



August 7, 2022

HOW DO I NAVIGATE DOUBTING GOD?

A. WHY DO WE DOUBT?

1. When we _____.
2. When _____ let us _____.
3. When we face _____.

One of the twelve disciples, Thomas (nicknamed the Twin), was not with the others when Jesus came. They told him, "We have seen the Lord!" But he replied, "I won't believe it unless I see the nail wounds in his hands, put my fingers into them, and place my hand into the wound in his side."

Eight days later the disciples were together again, and this time Thomas was with them. The doors were locked; but suddenly, as before, Jesus was standing among them. "Peace be with you," he said. Then he said to Thomas, "Put your finger here, and look at my hands. Put your hand into the wound in my side. Don't be faithless any longer. Believe!"

*"My Lord and my God!" Thomas exclaimed. Then Jesus told him, "You believe because you have seen me. Blessed are those who believe without seeing me."
John 20:24-29 (NLT)*

B. HOW SHOULD WE NAVIGATE OUR DOUBT?

1. Recognize that doubt doesn't _____.
 - a. Your doubt is not a _____ to God.
2. Work through it _____.
 - a. The church should be a place where we _____ and _____.

***And you must show mercy to those whose faith is wavering.
Jude 1:22***

3. See your doubt as an _____ to _____.

a. It's not _____ faith we should be after; it's _____
faith.

***"If we begin with certainties, we will end in doubt. But if we begin with doubts and bear them patiently, we
may end in certainty." – Francis Bacon***

***Then the eleven disciples left for Galilee, going to the mountain where Jesus had told them to go. When they
saw him, they worshiped him—but some of them doubted!
Matthew 28:16-17***

Today's "Big Idea"...

Allow your _____ to _____ your _____.

SMALL GROUP DISCUSSION QUESTIONS

1. What is a lie that your parents told you as a kid?
2. Outside of the examples given, why else do we doubt?
3. What is one of the biggest doubts that you have in regards to your faith?
4. Who are the people that you can process doubt with in your life?
5. What is a practical way to have persistent faith?

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discussions. Use the QR code for details.



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