

what is World AIDS Day?

World AIDS Day is on **Dec 1st** each year and is an opportunity for people to join together to show support for people living with HIV and to remember those who have died from an AIDS related illness



what can I do to help?

wear your Red Ribbon to show your support for HIV awareness

show your support online:



facts about HIV

Treatment for HIV means that most people will live long and healthy lives

HIV prevention is key

You can only find out if your HIV+ by having a test

HIV tests are reliable and confidential

An undetectable viral load means you cannot transmit HIV to another person

Find out about how PrEP protects against HIV and U=U at **eddystone.org.uk**

Anyone can get HIV

HIV cannot be cured

There is no vaccine for HIV

about The Eddystone Trust...

The Eddystone Trust are a HIV and sexual health charity supporting people in the South West with:

HIV testing
Understanding diagnosis
Peer support
Free condoms & lube
Chemsex support
Everything HIV & sexual health

for more information please visit:

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