

Why and How Do I Pray?

1. What is Christian Prayer?

Prayer is **the** most important activity of our lives.



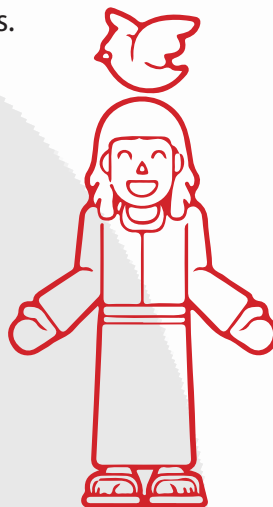
The Father

To the Father
 - '... to your father'
 (Matthew 6:6)
 - '... in heaven'
 (v.9)



**The Son
 (Jesus)**

Through the Son
 - 'I have called you
 friends'
 (John 15:15)



**The Holy
 Spirit**

'... the Spirit helps
 us'
 (Romans 8:26)

'For through [Jesus] we both have access to the Father by one Spirit.'

Ephesians 2:18

'I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life'

1 Jonh 5:13

"When I pray, coincidences happen, and when I don't, they don't."

William Temple:6 (ESV)

2. Why Pray?

We must not only trust our feelings, which can be changeable and may even be deceptive at times, but instead rely on God's promises.

- Develops a relationship with God
- Rewards of prayer (**Matthew 6:6**)
 - Peace (**Philippians 4:6-7**)
 - Perspective
 - Power
- Results of prayer (**Matthew 7:7-11**)

SET YOUR QUESTIONS FREE

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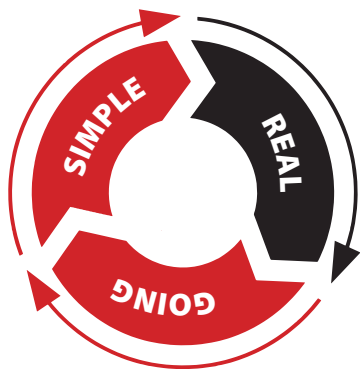


“When a train goes through a tunnel and it gets dark, you don’t throw away the ticket and jump off. You sit still and trust the driver.”

Corrie Ten Boom

Three Simple Tips:

1. Keep it simple
2. Keep it real
3. Keep it going



3. Does God always answer prayer?



NO
sometimes an obvious reason why not; other times we may not understand straight away why the answer is no.

WAIT
for the right timing.

YES
you receive what you prayed for, sometimes immediately.

4. How do we pray?

- **Thank you** – count your blessings, not your problems
- **Sorry** – confess your sins (**John 13:6–10**)
- **Please** – ‘Give us today our daily bread’ (**Matthew 6:11**): ask for anything you need.

5. When should we pray?

- Anywhere, anytime - (**Ephesians 6:18**)
- Alone (**Matthew 6:6**)
- - Regular pattern
- - Best part of the day (**Mark 1:35**)
- With others
- - There’s power in praying together
- - ‘Where two or three are gathered in my name, there I am in their midst.’ (**Matthew 18:20**)

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