



**Sous Vide Natural Juice  
Immersion Cooking.**

- | LABOR SAVING
- | TIME SAVING
- | TENDER
- | JUICY
- | FULLY COOKED  
RTU, SAFE
- | 45 DAYS FRESH

## **Product Guide**

**ALWAYS PERFECTLY COOKED  
END TO END & EDGE TO EDGE**

# Roast Beef

TIME SAVED: 4 hrs.

## Cap-Off Royal Round

A completely cleaned cap-off royal round made from only the heart of the top round. Cooked to a beautiful medium rare and very user-friendly due to the meat grain running in one direction.



15 lb. avg. 1 pc./cs.  
MW14005 SS95249



### Nutrition Facts

Serving Size 5 oz (140g)

Servings Per Container varied

Amount Per Serving

**Calories 240** Calories from Fat 110

% Daily Value\*

**Total Fat** 12g **19%**

Saturated Fat 4.5g **23%**

**Cholesterol** 80mg **27%**

**Sodium** 360mg **15%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

**Protein** 31g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.

TIME SAVED: 3 hrs.

## Lip-On Ribeye

Your prime rib prepared the exact same way every time. Cooked to medium rare so you can finish the product based on your customer's needs. Also an excellent product for grilling as a steak.



15 lb. avg. 1 pc./cs. Medium Rare  
MW10007 SS95260



### Nutrition Facts

Serving Size 5 oz (140g)

Servings Per Container varied

Amount Per Serving

**Calories 410** Calories from Fat 310

% Daily Value\*

**Total Fat** 35g **53%**

Saturated Fat 15g **75%**

**Cholesterol** 100mg **33%**

**Sodium** 350mg **15%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

**Protein** 24g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.





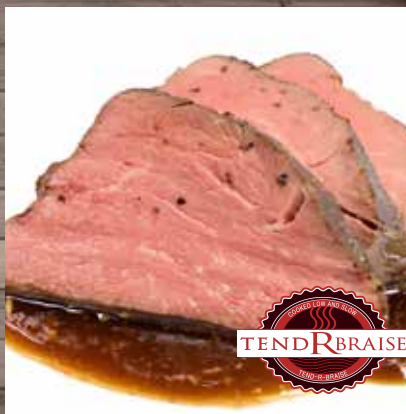
# Tenderloin

TIME SAVED: 1 hr.

**Tenderloin** Take the guesswork out of roasting tenderloins. This loin is peeled to the red with all of the chain, fat and silver removed. Cooked to a perfect medium rare from end to end and edge to edge.



4 lb. avg. 2/cs. Medium Rare  
MW10008 SS95262



## Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 200** Calories from Fat 90

% Daily Value\*

**Total Fat** 10g **15%**

Saturated Fat 4g **19%**

**Cholesterol** 80mg **27%**

**Sodium** 640mg **27%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

**Protein** 29g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.

TIME SAVED: 6-8 hrs.

## Boneless Chuck Short Ribs

USDA Choice 2 lb. avg. 10 pcs./cs.

On trend and prized for their rich, beefy flavor. Perfectly suited for a la carte dining and great for banquets.

**Medium Rare**

MW10006 SS95258

**Well Done**

MW10005 SS95259



## Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 330** Calories from Fat 240

% Daily Value\*

**Total Fat** 26g **41%**

Saturated Fat 11g **56%**

**Cholesterol** 100mg **34%**

**Sodium** 360mg **16%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

**Protein** 24g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 20%

\* Percent Daily Values are based on a 2,000 calorie diet.



# Chuck Roll

TIME SAVED: 3-4 hrs.

**Chuck Roll** 2/10 lb. avg. /case.

Classic big beef flavor that can be utilized for breakfast, lunch and dinner. Cooked well done to a perfect “pull apart” tenderness.



**The Original**  
MW10003 SS95248

## Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 290** Calories from Fat 190

% Daily Value\*

**Total Fat 22g** 33%

Saturated Fat 9g 43%

**Cholesterol 105mg** 34%

**Sodium 520mg** 22%

**Total Carbohydrate 0g** 0%

Dietary Fiber 0g 0%

Sugars 0g

**Protein 22g**

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 10%

\* Percent Daily Values are based on a 2,000 calorie diet.

**USDA Choice**  
MW10002 SS95246

## Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 320** Calories from Fat 210

% Daily Value\*

**Total Fat 24g** 36%

Saturated Fat 9g 47%

**Cholesterol 110mg** 37%

**Sodium 490mg** 19%

**Total Carbohydrate 0g** 0%

Dietary Fiber 0g 0%

Sugars 0g

**Protein 24g**

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.

**Angus Beef**  
MW10001 SS98923

## Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 330** Calories from Fat 240

% Daily Value\*

**Total Fat 26g** 41%

Saturated Fat 11g 56%

**Cholesterol 100mg** 34%

**Sodium 390mg** 16%

**Total Carbohydrate 0g** 0%

Dietary Fiber 0g 0%

Sugars 0g

**Protein 24g**

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 20%

\* Percent Daily Values are based on a 2,000 calorie diet.



TIME SAVED: 3.5 hrs.

## Pork Shank

At home on any menu from elegant to casual to steakhouse. Fall-off-the-bone tenderness, succulent flavor and great plate presentation make this pork shank a trend worthy addition to your menu.

Individually vacuum packed  
20 oz. avg. 8 pcs./cs.  
MW20001 SS96124



### Nutrition Facts

Serving Size 5 oz (140g)	
Servings Per Container varied	
Amount Per Serving	
<b>Calories</b> 270	Calories from Fat 150
% Daily Value*	
<b>Total Fat</b> 17g	26%
<b>Saturated Fat</b> 5g	27%
<b>Cholesterol</b> 95mg	31%
<b>Sodium</b> 360mg	15%
<b>Total Carbohydrate</b> <1g	0%
<b>Dietary Fiber</b> 0g	0%
<b>Sugars</b> 0g	
<b>Protein</b> 28g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet.	

TIME SAVED: 30 mins.

## Pork Belly

Slow cooked so it renders down while basting in its own natural juices. Cooked to well done and ready for your culinary imagination.



U.S. #1 Grade 3/3.5 lb. pcs./cs.  
MW20002 SS96127



### Nutrition Facts

Serving Size 5 oz (140g)	
Servings Per Container varied	
Amount Per Serving	
<b>Calories</b> 640	Calories from Fat 590
% Daily Value*	
<b>Total Fat</b> 65g	100%
<b>Saturated Fat</b> 24g	119%
<b>Cholesterol</b> 95mg	31%
<b>Sodium</b> 300mg	12%
<b>Total Carbohydrate</b> <1g	0%
<b>Dietary Fiber</b> 0g	0%
<b>Sugars</b> <1g	
<b>Protein</b> 13g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet.	

TIME SAVED: 2-3 hrs.

## Boneless Pork Loin

Char-broil, bake, fry, heat in bag. An all purpose winner for your kitchen. Juicy and tender every time. Ready for any food service application.



8-10 lb. avg. 2 pcs./cs. MW20003 SS96187



### Nutrition Facts

Serving Size 5 oz (140g)	
Servings Per Container varied	
Amount Per Serving	
<b>Calories</b> 260	Calories from Fat 160
% Daily Value*	
<b>Total Fat</b> 18g	27%
<b>Saturated Fat</b> 6g	30%
<b>Cholesterol</b> 80mg	26%
<b>Sodium</b> 660mg	27%
<b>Total Carbohydrate</b> 1g	0%
<b>Dietary Fiber</b> 0g	0%
<b>Sugars</b> <1g	
<b>Protein</b> 23g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet.	

# Pork Ribs

TIME SAVED: 2-4 hrs.



## Cooked Pork Ribs

Fall-off-the-bone tender ribs! Time saved is time earned and that philosophy makes these ribs a must in any busy kitchen. Choose our St. Louis Ribs or our Baby Back.



### Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 390** Calories from Fat 290

% Daily Value\*

**Total Fat 32g** 49%

Saturated Fat 10g 51%

**Cholesterol 110mg** 36%

**Sodium 280mg** 12%

**Total Carbohydrate 3g** 1%

Dietary Fiber 0g 0%

Sugars 3g

**Protein 21g**

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet.

### St. Louis Ribs

2.25 lb. dn. 8 racks/box

Ind. cryovaced

MW20006 SS96193

### Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 320** Calories from Fat 200

% Daily Value\*

**Total Fat 22g** 34%

Saturated Fat 8g 39%

**Cholesterol 95mg** 31%

**Sodium 290mg** 12%

**Total Carbohydrate 3g** 1%

Dietary Fiber 0g 0%

Sugars 3g

**Protein 25g**

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet.

### Baby Back Ribs

1.5 lb. dn. 8 racks/box

Ind. cryovaced

MW20005 SS96190





TIME SAVED: 10-12 hrs.

## Boneless Pork Shoulder Butt

From a beautiful roast pork dinner to a traditional pulled pork sandwich and everything in between, this multi-use product explodes with juicy pork flavor.



7 lb. avg. 2 pcs./cs. MW20004 SS96188



### Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 380** Calories from Fat 270

% Daily Value\*

**Total Fat** 30g 47%

Saturated Fat 10g 52%

**Cholesterol** 100mg 33%

**Sodium** 340mg 14%

**Total Carbohydrate** <1g 0%

Dietary Fiber 0g 0%

Sugars 0g

**Protein** 23g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet.

TIME SAVED: 3.5 hrs.

## New Zealand Lamb Shank



Fall-off-the-bone tender lamb foreshanks. Neutral flavor profile to allow for the addition of your favorite spice profile or sauce.

8/2 pcs./cs. 12 oz. avg./pc. Frozen  
MW30001 SS95995



### Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

**Calories 260** Calories from Fat 150

% Daily Value\*

**Total Fat** 17g 26%

Saturated Fat 7g 34%

**Cholesterol** 90mg 29%

**Sodium** 780mg 33%

**Total Carbohydrate** 1g 0%

Dietary Fiber 0g 0%

Sugars 0g

**Protein** 25g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 10%

\* Percent Daily Values are based on a 2,000 calorie diet.



# SMOKED

Rubbed with our Signature Smokey BBQ Spice Blend.  
Fresh out of the smoker quality without all the fuss.



TIME SAVED: 10-12 hrs.

## Competition Ready Smoked Beef Brisket

Beautifully trimmed top choice Angus beef brisket. Just out of the smoker appearance with a deep smoked bark and that tell-tale smoke ring.



7-10 lb. 1 pc./cs. MW18005 SS95257

### Nutrition Facts

Serving Size 5 oz (140g)

Servings Per Container varied

Amount Per Serving

**Calories 363** Calories from Fat 270

% Daily Value\*

**Total Fat** 30g 46%

Saturated Fat 12g 60%

**Cholesterol** 125mg 42%

**Sodium** 800mg 33%

**Total Carbohydrate** 2g 1%

Dietary Fiber 0g 0%

Sugars <1g

**Protein** 24g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 10%

\* Percent Daily Values are based on a 2,000 calorie diet.

## Smoked Boneless Pork Butt

Fully cooked. Heat and Serve.

7 lb. avg. 2 pcs./cs.

MW20007 SS95254



### Nutrition Facts

Serving Size 5 oz (140g)

Servings Per Container varied

Amount Per Serving

**Calories 400** Calories from Fat 310

% Daily Value\*

**Total Fat** 34g 52%

Saturated Fat 12g 60%

**Cholesterol** 95mg 31%

**Sodium** 780mg 33%

**Total Carbohydrate** 2g 1%

Dietary Fiber 0g 0%

Sugars 1g

**Protein** 21g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet.

## Smoked St. Louis Pork Ribs

Fully cooked. Heat and Serve.

Add your own signature sauce.

2.25 dn. 8 pcs./cs. Individually

Cryovaced. MW20008 SS95255



### Nutrition Facts

Serving Size 5 oz (140g)

Servings Per Container varied

Amount Per Serving

**Calories 460** Calories from Fat 370

% Daily Value\*

**Total Fat** 41g 63%

Saturated Fat 14g 68%

**Cholesterol** 105mg 35%

**Sodium** 810mg 34%

**Total Carbohydrate** 2g 1%

Dietary Fiber 0g 0%

Sugars 1g

**Protein** 19g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 6%

\* Percent Daily Values are based on a 2,000 calorie diet.



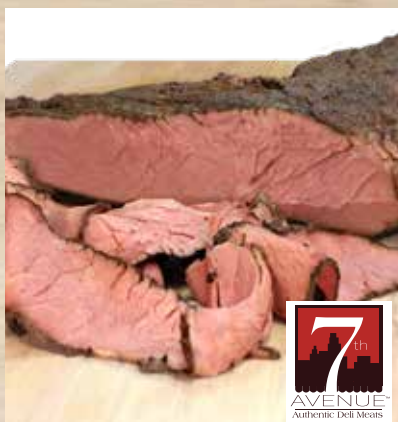
TIME SAVED: 2-3 hrs.

## Deli Style Pastrami

A classic New York style deli meat. Expertly brined and rubbed with a peppery spice blend. Slow cooked in its own juices. 100% usable slices from end to end.



10 lb. avg. 4 pcs./cs. MW14002 SS96922



### Nutrition Facts

Serving Size 5 oz (140g)

Servings Per Container varied

Amount Per Serving

**Calories 250** Calories from Fat 150

% Daily Value\*

**Total Fat 17g** 26%

**Saturated Fat 7g** 34%

**Cholesterol 95mg** 31%

**Sodium 1220mg** 51%

**Total Carbohydrate 2g** 1%

**Dietary Fiber 0g** 0%

**Sugars 1g**

**Protein 22g**

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.

TIME SAVED: 6-8 hrs.

## Pastrami Round

Split flat bottom round. Pepper crusted and brined in our signature spice blend.



2/6 lb. avg. MW18003 SS96980



### Nutrition Facts

Serving Size 3 oz (84g)

Servings Per Container varied

Amount Per Serving

**Calories 140** Calories from Fat 70

% Daily Value\*

**Total Fat 8g** 12%

**Saturated Fat 3g** 15%

**Cholesterol 55mg** 18%

**Sodium 810mg** 34%

**Total Carbohydrate 1g** 0%

**Dietary Fiber 0g** 0%

**Sugars <1g**

**Protein 16g**

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet.



TIME SAVED: 2-3 hrs.

## Deli Style Corned Beef

Brined with our signature "old world style" mix of big, bold spices and slow cooked in its own juices to lock in every ounce of flavor. Uniquely lean providing a 100% usable product.



10 lb. avg. 4 pcs./cs. MW14003 SS96921



### Nutrition Facts

Serving Size 5 oz (140g)  
Servings Per Container varied

Amount Per Serving

Calories 250 Calories from Fat 150

% Daily Values\*

Total Fat 17g 26%

Saturated Fat 7g 34%

Cholesterol 55mg 32%

Sodium 1070mg 45%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Sugars 1g

Protein 23g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 10%

\* Percent Daily Values are based on a 2,000 calorie diet.

TIME SAVED: 3 hrs.

## Cap-Off Corned Beef Royal Round

Totally trimmed "heart" of the top round. Excellent flavor and very high yield.



2/8 lb. avg. MW18002 SS96926



### Nutrition Facts

Serving Size 3 oz (84g)  
Servings Per Container varied

Amount Per Serving

Calories 170 Calories from Fat 100

% Daily Values\*

Total Fat 11g 18%

Saturated Fat 4.5g 23%

Cholesterol 50mg 16%

Sodium 620mg 34%

Total Carbohydrate <1g 0%

Dietary Fiber 0g 0%

Sugars <1g

Protein 15g

Vitamin A 0% • Vitamin C 0%

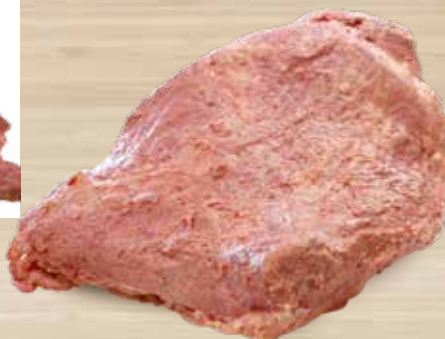
Calcium 0% • Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet.



## Trimmed Corned Beef Brisket

Trimmed corned beef brisket. Fully cooked. Can be sliced thin for sandwiches or thick for dinners. Made from Competition Ready Brisket.



10-15 lb. avg. MW14001 SS96956



**ALWAYS PERFECTLY COOKED**  
**END TO END & EDGE TO EDGE**



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