

# Checklist for the Day of your Procedure

**Before you leave home for your procedure, have the following been done.....**

- ☐ **Do you have a driver?**

***\*\*Your driver MUST stay with you. This is usually a 2-hour stay.***

- ☐ **Have you followed your Diet Restrictions up to this point?**

***Reminder- ONLY Clears liquids are allowed on the day of your procedure up to 3 hours prior.***

***\*\*Then NOTHING is allow in your mouth 3 hours before your procedure including gum or hard candy\*\****

***Verify what time you stopped drinking your clear liquids. Insert your time here \_\_\_\_\_***

- ☐ **If you are having a colonoscopy, did your colon prep work well?**

***\*\*You should expect clear yellow results with No large particles (similar to Mountain Dew and able to see the bottom of the commode).***

**If you have answered “NO” to any of the above questions, you MUST call our office at (828) 348-8490 prior to leaving your home. This line will be available from 7am-4pm.**

***Important: If you have tested positive to Covid in the last 30 days, your procedure will need to be rescheduled due to safety concerns***