can use them as a resource in our work with clients
- o Lonnese Bodison and Angie Bellon are contact people, they have a flier and a referral form
- McKinney Vento program at Philadelphia School District provides financial support to students in insecure housing. More information: <https://www.philasd.org/homeless/about/about-mckinney-vento/>

Legal

- **Community Legal Services (CLS) Family Advocacy Unit**
 - o Family advocacy unit works with families involved with DHS (Philadelphia only)
 - o Contact if case is opening, before going to court. Social workers can help clients make a plan and reassure them about what the process might be like
 - o Hotline: (215)981-3765, leave message and they will call back
 - o Ron: (215)981-3762
 - o Maggie: (215)981-3725
- Philadelphia Legal Assistance
 - o Support with divorce, child custody, protection from abuse orders
 - o Family law intake line: (215)981-3838
 - o M-Thursday, 9:30-noon
- Temple Legal Aid
 - o contact: Sarah Katz, sarah.katz@temple.edu
- AIDS Law Project
 - o for legal advice or representation, call 267-520-0024 or (215) 587-9377, M-F 9:30 -1:00 for intake
 - o on-line intake form also available on website <https://www.aidslawpa.org>
 - o 1211 Chestnut St # 600, Philadelphia, PA 19107

Mental Health

- Philadelphia Mental Health Hotline: (267) 687-4381
- MOMobile Family Therapy Program (MFT)
 - o Contact person:
 - Jessica Dashevsky (idashevsky@maternitycarecoalition.org)
 - o Eligibility:
 - Mothers with children ages 0 to 3 months

- Low-income pregnant women
 - Must be enrolled in an Maternity Care Coalition program
 - No psychiatrist on staff, likely refer out for more serious mental health concerns
- Joseph J. Peters Institute (JJPI)
 - Trauma therapy for people with Medicaid, specializing in sexual trauma and domestic violence
 - Services for both adults and children
 - [\(215\) 701-1560](tel:2157011560)
 - 100 S Broad St # 1700, Philadelphia, PA 19110,
 - www.jjpi.phmc.org
- The Postpartum Stress Center
 - Therapy for postpartum patients/families
 - [\(610\) 525-7527](tel:6105257527)
 - 1062 Lancaster Ave #2, Bryn Mawr, PA 19010
 - www.postpartumstress.com
- Consortium
 - Recovery-oriented community mental health center
 - (215) 474-1280
 - 5501 Chestnut St, Philadelphia, PA 19139
 - www.consortiuminc.org
- Postpartum Support International
 - [Online postpartum support groups](#)
 - 24 hour hotline: 1-800-944-4773, #1 Spanish, #2 English
 - Text: 503-894-9453
- Pennsylvania's Support & Referral Helpline
 - 24/7 mental health support and referral helpline.
 - Caseworkers counsel in the moment and connect callers to community-based resources
 - 1-855-284-2494
- National Suicide Prevention Lifeline
 - 24/7 phone and text lines
 - English: 1-800-273-8255
 - Spanish: 1-888-628-9454
 - Crisis text line: text "PA" to 741-741
- Parental stress hotline- help for parents
 - 1-800-632-8188
- Healing Hurt People (Drexel)
 - Home and community-based services for ages 8-35 who have been victims of or witnessed community violence (stabbing, gun violence, assault).
 - Cognitive processing therapy, trauma-focused CBT, peer support and mentoring
 - Work with folks for up to one year, then will connect them to longer-term support
 - Will accept anyone regardless of insurance/documentation status

- Very flexible and accommodating on timing and appointments, but aim for weekly appointments
- Services do not include those impacted by DV or child abuse, if gray area refer and they will assess
- Arturo Zinny, Program Director: (267)879-3132
- Barbara Argeros, Administrative Coordinator: (215)762-1177
- [Griefshare](#)
 - Directory of local grief support groups, many are currently online
- Women's Resource Center
 - <https://womensresourcecenter.net/get-help/counseling/>
 - Call Helpline at 701-314-HELP (4357) to describe current needs and situation
Clients average 12 – 16 sessions. This service is free for very low income clients. Other fees are set based on income and number of dependents
- SOWN - GrandFamily resource center and support
<https://www.sown.org/grandfamily-resource-center>

-Mental health for children

- Children's Crisis Treatment Center
 - Outpatient family therapy, Trauma counseling, Psychiatry, TSS support, therapeutic nursery for preschoolers with behavioral and emotional challenges
 - Child must have CBH (medicaid) insurance
 - (215)496-0707
- JJPI for trauma counseling (see general needs> mental health section)
- Elwyn for evaluations
 - <https://www.elwyn.org/services/childrens-behavioral-health>
- Uplift Center for Grieving Children: Uplift Philly - upliftphilly.org
 - Philly Hopeline - runs out of Uplift Center for Grieving Children
 - Open to all School District of Philadelphia students and families
 - Service is available in English and Spanish
 - 1-833-PHL-HOPE

[Neonatal Opioid Withdrawal Syndrome \(NOWS\)/Neonatal Abstinence Syndrome \(NAS\) Support](#)

- Philly LIFTS
 - Philadelphia Department of Public Health program
 - Carla Calabrese is NAS specialist, reaches out to Moms of infants diagnosed with NOWS/NAS, connects them with a nurse who can answer any questions
 - Harm reduction training, supplies Narcan, fentanyl strips, links to recovery programs
 - Carla meets with Moms one time, follows up if connecting with other services

- o They do NOT work with DHS and are in no way affiliated
- o Participation by moms is fully voluntary
- o Can refer clients to Carla, she does supply drop offs
- o Client must be in Philadelphia (per address on file with birthing hospital)
- o Professionals can call Carla at (267)251-5093, can give clients her work cell to call directly at (215)776-4406. Email: carla.calabrese@phila.gov
- o Faith: faith.robinson@phila.gov, Carla's supervisor.

Pregnancy and SUD Support

- All Options talkline:
 - o 1-888-493-0092, M-F 10-1am, S-S 10-6pm.
 - o Free counseling with option to discuss abortion, adoption, infertility, pregnancy loss, or continuing a pregnancy
- MOMobile Rapid Engagement (MRE) program at Maternity Care Coalition
 - o Advocates work with clients to provide them with resources, case management, psychosocial support. Can also connect clients to SUD treatment or harm reduction resources, medical providers, parenting classes, and long-term home visiting, as desired by the client
 - o Call MRE hotline at (267-857-8600) to refer a client, or they can call themselves. Advocates staff the hotline 8am-9pm M-F
 - o Advocates can provide clients with diapers, wipes, formula, clothing, and other urgent needs
- National Network of Abortion Funds
 - o locate clinics and funds for abortion
 - o <https://abortionfunds.org/>
- Women's Medical Fund: newly re-named Abortion Liberation Fund of Pennsylvania, or ALF-PA
 - o <https://www.womensmedicalfund.org/about>
- Nurse Family Partnership (for 1st time moms, 28 weeks gestation or less)
 - o 215-287-2114
 - o NFPreferrals@ncc.us
 - o <https://nurseledcare.phmc.org/programs/philly-nfp.html>
- MCC Community Doula Program
 - o E-mail Sheree Watkins swatkins@maternitycarecoalition.org with client's full demographic information, including client's DOB, phone number, insurance, and policy number
 - o All insurance accepted, including uninsured
- Philadelphia Department of Public Health Doula Support Program
 - o Focused on perinatal support for clients with SUDs, partners with MATER
 - o All doulas are trained on perinatal substance use and NAS

- o Can be referred at any time in the perinatal period, up to 6 months postpartum, for any substance use
- o Provide postpartum support for up to one year
- o Refer via [this link](#),
- o Here is a [flyer](#)
- o Amirah Grasty- program coordinator: (484)478-2993
- o Arielle Narva- program manager: (443)593-9864
- Stabilization - Jefferson Hospital Emergency Department
- Unity Recovery, www.unityrecovery.org
 - o One on one peer services, peer specialists and care coordinators can support with case management and referrals
 - o Holistic support services, including peer led parenting education groups, recovery groups, yoga, life skills workshops, services for family members
 - o www.Myrecoverylink.com - very self-referral friendly, chat bots, links to join virtual meetings
 - o Located in Manayunk, will work with anyone in Philadelphia, Bucks County, Delaware County, Montgomery County, Chester County
 - o Support all forms of recovery, including eating disorders
 - o Transportation and childcare for services
 - o Accept referrals for any level of care
 - o Can join online support groups without enrolling in other services
 - o No insurance requirement
 - o <https://unityrecovery.org/rss-service-interest> (specific form to request services)
- **Narcotics Anonymous**
 - o <https://naworks.org/> for philly area
 - o <https://naworks.org/find-a-meeting/> find a group (includes groups currently meeting virtually)
 - o <https://virtual-na.org/> find a virtual group
- **Alcoholics Anonymous**
 - o www.aasepia.org for groups in this area, includes 24/7 hotline for sobriety support

[Perinatal Outpatient MAT](#)

- How to Access Treatment - DBHIDS/CBH document for assessment centers and MAT providers: https://dbhids.org/wp-content/uploads/2020/04/How-to-Access-Treatment-and-MAT-List_Spring-2020_4.9.2020.pdf
- Drexel HOPE
 - o Mobile unit in West Philly at 52nd and Market every Thursday 10-3, plus telemedicine appointments

- o Suboxone, recovery support, case management, training and supplies for overdose reversal and prevention
- o HIV and Hep C testing and treatment, PrEP
- o Provide at home HIV testing kits—let them know if we want them, give client information when we give one out for counseling
- o No insurance necessary, will help sign up for insurance, can provide Suboxone prescription coverage for interim in insurance coverage
- o Can sometimes pay for recovery housing for clients without insurance
- o (215)301-4675, drexelhope@drexel.edu
- Caring Together (215)967-2130
 - o Open at 9am, they like clients to come when they open. Clients may be waiting in the reception area for their appointment for a while
 - o They provide rides to the facility and tokens to return home
 - o Will provide medication at initial appointment, if appropriate
 - o Clients cannot have used within 24 hours
 - o Charlene's cell: (215)681-7577
- Stephen Klein Wellness Center
 - o Part of Project HOME, has its own on-site MAT program with suboxone and methadone. Located at 21st and Cecil B. Moore.
 - o Serves anyone with Keystone First, Health Partners, or no insurance
 - o Open M-F, 9-5, 215-320-6187
- Delaware County Healthcare Clinic (Recovery Centers of America)
 - o Accepts Medicaid for residents of Delaware County
 - o In Upper Darby
 - o Methadone and Buprenorphine maintenance, long term detoxification, outpatient group therapy, IOP, individual counseling, case management
 - o 53 N Union Ave, Lansdowne, PA 19050, (484) 257-1350
- The NET
 - o 6th and Spring Garden
 - o 24 hours, provides walk-in emergency suboxone
 - o 499 N. 5th Street, Suite C, Philadelphia, PA 19123
 - o 215.451.7100
- Penn Family Care (PFC)
 - o For non-Penn patients, email Navid Roder, MD directly
Navid.Roder@pennmedicine.upenn.edu
 - o If patients are interested in PFC PROUD program, call the CORE CRS number 267-809-5080 and leave a message - response within 24 hours
 - In the message be sure to mention that pt is pregnant or postpartum seeking care
 - The name of the CRS focused on this clinic is Jackie Morales. Anyone calling that number should get connected to her.
- Temple Opioid Program aka TRUST Clinic

- 215-707-1122
- 3401 N Broad Street, Philadelphia, PA 19140
- Director: Laura Hart, MD, 215-370-2218

Mother-Baby Treatment Facilities

- Family House Now
 - (215) 878-8616
 - 1020 N. 48th Street, Philadelphia, PA 19131
- Family House Norristown
 - (610) 278-0700
 - 901 Dekalb St, Norristown, PA 19401
- Interim House, Inc.
 - (215) 849-4606
 - 333 W. Upsal Street, Philadelphia, PA 19119
- Interim House West
 - (215) 871-0300
 - 4108 Parkside Avenue, Philadelphia, PA 19104
- Gaudenzia - Fountain Springs
 - (570) 875-4700
 - 95 Broad Street, Ashland, PA 17921
- Gaudenzia - Kindred House
 - (610) 399-6571
 - 1030 South Concord Road, West Chester, PA 19382
- Gaudenzia - New Image
 - 24 hour intake line. Will take up to 2 children per mother, ages 0-10
 - (215) 924-6322
 - 1300 Tulpehocken Street, Philadelphia, PA 19138
- Gaudenzia - Vantage House
 - (717) 291-1020
 - 208 E King St., Lancaster, PA 17602
- Gaudenzia Winner
 - (215) 228-7595
 - 1832-1834 W. Tioga Street, Philadelphia, PA 19140
- Libertae, Inc.
 - (215) 639-8681
 - 5245 Bensalem Avenue, Bensalem, PA 19020
- MATER (Jefferson)
-Family Center
 - Patient Navigator Team/24 hour assessment line: (215) 955-3792
 - Can call here first and then referred to appropriate services
 - 1233 Locust Street, Suite 201, Philadelphia, PA 19107

-My Sister's Place

- o Comprehensive, trauma-informed woman-centered approach to treatment
- o For pregnant and parenting women with children
- o Main # (215) 763-1020
- o For Patient Navigator, Melonie Landers (267) 386-5293 or Supervisor, Jaclyn Racaniello (484)243-0429
- o 1239 Spring Garden St, Philadelphia, PA 19123

-Stimulant Use

- Jefferson SUPporting Engagement & Recovery for Families Affected by Stimulant Use ("SUPER")
- 215-955-3792 for general assessment
- If substance use is stimulant only or co-occurring disorder additional services and support offered
- Designated Navigator for the SUPER program is Kaitlin McCoale (267) 240-8183

Toolkits

- **ACADEMY OF PERINATAL HARM REDUCTION**

<https://www.perinatalharmreduction.org/>

- **PA Dept of Health NEONATAL ABSTINENCE SYNDROME FAMILY GUIDE TOOL KIT**

<https://www.ddap.pa.gov/Documents/Agency%20Publications/NAS%20Toolkit%20Book.pdf>

Provider Consultation

- National Clinician Consultation Center
 - o Clinically supported advice on substance use management for healthcare providers
 - o Peer-to-peer consultation from physicians, clinical pharmacists, and nurses with special expertise in substance use evaluation and management
 - o Consultation on HIV/AIDS management, perinatal HIV/AIDS, hepatitis C, PEP (post-exposure prophylaxis), and PrEP (pre-exposure prophylaxis)
 - o (855) 300-3595
 - o Monday – Friday, 9 a.m. – 8 p.m. ET
 - o <https://nccc.ucsf.edu/>