



Pastor's Message: Not Slowing Down

This past week I saw a post on Facebook that I just had to share. It said, "**Working at Church is saying 'But after this week things will slow down a bit' over and over until you die.**" Truer words were never spoken. I was pushing to get through Lent and Holy Week and Easter hoping that "**things would slow down a bit**"; but then I had a conference, and then Bible study started up again, and I'm enrolled in a district reconciler training class for the next 5 weeks, and then there's prison ministry, the church garage sale is coming, BOOKClub is just a few weeks away, our missionary is coming to visit...and, oh yeah, please don't forget to spend time with the family.

Now, I know I'm not alone. It isn't just working in a church. Life is just busy. Teachers work all year hoping "**things will slow down a bit**" after school lets out, only to immediately begin on every project they've put off since last August. CPA's work to get through the tax season, only to find they are behind on payroll, quarterly taxes, and those returns which requested an extension. Even retirees...I can't count the number of times I've heard retirees say they aren't sure how they got everything done when they were working, they are so busy.

Now, in the face of this I know many well-meaning Christians who power through it all believing that God will never give us more than we can handle. Well, that's actually a misquote and a misunderstanding of 1 Corinthians 10:13. In this much maligned verse, St. Paul tells us that God will not allow us to **tempted** beyond our abilities. It says nothing about being overwhelmed by day to day life.

However, what Scripture does tell us in Psalm 46 is that God is our refuge and strength. In a turbulent and chaotic world, God is a very present help. "**The Lord of hosts is with us; the God of Jacob is our fortress.**" Then the psalm, which inspired Luther's famous hymn, ends with "**Be still and know that I am God.**"

Life doesn't stop. It doesn't slow down. I keeps on driving forward; and sometimes it feels like it is driving over top of us. When those times come, be still. Listen to the voice of your Savior, the one who died for you, the one who loves you, the one who forgives you. Hear His voice and know that He is in control and He is there to be your help and your strength. I am frequently overwhelmed by the responsibilities of life, but the Lord is always there to help see me through.

Your Fellow Servant in Christ,

A handwritten signature in black ink that reads "Pastor Dan".

Pastor Dan





ST. JOHN LWML News

MAY, 2023 NEWS

St. John Lutheran Church
790 Greydene Avenue
Canon City, CO 81212
Web: stjohncanoncity.org
Phone: (719) 275-0111

LWML News



To all ladies of all ages at St. John Lutheran Church, please accept this invitation from the LWML ladies to a Salad Supper on Wednesday, May 10th at 5:30 pm. Becky Rowland of Mercy Today Ministry will be guest speaker. This is a simple evening of fellowship. The evening will wind up by 7:00 pm. If you need a ride, please call Angela at (719) 429-8950 or email at abw@envalternatives.com.

The summertime Mission Yard Sale-ing activity is planned for a Friday morning. This is yard sale-ing with a mission purpose. Similar to a scavenger hunt, shoppers will have a list of items needed by mission organizations such as The Pregnancy Center or Loaves and Fishes. LWML will provide each shopper some shopping money. Shoppers will then shop for the items, return to church with them, then box and deliver them to the mission. Sue Willard will let us know the date and more details after Memorial Day.

Blessings to All,
Angela Bellantoni

Chayah House Homeless Shelter Evening Meal community service opportunity.

When Jesus started his ministry, he was alone. He met and invited each of the disciples to join him. We learn in John 1:40 that it was Andrew, Peter's brother, who first heard about Jesus. Andrew went to Peter and urged Peter to go with him to hear Jesus. Again in John 1:43 Jesus found Phillip and invited Phillip to follow him. Phillip in turn reached out to Nathanael. It was Nathanael who asked "Can anything good come from Nazareth?" And so the Lord's ministry began.



St. John's community service has begun. Lynn Dreger ... just did it... as she shared with LWML in March. Lynn summoned the courage, trusted our Lord and drove to Chayah House on a Tuesday afternoon. And it was good. After Lynn shared her experience with LWML, Sue Poehlein buddied up with Lynn as her sous chef. And it was good again. Now there are two.

Like Nathanael, we ask ourselves what good could come from cooking a meal at Chayah House. Just ask Lynn or Sue. As you listen to their experience preparing the meal and interacting with staff and residents, you will have goose-bumps of grace. I urge you to take a minute to simply ask Lynn or Sue "What was it like?" Perhaps you will be moved to cook on a Tuesday afternoon.

This service is not without challenges. Chayah House needs a week day supper. Loaves and Fishes needed a day for their organization to function. St. John chose to assist on Tuesday. Lynn is hoping to cook twice a month. If you would like to buddy up, call her at (719) 453-5283. She would love the help. For those who work, completely understand. Again, I suggested talking to Lynn or Sue to see if there is something that can be baked or prepared over the weekend for the Tuesday meal.

Please feel free to email any questions abw@envalternatives.com or we can chat after church most Sundays.

Angela Bellantoni



ST. JOHN

News from Boards

MAY, 2023 NEWS

St. John Lutheran Church
790 Greydene Avenue
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Web: stjohncanoncity.org
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From the Treasurer: Your Offerings

General Fund Donations

March, 2023 \$13,902

YTD \$43,762

Budgeted YTD \$40,000

Total Contributions less Expenditures for YTD 2023 = \$9,127

If any members would like an individual review of their offering contributions as it relates to the building fund and/or mortgage support, please contact Nichole Harms, Nathan Pegors, or Jerry or Donna Heldt.

Nichole Harms, St. John Treasurer

Missions

We are delighted that **JP Cima** will visit St. John on Sunday, May 28th! Please join us as our missionary from Cambodia will preach. We will have a **BBQ** to welcome him on Saturday, May 27th. **Bring a side dish!**

Outreach

Our new **nursery** was ready in time for Easter. Hopefully some people found it helpful. I found a used rocking chair in The Shopper, and hung a new sign over the door. Thanks to all who have given items. BIG thanks to Bri Jones for generously offering her artistic talent to paint a Noah's Ark theme (coming soon), and thanks to her helpers. Bri and Justin have a used changing table and we will add that to the room when the painting is done.

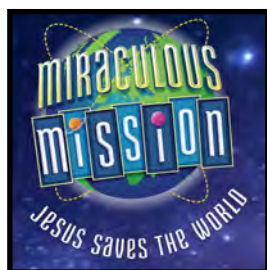
Inviting: If you know of anyone who would be interested in the garage sale, Vacation Bible School, or the car show please let them know of our events. **Please invite our event visitors to church and classes on Sunday.**

Gail Kirkegaard, Outreach Chair

"..but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect," 1 Peter 3:15

Education: 2023 Vacation Bible School

JESUS SAVES THE WORLD! Discover the wonder at VBS! For children pre-K through 6th grade.



Explore God's miraculous mission and learn about His plan of salvation from creation to the cross! Miraculous Mission VBS is a space mission with a twist as the God of the Universe sends his Son to save the world. When we feel oh so small in a universe that is oh so big, we can know that we're not alone when we remember Jesus' mission to be "God with Us" here on earth. Your kids will learn of God's great big love that crosses galaxies to save them (John 3:16).

St. John VBS will be from June 12 - 16, 9:00 AM to noon Monday through Friday.

Pastor Lyle, Education Chair



ST. JOHN News & Notes

MAY, 2023 NEWS

St. John Lutheran Church
790 Greydene Avenue
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Phone: (719) 275-0111

Worship Attendance

March 26		99
March 29 (Weds. Lent 5)	19/31	50
April 2 (Palm Sunday)		107
April 6 (Maundy Thursday)	19/53	72
April 7 (Good Friday)	30/48	78
April 9 (Easter)	28/125	153
April 16		100
April 23		96

Need a Ride to Church?

If you or someone who you know needs transportation to church on Sundays, please call Ken at 719-429-4919.

Church Announcements

Please send announcements for Sunday bulletins and articles for the monthly newsletter to office@stjohncanoncity.org

Altar Flowers

If you would like to provide Sunday altar flowers, a sign-up chart is available near the mailboxes. Envelopes are also there for a donation of \$40 for two arrangements. Please be sure to note "altar flowers" on your check and also fill out the envelope and place the envelope in the offering plate.

Prayer Chain

If you have a prayer concern we have a phone chain and an e-mail chain. Please contact one of the following:

Phone: Mary Richardson, (719) 269-1426 **E-mail:** Sue Poehlein, cspoehlein@gmail.com

Special Prayers

Please contact Pastor Dan prior to Sunday services in include any special prayer requests in the service.

Missionaries

Please keep our missionaries in your prayers:

- JP and Aimee Cima and family in Cambodia, and
- Chuck and Cheryl Ferry and family in Taiwan

Garage Sale

The church will have a garage sale again this year.

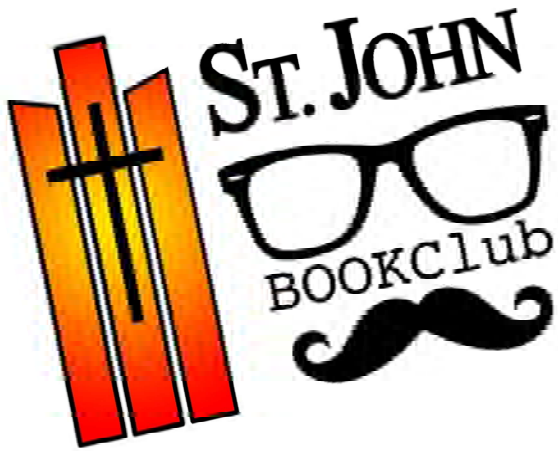
Items are to be dropped off on May 17 to 18.

The sale will be on May 19th and 20th.

Church Council Officers for 2023:

President	Nathan Pegors
Vice President	Liv Booth
Secretary	Kerri Leason
Treasurer	Nichole Harms
Financial Secretary	Jerry & Donna Heldt
Chair. of Education	Lyle Stuehrenberg
Chair. of Missions	Julie Barrett

Chair. of Trustees	Bob Kirkegaard
Chair. of Outreach	Gail Kirkegaard
Chair. of Youth	Kay Pape
Fellowship	Carol Skoda
Elders	Brandon Booth, Curtis Eulert, David Lehmpuhl, Doug Westlund, Rod Willard



May 2023

Here is what is happening at the BOOKClub:

The next book on our list is The Client (ISBN 978-0345531926) by John Grisham. This oldie but goody was originally published in 1993 and was made into a movie just one year later. The description reads:

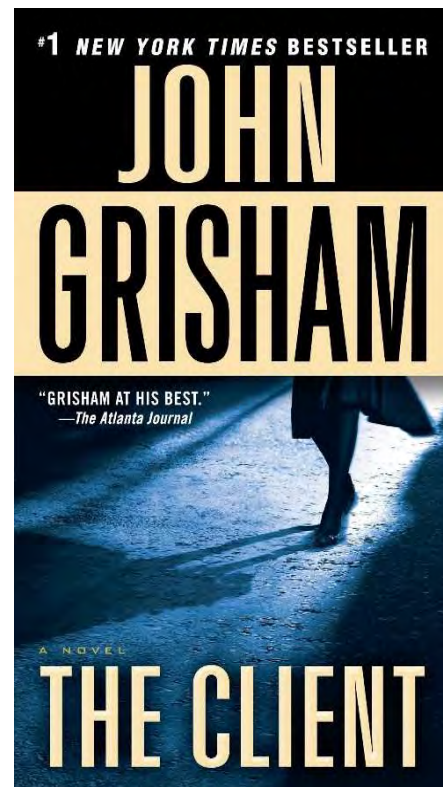
Eleven-year-old Mark Sway and his younger brother were sharing a forbidden cigarette when a chance encounter with a suicidal lawyer left Mark knowing a bloody and explosive secret: the whereabouts of the most sought-after dead body in America.

Now Mark is caught between a legal system gone mad and a mob killer desperate to cover up his crime. And his only ally is a woman named Reggie Love, who has been a lawyer for all of four years. Prosecutors are willing to break all the rules to make Mark talk. The mob will stop at nothing to keep him quiet. And Reggie will do anything to protect her client—even take a last, desperate gamble that could win Mark his freedom... or cost them both their lives.

There are 3 copies available to borrow at the church. Used copies are available on Amazon for \$5-6, and a Kindle edition for \$10, and an Audible audiobook for \$15. If you have any problems finding a copy, please call Pastor Dan.

The date for discussing this book is May 18th, 6:30pm @ Gordon Gross's home.

Pick up a book & join us at the BOOKClub!



MISSIONARY JP CIMA COMES TO VISIT MAY 27TH & 28TH

It has been 5 years since JP Cima, an LCMS missionary in Cambodia that we as a church support, has been to St. John...and a lot has changed, both for us and for him: Covid 19, quarantine, a new fellowship hall, a move from Vietnam to Cambodia, and more.

As JP returns to Colorado, the council has planned a couple of events to welcome him back...

First, we will host a **Missionary / Memorial Day / Pentecost BBQ** on Saturday May 27th at Noon. We will enjoy good food, good fellowship, good friends, and a presentation about what the Cima family has been up to since we say him last.

Second, on Sunday May 28th JP will preach for our service and then host a brief presentation with Q&A during the Sunday School hour.

I know it is Memorial Day weekend, school is out, and many will begin their summer travels – but this special event only happens once every 5 years...or so. Please mark your calendars and make every effort to hear what the Lord is doing around the world.



IT'S BACK!!
For a 2nd year!!
May 19-20, 8a-1p
with Homemade
Cookie Sale

Collection days will be Wednesday May 17 9a-1p & Thursday May 18 3p-6p.

Volunteers are needed all 4 days.

*As you begin your spring cleaning,
bring all your unwanted stuff to the Church Garage Sale.
All proceeds will go to support the St. John Youth.*

Call Richard Mowers with any questions 719-458-1618



ST. JOHN Volunteer News

MAY, 2023 NEWS

St. John Lutheran Church
790 Greystone Avenue
Canon City, CO 81212
Web: stjohncanoncity.org
Phone: (719) 275-0111

Thanks to Everyone for Helping!

Spring Cleaning - Saturday, March 25, 2023



Mary, Lynn, Sue W., Lenny, Sue P., Evie, Valerie, Chuck, Bob, Gail, Carol, and Julie!



Easter Breakfast
Carol, Nate, Nichole, Matt, Cody, Avery, Bob, Gail, Nathan, Colin, Julie, Kerri, Lynn, and others not named or pictured - THANK YOU!





**ST. JOHN
LUTHERAN
CHURCH**



9th Annual Benefit Car Show

Saturday, September 23rd, 2023

790 Greydene Ave., Cañon City, CO 719-275-0111

Display Cars Park on Grass

9:00am to 2:00pm

Food & Drink Available

One Free Lunch for Car Owners

Dash Plaques for Registered Cars

Registration / Donation--\$20.00/Car

*Optional additional donation of \$5/car for drawing
to have your car on the 2024 Dash Plaque*

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

All Makes and Models Welcome!

Vehicle Year: _____ Make: _____ Model: _____

Mail pre-registrations to Carol Skoda / 1112 Field Ave. / Cañon City, CO / 81212

For more information call Carol Skoda @ 719-320-9812 or Gene Foster @ 719-315-2232

**All Proceeds to benefit the St. John's Mission Teams & Youth Group
Spectators Free: Come One – Come All**



a



b



c

In March, Aimee traveled with staff and volunteers from [Concordia Welfare and Education Foundation](#) (CWEF) to [Ratanakiri Province](#), Cambodia. The province lies in the northernmost part of Cambodia, where the borders of Laos, Vietnam, and Cambodia meet (a long 11-hour drive from Phnom Penh!). Over the past few months, Aimee worked with CWEF's leadership to plan and implement a community health evangelism (CHE) lesson, including conducting health assessments in two villages with a view towards future training based on identified needs. Due to generous gifts to LCMS' mercy fund, we provided funding to CWEF for the assessment trip as well as bio-sand water filters that will give 60 households access to clean water.

The two villages visited, Da Vey Leng and Des, are comprised of [ethnic Jarai people](#), as well as Khmer. This presented a challenge for the team who can only teach in Khmer language. Fortunately there were local pastors and young women who helped to translate into Jarai language! In each village, the lesson began with a role play of Jesus' healing of the paralytic man (pic c; Mark 2:1-12) and a discussion (pic a) about how Jesus brings not only physical healing for that man, but forgiveness of sin for all people. The story also served as a segue to discuss problems of health and hygiene in the village. The primary concerns raised by local villagers are transmission of viral and bacterial diseases, household financial management, addiction (drugs, tobacco, and alcohol), lack of education for children, lack of clean water, and women's reproductive health. After the Country Director of CWEF in Cambodia (Ms. Kanhchana Sar; pic b on the right) analyzes the data from the health assessment, we will work to create a plan for additional CHE lessons that address the needs and concerns of people in the village.

What a joy to bring spiritual and physical healing together for holistic ministry in Cambodia!

[Read more here!](#)

We are coming to the US this summer!

We'll be in the US from May 19 until August 6. We'd LOVE to connect with those who pray for us and support our family or are interested in doing so. Please [contact us](#) if you'd like to schedule something. Confirmed visits so far:

- May 19-22 - Los Gatos, CA (J.P. only)
- May 22-26 - Eugene, OR (J.P. only)
- May 26-29 - Canon City, CO (J.P. only)
- May 29-June 4 - Iowa/Nebraska (J.P. and Aimee)
- June 6-8 - St. Louis, MO (J.P. and Aimee)
- June 11 - Richmond, VA (whole family)
- July 16 - York, PA (whole family)

We are excited to share about God's mission in SE Asia!

Square Two

The Cima Family Newsletter
Vol. 16, No. 3, March 2023
John.Cima@lcms.org
Aimee.Cima@lcms.org




Wanna help us impact the people of Cambodia? Give online here, or mail a check to 1) P.O. Box 66861, St. Louis, MO 63166-6861 (payable to The Lutheran Church—Missouri Synod), OR 2) 40718 Highway E-16, Mapleton, IA 51034 (payable to Mission Central). For ALL checks, in the memo line write "Cima family-Cambodia."

Praise: for the opportunity to partner with CWEF; for J.P.'s recent travels to Chhuk for [strategic planning](#); for [recent teaching](#) on the Small Catechism; for Aimee's foot's complete healing.

Prayers: for follow up on the health assessments in Ratanakiri; for upcoming seminars and strategic planning sessions; for our [youth group](#); for planning for US visits this summer.



MAY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:30a Morning Prayer 4:00p Children's Chorale 6:30p Confirmation	2 7:30a Morning Prayer	3 7:30a Morning Prayer 10:00 Bible Study 6:00p Youth Group	4 7:00a Men's Breakfast 9:00a Quilters	5 7:30a Morning Prayer	6
7 5TH SUNDAY OF EASTER 9:00 Divine Service 10:30 Sunday School & Adult Bible Class 11:30 Elder's Meeting	8 7:30a Morning Prayer 4:00p Children's Chorale 6:30p Confirmation	9 7:30a Morning Prayer	10 7:30a Morning Prayer 10:00 Bible Study 6:00p Youth Group	11 7:30a Morning Prayer 9:00a Quilters	12 7:30a Morning Prayer	13
		Sarah Out of the Office				
14 6TH SUNDAY OF EASTER 9:00 Divine Service w/ Holy Communion 10:30 Sunday School & Adult Bible Class 11:30 Council Meeting <i>Mother's Day</i>	15 7:30a Morning Prayer 4:00p Children's Chorale 6:30p Confirmation	16 7:30a Morning Prayer	17 7:30a Morning Prayer 9:00a Garage Sale Collection 10:00a Bible Study 6:00p Youth Group	18 7:00a Men's Breakfast 9:00a Quilters 3:00 Garage Sale Collection 6:30 BOOKClub	19 7:30a Morning Prayer 8:00a 2 nd Annual Church Garage Sale <i>Pastor Out of the Office-Prison Ministry</i>	20 8:00a 2 nd Annual Church Garage Sale
		Sarah Out of the Office				
21 7TH SUNDAY OF EASTER 9:00 Divine Service 10:30 Sunday School & Adult Bible Class	22 7:30a Morning Prayer 4:00p Children's Chorale	23 7:30a Morning Prayer	24 7:30a Morning Prayer 10:00 Bible Study 6:00p Youth Group	25 7:30a Morning Prayer 9:00a Quilters	26 7:30a Morning Prayer	27 12:00 The GREAT Memorial Day – Pentecost - Missionary BBQ @ Church JP Cima Presenting
28 PENTECOST SUNDAY 9:00 Divine Service w/ Holy Communion 10:30 Adult Bible Class <i>Visit by LCMS Missionary to Cambodia JP Cima</i>	29 7:30a Morning Prayer 4:00p Children's Chorale <i>Memorial Day</i>	30 7:30a Morning Prayer	31 7:30a Morning Prayer 10:00 Bible Study 6:00p Youth Group	 <p> ST. JOHN LUTHERAN CHURCH CAÑON CITY, COLORADO 790 Greydene Ave., Cañon City, CO, 81212 http://www.StJohnCanonCity.org 719-275-0111 </p>		