

Newsletter Winter 2023



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A message from Jonathan Harris, CEO

Kia ora tlc4u2 Whanau,

I hope this message finds you well and filled with a sense of accomplishment for all the incredible support you have giving to our clients. I want to take a moment to express my deepest appreciation for each and every one of you and the profound difference you make daily in the lives of our clients.

At the heart of tlc4u2's success lies your unwavering dedication and commitment that you demonstrate day in and day out. It is through your efforts that we have been able to touch lives, uplift spirits, and make a lasting impact in our communities. Your support, empathy and genuine care for our clients continues to inspire awe and admiration.

I am always looking for ways in which tlc4u2 can give something back to our Support Worker family in a meaningful

and lasting way. I have made the decision to establish an annual nursing scholarship exclusively available to tlc4u2 Support Workers. This scholarship will cover the full tuition fees and provide a stipend to cover some living expenses during the course of study. Recipients of the scholarship will not be obligated to repay any costs to tlc4u2 nor will they be required to commit to future employment with our organization upon completion of their training. The primary objective of this scholarship program is to provide Support Workers with an invaluable opportunity for advanced education, particularly for those who may have faced limitations in pursuing such opportunities independently.

Expressions of interest can be sent to Sharon – sharon.carroll@tlc4u2.co.nz

Keep up the good work.



Wheelchair Basketball National League

20th and 21st May 2023, McKay Stadium, Whangārei

Wheelchair Basketball is a fast-paced team sport that requires skill and teamwork and is very similar to conventional basketball. There are regular tournaments held throughout New Zealand and opportunities to represent NZ. Northland recently played host to the National League Wheelchair Basketball Tournament where eight teams from Division A and B came from all across NZ to battle it out.

tlc4u2 were again major sponsors for this event, which had people of all ages and abilities and teams from as far away as Canterbury participating. There were also lots of amazing volunteers, including several of the tlc4u2 team who assisted on the score bench and in the canteen.

There was a fantastic atmosphere within the stadium with two courts of Wheelchair Basketball action running throughout the two days. Congratulations to Team Canterbury who took out 1st place in Div 1 and Team Northland who took out 1st place in Div 2.

join us
on our Study Days!



Multiple Sclerosis Study Morning

Wednesday 16th August 2023

Our MS study morning will focus on the types of MS, how the disease works, how to care for someone with MS.



Dementia Study Morning

Thursday 7th September 2023

Our dementia study morning will focus on the types of Dementia and how to care for someone with Dementia.



Both Study Days will be held in the tlc4u2 office, 35 Robert Street, Whangarei.

For more information, please email debby.jones@tlc4u2.co.nz or register through the Staff Portal

Please note: Registration closes two weeks prior to the event to allow our coordinators enough time to reschedule shifts. Limited spaces available.

Mid North / Far North Refresher Training Day

tlc4u2 had another great Refresher Training Day at the new Ngāwhā Innovation Hub. We covered Manual Handling, Mobility Vehicle Training and Personal Cares. It was great to meet with everyone face to face and to share knowledge and ideas.

If you would like to know more about the next training opportunities, then visit the staff portal through the tlc4u2 website or get in touch with us directly.

Photo: The Ngāwhā Innovation Hub was an amazing space to have our refresher training and one that we will be looking to use again in the future. This space can also be used for a person wanting to hot desk, through to small or large groups looking to hold meetings or trainings.



check your inbox!

Have you received your invitation to our Professional Development Day?

This refresher session includes your annual appraisal, manual handling (please wear comfortable clothing), medication competency, induction update, digital platform use, and lots of sharing experiences.

Winners of the Education Competition

Back in April we announced our winners of the education competition.

In third place, Tracey Therkleson won a \$150 Prezy Card and second place winner Eden Abera (pictured) won a deluxe dinner for two. The incredible Cornelia Fabish (pictured) won first-place, winning a trip for two to Queenstown. However, Cornelia generously declined this and asked tlc4u2 to split the prize among four additional staff members. Tracey Stevens, Kim Soole, Michele Mazzon and Nerina Shephard received a splendid \$500 House of Travel voucher!

Congratulations to everyone who won!



tlc4u2 regularly honors the outstanding services of their employees. In the last 3 months we have had the privilege to give a special thanks to the following people:

Lucia Phiri
Wendy Whitefield
Leanne Rouse
Molly Chiuta
Shannon Pointon
Grace Yap
Natalie Muller

Tracey Toetoe
Catharine Mentz
Odette Philander
Karani Paraha-Brown
Deborah Johns
Joanne Moore



On 24th June,
tlc4u2 turned 13!

Did you know...

...that here at tlc4u2, we offer **two free counselling sessions to our Support Workers** who are needing some extra support.

This service can be organised by contacting our Service Coordinators or HR team.

tlc4u2 gets an amazing discounted deal on osteo treatment for our Support Workers!

Treatment costs \$10 per session and takes place in our tlc4u2 office in Whangarei.

For dates available or to book, please email admin@tlc4u2.co.nz

If you have any queries, feedback or comments please contact us on:

📧 info@tlc4u2.co.nz

☎ 0800 852 482

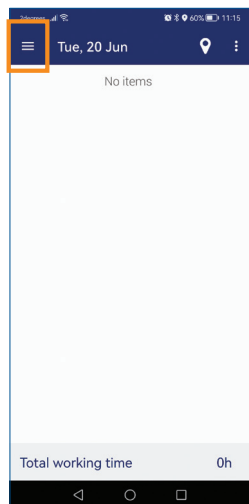
nga mihi,
Your tlc4u2 team!



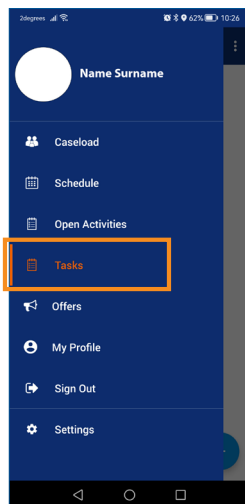
Incident Reporting

We're delighted to see an increase in our staff in filing incident reports. This crucial process plays a pivotal role in safeguarding our clients and preventing further injuries. **A friendly reminder, when creating an incident report, follow these instructions:**

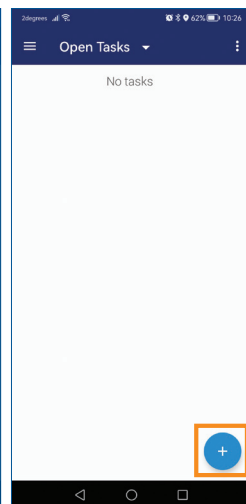
Step 1



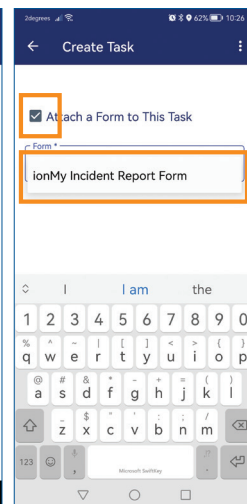
Step 2



Step 3



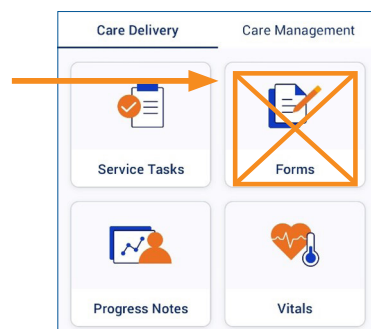
Step 4



Please NEVER generate an incident form using this section as selecting this could hinder the visibility of it within the team:

By adhering to the correct process, we ensure smooth communication with our systems and coordinators, allowing us to promptly address our clients' needs.

Thank you for your excellent work and continuing to keep our clients safe!



Getting out there EXPO

10am to 4pm
11th Aug 2023

Forum North
Rust Avenue
Whangarei

Organised by Tiaho Trust and sponsored by tlc4u2, Whangarei District Council, NZME and ASB, this expo will provide our community with the opportunity to see some of the latest technology and help available to them.

This event provides information and resources; on community groups, health, disability and equipment services each year with approximately 50 stalls and over 2500 people attending.

We look forward to seeing you there!

Tips to surviving winter, so you can keep getting out there!

- Stay hydrated.
- Find ways to keep active.
- Allow your body adequate rest.
- Good hygiene and hand washing practices.
- Eat a balanced diet.
- Keep up with friends and loved ones.
- Dress for the weather.